

Saturday

	Lane 1 & 2	Lane 3 & 4	Lane 5 & 6	Lane 7 & 8	Collecting Dq's Ensuring Rotations are being done.
9:00-10:00	AK	BDSC	BSR	CST	Dave Patten
10:00-11:00	FPST	GPST	HPST	MH	AK
11:00-12:00	Gabe Salindong	PS	BDSC	BSR	CST
12:00-1:00	FPST	GPST	Doris Evans	MH	PS
1:00-2:00	AK	BDSC	BSR	CST	FPST
2:00-3:00	GPST	Narae Shin	MH	PS	Christina Mills

*These are the shifts to be split with your team as you see fit.

*You will rotate every two age groups. (ie 9/10 girls free through 11/12 boys free).

*The starting time and lane is where your stroke and turn will start.

*All stroke and turn will receive a ticket to lunch from the skimmer snack bar. They are also welcome to get snacks and hydrate at the Skimmer tent on deck.

ADS *Antioch Delta Skimmers	BDSC *Brentwood Dolphin Swim Club	CST * Crockett Swim Team	GPST *Gehringer Park Swim Team	MH *Mountain House Sailfish Swim Club
Ak * AquaKnights	BSR * Benicia Stingrays	FPST * Forest Park Flyers	HPST *Hercules Piranhas Swim Team	PS *Pinole Seals