



2025 PRACTICE SCHEDULE

APRIL 28 – MAY 30

No training: May 19, May 26, May 30

Age Group	Monday – Thursday
6&U	3:30-4pm
7/8s	4-4:40pm
9/10s	4:40-5:30pm
11/12s	5:30-6:30pm
13/14s & 15/18s	6:30-7:40pm

JUNE 2 – JULY 11

*No training: June 27 (meet),
July 2 (meet), July 3, July 4*

Age Group	Mon	Tues	Wed	Thurs	Fri
6&U	11-11:30am	11-11:30am	11:50am-12:30pm	3-3:30pm	None
7/8s	10:20-11am	10:20-11am	11:50am-12:30pm	3:30-4:10pm	None
9/10s	None	9:10-10:20am	11-11:50am	4:10-5pm	8-9am
11/12s	None	8-9:10am	10-11am	5-6pm	9-10am
13/14s	9:10-10:20am	None	8:45-10am	6-7:15pm	10-11am
15/18s	8-9:10am	None	7:30-8:45am	6-7:15pm	11am-12pm