

The Marlinator Newsletter

Week of 6/9-6/14 - FIRST MEET AGAINST EUCLID

COACHES UPDATE

Let's get excited for our first meet!

Marlin, you had a wonderful first week of practice! This week, we will have some excitement at practice and this Saturday, our first competition against the Euclid Panthers. An important thing to note about <u>Euclid Memorial pool</u> is that it is a yards pool whereas all other pools in our league are in meters. That means times for races at Euclid will be several seconds faster than at other pools. This <u>time conversion tool</u> can help you translate between yards times and meters times for most events.

Please read below as we have many important announcements and reminders!

Aside from having our first meet, a few major highlights to expect are:

- Buddy groups will be formed to match our young and new swimmers with our older age groups.
- Team pictures
- Time trials
- Marlin window signs

If you are not able to attend practice on the days that these things are happening, don't worry! There will be makeups offered for pictures and the coaches will help you coordinate any of the other activities you may miss.

Go Marlins!

WEEK 2 - FIRST MEET!!

Themes:

Team Building: Sportsmanship

Practice Skill: Finishes **Meet Theme:** Tie Dye

Announcements:

★ Tuesday, June 10th

Picture Day click for details

Don't forget to wear your tie-dye gear to the meet to cheer on our Marlins! Let's show our team spirit and make some colorful noise!

To help you and your swimmer prepare for the first meet, check this out <u>\(\rightarrow \) What to Bring Guide!</u>

- ALL groups will have practice time trials during this practice. <u>Register and help</u> with time trials and craft activities during this practice
- ★ Gift Card Calendar Fundraiser: back by popular demand!
 - Stay tuned—more details coming your way by the end of the week. Don't miss out!
- ★ Spirit Wear store is closed thank you to everyone who ordered! Items will be distributed to swimmers around the end of June.
- ★ Swimmer's Team T-shirts: were ordered and will be distributed to swimmers around the end of June.

REMINDERS:

- → **Buddy groups:** This week we are forming buddy groups! We started picking groups today (Monday) but the weather got too bad so we will finish tomorrow. This is the document where you will see names of <u>buddies in each group</u>. Here are some helpful <u>tips for what buddies should and should not do</u>.
- → Swim Caps for Sale This Week!
 - ◆ \$10 for silicon or \$5 for latex! Exact cash or check (made payable to Mentor Marlins) preferred, but Venmo also available (@MentorMarlinsSwimTeam). See a parent board member at practice to purchase yours!
 - ◆ While caps are not mandatory during meets, most swimmers prefer to wear them as they help improve movement efficiency and keep goggles in place for better visibility.
- → Volunteer jobs still needed for this weekend's meet! → click to sign up
 - ◆ For those that already signed up for a job this weekend as well as at future meets, thank you! As a friendly reminder, we ask that **each family volunteers at a minimum of 3 meets**. Whether you're a seasoned volunteer or new to the team, there are plenty of positions available for everyone.
- → Meet RSVP: You have two options for confirming your attendance using the SportsEngine mobile app or on our team website. Please choose the method that works best for you!
 - ◆ RSVP for each meet well in advance.
 - ◆ RSVP weekly, with a deadline of Wednesday at 9 AM each week.
 - Thank you to all the families who have already declared for the meet this week!
- → Evening Practices: space is limited and registration is required, using the SportsEngine mobile app or on our team website. Swimmers should only attend one practice per day unless needing to double has been discussed with your coach.
- → New Members Only: If attending a Friday practice at UH Wellness Center, you <u>must complete and return this</u> waiver.
- → UH Wellness Center Reminders: We are proud of everyone's behavior at UH this past Friday! For next week, please remember that there is no eating allowed in the pool area. You are welcome to eat in the front lobby. Also, UH has a policy against filming or photography. Please wait until we are at Civic Center for photography.
- → **During Practice**: Please refrain from approaching coaches during practice. If you have questions or feedback, please find a parent board member or wait until practice is over. Head Coach Patti Talarczyk is also happy to answer questions.

MEET INFORMATION:

AWAY MEET AGAINST Euclid Panthers Date: Sa LOCATION: Euclid Memorial Park Pool Check In

ADDRESS:

22550 Milton Ave. Euclid, OH 44132 Date: Saturday, June 14th Check In: 7:05 - 7:15am Warmup: 7:30am

Meet Begins: 8:00am

Family Focus:

This week our practice skill focus is race finishes. Please remind your swimmer that their race ends when they touch the wall at the end. For **backstroke**, the swimmer must still be on their back when they touch. For **breaststroke** and **butterfly**, the swimmer must touch with both hands at the same time. **Freestyle**, they just need to touch. Finishes are among the top DQ reasons at meets so it is helpful to reinforce these reminders. If you would like to read other stroke/event rules and guidelines, please take a look at this <u>meet guidelines and tips</u> document. Finish strong, Marlins!

QUICK LINKS:

- **★** Team Website
- ★ Full Schedule
- ★ Team Handbook
- ★ What to Bring Guide
 (Practices/Meets)
 Marlins Store
- ★ Meet Results
- ★ League Website

PRACTICE SCHEDULE:

Monday	Civic Center 8:30-9:3010 & Under 8:30-10:00 11 & Up
Tuesday	Civic Center 8:30-9:3010 & Under 8:30-10:00 11 & Up *Evening: 6:45-7:45
Wednesday	Civic Center 8:30-9:3010 & Under 8:30-10:00 11 & Up
Thursday	Civic Center 8:30-9:3010 & Under 8:30-10:00 11 & Up *Evening: 6:45-7:45
Friday	**UH Wellness Center 8:30-9:30 10 & Under 9:30-10:30 11 & Up

^{*}Registration required using the <u>SportsEngine mobile</u> <u>app</u> or on our <u>team website</u>.

CONTACT US:

Facebook: @MentorMarlins
Instagram: @MarlinsSSL

Parent Board: mentormarlins@gmail.com

Coaches: MSTCoaches@gmail.com

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