

Battle of the Ages 2024
Saturday 6/29/24 & Sunday 6/30/24
VOLUNTEER ASSIGNMENTS

(please check in with Coordinator Krista Heredia upon arriving to the pool)

SATURDAY: ONE TIMER CHAIR (Lane # TBD)

- 8:45 - 10:00: Jones
- 10:00 - 11:00: Recoder
- 11:00 - 12:00: Leist
- 12:00 - 1:00: Yap-Lee
- 1:00 - 2:00: Magley
- 2:00 - 3:00: Oliveira
- 3:00 - end: Schaeffer

SATURDAY: TIMER RELIEF/BACK UP (most likely will not be needed)

- 9:00 - end: Ambrose

SATURDAY: STROKE & TURN (Position AA #8 - Timers side of pool between lanes 3 & 4)

***Attend mandatory S&T Officials Briefing starting promptly at 8:30 am at the Official's Desk Area.**

Please note that BSR assigned shifts are every other hour.

- 9:00 - 10:00: Magno
- 11:00 - 12:00: Salindong (head timer)
- 1:00 - 2:00: Matias
- 3:00 - 4:30: Gelardin

SATURDAY: STROKE & TURN RELIEF/BACK UP (most likely will not be needed)

- 9:00 - end: Ambrose

SUNDAY: NO LANE TIMERS NEEDED FROM STINGRAYS TODAY!

SUNDAY: STROKE & TURN (Position AA #3 - Sunny side of pool between lanes 3 & 4)

***Attend mandatory S&T Officials Briefing starting promptly at 8:30 am at the Official's Desk Area**

Please note that BSR assigned shifts are every other hour.

- 9:00 - 10:00: Freytag (head timer)
- 11:00 - 12:00: Patten
- 1:00 - 2:00: Clements
- 3:00 - 4:30: Roldan

SUNDAY: STROKE & TURN RELIEF/BACK UP (most likely will not be needed)

- 9:00 - end: Ambrose

Social Media:

- Breanne Marshall

Ribbons:

- Thomas

Event Coordinator / QUESTIONS?:

- Contact Invitational Coordinator **Krista Heredia** at krista.heredia@gmail.com
- Day of emergency please text/call **Krista** at **(925) 899-1034**

Volunteer no shows will be billed \$150 and the credit card on file will be charged.

SUPPLEMENTAL MEET INFO

MEET LOCATION:

Pleasant Hill Middle School

[One Santa Barbara Road](#)

[Pleasant Hill, CA 94523](#)

VIP PARKING: We will be offering VIP parking passes for our parking lot behind the pool. These parking passes will be \$30 advanced purchase per day and \$40 onsite via Zelle payment only, the passes usually sell out prior to the meet. These passes will allow you unlimited access to the parking lot throughout the meet. Order your pass online at the Square market:

<https://square.link/u/mQ0dyzaa> You will be sent an email confirming your order that you will bring to the meet to check in at the VIP parking lot.

GENERAL PARKING: There is general parking in the main school lot, on the street at the front of the school and in Pleasant Oaks Park across the street from the school.

OFFICIAL PARKING: Officials will be able to park in the reserved lot by the Basketball and Tennis Courts. The names for BSR (Mariska Field, John Freytag & Gabe Salindong) have been submitted by our event coordinator.

TEAM AREAS AND SET UP: A map of Pleasant Hill Middle School will be available on the Wednesday prior to meet at the [Pleasant Hill Dolphins Website](#). Every participating team is assigned a team area in the hallways. Families are also welcome to set up on the field next to the VIP parking area. Please respect that Summer School is taking place on this site and we cannot allow early setup. The campus will be open for set-up at 5pm on Friday. NOTE: If tents, chairs or other personal belongings are left overnight, Pleasant Hill Dolphins Swim Team and other affiliated agencies are not responsible for lost or stolen items. Summer school starts again early on Monday morning so please be a good neighbor by picking up your trash and placing it in the appropriate receptacle locations.

PETS, ALCOHOL AND CONTROLLED SUBSTANCES: We are on a school campus. Pets, alcohol and controlled substances are not permitted.

WARM UPS: No swimmer will be permitted to participate in pre-meet warm-ups without the presence of a coach from their team to supervise.

All warmups will be open format with lanes 1 and 5 for starts and sprints, only one direction.

*11/12 swimmers may swim at either time slot

Saturday, June 29, 2024:

7:30-7:55 am *Ages 11-18

7:55-8:20 am *Ages 9-12

8:20-8:45 am Ages 8 & Under

Sunday, June 30, 2024:

7:30-7:55 am *Ages 11-18

7:55-8:20 am *Ages 9-12

8:20-8:45 am Ages 8 & Under **(optional - 8&U swimmers won't start on Sunday until 12:30pm)**

****During Competition, lane 10 is for warm-ups and cool-downs for 13/18 year old swimmers to warm up and cool down throughout the meet. Swimmers must follow the directions of the lifeguards and meet officials at all times.**

CLERK OF THE COURSE: All swimmers must check-in at Clerk of the Course before their race. Be sure to follow our twitter feed for Clerk calls. The area in Clerk of the Course and immediately around the pool is a secure area – only competing swimmers, coaches and officials will be allowed in this area.

COMMUNICATIONS: Results will be posted outside the North entrance to the pool. They will also be posted on Meet Mobile. For up-to-the-minute announcements and calls to the clerk of the course, follow us on twitter @phdolphins. Go to Battle Headquarters on the grass next to the Snack Shack, if you would like to purchase a meet program (\$10 print, \$7 digital), or if you have any general questions.

VENDOR FAIR: Visit our vendors on the grass next to the snack shack and next to the Clerk of the Course. Jolyn (Sunday) & Ellsmore swimwear (Both days) will be on site for a trunk sale. Gic Graphics T-shirts, FlexinMyComplx, Celebrations etc. – Air Brush Artist on the blacktop near Clerk of the Course, Auntie Viv's Shaved Ice, near the side gate pool entrance by meet results.

SNACK SHACK: Our snack shack offers a delicious menu with many healthy choices the menu will be available at the [Pleasant Hill Dolphins Website](#)

POP UP AWARDS: All swimmers who pop their time can visit Battle HQ for a treat!

RAFFLE: Be sure to visit our Raffle table next to Battle HQ. Tickets are 1 for \$3, 4 for \$10, or 10 for \$20 will be available at Battle HQ. Our iPad Grand Prize Raffle is \$25.00 for the Golden Ticket!

T-SHIRTS: Available at the meet outside the entrance closest to Clerk of the Course provided by GIC Graphics will be doing custom screen-printed shirts, tanks and more.

SHOUT-OUTS: Give a "Shout Out" to your swimmer right before their big race!

Click [THIS LINK](#) to purchase your "Shout Out"

PROGRAMS & TENTS: Available for purchase on Friday, June 28th between 4pm-7pm, they are \$10.00 each (print) or \$7.00 (digital), along with early set up of tents at that time!