

Newsplash

Issue 2

May 14, 2023

www.stseaotters.com



TIME TRIALS (AKA, THE DONUT MEET) - May 20

ALL swimmers should plan on attending our Time Trials meet this Saturday, May 20. Your Coaches will be talking about Time Trials at practice this week. Time Trials is a meet at which swimmers swim every stroke (except 6 & under). This will,

- give coaches a baseline time for each swimmer.
- allow swimmers to be placed in the correct heat at our first dual meet, so they are swimming with others that are similar to them.
- give each swimmer a seed time (starting point) for personal best swims this season.
- be used to set relays for our first dual meet.

We will not offer an alternative date, so if your swimmer is unable to make it, they will simply enter the first dual meet with a 'No Time' (NT). Time Trials will run just like a regular dual meet, except it will just be our team and we won't run relays. We will officiate this meet, and our snack shack will be open, so come ready to swim and eat delicious food! You can also check out [Swim Meet 101](#) to learn how a swim meet is run.

Digital Online Meet Sign-up Process

In order to ensure we know who will be swimming at each meet, we require you to sign-up for each meet via TeamUnify. ***You must declare your swimmers' attendance, whether they plan to swim or not. Sign-ups are ONLINE ONLY and are OPEN NOW. "Declare" for your swimmers status and sign up for individual events by 5pm on the Wednesday before each meet. For Time Trials, that means you need to submit your online sign-ups by 5pm, Wednesday, 5/17.*** This [link](#) has swim meet sign-up instructions.

TIP: You can sign-up your swimmers for all of the meets at one time, but please remember the following:

Time Trials:

7 & Up: Enter all four (4) events
6 & Under: Enter Backstroke and Freestyle

Dual Meets:

7 & Up: Enter three (3) events
6 & Under: Enter Backstroke and Freestyle

On the morning of the meet, each swimmer will need to check-in, on the check-in sheets. Check-in sheets are located at the tables as you enter the club from 7:00-7:45am.

Timeline for Saturday, 5/20

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|-----------------|---------------------------------|
| 5:30-6:30am | Meet Set-up Volunteers ONLY |
| ~6:30am & after | Family Set-up |
| 7:00-7:45am | Swimmer Check-in |
| 7:30-7:45am | 15-18 age group warm up |
| 7:30-8:00am | Volunteer Check-in |
| 7:45am | Swimmer check-in tables close |
| 7:45-8:00am | 11-14 age group warm-up |
| 8:00-8:15am | 10 & Under age group warm-up |
| 8:15am | Team Cheers and National Anthem |
| 8:30am | Meet Begins |

Swim Meet Set-up: Families will NOT be allowed into the club until after the meet set-up team has completed their work, which will be approximately 6:30am. **Please Note:** Any pop-ups that are in the pool area before the set-up team is done will be removed.

Additional Information About the Donut Meet

- After their first race, swimmers will go to the Sea Otters tent (behind the diving well) to receive a ticket for one free donut at the Snack Shack. *Swimmers will receive one ticket / one donut, after the first race only.*
- It can be cold in the morning and then, HOT! Bring layers and blankets, but be sure to have sunscreen, hats, and hydrate...drink LOTS of fluids!
- Swimmers...don't forget your goggles & towels.
- **The diving well, back pool, kiddie pool and sand volleyball courts are OFF-LIMITS during ALL swim meets. Parents, we ask for your help in keeping kids out of these areas.**
- PLEASE be sure to clean-up after yourselves. The pool will be open after the meet, and the club must be clean!
- [Pauline Dinh](#) will be distributing our swimmer's personalized ST swim cap at the merchandise tent. You can also purchase additional caps and other Sea Otters merchandise.
- [Tracy Raivio](#) will be selling tickets for a **Spot-In-The-Lot** (home and away meets) and **Spot-in-the-Lawn** (home meets). You can also learn more about Sponsorships or to sign-up for Underwater Photos to be held on Sunday, June 4 and June 11, and Saturday, July 1.
- Have FUN!!!

Spot-in-the-Lot & Pop-up-Spot WINNERS!!!

Congratulations to the following families - you are our "Spot" winners for Time Trials.

Spot-in-the-Lot: Sameera Lingam. Your spot will be reserved in the back lot, by the tennis court, next to the handicap spot on 5/20.

Pop-up-Spot: Vincent Miers. You will get to select your spot for 5/20! Please contact [Scott Fischer](#) to select a location, or one will be selected for you.

P'OTTERLUCK DINNER & SPIRIT WEAR SWAP FUNDRAISER – MAY 20

All Sea Otters families are invited to our season kick-off P'Otterluck Dinner located on the upper deck on Saturday, May 20. The evening will include a potluck dinner, s'mores and a fireside chat with Coach Jerry. This is a fantastic opportunity to bring our swim team community together for fun, fellowship and food!

- 5:45pm drop off food contributions to the clubhouse
- 6:00pm Dinner service
- 7:00pm Fireside Chat, team cheers & s'mores

Food will be served inside and we will be sitting outside. Please bring your marshmallow roasting sticks from home, if you have any. And don't forget to wear your Sea Otters apparel to show your team spirit.

Families are assigned a dish to bring based on their last names:

- A-I: Hot pasta dish for 12
- J-N: 2 loaves of garlic bread
- O-S: Fruit for 12
- T-Z: Salad or veggie plate for 12

*** PLEASE BRING SERVING UTENSILS * PLEASE BRING YOUR OWN BEVERAGES ***

The club kitchen will NOT BE available for prep or to keep things warm/cold.

Spirit Wear Swap Fundraiser

Don't forget to bring your gently worn Sea Otters t-shirts, sweatpants and sweatshirts that your kids have outgrown and swap for spirit wear from your fellow Otters. *If you take something we would appreciate a donation to the team, but it is not required.*

DOWNLOAD GOMOTION APP (ONDECK APP WILL BE RETIRED)

TeamUnify recently moved to the GoMotion App. Although the OnDeck app is still working, it will soon be retired. We suggest that you download and start using the GoMotion App before they sunset the OnDeck app. GoMotions is available in the App Store and on Google Play. Log-in to the app with the same credentials as the team website. Here you can manage your account and swimmer information, enter swim meets, check results, sign up for volunteer shifts and get up to date team news, all from your mobile device.

2023 SUMMER PRACTICE SCHEDULE

| 2023 Summer Practice Schedule June 14 - July 7 Monday - Friday | |
|--|-----------------|
| Age Group | Time |
| 16-18 | 7:30-8:30am |
| 11-12 | 8:30-9:30am |
| 9-10 | 9:30-10:30am |
| 7-8 | 10:30-11:30am |
| 6 & Under | 11:30am-12:30pm |
| 13-15 | 7:30-8:30pm |
| *Evening Practices Monday - Wednesday | |
| All Ages | 7:30pm - 8:15pm |

***Evening practices are Mon-Wed and will be reserved for swimmers who have camp/school/work conflicts that exclude them from attending their age groups' morning practice.**

SEA OTTERS INFORMATION ON-DEMAND

Santa Teresa Sea Otters team website, www.stseaotters.com

[2023 season calendar](#)

Find [swim meet sign-up instructions](#).

Want to know how a swim meet is run? Check out [Swim Meet 101](#).

I signed up for my [volunteer shifts](#), what will I be doing?

Reference [Rancho Newsletters](#).

Follow us on Facebook and Instagram - Santa Teresa Sea Otters

Santa Teresa Sea Otters Board Members

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 Merchandise, [Pauline Dinh](#)
 New Otters Liaison, [Dina Mansuy](#)
 Snack Shack, [Stephanie Taylor](#)
 Technical Records, [Kumar Virwani](#)
 Volunteers, [Allison Rice & Alicia LaMarche](#)
 Webmaster, [Kimberly Ahlgren](#)

2023 SEASON ACTIVITIES/SCHEDULE

| | |
|--|---|
| <ul style="list-style-type: none"> • 5/19: Secret Sea Otters Delivery #1 Freestyle Friday – Socialize with O'tters • 5/20: Time Trials (aka Donut Meet) • 5/20: P'Otterluck Dinner & Spirit Wear Swap – Rancho, 5:30pm • 5/25: Restaurant Night Fundraiser – Mod Pizza • 5/26: Secret Sea Otters Delivery #2 Freestyle Friday – Socialize with O'tters • 5/27: Crossgates @ ST, Dual Meet • 6/2: Secret Sea Otters Delivery #3 Freestyle Friday – Socialize with O'tters Decorate your car for away meet • 6/3: ST @ Almaden, Dual Meet • 6/7: Restaurant Night Fundraiser – Chipotle *Blossom Hill* • 6/9: Secret Sea Otters Delivery #4 Freestyle Friday – Socialize with O'tters • 6/10: Creekside @ ST, Dual Meet • 6/14*: Shift to summer practice schedule | <ul style="list-style-type: none"> • 6/16: Secret Sea Otters Delivery #5 Freestyle Friday – Socialize with O'tters Decorate your car for away meet • 6/17: ST @ Shadow Brook, Dual Meet • 6/17: Cardboard Boat Regatta & Kona Ice Fundraiser – Rancho • 6/23: Secret Sea Otters Delivery #6 Freestyle Friday – Socialize with O'tters • 6/24: Pinehurst @ ST, Dual Meet • 6/25: Restaurant Night – Vitality Bowl • 6/30: Freestyle Friday – Socialize with O'tters • 7/3-7/7: Spirit Week • 7/7: Pancake Breakfast Decorate your car for away meet Secret Sea Otters Delivery #7 & Reveal • 7/8: CHAMPS, Independence High School • 7/8: After CHAMPS Party with O'tters – Rancho • 7/10: Award's Night – Rancho |
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**Please note we will shift to summer schedule on Wednesday, June 14 (mid-week)*