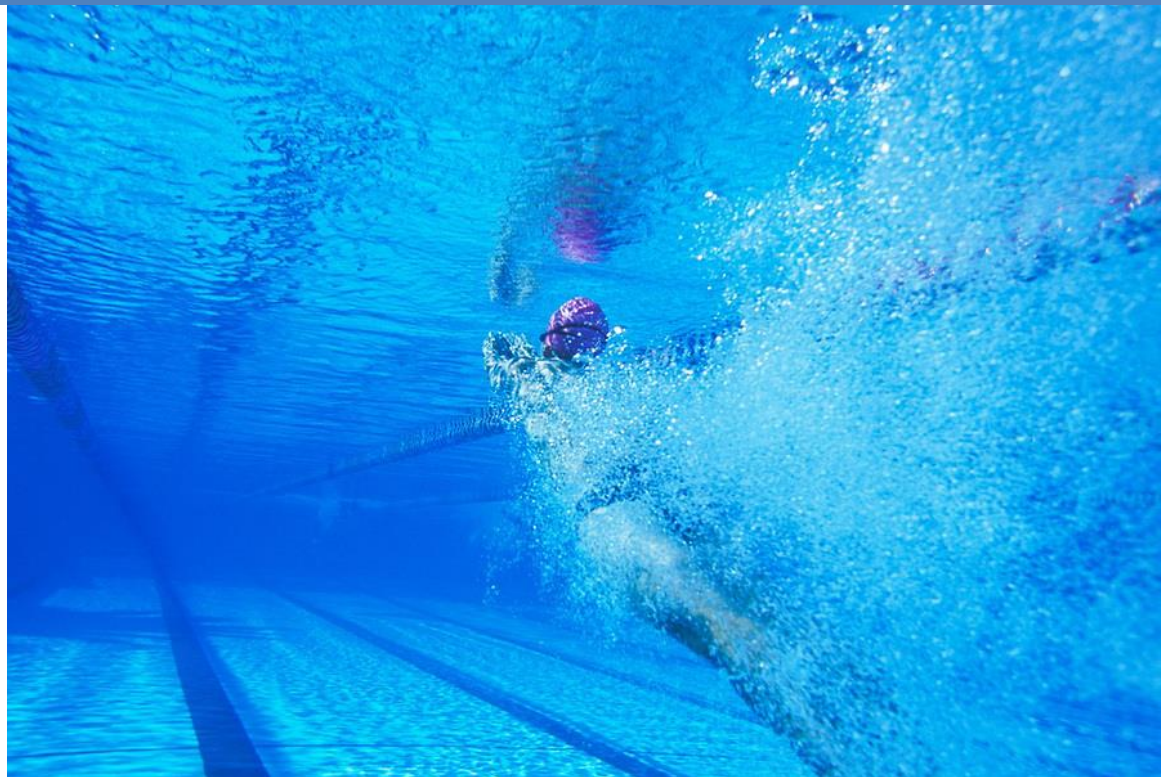




CAYMAN ISLANDS AQUATIC SPORTS ASSOCIATION

Selection Criteria Supplement to the CIASA Strategic Plan APPENDIX J



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INTRODUCTION

In late 2012 Cayman Islands Aquatic Sports Association (CIASA) developed a Strategic Plan designed to move swimming forward through 2020. The purpose and objective of the CIASA Strategic Plan was to set out the most advantageous and positive direction for Cayman Islands Aquatic Sports, with clear and identified objectives for swimming at all levels.

SELECTION CRITERIA

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Cayman Islands Swimming Power Point Selection System

- 1) The power point selection system is designed to differentiate between swimmers from different age groups, of different sexes and swimming in different events to determine and rank the individual's competitiveness. The goal of which will be to determine a rank order for team selection.

Using the system swimmers can be ranked regardless of events swam, sex or age to determine which swimmers may be the most competitive based on a historical analysis of the specific meet in question.

It should be noted that results are specific to the competition in question and will vary based on the criteria used in the power point system for a given competition or event.
- 2) The power point system uses an analysis of results from previous competitions or selected time standards to determine a predicted place or "reference time" for an upcoming competition.

An example would be to use the 3rd place times swam in the 2013 and 2014 CARIFTA Championships to determine the predicted 3rd place time for 2015 CARIFTA Championships. The predicted time would then be the reference time to be used for selection. These times would be specific to a swimmers age group and sex.
- 3) When using meet results the predicted time is determined using the standard deviation of times from previous years. The standard deviation is then subtracted from the fastest time swam during the previous years which were used to determine the standard deviation.
- 4) A swimmer's power point score is then determined by comparing their time to the reference time (either the predicted place or a time standard). The comparison will determine the swimmers percentage of their current time compared to the reference time.

Please note that different meets may vary how the reference time is determined; it could be based on the time standard for the meet, a predicted finish time using the standard deviation or the actual fastest time from from the meet in question over a couple years.

Please note that swimmer's with times faster than the reference time will be over 100%.
- 5) The percentage determined will represent the swimmer's power points for each event. For example 98.3% will then be 98.3 points.
- 6) Each swimmer's power points can be used for team selection regardless of the swimmers age, sex or event for team selection based on the selection criteria for the event in question.
- 7) Usually the score from more than one swimming event will be combined to determine a score for team selection. (An example might be selection using the score based on the swimmer's top three events)

- 8) Final selection criteria for a specific meet will include:
 - a) How the reference time is to be determined either based on a time standard or a predicted finish time.
 - b) The place and meet used for the predicted reference time if needed. (3rd, 8th or 12th, etc.)
 - c) The number of events to be used for final total score and selection.



**Cayman Islands Swimming
CARIFTA Team
2018 Selection Process**

- 1) Athletes must have achieved two of the 2017 - 2018 Junior Team time standards, with two exceptions:
 1. swimmers who qualify for Open Water in accordance with Clause 5(1)-(4), are required to achieve one of the 2017 - 2018 Junior Team time standards in the pool;
 2. if a swimmer has qualified for Commonwealth Games team within the required deadlines, but does not obtain a second Junior team time, the swimmer will automatically qualify for the Carifta team, if they are not selected for the Commonwealth Games team.Those times must have been achieved between May 1st 2017 and the Monday following CIASA Nationals.

Each athlete must also be in good standing as member of the 2017 - 2018 Junior Team at the time of the CARIFTA Team selection meeting.

- 2) Swimmers must have signed the 2017-18 RTC agreement and remain in good standing. Team members not in good standing may be dismissed at any time at the discretion of the CIASA Board and/or the CIASA Technical director.
- 3) In the event that more swimmers meet the qualifications in item 1 than there are slots available The Cayman Islands Power Point System will be used to fill all CARIFTA Team slots. Selection will be made without regard to age group or sex of the swimmers. However, no more than 8 swimmers will be selected per age group per sex (CARIFTA allows for only 8 athletes per age group and sex).

Slots will be filled by adding one swimmer to the team at a time based on the highest power point scores using the criteria below.

- 4) The following are the Cayman Islands Power Point Selection criteria for the 2018 CARIFTA team:
 - A. Swimmers residing in the Cayman Islands may only use times swam in the 2018 UANA Cup, 2018 Cayman Islands National Championships, the 2018 Pete Ribbins Invitational or the 2017 Coconut Classic providing that the CIASA National Championships are held at the CIS pool.

Swimmers attending school outside the Cayman Islands may use times swam in the 2018 UANA Cup, 2018 Cayman Islands National Championships and the 2018 Pete Ribbins Invitational, the 2017 Coconut Classic providing that the CIASA National Championships are held at the CIS pool, or alternatively a meet off island with automated timing and FINA or USA Swimming certified officials between Dec. 6th 2017 and the Monday following CIASA Nationals, providing that the CIASA National Championships are held at the CIS pool.

Note – in the event that the Power Point Selection criteria is required, the use of SCY converted times will be at the sole discretion of the Technical Director.

- B. The predicted third place times for the 2018 CARIFTA Championships will be used as the reference time for selection.

- C. Swimmers #1 to #12 will be selected using the combined score of their two highest power points scores.
 - D. Swimmers added after the 12th place spot will be selected using the combined score of the individual's three highest power point scores.
- 5) In 2018 Open Water swimmers may qualify based on personal performances in either the 5K at the 2017 Pirates Week 5K and the CIASA 5K Invitational to be held in January 2018¹.

The open water qualifying process is designed to qualify a maximum of two swimmers in each age-group in each sex. The Qualifying procedures are as follows:

1. The two first place swimmers in the Pirates week and CIASA 5Ks will have qualified resulting in two different swimmers to fill the two available slots. The fastest time in either race will receive the higher power point below.
2. If the same swimmer wins both races then if the second place swimmer in both races is the same swimmer that individual will have qualified as the second swimmer. The second place swimmer will receive the lower power point score listed below.
3. If the same swimmer is not second in both races then neither swimmer will have qualified, leaving one spot open for their age group and sex.
4. In addition to the above, Open Water swimmers must achieve a minimum of one of the 2017 - 2018 Junior Team Pool time standards.
5. Open Water Power Points Method – Step by Step
 - a. Each Power Point Score will be Age Group and Sex Specific
 - b. Use the best single 2017 time, SCM, taking into account all CARIFTA eligible athletes from the specific age and sex
 - c. Drop any of those times which DO NOT make a 2017 – 2018 Cayman Islands Junior Team Standard
 - d. Determine the power point scores for each of those best times
 - e. Determine the mean and standard deviation of each of those scores
 - f. The first place qualifier from the age group will receive a power point score equal to one standard deviation above the mean
 - g. The second place qualifier from the age group will receive a power point score of the mean for their age group and sex
 - h. Only two power point scores will be given in each age group and sex
 - i. Awarded power points will then be used in conjunction with pool events for final team selection
 - j. Final Note: Athletes not receiving power points in open water events may still compete at CARIFTA in the open water competition
- 6) The number of final selection slots for swimmers and staff for the 2018 CARIFTA team will be based on funding available for the CARIFTA Championships.
- 7) Final team selection will occur on or before the Wednesday following the CIASA Nationals.
- 8) **A note for the future:**

Selection for the 2020 CARIFTA Team will include at least the first 2 slots going to swimmers with the highest Cayman Islands Power Point System score based on the "B" time standards for the 2020 Olympic Games.

¹ Subject to both Open Water events being held prior to the final qualifying meet, as per Clause 4(a)

The Cayman Islands Power Point Selection criteria for the two slots will be:

- A. Only Long Course Meters times swam between the 1st of April 2019 and 14 day prior to the 2020 Cayman Islands National Championships.
- B. The reference time for selection will be the "B" standard for the 2020 Olympic Games.

APPENDIX J-3: CCCAN TEAM 2018 SELECTION CRITERIA (JULY 2017)



Cayman Islands Swimming CCCAN Team 2018 Selection Process

- 1) Athletes must have achieved two of the 2018 CCCAN Team time standards. Those times must have been achieved between May 1st 2017 and April 31, 2018.

Each athlete must also be in good standing as member of the 2017 - 2018 Junior Team or a CIASA Senior athlete at the time of the CCCAN Team selection meeting. All swimmers from age 11 years and above are eligible and age will be as at 31 December 2017.
- 2) Swimmers must have signed the 2017-18 RTC agreement and remain in good standing. Team members not in good standing may be dismissed at any time at the discretion of the CIASA Board and/or the CIASA Technical Director.
- 3) In the event that more swimmers meet the qualifications in item 1 than there are slots available The Cayman Islands Power Point System will be used to fill all CCCAN Team slots. Selection will be made without regard to age group or sex of the swimmers. However, no more than 8 swimmers will be selected per age group per sex (CCCAN allows for only 8 athletes per age group and sex).

Slots will be filled by adding one swimmer to the team at a time based on the highest power point scores using the criteria below.
- 4) The following are the Cayman Islands Power Point Selection criteria for the 2018 CCCAN team:
 - A. Only SCM actual and converted LCM times achieved during the qualifying period may be used for Power Point Selection.
 - B. The third place times for the 2017 CCCAN Championships will be used as the reference time for selection.
 - C. Swimmers #1 to #12 will be selected using the combined score of their two highest power points scores.
 - D. Swimmers added after the 12th place spot will be selected using the combined score of the individual's three highest power point scores.
- 5) Qualifying for Open Water will result from an 8th place or higher finish in the 2018 CARIFTA 5K event or from a 8th place or higher finish from the 2017 UANA Open Water Championships. To be considered for final selection to the 2018 CCCAN team an open water swimmer must also achieve one pool qualifying standard.
- 6) The number of final selection slots for swimmers and staff for the 2017 CCCAN team will be based on funding available for the CCCAN Championships.
- 7) Final team selection will occur on or before May 10, 2018.

APPENDIX J-4:

APPENDIX J-5: UANA TEAM 2018 SELECTION (JULY 2018)



Cayman Islands Swimming UANA Team 2018 Selection Process

- 1) Athletes must have achieved a minimum of one of the 2017-18 UANA Pool Cup time standards. Those times must have been achieved between April 1st 2017 and Dec 15th, 2017.

Each athlete must also be in good standing as member of the 2017-18 Junior Team at the time of the UANA Team selection meeting.
- 2) Swimmers must have signed the 2017-18 RTC agreement and remain in good standing. Team members not in good standing may be dismissed at any time at the discretion of the CIASA Board and/or the CIASA Technical director. Caymanian and Resident swimmers will be eligible, and age will be as at 31 December, 2017.
- 3) In the event that more swimmers meet the qualifications in item 1 than there are slots available the Cayman Islands Power Point System will be used to fill all UANA Team slots. Selection will be made without regard to age group or sex of the swimmers. However, no more than 6 swimmers will be selected per age group per sex (UANA allows for only 6 athletes per age group and sex).

Slots will be filled by adding one swimmer to the team at a time based on the highest power point scores using the criteria below.
- 4) The following are the Cayman Islands Power Point Selection criteria for the 2018 UANA team:
 - A. Swimmers may use times achieved during the qualifying period for power point selection. Non Long Course times will be converted to LCM for selection.
 - B. The predicted third place times for the 2018 CARIFTA Championships will be used as the reference time for selection.
 - C. The two highest power points scores will be used for selection.
 - D. No Open Water power point scores will be given.
- 5) Eligible swimmers will be notified by Dec. 15, 2017 of their eligibility as a member of the team. Notified swimmers and /or parents will have until noon Dec. 20, 2017 to notify the RTC chairman and the CIASA Technical Director of the swimmer's intention to attend.
- 6) Team members should expect to rest/taper for the meet a minimum of 7 days and to attend team practices leading up the date of departure.

APPENDIX J-6:

Cayman Islands Swimming Island Games Team 2017 Selection Process

- 1) Team members must sign the 2016-17 RTC agreement. Team members not in good standing may be dismissed at any time at the discretion of the CIASA Board and/or The CIASA Technical director.
- 2) Swimmers must meet the following selection criteria to be eligible for the 2017 Island Games Team:
 - A) Achieve one or more of the time standards out-lined in the table below. Note there are 18 and under time standards and 18 and older time standards. Age will be determined by the swimmers age on December 31st, 2016.
 - B) Times achieved must be done between the 1st of September, 2016 and the final date of CARIFTA 2017.
 - C) Times must be achieved in a sanctioned meet with automatic timing and FINA or USA Swimming certified officials.
 - D) Times must be achieved during competition either as an individual swim or a relay lead off.
 - E) Time trials may NOT be used for any event other than the 100 IM.
 - F) Only actual times achieved in a Short Course Meters or Long Course Meters will be considered for selection. Short Course Yards will not be considered.
 - G) Swimmers must be eligible to represent the Cayman Islands based on residency requirements outlined by the Cayman Islands Island Games executive committee.
- 3) Final selection will be based on the available funding at the time of selection. Final team selection will be done from eligible swimmers on or before May 1st, 2017. Some consideration may be given as to whether a swimmer is one of the fastest two swimmers in two or more events.
- 4) In the event more swimmers are eligible for selection than there is funding available the Cayman Islands Power Point System will be used for team selection. The following are the Power Point Selection System Criteria for the 2017 Island Games Team:
 1. Any short course meter time swam during the qualifying period may be used for the power point system. Only Short Course Meters times may be used for selection. No converted times will be used for team selection.

2. The power point system will be based on the 18 and older short course meter time standards for the 2017 Island Games.
 3. The two highest scoring events will be used for selection.
 4. Swimmers will be ranked and selected based on the highest two event total regardless of the sex of the swimmer.
- F) Each athlete must agree to the “meet preparation agreement” (see note below ***) at the time of selection. The preparation agreement will eliminate time off or vacation time after any spring championships or “rest” meet the swimmer may attend. Eligible swimmers should expect to be training on their regular training schedule immediately following any and every spring competition the swimmer may have attended or would plan to attend.
- *** The “meet preparation agreement” for the 2017 Islands Games will be completed by Dec. 1st, 2016.
- G) Eligible Cayman resident swimmers may be asked to attend regular “Island Games Team” training/practice sessions and are expected to attend.
- H) The 2017 Islands Games is a full rest / taper competition for any swimmer selected for the team. Any swimmer selected for the team is expected to comply with the expectation to taper/rest fully for the 2017 Islands Games.

An exception to this expectation may be granted to swimmers who have qualified to represent the Cayman Islands at a later meet during the summer of 2017. To qualify for this exception, the individual must request this exception from the technical director in writing on or before the date of final team selection. NO exception will be granted for swimmers representing other countries during the summer of 2017.

APPENDIX J-8: 2017 ISLAND GAMES TIME STANDARDS (JULY 2016)

**Cayman Islands Swimming
2017 Island Games Time Standards**

18 and Under Standards

Men		Individual Events	Women	
25m Pool	50m Pool		50m Pool	25m Pool
24.00	24.80	50m Free	28.67	27.87
51.54	53.14	100m Free	1:02.09	1:00.49
1:57.63	2:00.82	200m Free	2:13.15	2:09.96
4:07.54	4:13.93	400m Free	4:44.35	4:37.96
16:25.89	16:49.88	1500/800m Free	9:50.13	9:37.34
27.75	28.35	50m Back	32.35	31.75
59.33	1:00.53	100m Back	1:08.00	1:06.80
2:10.41	2:12.81	200m Back	2:27.96	2:25.56
31.01	32.01	50m Breast	34.81	33.81
1:06.87	1:08.87	100m Breast	1:15.71	1:13.72
2:24.08	2:28.08	200m Breast	2:48.59	2:44.60
25.48	26.17	50m Fly	30.30	29.60
56.28	57.67	100m Fly	1:06.82	1:05.42
2:10.42	2:13.21	200m Fly	2:28.40	2:25.60
59.46	*****	100m IM	*****	1:08.74
2:11.55	2:14.75	200m IM	2:28.91	2:25.72
4:43.81	4:50.20	400m IM	5:23.91	5:17.52

**Cayman Islands Swimming
2017 Island Games Time Standards**

19 and Older Standards

		Men		Individual Events	Women	
25y Pool		25m Pool	50m Pool		50m Pool	25m Pool
21.27		23.62	24.42	50m Free	27.33	26.54
45.24	**	50.22	51.82	100m Free	59.55	57.95
1:40.92		1:52.03	1:55.23	200m Free	2:08.62	2:05.42
3:32.38		3:55.75	4:02.15	400m Free	4:31.12	4:24.72
14:05.89		15:38.94	16:02.94	1500/800m Free	9:22.79	9:10.00
23.81		26.43	27.03	50m Back	30.83	30.24
0:50.49		56.50	0:57.70	100m Back	1:05.14	1:03.94
1:53.73		2:06.25	2:08.65	200m Back	2:21.03	2:18.63
26.60		29.53	30.53	50m Breast	33.20	32.20
0:57.37		1:03.69	1:05.68	100m Breast	1:12.20	1:10.21
2:03.62		2:17.22	2:21.21	200m Breast	2:41.08	2:37.08
22.62	**	25.11	25.80	50m Fly	28.89	28.19
49.55	**	55.01	56.40	100m Fly	1:04.15	1:02.76
1:51.71		2:04.00	2:06.79	200m Fly	2:21.46	2:18.67
*****		56.63	*****	100m IM	*****	1:05.65
1:52.87		2:05.29	2:08.49	200m IM	2:21.97	2:18.78
4:03.51		4:30.30	4:36.69	400m IM	5:10.85	5:04.46

Cayman Islands Swimming FINA World Short Course Championships 2016 Selection Process

- 1) Team members must sign the 2016-17 RTC agreement. Team members not in good standing may be dismissed at any time at the discretion of the RTC and/or the CIASA Technical director.
- 2) To be eligible for selection swimmers must have achieved one or more qualifying standards period the period of May 1, 2016 to the final date of selection. Only SCM and LCM times will be considered. Please note the starting date is different than the power point system date.
- 3) The selection criteria for the 2016 FINA Short Course World Championships Selection:
 - A) Only swimmers with Cayman Islands Status will be eligible.
 - B) The final number of swimmers selected will be based on available funding.
 - C) Selection will be based on the Cayman Islands Power Point Selection System.
 - D) The following are the Power Point Selection System Criteria for the 2016 FINA Short Course World Championships:
 1. Times swim from the 1st of Dec. 2015 through the date TBA. The final selection date will be determined when the FINA Games entry system opens for the 2016 World Short Course Championships (this should be mid-summer). Only Short Course Meters times may be used for selection.
 2. The power point system will be based on the 16th place time for the 2014 FINA World Short Course Championships.
 3. The two highest scoring events will be used for selection.
 - E) Each athlete must agree to the “meet preparation agreement” at the time of selection. Eligible swimmers should expect to be training on a regular training schedule beginning the 4th week of August 2016.
 - F) Selected or pre-selected Cayman resident swimmers may be asked to attend regular “2016 World Short Course Championships Team” training/practice sessions and are expected to attend.

H) The 2016 World Short Course Championships is a full rest / taper competition for any swimmer selected for the team. Any swimmer selected for the team is expected to comply with the expectation to taper/rest fully for the 2016 FINA World Short Course Championships.

No exceptions to this expectation will be granted.

APPENDIX J-10: 2016 TIME STANDARDS FOR SHORT COURSE WORLDS (JULY 2016)

2016 Short Course Worlds		
Women	SCM	LCM
50 Free	27.63	28.42
100 Free	1:00.00	1:01.60
200 Free	2:09.77	2:12.96
400 Free	4:36.01	4:42.40
800/1500	9:40.24	9:53.03
50 Back	30.58	31.17
100 Back	1:05.25	1:06.45
200 Back	2:20.85	2:23.25
50 Brst	34.41	35.40
100 Brst	1:14.07	1:16.06
200 Brst	2:39.44	2:43.43
50 Fly	29.24	29.93
100 Fly	1:04.74	1:06.14
200 Fly	2:23.74	2:26.54
100 IM	1:07.92	
200 IM	2:26.12	2:29.31
400 IM	5:10.50	5:16.89

**2016
Short Course Worlds**

Men	SCM	LCM
50 Free	24.21	25.01
100 Free	0:53.55	55.00
200 Free	1:55.93	1:59.13
400 Free	4:08.81	4:15.21
800/1500	16:42.29	17:06.28
50 Back	26.77	27.37
100 Back	0:57.52	58.72
200 Back	2:07.74	2:10.13
50 Brst	30.11	30.10
100 Brst	1:05.24	1:07.23
200 Brst	2:23.38	2:27.37
50 Fly	25.95	26.64
100 Fly	0:57.12	58.51
200 Fly	2:08.16	2:10.96
100 IM	0:59.98	
200 IM	2:10.27	2:13.46
400 IM	4:38.98	4:45.37

Cayman Islands Swimming FINA World Long Course Championships 2017 Selection Process

- 1) Team members must sign the 2016-17 RTC agreement. Team members not in good standing may be dismissed at any time at the discretion of the RTC and/or the CIASA Technical director.
- 2) To be eligible for selection swimmers must have achieved one or more qualifying standards between May 1, 2016 through May 31, 2017. Only SCM and LCM times will be considered.
- 3) The selection criteria for the 2017 FINA World Long Course Championships Selection:
 - A) Only swimmers with Cayman Islands Status will be eligible.
 - B) The final number of swimmers selected will be based on available funding.
 - C) Selection will be based on the Cayman Islands Power Point Selection System.
 - D) The following are the Power Point Selection System Criteria for the 2017 FINA World Long Course Championships:
 1. Times swam from May 1, 2016 through May 31 2017. Only Long Course Meters times will be used for the power point system.
 2. The power point system will be based on the 16th place time for the 2015 FINA World Long Course Championships.
 3. Each swimmer's two highest scoring events will be used for selection.
 - E) Each athlete must agree to the "meet preparation agreement" at the time of selection.
 - F) Selected or pre-selected Cayman resident swimmers may be asked to attend regular "2017 World Long Course Championships Team" training/practice sessions and are expected to attend.
 - G) The 2017 World Long Course Championships is a full rest / taper competition for any swimmer selected for the team. All swimmers selected for the team are expected to comply with the expectation to taper/rest fully for the 2017 FINA World Long Course Championships.

No exceptions to this expectation will be granted.

APPENDIX J-12: 2017 TIME STANDARDS FOR LONG COURSE WORLDS (JULY 2016)

2017 FINA World Long Course Time Standards

Women	SCM	LCM
50 Free	26.39	27.19
100 Free	0:57.68	0:59.29
200 Free	2:04.96	2:08.17
400 Free	4:24.22	4:30.62
800/1500	9:07.24	9:20.04
50 Back	29.47	30.80
100 Back	1:04.25	1:05.46
200 Back	2:19.65	2:22.05
50 Brst	32.71	33.72
100 Brst	1:10.98	1:12.99
200 Brst	2:33.58	2:37.58
50 Fly	27.91	28.61
100 Fly	1:01.75	1:03.16
200 Fly	2:17.34	2:20.15
200 IM	2:20.88	2:24.08
400 IM	4:59.30	5:05.70

2017
FINA World Long Course Time Standards

Men	SCM	LCM
50 Free	23.46	24.27
100 Free	51.24	52.84
200 Free	1:53.14	1:56.35
400 Free	4:00.00	4:06.40
800/1500	16:01.80	16:25.81
50 Back	26.70	27.31
100 Back	57.17	58.38
200 Back	2:05.62	2:08.03
50 Brst	28.71	29.71
100 Brst	1:03.18	1:05.18
200 Brst	2:17.59	2:21.60
50 Fly	24.85	25.56
100 Fly	55.07	56.47
200 Fly	2:03.85	2:06.66
200 IM	2:06.64	2:09.84
400 IM	4:32.12	4:38.53

Cayman Islands Swimming Central American and Caribbean Games 2018 Selection Process

- 1) Team members must sign the 2017-18 RTC agreement. Team members not in good standing may be dismissed at any time at the discretion of the RTC and/or the CIASA Technical director.
- 2) The selection criteria for the 2018 CAC Games Selection:
 - A) Only swimmers with Cayman Islands Status will be eligible.
 - B) The final number of swimmers selected will be based on available funding as determined by the CIOC. Final selection will be determined by CIASA and the CIOC working together.
 - C) Selection recommendations will be based on the Cayman Islands Power Point Selection System and forwarded to the CIOC for their final selection.
 - D) The following are the Power Point Selection System Criteria for the 2018 CAC Games:
 1. Times swam during the CAC Games qualifying period as outlined in the to be released summons will be used for the power point system. Only Long Course Meters times will be used for the power point system.
 2. The power point system will be based on the 8th place time for the 2014 CAC Games.
 3. Each swimmer's two highest scoring events will be used for selection.
 - E) Each athlete must agree to the "meet preparation agreement" at the time of selection.
 - F) Selected or pre-selected Cayman resident swimmers may be asked to attend regular "2018 CAC Games Team" training/practice sessions and are expected to attend.
 - G) The 2018 CAC Games is a full rest / taper competition for any swimmer selected for the team. All swimmers selected for the team are expected to comply with the expectation to taper/rest fully for the 2018 CAC Games.

No exceptions to this expectation will be granted.

Cayman Islands Swimming Youth Olympic Games 2018 Selection Process

- 1) Team members must sign the 2017-18 RTC agreement. Team members not in good standing may be dismissed at any time at the discretion of the RTC and/or the CIASA Technical director.
- 2) The selection criteria for the 2018 Youth Olympic Games Selection:
 - A) Only swimmers with Cayman Islands Status will be eligible.
 - B) The final number of swimmers selected will be based on available funding as determined by the CIOC. Final selection will be determined by CIASA and the CIOC working together.
 - C) Selection recommendations will be based on the Cayman Islands Power Point Selection System and forwarded to the CIOC for their final selection.
 - D) The following are the Power Point Selection System Criteria for the 2018 Youth Olympic Games:
 1. Times swam from April 1, 2017 through July 23, 2018 or a final date which is at the discretion of the CIOC. Only Long Course Meters times will be used for the power point system.
 2. The power point system will be based on the 12th place time for the 2016 Youth Olympic Games.
 3. Each swimmer's two highest scoring events will be used for selection.
 - E) Each athlete must agree to the "meet preparation agreement" at the time of selection.
 - F) Selected or pre-selected Cayman resident swimmers may be asked to attend regular "2018 Youth Olympic Games Team" training/practice sessions and are expected to attend.
 - G) The 2018 Youth Olympic Games is a full rest / taper competition for any swimmer selected for the team. All swimmers selected for the team are expected to comply with the expectation to taper/rest fully for the 2018 Youth Olympic Games.

No exceptions to this expectation will be granted.
 - H) The link to the FINA Qualification system for YOG. <http://www.tpenoc.net/wp-content/uploads/2016/12/FINA-Swimming.pdf>

Cayman Islands Swimming Youth Commonwealth Games 2017 Selection Process

- 1) Team members must sign the 2016-17 RTC agreement. Team members not in good standing may be dismissed at any time at the discretion of the RTC and/or the CIASA Technical director.
- 2) The selection criteria for the 2017 Youth Commonwealth Games Selection:
 - A) Only swimmers with Cayman Islands Status will be eligible.
 - B) The final number of swimmers selected will be based on available slots from the YCG organizing committee.
 - C) Selection will be based on the Cayman Islands Power Point Selection System.
 - D) The following are the Power Point Selection System Criteria for the 2017 Youth Commonwealth Games:
 1. Times swam from Mar. 1, 2016 through April 30, 2017. Only Long Course Meters times will be used for the power point system.
 2. The power point system will be based on the 12th place time for the 2015 Youth Commonwealth Games.
 3. Each swimmer's two highest scoring events will be used for selection.
 - F) Each athlete must agree to the "meet preparation agreement" at the time of selection.
 - G) Selected or pre-selected Cayman resident swimmers may be asked to attend regular "2017 Youth Commonwealth Games Team" training/practice sessions and are expected to attend.
 - H) The 2017 Youth Commonwealth Games is a full rest / taper competition for any swimmer selected for the team. All swimmers selected for the team are expected to comply with the expectation to taper/rest fully for the 2017 Youth Commonwealth Games.

The CIASA Technical Director may grant exceptions to the full rest and taper expectation on an individual basis after considering the individual athletes summer plan and commitment to attend other international competition where the individual is representing the Cayman Islands.

Cayman Islands Swimming
FINA Junior World Long Course Championships
2017 Selection Process

- 1) Team members must sign the 2016-17 RTC agreement. Team members not in good standing may be dismissed at any time at the discretion of the RTC and/or the CIASA Technical director.
- 2) To be eligible for selection swimmers must have achieved one or more qualifying standards between April 1, 2016 through June 30, 2017. Only SCM and LCM times will be considered.
- 3) The selection criteria for the 2017 FINA Junior World Long Course Championships Selection:
 - A) Only swimmers with Cayman Islands Status will be eligible.
 - B) The final number of swimmers selected will be based on available funding.
 - C) Selection will be based on the Cayman Islands Power Point Selection System.
 - D) The following are the Power Point Selection System Criteria for the 2017 FINA Junior Long Course World Championships:
 1. Times swam from April 1, 2016 through June 30, 2017. Only Long Course Meters times will be used for the power point system.
 2. The power point system will be based on the 16th place time for the 2015 FINA Junior World Long Course Championships.
 3. Each swimmer's two highest scoring events will be used for selection.
 - E) Each athlete must agree to the "meet preparation agreement" at the time of selection.
 - F) Selected or pre-selected Cayman resident swimmers may be asked to attend regular "2017 Junior World Long Course Championships Team" training/practice sessions and are expected to attend.
 - G) The 2017 Junior World Long Course Championships is a full rest / taper competition for any swimmer selected for the team. All swimmers selected for the team are expected to comply with the expectation to taper/rest fully for the 2017 FINA Junior World Long Course Championships.

The CIASA Technical Director may grant exceptions to the full rest and taper expectation on an individual basis after considering the individual athletes summer plan and commitment to attend other international competition where the individual is representing the Cayman Islands.

APPENDIX J-17: 2017 TIME STANDARDS FOR JUNIOR LONG COURSE WORLDS (JULY 2016)

2017 FINA		
Junior Long Course Worlds		
	*** none == not approved by CIASA	
Women	SCM	LCM
50 Free	27.64	28.45
100 Free	0:59.57	1:01.17
200 Free	2:09.59	2:12.79
400 Free	4:32.16	4:38.56
800/1500	9:18.89	9:31.69
50 Back	31.44	32.05
100 Back	1:06.85	1:08.06
200 Back	2:23.63	2:26.04
50 Brst	34.35	35.35
100 Brst	1:15.25	1:17.25
200 Brst	2:41.46	2:45.47
50 Fly	29.10	29.80
100 Fly	1:04.16	1:05.57
200 Fly	2:25.51	2:28.32
200 IM	2:25.28	2:28.48
400 IM	5:14.12	5:20.53

**2017 FINA
Junior Long Course Worlds**

Men	SCM	LCM
50 Free	24.25	25.05
100 Free	53.21	54.82
200 Free	1:57.17	2:00.37
400 Free	4:06.90	4:15.68
800/1500	16:34.11	16:58.11
50 Back	27.85	28.46
100 Back	59.41	1:00.62
200 Back	2:10.50	2:12.90
50 Brst	30.50	31.50
100 Brst	1:06.62	1:08.63
200 Brst	2:24.96	2:28.96
50 Fly	26.07	26.77
100 Fly	57.07	59.02
200 Fly	2:08.87	2:11.68
200 IM	2:10.89	2:14.09
400 IM	4:43.55	4:49.95

Cayman Islands Swimming Commonwealth Games 2018 Selection Process

- 1) Team members must sign the 2017-18 RTC agreement. Team members not in good standing may be dismissed at any time at the discretion of the RTC and/or the CIASA Technical director.
- 2) To be eligible for selection swimmers must have achieved one or more qualifying standards between May 1, 2016 through Dec. 31, 2017. Only SCM and LCM times will be considered.
- 3) The selection criteria for the 2018 Commonwealth Games Selection:
 - A) Only swimmers with Cayman Islands Status will be eligible.
 - B) The final number of swimmers selected will be based on available funding. Final selection will be determined by CIASA and the CIOC working together.
 - C) Selection will be based on the Cayman Islands Power Point Selection System.
 - D) The following are the Power Point Selection System Criteria for the 2018 Commonwealth Games:
 1. Times swam from May 1, 2016 through Dec. 31, 2017. Only Long Course Meters times will be used for the power point system.
 2. The power point system will be based on the 12th place time for the 2014 Commonwealth Games.
 3. Each swimmer's two highest scoring events will be used for selection.
 - E) Each athlete must agree to the "meet preparation agreement" at the time of selection.
 - F) Selected or pre-selected Cayman resident swimmers may be asked to attend regular "2018 Commonwealth Games Team" training/practice sessions and are expected to attend.
 - G) The 2018 Commonwealth Games is a full rest / taper competition for any swimmer selected for the team. All swimmers selected for the team are expected to comply with the expectation to taper/rest fully for the 2018 Commonwealth Games.

No exceptions to this expectation will be granted.

APPENDIX J-19: 2018 TIME STANDARDS FOR COMMONWEALTH GAMES (JULY 2016)

2018 Commonwealth Games Time Standards

Women	SCM	LCM
50 Free	26.80	27.61
100 Free	0:58.85	1:00.46
200 Free	2:04.78	2:07.99
400 Free	4:26.84	4:33.24
800/1500	9:05.09	9:17.89
50 Back	32.08	32.69
100 Back	1:06.79	1:07.39
200 Back	2:32.34	2:34.75
50 Brst	33.21	34.21
100 Brst	1:13.06	1:15.06
200 Brst	2:38.62	2:42.62
50 Fly	28.21	28.91
100 Fly	1:03.11	1:04.51
200 Fly	2:21.31	2:24.11
200 IM	2:23.43	2:26.63
400 IM	5:15.37	5:21.77

2018
Commonwealth Games Time Standards

Men	SCM	LCM
50 Free	23.66	24.47
100 Free	51.94	54.17
200 Free	1:52.73	1:57.71
400 Free	4:03.28	4:09.68
800/1500	16:15.24	16:39.24
50 Back	27.71	28.32
100 Back	58.47	59.68
200 Back	2:15.87	2:18.28
50 Brst	29.57	30.57
100 Brst	1:05.37	1:07.38
200 Brst	2:25.05	2:29.50
50 Fly	25.51	26.21
100 Fly	56.35	57.76
200 Fly	2:10.90	2:13.71
200 IM	2:08.52	2:11.72
400 IM	4:37.24	4:43.64