## Volume 1: May 5

# WINDWOOD WORD

## **Practice Schedule**

First week of practice: May 19-22 (after school)

o 11 & Over: 4:15-5:15p

10 & Under: 5-6p

Tentative morning practices (M-F): Begin May 27

o 13+: 7:30-8:45a

o 11-12: 8:30-9:45a

o 9-10: 8:30-9:45a

o 7-8: 9:30-10:30a

6U: 9:30-10:30a

#### **Meet Notes:**

Our tentative meet schedule is posted on the Windwood Website (<u>Link Here</u>).

There have been some updates sent by the TCSL board that may affect our Dual Meet schedule. I will post and communicate once our schedule is confirmed.

## **Registration Reminder**

Registration is now open for the 2025 swim season.

**REGISTER HERE** 

## **Events / Activities**

**Saturday, May 10: 10-11a** 

Join us for coffee and cookies at Windwood to meet your 2025 coaches

Sunday, May 18: 1-2:30p

Windwood Open House

Swimville on site for suit fittings/purchasing

### 2025 Team Communication

#### **2025 Windwood GroupMe**

\*Join our GroupMe for weekly updates, reminders and practice updates due to inclement weather or pool closings.

Please email me at

windwoodcoach@gmail.com with any questions regarding this upcoming season.

-Coach Katie