



The Marlinator Newsletter

Week of 6/23 - 6/28 - 3RD MEET AGAINST CLEVELAND

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COACHES UPDATE

Thank you for the great meet against the Willowick Wildcats last Saturday! We appreciate all of you for having your children be a part of our team and for all the hard work you do as parents. Home meets are a lot of work so we'd like to give an extra THANK YOU to all those who were able to volunteer at the meet.

As you review the meet results, you may notice that our team is off to a 2-0 record. What is even more exciting is that we are already beginning to see some outstanding improvements in your swimmers! As a reminder, if you compare the Euclid meet to the Willowick meet, remember that Euclid was a 25 yard pool but ours is 25 meters so in many cases, swimmers improved just from Monday to Saturday. You may also notice more DQs listed this meet than last meet. This is nothing to worry about. We will continue to work with your swimmers on the skills that go in to competing in each stroke.

It's hard to believe but the meet this weekend marks the halfway point of our season! The summer season lasts eight weeks including six dual-meets and our league championship meet. This weekend, we are hosting another home meet. This time we are competing with the Cleveland Heights Tiger Sharks.

Go Marlins!

WEEK 4 - 6/23-6/28

Themes:

Team Building: Try a new stroke/event

Practice Skill: Breathing

Meet Theme: Western

Don't forget to saddle up and wear your WESTERN gear to the meet to cheer on our Marlins! Let's show our team spirit and make some noise! YEEHAW!!

Announcements:

- Would you like to receive Remind App or Text reminders from your coaches? If you have a 10 or younger swimmer, please join these Remind groups:
 - [8&U](#)
 - [9-10](#)
- [Volunteer jobs still needed for this weekend's meet!](#) 🙋 *click to sign up*
 - Any middle school and high school age swimmers are welcome to volunteer to



time! Coach Patti will sign off on service/volunteer hours for this.

- [Dive Clinics](#) - space is limited! Free to all UH Wellness Members, \$10/class for Non-members. Stop by UH Wellness Center or email Marybeth.ohl@uhhospitals.org to register!
 - June 25, 6:30-7:30 pm
 - July 9, 6:30 - 7:30 pm
 - July 23, 6:30 - 7:30 pm
- [Buddy Groups](#) (click to view assignments) and see some [Buddy Do's and Don'ts](#)
- [Gift Card Calendar Fundraiser](#) 👉 *click to view*
 - **Funds and tickets due by 6/30.**
 - Each family should sell five (5) tickets to friends and family. Tickets are \$10 each. **If you'd like to sell more tickets (yay!), please [click here](#) to print extra tickets.**
 - ****Important:** If you or your donor are paying via Venmo, please remember that in order for their name to be included in the drawing, a ticket must be filled out and returned to a parent board member ****next Monday****.**
- **Spirit Wear** - thank you to everyone who ordered! Items will be distributed to swimmers around the end of June.
- **Pictures** - You should have received an email from Lake Photography with your swimmer's photos. If you did not, please contact them at 440-666-5980.

REMINDERS:

- **Meet RSVP:** You have two options for confirming your attendance using the [SportsEngine mobile app](#) or on our [team website](#). Here's a short video showing [how to RSVP through the app](#). Please choose the method that works best for you!
 - ◆ RSVP for each meet well in advance.
 - ◆ RSVP weekly, with a deadline of Wednesday at 9 AM each week.
- **Swim Caps for Sale!**
 - ◆ \$10 for silicon or \$5 for latex! Exact cash or check (made payable to Mentor Marlins) preferred, but Venmo also available (@MentorMarlinsSwimTeam). See a parent board member at practice to purchase yours!
 - ◆ While caps are not mandatory during meets, most swimmers prefer to wear them as they help improve movement efficiency and keep goggles in place for better visibility.
- [Volunteer jobs still needed for this weekend's meet!](#) 👉 *click to sign up*

- ◆ For those that already signed up for a job this weekend as well as at future meets, thank you! As a friendly reminder, we ask that **each family volunteers at a minimum of 3 meets**. Whether you're a seasoned volunteer or new to the team, there are plenty of positions available for everyone.

- **Quiet for the Start!** At meets, it is important that swimmers and timers behind the blocks can hear the starter official. Please remind swimmers that when they're behind the blocks, they should be quiet for the start of each race.
- **Evening Practices:** space is limited and registration is required, using the [SportsEngine mobile app](#) or on our [team website](#). Swimmers should only attend one practice per day unless needing to double has been discussed with your coach. If you are signing up multiple swimmers, be sure to fill in a separate slot for each swimmer.
- **UH Wellness Center Reminders:** Please remember, no eating in the pool area and no videos allowed in the pool to ensure everyone's safety and enjoyment. Please remind your swimmer to respect these policies to keep our practices running smoothly.
- **During Practice:** Please refrain from approaching coaches during practice. If you have questions or feedback, please find a parent board member or wait until practice is over. Head Coach Patti Talarczyk is also happy to answer questions.

MEET INFORMATION: HOME MEET AGAINST THE CLEVELAND HTS TIGER SHARKS

LOCATION: Mentor Civic Center Park Pool

Date: Saturday June 28th

ADDRESS:

Check In: 6:45 am

8500 Munson Rd.

Warmup: 7:00 am

Mentor, OH 44060

Meet Begins: 8:00 am

Family Focus

The team we are facing this weekend is a smaller team. Often when we are competing against a smaller team, the coaches try to enter swimmers in events they have not tried yet. If you talk about swimming at home with your athletes, this week a great family focus could be about trying new things. In swimming, it is okay if an event is not your best or even if you think you might DQ. We want to continue to challenge ourselves and try new events. Sometimes a swimmer even discovers a new favorite!

Congratulations to our Swimmers of the Week!

	8&U	9 - 10	11 - 12	13 - 18
Girls	Zoe Nutter	Nina Eberhard	Lily Gemmen	Capri Caimi
Boys	Logan Cogar	Christian McAndrew	Liam Hamilton	Caleb Haury



QUICK LINKS:

[Full Schedule](#)
[Team Handbook](#)
[What to Bring Guide](#)
[\(Practices and Meets\)](#)
[Marlins Store](#)
[Meet Results](#)
[Team Website](#)
[League Website](#)

PRACTICE SCHEDULE:

Monday	Civic Center 8:30-9:30--10 & Under 8:30-10:00-- 11 & Up
Tuesday	Civic Center 8:30-9:30--10 & Under 8:30-10:00-- 11 & Up *Evening: 6:45-7:45
Wednesday	Civic Center 8:30-9:30--10 & Under 8:30-10:00-- 11 & Up
Thursday	Civic Center 8:30-9:30--10 & Under 8:30-10:00-- 11 & Up *Evening: 6:45-7:45
Friday	**UH Wellness Center 8:30-9:30-- 10 & Under 9:30-10:30-- 11 & Up

*Registration required using the [SportsEngine mobile app](#) or on our [team website](#).

****New Members Only:** If attending a Friday practice at UH Wellness Center, you [must complete and return this waiver](#).

CONTACT US:

Facebook: [@MentorMarlins](#)

Instagram: [@MarlinsSSL](#)

Parent Board:

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Coaches: MSTCoaches@gmail.com