



South North Championship Meet 2022

Entries Timeline:

- Swimmer entries will be due to Matt and CC Amber (mtmswim@hotmail.com and amber@nationalcomputer.com) by midnight, Thursday, **July 7**.
- Meet Entry Fees (\$) are due to Amber by midnight, **July 7** (Invoice is attached).
- The psych sheet will be sent out for corrections/verification Friday, **July 8** by 5pm.
- The final corrections will be due to Matt and CC Amber (mtmswim@hotmail.com and amber@nationalcomputer.com) by midnight, Friday, **July 8**.
- No individual additions after that time.
- Heat Sheet will be compiled and ready for dispersal to teams by noon, Saturday **July 9**.
- Relay verification will be due one hour before meet start time (8:30a).
- No relay changes after this time.

Entries Guidelines:

- Each individual swimmer may compete in a maximum of 4 events. Individual events are 3 maximum. Relay events are 2 maximum. Exactly like league dual meets.
- No swimmer may enter an individual event with a NT (no time). That event must have been swum during the 2022 season and obtained a legal time to enter (ie. with an official, no mock meet times).
- Relays - teams may enter as many relay teams as they want. Only 1 relay team per team will be scored, per event.

Scoring at meet:

- Top 16 in each race will score with 18-16-14-13-12-11-10-9-8-7-6-5-4-3-2-1 points awarded per place.
- Top relay from each team scores with 20-18-16-14-12-10-8-6 points awarded per place.
- Each event is scored for all athletes racing (example, no separate breakout for 8u on the 50 free).
- Medals will be awarded for 1st-3rd places. Ribbons will be awarded for 4th-16th places. A traveling trophy will be awarded to the winning division.
- Results will be posted in the lobby hallway and upstairs near the spectators throughout the meet.

Officiating:

- Official rulings (disqualifications) are final. The only contest allowed is to ensure the correct swimmer was cited for infraction (checking for heat and lane).

- Times will be official 30 minutes after posting. Timer sheets and touchpads times can be used to verify results.
- If an athlete misses an event, they will not be placed in a new heat. Teams found to be inserting athletes into empty lanes may have that athlete or their entire team disqualified for the meet.
- Athletes must wear caps representing their team or no team. Examples- Bridlewood cap is good, wearing Marcus cap for this meet is not. Nike cap is good, wearing NTN or LAC cap for this meet is not.

Ready bench:

- All relays will report straight to the blocks.
- All 11+ individual events will report straight to the blocks.
- All 10u individual events must report to designated heating areas.

Volunteers:

- Each team was given a list of required volunteers they needed to provide. In addition, each team may give a small (less than 10) pre-approved list of age group parents that will oversee the swimmers on deck. Those volunteers' names need to be provided by Thursday, **July 7th** along with an entry file.
- Volunteers need to show up prior to their shift and check in with the volunteer check in table. There, they will be given a lanyard to enter the pool deck area or sent to another designated area. Lanyards must be worn at all times on deck.
- If your team chooses to do shift changes, second shift volunteers need to check in with the volunteer check in table before entering the deck area to obtain lanyard.

Facility Information and Rules:

- One ten lane pool will be used. 25 yard events will start from the deck. 50 and 100 yard events will have blocks. For 100 yard relays the 1st and 3rd swimmers will have the option to use blocks and the 2nd and 4th swimmers will start from the deck.
- All non-swimmers / adults will be required to wear a SNT lanyard on deck. Coaches will be required to wear team shirts or some form of team designation. No parents or other adults without lanyards will be allowed on deck for any reason.
- Concessions -- *Special Olympics* will be running concessions on the 2nd floor.
- All teams are responsible for the condition of their designated area once they are finished competing. Banners may be hung, but not stuck directly to the wall.
- Warm-up / cool down pool will be closed at the first sign of misuse.
- Facility Rules:
 - Noisemakers, glass items and smoking are prohibited in the facility.
 - LISD and SNT are not responsible for any lost, stolen or damaged articles.
 - Follow posted safety rules of the facility and guidance of safety marshals, at all times