



# *The Marlinator Newsletter*

***Week of 7/7 - 7/12 - 5TH MEET AGAINST HIGHLAND HTS***

## **COACHES UPDATE**

Congratulations on all the great swims against the Willoughby Stingers!!

Although we did not come away with another win this week, we saw some **AMAZING** time drops from those who were able to attend, despite the heat. Click here to view the [Willoughby Meet Results](#). The Stingers have been League Champions for the last two years so meets like that are a great opportunity to focus on individual swims and personal improvements.

This weekend we host the Highland Heights Hurricanes, which is a larger team. Coaches are beginning to use meet lineups to help support Champs event planning and we will be aiming to give swimmers opportunities to compete in the events they are best at.

Speaking of Champs, that meet is right around the corner so here is some important Champs information:

- Swimmers must have swum at least one race in three separate meets to be eligible. If you have only been in one meet so far, be sure to do at least one race this weekend vs Highland Heights and next weekend against Pinegate.

- 8 and under swimmers will only compete on Day 1, Saturday 7/26 and they can participate in up to two relays and two individual events.
- 9 and older swimmers get to compete in up to 3 individual events and two relays across both days. Here are the events each day, in order:
  - Saturday 7/26: 100 Free, Fly, IM, Medley Relay
  - Sunday 7/27: 200 Free, 50 Free, Backstroke, Breaststroke, Free Relay
- You need to **RSVP for both days of champs separately** in the app or on the website. This lineup is due much earlier than for a dual meet so please RSVP for Champs Day 1 and Day 2 ASAP. The deadline for this registration is Wednesday 7/16.

If you have any questions about Champs, please reach out to [mstcoaches@gmail.com](mailto:mstcoaches@gmail.com) or [mentormarlins@gmail.com](mailto:mentormarlins@gmail.com). Thank you and see you at the pool!

## **Go Marlins!**

### **WEEK 6 -**

#### **Themes:**

**Team Building:** Do something kind

**Practice Skill:** Advanced Strokes

**Meet Theme:** Beach/Tropical

**Don't forget to show your aloha spirit and wear your BEACH and TROPICAL gear to the meet to cheer on our Marlins! Let's TROPIC like it's hot ☀️**

#### **Announcements:**

- We are excited to share that the Marlins will be donating a basket to the Home Field Foundation/KJL Superdraft, on Aug 1-3. [Click to read more about the event.](#)
  - The event will benefit a family of our own—the **Bowen Family**. Dawn was a huge supporter of the Marlins, and now is our chance to show our love in return.
  - **We are asking our families for a \$5-\$10 donation to help us put together a thoughtful basket for the event.**
  - You can bring cash and give it to Janelle at the meet on Saturday, or Venmo (@MentorMarlinsSwimTeam) by **July 17th**. Thank you for your generosity!
- **Save the Dates (more details to come):**
  - **July 17, 6 - 8 pm:** Pep Rally @ Civic Center



- **July 23, 8:30 - 10 am:** Breakfast of Champions @ Civic Center
- **SSL Championship Meet Fundraisers** - please support youth swimming in NE Ohio! Learn more about the [50/50](#) and [Cabana](#) raffles and use links below to enter!
- **[Cabana Raffle](#)** - Enter for your chance to be a VIP at Champs 7/26-7/27. Winners will be drawn at the July SSL meeting and will be notified by team coaches and via email.
  - Covered cabana for 10 -12 people
  - 3 VIP parking passes for the lot near pool
  - \$25 voucher for concessions
  - Cooler with water and ice
- **[50/50 Raffle](#)** - Winner will be drawn on July 27 at Champs Meet. Winner does not need to be present. Payout: PayPal or check. Winning seller will receive a \$50 gift card.
- **Looking for volunteers to coordinate fun age-specific outings throughout July!** If you are interested in helping, please text Missy at (440) 478-7698 for details!
- **[Volunteer jobs still needed for this weekend's meet!](#)**
  - Any middle school and high school age swimmers are welcome to volunteer to time! Coach Patti will sign off on service/volunteer hours for this.
- **[Gift Card Calendar Fundraiser](#)**
  - Winners have been announced each day on our [Facebook page](#) - be sure to follow us! Thank you for your support!

### **REMINDERS:**

- **RSVP for Highland Heights, Champs Day 1, Champs Day 2**
- **[Dive Clinics](#)** - space is limited! Free to all UH Wellness Members, \$10/class for Non-members. Stop by UH Wellness Center or email [Marybeth.ohl@uhhospitals.org](mailto:Marybeth.ohl@uhhospitals.org) to register!
  - ◆ July 9, 6:30 - 7:30 pm
  - ◆ July 23, 6:30 - 7:30 pm

**MEET INFORMATION:****HOME MEET AGAINST HIGHLAND HTS****LOCATION:** Mentor Civic Center Park Pool**ADDRESS:**

8500 Munson Rd.

Mentor, OH 44060

**Date:** Saturday, July 12th**Check In:** 6:45 am**Warmup:** 7:00 am**Meet Begins:** 8:00 am***Congratulate our Swimmers of the Week!***

	<b><i>8 and Under</i></b>	<b><i>9 - 10</i></b>	<b><i>11 - 12</i></b>	<b><i>13 - 18</i></b>
<b><i>Girls</i></b>	<b><i>Mia Valencic</i></b>	<b><i>Zoey Bean</i></b>	<b><i>Andrea Tomic</i></b>	<b><i>Rachel Stoops</i></b>
<b><i>Boys</i></b>	<b><i>Jamie Nutter</i></b>	<b><i>Alex Hemmi</i></b>	<b><i>David Hoang</i></b>	<b><i>Ben Hoang</i></b>

**QUICK LINKS:**

[Full Schedule](#)  
[Team Handbook](#)  
[What to Bring Guide](#)  
[\(Practices and Meets\)](#)  
[Marlins Store](#)  
[Meet Results](#)  
[Team Website](#)  
[League Website](#)

**PRACTICE SCHEDULE:**

Monday	Civic Center 8:30-9:30--10 & Under 8:30-10:00-- 11 & Up
Tuesday	Civic Center 8:30-9:30--10 & Under 8:30-10:00-- 11 & Up *Evening: 6:45-7:45
Wednesday	Civic Center 8:30-9:30--10 & Under 8:30-10:00-- 11 & Up
Thursday	Civic Center 8:30-9:30--10 & Under 8:30-10:00-- 11 & Up

**CONTACT US:****Facebook:** [@MentorMarlins](#)**Instagram:** [@MarlinsSSL](#)**Parent Board:**[mentormarlins@gmail.com](mailto:mentormarlins@gmail.com)**Coaches:** [MSTCoaches@gmail.com](mailto:MSTCoaches@gmail.com)

	*Evening: 6:45-7:45
Friday	**UH Wellness Center 8:30-9:30-- 10 & Under 9:30-10:30-- 11 & Up

\*Registration required using the [SportsEngine mobile app](#) or on our [team website](#).

**\*\*New Members Only:** If attending a Friday practice at UH Wellness Center, you [must complete and return this waiver](#).