

Volume 3: May 19

WINDWOOD WORD

Practice Schedule

- **First week of practice: May 19-22 (after school)**
 - 11 & Over: 4:15-5:15p
 - 10 & Under: 5:15-6p
 - Possible adjustments Tues/Wed/Thurs
 - Inclement weather
 - Check website/email/GroupMe
- **Tentative morning practices (M-F): Begin May 27**
 - 13+: 7:30-8:45a
 - 11-12: 8:30-9:45a
 - 9-10: 8:30-9:45a
 - 7-8: 9:30-10:30a
 - 6U: 9:30-10:30a

Registration Reminder

Registration is now open for the 2025 swim season.

[REGISTER HERE](#)

Events / Activities

Friday, May 30th

Windwood Intrasquad
11&O "warm up" 7:45a
10&U "warm up" 8:05a
Intrasquad 8:30-10a

Tuesday, June 3

Tentative Picture Day
During Practice-More info TBA

Upcoming Meets

Friday, May 30th - Windwood Intrasquad

Tuesday, June 2nd:

Windwood @ New London (Away)
Commit/Decline your kiddos [HERE](#)
OR log in to your account-select Events & Meets Blue Tab on the website main page, and edit commitment for your swimmer.

2025 Team Communication

2025 Windwood GroupMe

(Select the underlined 2025 Windwood GroupMe above to link to the invite)

***Join our GroupMe for weekly updates, reminders and practice updates due to inclement weather or pool closings.**

Thank you

It was great to see everyone who stopped by the open house yesterday. The coaches are excited to get started tonight. Looking forward to a great season. Email me at windwoodcoach@gmail.com with any questions. - Coach Katie