

## CAYMAN ISLANDS NATIONAL MALE RECORDS - 25M - SCM Short Course Metres

Male 8 & under (25M)						
Event	Time	Name	Club	Date	Meet	Venue
50M FREE	00:37.52	C. Frederick-Westerborg	Stingray Swim Club	18-Nov-12	Mike Lockwood Memorial	Grand Cayman, Cayman Islands
100M FREE	01:28.18	C. Frederick-Westerborg	Stingray Swim Club	20-Oct-12	Spooky Splash	Grand Cayman, Cayman Islands
200M FREE	03:37.89	C. Frederick-Westerborg	Stingray Swim Club	01-Mar-12	Pete Ribbins	Grand Cayman, Cayman Islands
400M FREE						
50M BACK	00:47.08	C. Frederick-Westerborg	Stingray Swim Club	18-Nov-12	Mike Lockwood Memorial	Grand Cayman, Cayman Islands
100M BACK	01:47.87	A. McCallum	Stingray Swim Club	14-Jun-03	Caledonian Invitational	Grand Cayman, Cayman Islands
200M BACK	03:50.73	A. McCallum	Stingray Swim Club	14-Jun-03	Caledonian Invitational	Grand Cayman, Cayman Islands
50M BREAST	00:52.41	C. Frederick-Westerborg	Stingray Swim Club	23-Jun-12	Caledonian Invitational	Grand Cayman, Cayman Islands
100M BREAST	01:56.15	D. Lewis	Camana Bay Aquatic Club	02-Dec-11	Mega City	Toronto, Canada
200M BREAST						
50M FLY	00:43.74	C. Frederick-Westerborg	Stingray Swim Club	18-Nov-12	Mike Lockwood Memorial	Grand Cayman, Cayman Islands
100M FLY	02:00.25	C. Frederick-Westerborg	Stingray Swim Club	01-Mar-12	Pete Ribbins	Grand Cayman, Cayman Islands
100M IM	01:42.50	C. Frederick-Westerborg	Stingray Swim Club	17-Nov-12	Mike Lockwood Memorial	Grand Cayman, Cayman Islands
200M IM	03:59.52	A. McCallum	Stingray Swim Club	14-Jun-03		Grand Cayman, Cayman Islands

Male 9-10 (25M)						
Event	Time	Name	Club	Date	Meet	Venue
50M FREE	00:32.49	C. Frederick-Westerborg	Stingray Swim Club	12-Dec-14	Cayman Islands Swimming Winter Splas	Grand Cayman, Cayman Islands
100M FREE	01:11.94	C. Frederick-Westerborg	Stingray Swim Club	16-Nov-14	Mike Lockwood Memorial	Grand Cayman, Cayman Islands
200M FREE	2:39.09	C. Frederick-Westerborg	Stingray Swim Club	15-Nov-14	Mike Lockwood Memorial	Grand Cayman, Cayman Islands
400M FREE	5:27.46	S. Fraser	Stingray Swim Club	22-Jan-99		Grand Cayman, Cayman Islands
800M FREE	12:03.34	S. Butler	Stingray Swim Club	11-Jun-08		Grand Cayman, Cayman Islands
1500M FREE	23:44.39	G. Butler	Stingray Swim Club	17-Nov-06	Mike Lockwood Memorial	Grand Cayman, Cayman Islands
50M BACK	00:37.97	C. Frederick-Westerborg	Stingray Swim Club	14-Dec-14	Cayman Islands Swimming Winter Splash	Grand Cayman, Cayman Islands
100M BACK	01:25.31	C. Frederick-Westerborg	Stingray Swim Club	08-Jun-14	Caledonian Invitational	Grand Cayman, Cayman Islands
200M BACK	03:03.50	I. McCallum	Stingray Swim Club	11-Jun-08		Grand Cayman, Cayman Islands
50M BREAST	00:44.68	C. Frederick-Westerborg	Stingray Swim Club	15-Nov-14	Mike Lockwood Memorial	Grand Cayman, Cayman Islands
100M BREAST	01:37.91	C. Frederick-Westerborg	Stingray Swim Club	15-Nov-14	Mike Lockwood Memorial	Grand Cayman, Cayman Islands
200M BREAST	03:42.05	S. Groome	Stingray Swim Club	0-Jun-04		Grand Cayman, Cayman Islands
50M FLY	00:37.00	J. Crooks	Camana Bay Aquatic Club	16-Mar-13	Shamrock Splash	Grand Cayman, Cayman Islands
100M FLY	01:23.25	S. Fraser	Stingray Swim Club	22-Jan-99		Grand Cayman, Cayman Islands
200M FLY	03:11.61	S. Fraser	Stingray Swim Club	22-Jan-99		Grand Cayman, Cayman Islands
100M IM	01:23.37	C. Frederick-Westerborg	Stingray Swim Club	14-Nov-14	Mike Lockwood Memorial	Grand Cayman, Cayman Islands
200M IM	03:03.82	C. Frederick-Westerborg	Stingray Swim Club	08-Jun-14	Caledonian Invitational	Grand Cayman, Cayman Islands
400M IM						

## CAYMAN ISLANDS NATIONAL MALE RECORDS - 25M - SCM Short Course Metres

Male 11-12 (25M)						
Event	Time	Name	Club	Date	Meet	Venue
50M FREE	00:26.89	C. Frederick-Westerborg	Stingray Swim Club	11-Dec-16	Coconut Cup 2016	Grand Cayman, Cayman Islands
100M FREE	00:58.72	C. Frederick-Westerborg	Stingray Swim Club	10-Dec-16	Coconut Cup 2016	Grand Cayman, Cayman Islands
200M FREE	02:09.37	C. Frederick-Westerborg	Stingray Swim Club	11-Dec-16	Coconut Cup 2016	Grand Cayman, Cayman Islands
400M FREE	04:34.99	S. Fraser	Stingray Swim Club	01-Dec-00	Youth Cup	Toronto, Canada
800M FREE	10:14.52	G. Butler	Stingray Swim Club	11-Jun-08		Grand Cayman, Cayman Islands
1500M FREE	17:57.05	S. Fraser	Stingray Swim Club	01-Dec-00	Youth Cup	Toronto, Canada
50M BACK	00:31.74	J. Crooks	Stingray Swim Club	18-Feb-15	CIASA National Championships	Grand Cayman, Cayman Islands
100M BACK	01:10.29	Z. Moore	Stingray Swim Club	15-Nov-14	Michael Lockwood Memorial	Grand Cayman, Cayman Islands
200M BACK	02:26.88	S. Fraser	Stingray Swim Club	17-Feb-01		Grand Cayman, Cayman Islands
50M BREAST	00:35.34	C. Frederick-Westerborg	Stingray Swim Club	11-Dec-16	Coconut Cup 2016	Grand Cayman, Cayman Islands
100M BREAST	01:16.57	J. Alberga	Stingray Swim Club	18-Feb-18	CIASA National Championship	Grand Cayman, Cayman Islands
200M BREAST	02:42.20	J. Alberga	Stingray Swim Club	15-Feb-18	CIASA National Championship	Grand Cayman, Cayman Islands
50M FLY	00:29.43	C. Frederick-Westerborg	Stingray Swim Club	10-Dec-16	Coconut Cup 2016	Grand Cayman, Cayman Islands
100M FLY	01:07.06	S. Fraser	Stingray Swim Club	01-Dec-00	Youth Cup	Toronto, Canada
200M FLY	02:26.86	S. Fraser	Stingray Swim Club	01-Dec-00	Youth Cup	Toronto, Canada
100M IM	01:08.68	C. Frederick-Westerborg	Stingray Swim Club	07-Jan-17	2017 January Sprint Meet	Grand Cayman, Cayman Islands
200M IM	02:24.66	C. Frederick-Westerborg	Stingray Swim Club	09-Dec-16	Coconut Cup 2016	Grand Cayman, Cayman Islands
400M IM	05:09.49	S. Fraser	Stingray Swim Club	01-Dec-00	Youth Cup	Toronto, Canada

Male 13-14 (25M)						
Event	Time	Name	Club	Date	Meet	Venue
50M FREE	00:24.30	J. Allison	Seven Mile Swimmers	20-Feb-21	CIASA National Championships	Grand Cayman, Cayman Islands
100M FREE	00:54.03	J. Allison	Seven Mile Swimmers	20-Feb-21	CIASA National Championships	Grand Cayman, Cayman Islands
200M FREE	02:02.15	C. Frederick-Westerborg	Stingray Swim Club	10-Dec-17	Coconut Cup 2017	Grand Cayman, Cayman Islands
400M FREE	04:15.19	J. Allison	Seven Mile Swimmers	21-Feb-21	CIASA National Championships	Grand Cayman, Cayman Islands
800M FREE	09:02.11	S. Groome	Stingray Swim Club	11-Jun-08		Grand Cayman, Cayman Islands
1500M FREE	16:41.22	S. Fraser	Stingray Swim Club	01-Nov-02		Grand Cayman, Cayman Islands
50M BACK	00:28.68	Z. Moore	Stingray Swim Club	09-Dec-16	Coconut Cup 2016	Grand Cayman, Cayman Islands
100M BACK	01:03.44	Z. Moore	Stingray Swim Club	11-Dec-16	Coconut Cup 2016	Grand Cayman, Cayman Islands
200M BACK	02:15.40	Z. Moore	Stingray Swim Club	10-Dec-16	Coconut Cup 2016	Grand Cayman, Cayman Islands
50M BREAST	00:33.92	S. Groome	Stingray Swim Club	31-May-08	Lion's Club Sprint Meet	Grand Cayman, Cayman Islands
100M BREAST	01:12.68	C. Frederick-Westerborg	Stingray Swim Club	09-Dec-17	Coconut Cup 2017	Grand Cayman, Cayman Islands
200M BREAST	02:35.04	J. Alberga	Stingray Swim Club	07-Mar-19	CIASA National Championships	Grand Cayman, Cayman Islands
50M FLY	00:26.53	J. Allison	Seven Mile Swimmers	19-Feb-21	CIASA National Championships	Cayman Brac, Cayman Islands
100M FLY	01:00.11	J. Allison	Seven Mile Swimmers	18-Feb-21	CIASA National Championships	Grand Cayman, Cayman Islands
200M FLY	02:15.33	S. Fraser	Stingray Swim Club	16-Jun-02		Grand Cayman, Cayman Islands
100M IM	01:03.30	S. Fraser	Stingray Swim Club	15-Mar-03		Grand Cayman, Cayman Islands
200M IM	02:15.95	Z. Moore	Stingray Swim Club	09-Dec-16	Coconut Cup 2016	Grand Cayman, Cayman Islands
400M IM	04:54.50	C. Frederick-Westerborg	Stingray Swim Club	10-Dec-17	Coconut Cup 2017	Grand Cayman, Cayman Islands

## CAYMAN ISLANDS NATIONAL MALE RECORDS - 25M - SCM Short Course Metres

Male Senior (25M)						
Event	Time	Name	Club	Date	Meet	Venue
50M FREE	00:20.31	J. Crooks	Unattached	16-Dec-22	16th FINA World Short Course	Melbourne, Australia
100M FREE	00:45.45	J. Crooks	Unattached	14-Dec-22	16th FINA World Short Course	Melbourne, Australia
200M FREE	01:42.98	S. Fraser	Stingray Swim Club	15-Dec-10	2010 FINA World Championships (25m)	Dubai, United Arab Emirates
400M FREE	03:54.93	J. Allison	Seven Mile Swimmers	21-Feb-23	CIASA National Championships	Grand Cayman, Cayman Islands
800M FREE	08:22.84	G.Butler	Stingray Swim Club	15-Jul-13	Island Games 13	Bermuda
1500M FREE	15:46.87	G.Butler	Stingray Swim Club	15-Jul-13	Island Games 13	Bermuda
50M BACK	00:25.23	J. Crooks	Camana Bay Aquatic Club	27-Feb-20	CIASA National Championships	Grand Cayman, Cayman Islands
100M BACK	00:55.53	J. Crooks	Unattached	19-Feb-21	CIASA National Championships	Grand Cayman, Cayman Islands
200M BACK	02:00.17	B. Fraser	Stingray Swim Club	12-Apr-08	2008 SC Worlds	Manchester, England
50M BREAST	00:28.89	D. Ebanks	Unattached	23-Oct-15	ASA National Masters & Seniors Champ	Sheffield, United Kingdom
100M BREAST	01:04.58	D. Ebanks	Unattached	18-Oct-13	British Masters	Sheffield, United Kingdom
200M BREAST	02:25.84	D. Ebanks	Unattached	18-Oct-13	British Masters	Sheffield, United Kingdom
50M FLY	00:22.95	B. Fraser	Stingray Swim Club	05-Dec-14	FINA World Championships (25m)	Doha, Qatar
100M FLY	00:51.60	S. Fraser	Stingray Swim Club	16-Jul-13	Island Games 13	Bermuda
200M FLY	01:53.80	S. Fraser	Stingray Swim Club	19-Dec-10	2010 FINA World Championships (25m)	Dubai, United Arab Emirates
100M IM	00:52.94	S. Fraser	Stingray Swim Club	15-Dec-10	2010 FINA World Championships (25m)	Dubai, United Arab Emirates
200M IM	01:56.21	S. Fraser	Stingray Swim Club	17-Dec-10	2010 FINA World Championships (25m)	Dubai, United Arab Emirates
400M IM	04:25.67	S. Fraser	Stingray Swim Club	01-Jul-03	Island Games 03	Guernsey

**Last updated: February 22, 2023**