



Loomis Basin Dolphins 2023

Visiting Team Meet Information

Welcome to the home of the Loomis Basin Dolphins! This letter will provide you with information regarding our facilities, schedule, team areas, parking, and volunteer responsibilities.

Schedule

- Check-in (we will have a table for you in your team area)
- **Scratch: 6:55 a.m.**
- **Warm Up:** LBD 6:55 a.m.; Visitors 7:20 a.m.
- Meet Referee Check-in: 7:40 a.m.
- Team cheers \ National Anthem: 7:50 a.m.
- **Start of Meet:** 8:00 a.m.
- Estimated end of meet: 1:30p.m.

Ready Bench

LBD uses the joint ready bench system for 6&U, 7/8, and 9/10 age groups. The ready bench is located in the southwest corner of the pool deck. Each team should provide 5 volunteers for each event for these age groups. Please, no thru traffic in the ready bench area (swimmer drop-off only).

Visiting Team Area

Visiting teams set up is on the newly constructed Quad area north of the pool and immediately west of the gymnasium. Unlike during Championships, we DO NOT have access to the soccer field during the dual meet season, please help us maintain a positive relationship with the school district by not setting up on the soccer field. In addition, the tennis courts were recently resurfaced and may not be used as a team area. Please note that the Quad area is mostly concrete, so blankets and chairs are highly recommended.

There are gates at the north end and northwest corner of the complex where swimmers and spectators can access the pool deck, ready bench, and starting blocks – *No visitor tent set-up on the pool deck, tennis courts or soccer field (See Pool Area Map).*

Restrooms

Bathrooms are located at the North Entrance to the pool area.



Loomis Basin Dolphins

Recreational Swim Team | PO Box 773 - Loomis, CA 95650 | loomisdolphins.org

Stroke & Turn

Stroke & Turn/Official meeting is around 7:30 – please listen for announcements. The meeting will be behind the Computer Ops/Coaches Area on the Pool Deck. We run six judges for all strokes except freestyle, where we run 4; visitors must provide 3 officials for all non-freestyle events and 2 for freestyle events.

Timers

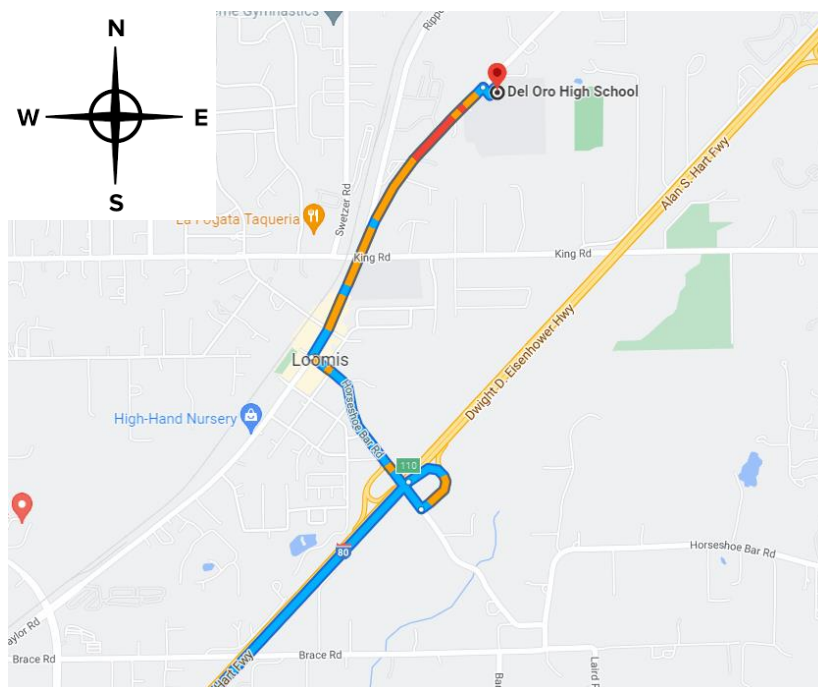
Two shifts of 32 timers (each team provides 16 timers per shift – 10 Lanes).

Directions & Parking

Our home pool is Del Oro High School. The most convenient location for Visiting Team parking is in the upper lot off Taylor Road (3301 Taylor Road, Loomis 95650).

From Sacramento:

- Take I-80 East (Reno)
- Take Exit 110 for Horseshoe Bar Road
- Turn right onto Horseshoe Bar Road
- Turn right onto Taylor Road
- After 1.4 miles turn right into the Del Oro parking lot

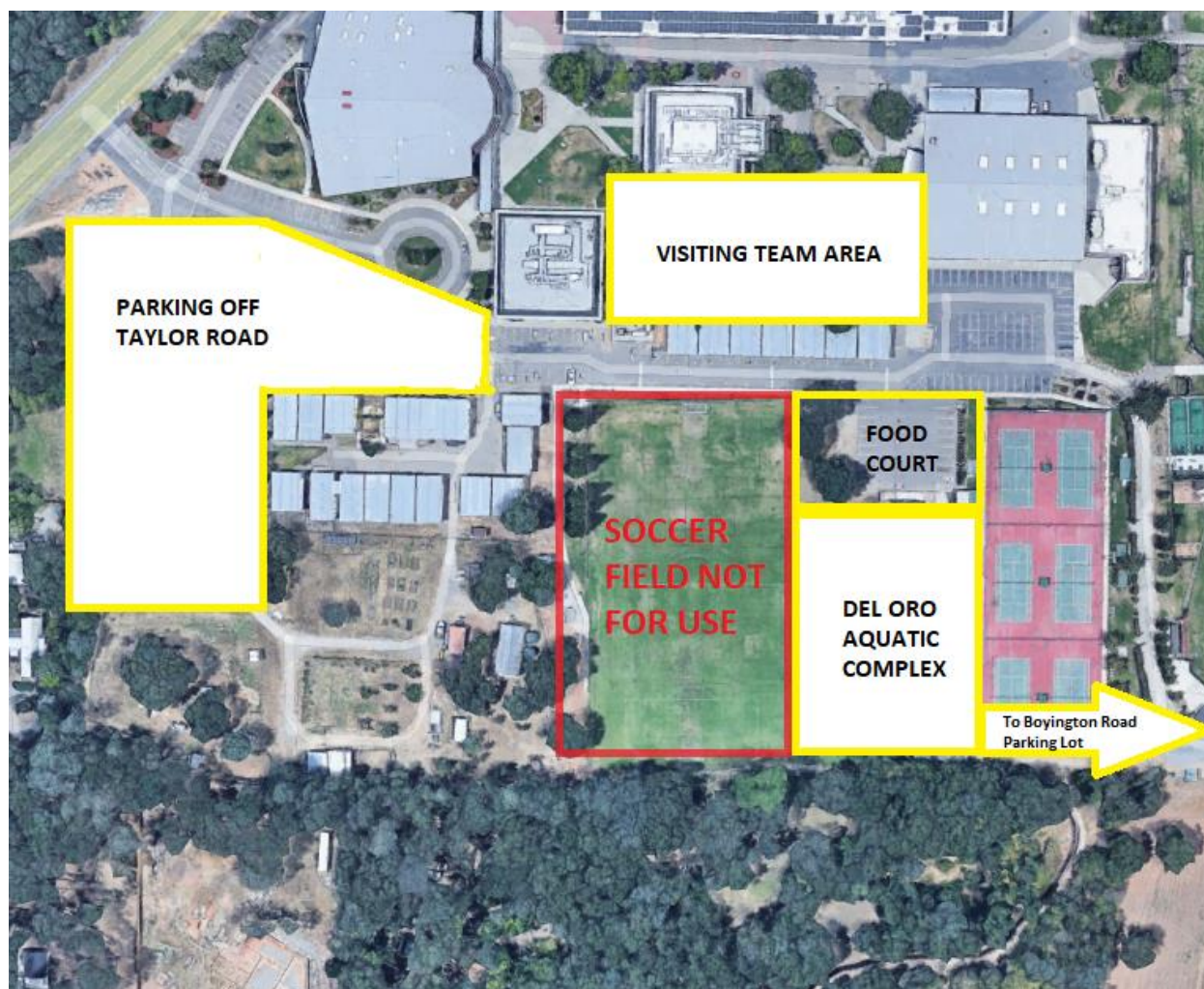




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Parking and pool location:

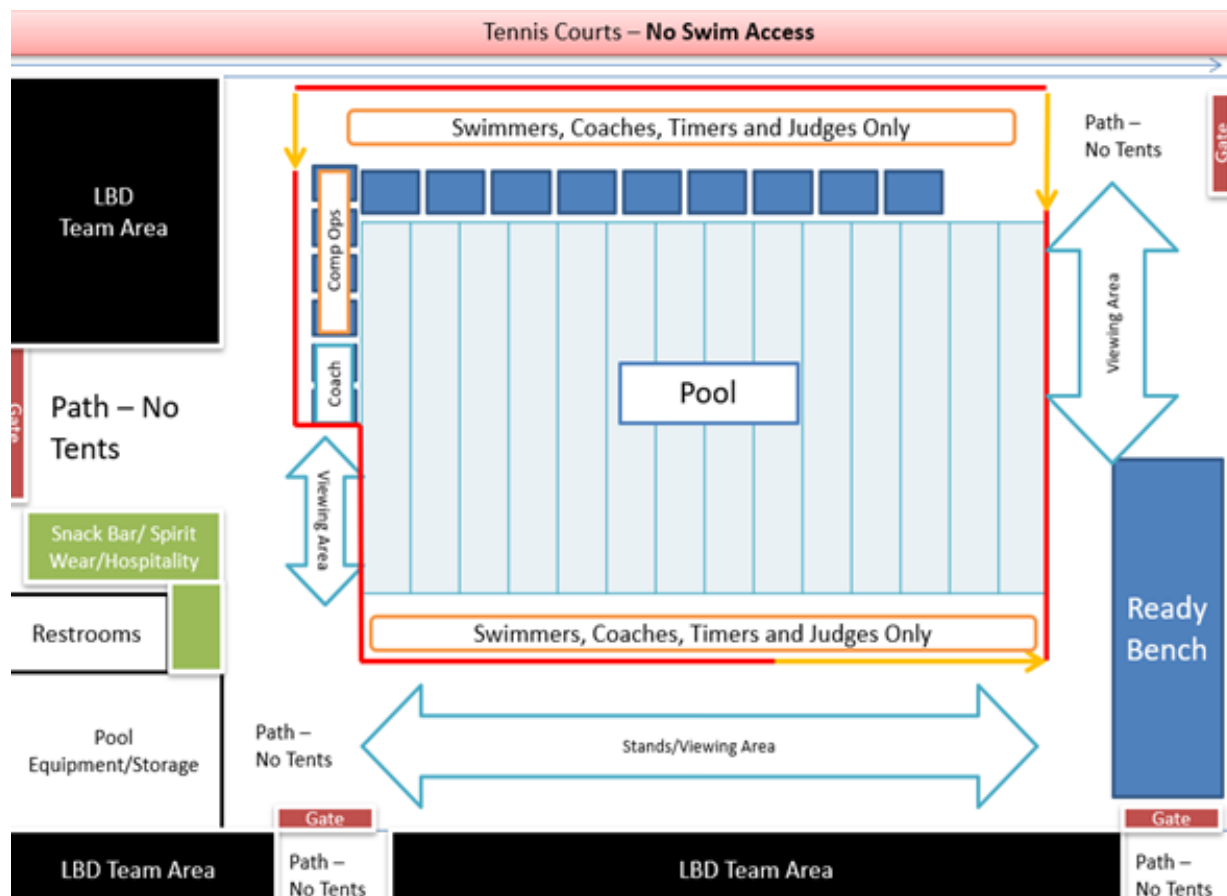




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Pool Area Map:



Contacts	Role	Phone	Email
Jodie and Josh Brown	LBD Board Presidents	916-677-9208 916-759-1650	jodieb@smcbybrown.com joshb@smcbybrown.com
Jeff Hagan	League Representative	916-765-5076	jhagan@gallellire.com
Bethani Black	Head Coach	916-806-7345	aquablacks@gmail.com
Loomis Basin Dolphins	Loomisdolphins.org		Loomisdolphins@gmail.com