

Volume 7: June 16

WINDWOOD WORD

Practice Schedule

- **Schedule: June 16-June 20**
 - 13+: 7:30-8:45a
 - 11-12: 8:30-9:45a
 - 9-10: 8:30-9:45a
 - 7-8: 9:30-10:30a
 - 6U: 9:30-10:30a
 - *1st 15 min all groups = arrival and stretching*
- **Adjustments:**
 - Active weather week! Check your GroupMe each morning prior to practice to confirm no adjustments

Swimmer's of the Week

Swimmers of the Week: June 9-June 13

6U: Eliza Bachus

7-8: Natalie Reardon

9-10: Maggie Johansing

11-12: Max Volz

130: Charlie O'Connor

Events / Activities

Tuesday, June 17

Windwood @ Montgomery
(Away Meet)

Meet Notes:

View our final meet schedule [HERE](#)

Windwood Vs. Wildwood (June 24-HOME)

Commitment Deadline: Thursday, June 19

REMINDERS

***2025 Team/Championship shirts:** Update your child's T-Shirt size in the website by JUNE 19. See email from Emily Neff for more info and link to order extra shirts

***No alcohol permitted during meets** - TCSL Rule

***Photos/Videos not permitted behind the blocks** - SafeSport compliance

Thank you

Finally getting some warmer weather!! Great job to our Warriors at our first home meet on Tuesday and THANK YOU to all our volunteers who worked the meet. Have a great weekend!

- Your Windwood Coaches