

Volume 8: June 23

WINDWOOD WORD

Practice Schedule

- **Schedule: June 23-June 27**
 - 13+: 7:30-8:45a
 - 11-12: 8:30-9:45a
 - 9-10: 8:30-9:45a
 - 7-8: 9:30-10:30a
 - 6U: 9:30-10:30a
 - 1st 15 min all groups = arrival and stretching
- **Adjustments:**
 - **NO PRACTICE- Friday, June 27s**

Swimmer's of the Week

Swimmers of the Week: June 16-June 20

6U: Madelyn Bell

7-8: Pax Howard

9-10: Athan Howard

11-12: Landen Murphy

13O: Evelyn Johansing

Events / Activities

Tuesday, June 24

Windwood vs. Wildwood
(Home Meet)

Spirit Theme: Superhero

Friday 6/27 & Saturday 6/28

Chris McCullough Invite
@ Hycrest

10&U Friday Afternoon

11&O Early Saturday

Meet Notes:

View our Meets/Event schedule and past meet results --- [HERE](#)

Please commit/decline your swimmers for our July 1 meet Wetherington (Home) by Thursday, June 26th.

-Log in to your Windwood Account and select the meets/events button - select that meet and RSVP

REMINDERS

***No alcohol permitted during meets - TCSL Rule**

***Photos/Videos not permitted behind the blocks - SafeSport compliance**

[View our 2025 Sponsorship Info Here](#)

Thank you

Great job to all our Warriors who raced at the meet on Tuesday vs. Montgomery. We are already half way through the season with 3 more dual meets before champs. Be sure to get your 2 meets in if you're interested in competing in TCSL Champs! Have a great weekend!

- Your Windwood Coaches