



Lakota YMCA Stingrays Long-Course Meters Records



Year	Record Time	Men's	Event	Women's	Record Time	Year
2019	25.27M	Benjamin Hongell	50 Meter Freestyle	Cora Spetz	29.02M	2021
2019	54.62M	Benjamin Hongell	100 Meter Freestyle	Isabelle Gomez	1:00.95M	2021
2021	2:01.22M	Nathan Spetz	200 Meter Freestyle	Isabelle Gomez	2:07.77M	2021
2021	4:14.46M	Nathan Spetz	400 Meter Freestyle	Isabelle Gomez	4:24.92M	2021
2021	9:07.63M	Nathan Spetz	800 Meter Freestyle	Isabelle Gomez	9:03.28M	2021
2021	17:01.41M	Nathan Spetz	1500 Meter Freestyle	Isabelle Gomez	17:14.93M	2021
2018	32.03M	Casey Anderson	50 Meter Backstroke	Grace Glosson	33.23M	2017
2021	1:04.81M	AJ Gomez	100 Meter Backstroke	Isabelle Gomez	1:09.17M	2019
2018	2:20.93M	Benjamin Hongell	200 Meter Backstroke	Isabelle Gomez	2:23.59M	2021
2019	30.72M	Benjamin Hongell	50 Meter Breaststroke	Grace Markley	36.49M	2018
2019	1:07.79M	Benjamin Hongell	100 Meter Breaststroke	Grace Markley	1:21.16M	2018
2019	2:28.34M	Benjamin Hongell	200 Meter Breaststroke	Hannah Cech	2:49.18M	2018
2021	28.18M	Aiden Walter	50 Meter Butterfly	Liz Jantusch	30.90M	2018
2021	1:01.99M	AJ Gomez	100 Meter Butterfly	Liz Jantusch	1:06.93M	2018
2021	2:15.56M	AJ Gomez	200 Meter Butterfly	Hannah Cech	2:19.45M	2019
2018	2:18.66M	Benjamin Hongell	200 Meter Individual Medley	Hannah Cech	2:23.83M	2018
2021	4:48.68M	Nathan Spetz	400 Meter Individual Medley	Hannah Cech	4:56.66M	2019
2018	1:46.12M	Williams, Hooper, Anderson, Hongell	200 Meter Freestyle Relay	Reed, Groseclose, Markley, Gomez	1:59.89M	2019
2021	3:55.34M	Gomez, Walter, Fuller, Spetz	400 Meter Freestyle Relay	Reed, Grosecloe, Gomez, Cech	4:19.92M	2019
2021	8:25.10M	Gomez, Walter, Williams, Spetz	800 Meter Freestyle Relay	Jantusch, Gomez, Allison, Cech	9:12.07M	2018
2018	2:02.96M	Hongell, Hooper, Anderson, Williams	200 Meter Medley Relay	Gomez, Markley, Reed, Groseclose	2:13.36M	2018
2021	4:26.83M	Gomez, Walter, Spetz, Williams	400 Meter Medley Relay	Gomez, Markley, Reed, Groseclose	4:51.60M	2019