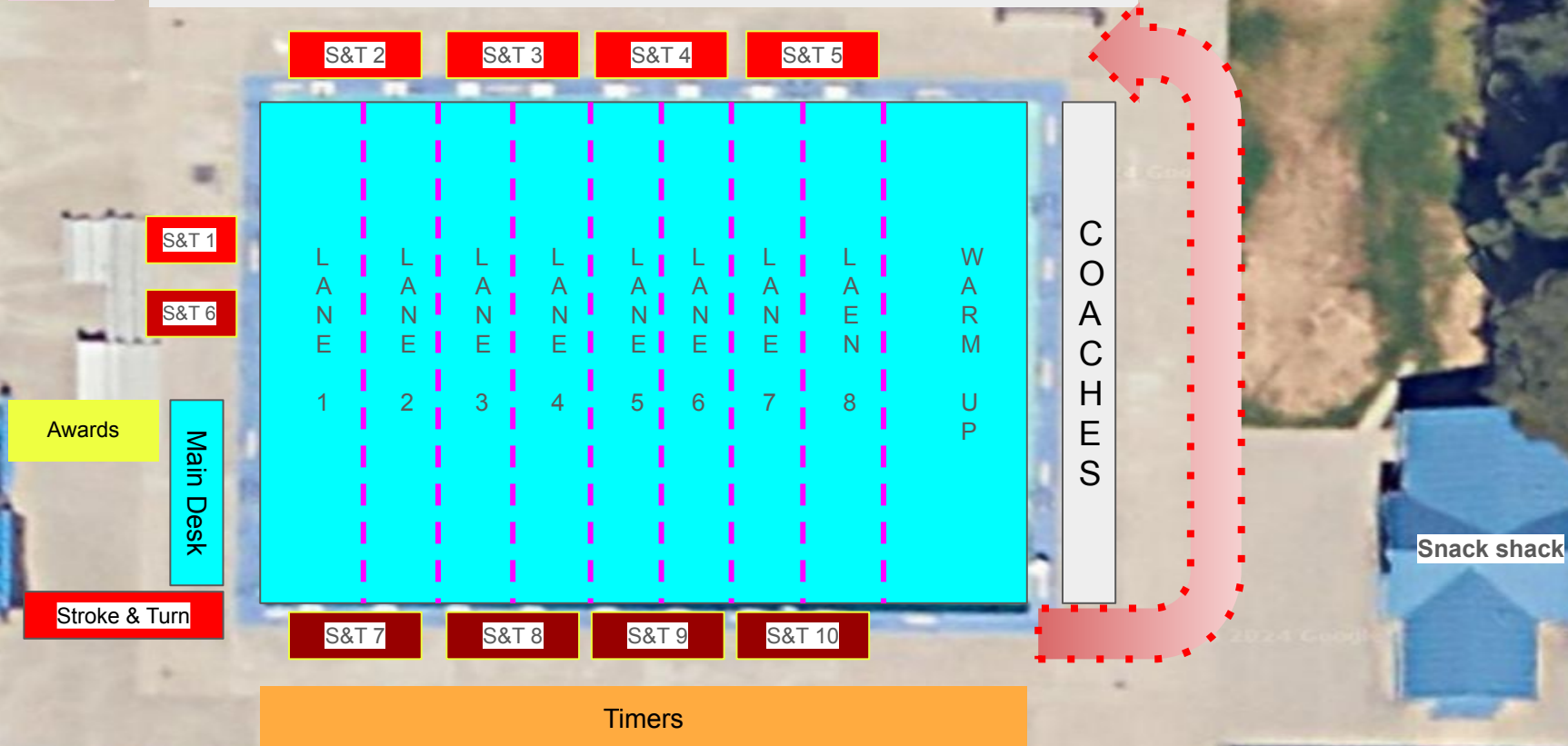




STROKE & TURN POSITIONS



Stroke & Turn Guidelines

1. S/T 2-3-4-5 and S/T 7-8-9-10 Lane Judge's jurisdictions consist of two lanes each, to the midpoint of the pool
2. S/T 1 & 6 Relief Side Judges (each for their corresponding ends) serve as back/up, relief and runners to collect DQs and transport them to the desk
3. Lane Judges raise your hand if you see an infraction, so that S/T 1 & S/T 6 Relief Side Judges can come and back you up
4. After signaling a violation to your Relief Side Judge, continue to judge your race until the Relief Side Judge arrives and replaces you... then step back and write your slip
5. Teams A/AA to B/BB, etc... Team rotations occur each hour, on the hour. Sign in at the Chief Judge's Desk, 5 minutes before EACH shift, to allow time for a seamless transition at the top of the hour. We will all go on deck (from the desk) as a collective group
6. Team specific Judge Assignments & Substitutions - self-manage within your own team
7. Clipboard stays with the active post Judge
8. Use the "Benefit of the Doubt Goes to the Swimmer" judging protocol - ALWAYS
9. Judge each of your assigned lanes EQUALLY... meaning if you have an empty lane, only judge the occupied lane 50% of the time
10. Stand behind timers at the start, then step forward to the pool edge, standing in between your assigned lanes
11. Always judge at the edge of the pool to effectively witness touches and turns
12. Be prepared for a challenge by knowing the 3 W's... What did you see? What was the rule? Where were you standing? It is helpful to circle the DQ'd swimmers name/lane on your Event Sheet and make any violation notations there (for memory recall purposes) in the event of a challenge
13. The Meet Referee officiates all final judgements... do NOT discuss your actions with Coaches or Parents
14. Water for all Judges is in a cooler positioned at S/T 1 and S/T 6 - Simply ask your associated Relief Side Judge and they can deliver it to you as needed. Hospitality will also be coming around to your position with snacks/beverages periodically throughout the day

6 & UNDER

- Correct stroke performed for 70% of swim OK
- No lane rope pulling/pushing - bumping OK
- Survival breath & stroke at start OK
- One or two handed touch at finish is OK
- Backstroke finish on breast is OK

7 & UP

- 100% correct; stroke, turn & finish performance required
- Backstroke re-submergence at the finish is OK
- Backstroke Position 5 & 10 Lane Judges will confirm ALL lanes are in legal start position and signal compliance to the Starter by an outstretched arm prior to the start of each race
- No lane rope pulling/pushing - bumping is OK
- No bounding from pool bottom
- For the freestyle leg of the IM, swimmers must maintain a position towards the breast for entire swim. This includes during the off the wall transition from breaststroke to freestyle
- During freestyle...some part of the body must be above the surface of the water at all times

TEAM ASSIGNMENTS

SATURDAY TEAM A/AA & B/BB ROTATION

A - SBRK	#1	B - SBRK	#1
A - DH	#2	B - DH	#2
A - DA	#3	B - DA	#3
A - AK	#4	B - AK	#4
A - CST	#5	B - LMYA	#5
AA - PHA	#6	BB - PS	#6
AA - BDSC	#7	BB - SV	#7
AA - BSR	#8	BB - FP	#8
AA - SR	#9	BB - RH	#9
AA - HOX	#10	BB - HOX	#10

SUNDAY TEAM A/AA & B/BB ROTATION

A - SBRK	#10	B - SBRK	#10
A - DH	#9	B - DH	#9
A - DA	#8	B - DA	#8
A - AK	#7	B - AK	#7
A - CST	#6	B - SV	#6
AA - PHA	#5	BB - PS	#5
AA - BDSC	#4	BB - LMYA	#4
AA - BSR	#3	BB - FP	#3
AA - SR	#2	BB - SR	#2
AA - RH	#1	BB - HOX	#1