

Newsplash

Issue 9

June 30, 2023

CHAMPS Edition

www.stseaotters.com



PRACTICE SCHEDULES FOR START & RELAY CLINIC AND 4TH OF JULY PRACTICE

START & RELAY CLINIC - JULY 1

Amended schedule since last publication

AGES	TIME
13 & Up	8:30-10:00am
9-12	9:30-11:00am
8 & Under	10:30-11:45am

4th of JULY PRACTICE - JULY 4

AGES	TIME
13 & Up	7:00-8:30am
11-12	8:30-9:30am
9-10	9:30-10:30am
8 & Under	10:30-11:30am

SPIRIT WEEK IS HERE!!!

7/3 Dress Like Your Coach Day: Channel your inner coach and come to practice dressed like them!

7/4 Tie Dye Tuesday: Wear your favorite tie dye!

7/5 Wacky Wednesday: Crazy socks, crazy hair, mismatched shoes, anything goes!

7/6 Hawaiian Day: Come in your best Hawaiian gear as we get ready to say "aloha" to a fantastic season!

7/7 Pajama Day: Pancake Breakfast & Coach Jerry's Birthday Bash! You won't want to miss this practice. Join us and rock out with fun tunes as we celebrate the last day of practice and Coach Jerry's Birthday! Wear your pajamas and eat pancakes. Fun!



Car Window Decorating - Friday, July 7

Get ready for CHAMPS!! Decorate your cars so East San Jose knows the Sea Otters are in the house! We have a bucket with the car decorating supplies and Otter templates. Please return the supplies after you use them.

Pancake Breakfast - Friday, July 7

Join us for pancakes (gluten-free too!), sausage and orange juice. Breakfast will be served after each practice, except the 6 & Unders, who will be served before practice. If you have a griddle and spatula the team can borrow, please drop them off in the clubhouse kitchen before 7:45am on Friday, July 8. Please bring your items labeled.

Questions? Email [Emily Becker](mailto:Emily.Becker@stseaotters.com)

FUNDRAISING: KRISPY KREME COMPETITION - ENDS JULY 2

Please refer to emails sent out on June 19 and 29 for more details!

2023 CHAMPS!!!

There is a lot of information here, so please read it carefully and keep this Issue for reference throughout the week.

PARADE OF TEAMS AT CHAMPS

It is a tradition at CHAMPS for the athletes to enter the pool deck in a Parade of Teams (think Olympic Parade of Nations) before the National Anthem and the start of the meet. This is a huge show of each team's spirit, with kids decked out in team colors, crazy wigs, mascots, etc. As you can imagine, organizing our team amongst the chaos of the morning will take everyone's cooperation. Here's what you need to know to help our parade run smoothly and to best show off our Sea Otter Spirit:

1. You can view the parade map [here](#) (scroll down past the regular map).
2. Swimmers/coaches only will be allowed on the pool deck. Parents can view the parade from the stands.
3. IMPORTANT: **Medley Relay Swimmers** will not return to our tent camp after the parade, so they MUST WEAR THEIR TEAM SUIT AND TAKE THEIR CAPS AND GOGGLES WITH THEM FOR THE PARADE!
4. Athletes will gather on the large concrete area near our tent camp - in front of the gym. Keep an eye out for Lauren Sullivan and listen for the announcement!
5. We really want to show our team spirit. This means we need to go crazy! Wear your Sea Otter Spirit shirts. Got a blue or yellow wig? A tutu? A sea otter stuffed animal? A crazy headband? How about an obnoxious noise maker? Blue and Gold body paint or Zinc? Bring it to the meet and make sure your athlete has it for the parade! And don't forget your Sea Otters tattoos.
6. The team will lend some props and decorations. We know they're fun, and your kids will want to keep them, but please return these after the parade so they can be used again next year.
7. 8 & Under Butterfly should head immediately to Clerk of the Course after the National Anthem.
8. First shift volunteers need to be ready!

GENERAL CHAMPS INFORMATION

- **LOCATION:** Independence High School Pool, 617 N. Jackson Avenue, San Jose, CA 95133
- **PARKING:** Both school parking lots off of N. Jackson will be open. Street parking on N. Jackson or Mabury is allowed. Do not park in the lot off of Educational Park Drive.
- **MAP:** You can find a map of Champs [here](#).
- **SCHEDULE:** The Champs schedule is located [here](#).
- **POOL DECK ACCESS:** The pool deck will be CLOSED to families. Only swimmers, adults with the correct wristband, Senior swimmer families (for the Senior Swim), and volunteers with pool deck shifts, will be allowed on the pool deck.
- Swimmers are NOT required to check-in at CHAMPS. But, if your swimmer ends up sick that morning, please contact Edie Fischer at 408-921-0023 immediately, so we can manage scratches and possible relay changes.
- Volunteers ARE required to check-in.
- **Sea Otters Warm-Up from 8:15-8:45am. Lanes 0-8.**
 - 12 & Under: 8:15am-8:30am
 - 13 & Up: 8:30-8:45am
- PLEASE read our **Coaches to Swimmer/Parent Information** sheet and for our 10 & UNDER SWIMMERS, pay special attention to the "NAME ON THE ARM" instructions found [here](#) on the CHAMPS website.
- Food vendors can be found [here](#).
- We will have one Parent Relay at CHAMPS. Please contact [Mark Kleiner](#) if you want to swim in the ST Parent Relay.

- Swimmers are awarded a Gold, Silver or Bronze medal if they achieve a personal best at CHAMPS. We encourage our Sea Otters to always strive for a new PB... but this time, there's hardware in it!
- Finally, we ask all of our families to stay until the very end of the meet, regardless of the outcome at CHAMPS. We will be awarded the Dual Meet Championship Trophy. We will congregate on the cement bleachers, by the gate leading to the pool deck, for team photos with the trophy!

****ONLY 6 MORE PRACTICES UNTIL CHAMPS!****

AWARDS NIGHT – JULY 10

Come celebrate the end of the Sea Otter season at Awards Night on Monday, July 10 at 6:30pm on the tennis courts. Please bring your own chairs to this event. Gates will open at 6:00pm. Large shades or pop ups are not allowed. Participation trophies will be given to all swimmers as well as High Point, Second High Point and Most Improved, in each age group, for boys and girls. All Champs awards will be available for pick-up that night as well.

SEA OTTERS INFORMATION ON-DEMAND

Santa Teresa Sea Otters team website, www.stseaotters.com

[2023 season calendar](#)

Find [swim meet sign-up instructions](#) for the Sea Otters website or the OnDeck App.

Want to know how a swim meet is run? Check out [Swim Meet 101](#).

I signed up for my [volunteer shifts](#), what will I be doing?

Reference [Rancho Newsletters](#).

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Membership, [Jennifer Fusilero](#)

Merchandise, [Stacy Valenta](#)

New Otters Liaison, [Dina Mansuy](#)

Snack Shack, [Stephanie Taylor](#)

Technical Records, [Kumar Virwani](#)

Volunteers, [Allison Rice & Alicia LaMarche](#)

Webmaster, [Kimberly Ahlgren](#)

2023 SEASON ACTIVITIES/SCHEDULE

- 6/30: Freestyle Friday – Socialize with O'tters
- 7/3-7/7: Spirit Week
 - 7/3: Dress Like Your Coach Day
 - 7/4: Tie Dye Tuesday
 - 7/5: Wacky Wednesday
 - 7/6: Hawaiian Day
 - 7/7: Pancake Breakfast and Pajama Day
- 7/8: CHAMPS, Independence High School
- 7/7: Pancake Breakfast | Decorate your car for away meet | Secret Sea Otters Delivery #7 & Reveal
- 7/8: CHAMPS, Independence High School

- 7/8: After CHAMPS Party with O'tters – Rancho
- 7/10: Awards Night – Rancho