

CAYMAN ISLANDS NATIONAL MALE RECORDS - 50M - LCM Long Course Metres

Male 8 & under (50M)						
Event	Time	Name	Club	Date	Meet	Venue
50M FREE	00:37.25	C. Frederick-Westerborg	Stingray Swim Club	19-May-12		Sarasota, FL, USA
100M FREE	01:37.05	C. Frederick-Westerborg	Stingray Swim Club	18-Feb-12	Walter Rodgers Meet	Kingston, Jamaica
200M FREE	03:28.62	C. Frederick-Westerborg	Stingray Swim Club	18-May-12	SYS Memorial Meet	Sarasota, FL, USA
400M FREE						
50M BACK	00:47.45	C. Frederick-Westerborg	Stingray Swim Club	19-May-12		Sarasota, FL, USA
100M BACK	01:54.98	A. McCallum	Stingray Swim Club	28-Mar-03		New Orleans, USA
200M BACK						
50M BREAST	00:54.62	C. Frederick-Westerborg	Stingray Swim Club	20-May-12	SYS Memorial Meet	Sarasota, FL, USA
100M BREAST	02:02.96	C. Frederick-Westerborg	Stingray Swim Club	19-May-12	SYS Memorial Meet	Sarasota, FL, USA
200M BREAST						
50M FLY	00:47.66	C. Frederick-Westerborg	Stingray Swim Club	20-May-12	SYS Memorial Meet	Sarasota, FL, USA
100M FLY						
200M IM	03:52.96	C. Frederick-Westerborg	Stingray Swim Club	17-Feb-12	SYS Memorial Meet	Sarasota, FL, USA

Male 9-10 (50M)						
Event	Time	Name	Club	Date	Meet	Venue
50M FREE	00:33.01	C. Frederick-Westerborg	Stingray Swim Club	05-Jul-14	SPA Invitation	St. Petersburg, FL, USA
100M FREE	01:12.48	C. Frederick-Westerborg	Stingray Swim Club	06-Jul-14	SPA Invitation	St. Petersburg, FL, USA
200M FREE	02:36.86	B. Fraser	Stingray Swim Club	05-Aug-00	Pacific Far Western	San Jose, CA, USA
400M FREE	05:34.12	L. Sinclair	Camana Bay Aquatic Club	25-Apr-14	Highlander Long Course Invitational	Orlando, FL, USA
800M FREE						
1500M FREE						
50M BACK	00:40.27	C. Frederick-Westerborg	Stingray Swim Club	04-Jul-14	SPA Invitation	St. Petersburg, FL, USA
100M BACK	01:27.60	B. Fraser	Stingray Swim Club	02-Aug-00		San Jose, CA, USA
200M BACK	03:09.79	L. Sinclair	Camana Bay Aquatic Club	04-Jul-14		St. Petersburg, FL, USA
50M BREAST	00:45.93	C. Frederick-Westerborg	Stingray Swim Club	04-Jul-14	SPA Invitation	St. Petersburg, FL, USA
100M BREAST	01:42.30	C. Frederick-Westerborg	Stingray Swim Club	06-Jul-14	SPA Invitation	St. Petersburg, FL, USA
200M BREAST	03:56.94	S. Groome	Stingray Swim Club	0-May-04	Piranha Invitational	Plantation, FL, USA
50M FLY	00:33.83	S. Fraser	Stingray Swim Club	01-Mar-99		Kingston, Jamaica
100M FLY	01:26.61	L. Sinclair	Camana Bay Aquatic Club	04-Jul-14		St. Petersburg, FL, USA
200M FLY	03:17.65	L. Sinclair	Camana Bay Aquatic Club	04-Jul-14		St. Petersburg, FL, USA
200M IM	03:03.01	L. Sinclair	Camana Bay Aquatic Club	27-Jun-01		Sarasota, FL, USA
400M IM						

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Male 11-12 (50M)						
Event	Time	Name	Club	Date	Meet	Venue
50M FREE	00:27.87	C. Frederick-Westerborg	Stingray Swim Club	02-Jul-16	CISC 2016	Nassau, Bahamas
100M FREE	01:01.02	C. Frederick-Westerborg	Stingray Swim Club	01-Jul-16	CISC 2016	Nassau, Bahamas
200M FREE	02:17.14	C. Frederick-Westerborg	Stingray Swim Club	30-Jun-16	CISC 2016	Nassau, Bahamas
400M FREE	04:38.40	S. Fraser	Stingray Swim Club	02-Aug-00		San Jose, CA, USA
800M FREE						
1500M FREE	18:22.82	S. Fraser	Stingray Swim Club	23-Feb-01		Ft.Lauderdale, FL, USA
50M BACK	00:33.32	C. Frederick-Westerborg	Stingray Swim Club	29-Jun-16	CISC 2016	Nassau, Bahamas
100M BACK	01:11.81	B.Fraser	Stingray Swim Club	0-Apr02	CARIFTA	Barbados
200M BACK	02:33.40	B.Fraser	Stingray Swim Club	0-Apr-02	CARIFTA	Barbados
50M BREAST	00:35.87	I.Macrae	Stingray Swim Club	24-Apr-14	CARIFTA 14	Aruba
100M BREAST	01:18.04	J. Alberga	Stingray Swim Club	03-Apr-18	Carifta 2018	Kingston, Jamaica
200M BREAST	02:47.30	J. Alberga	Stingray Swim Club	31-Mar-18	Carifta 2018	Kingston, Jamaica
50M FLY	00:30.45	S. Fraser	Stingray Swim Club	02-Aug-00		San Jose, CA, USA
100M FLY	01:07.12	S. Fraser	Stingray Swim Club	02-Aug-00		San Jose, CA, USA
200M FLY	02:30.14	S. Fraser	Stingray Swim Club	0-Aug-00	CARIFTA	Barbados
200M IM	02:32.86	C. Frederick-Westerborg	Stingray Swim Club	01-Jul-16	CISC 2016	Nassau, Bahamas
400M IM	05:45.78	I.Macrae	Stingray Swim Club	23-Apr-14	CARIFTA 14	Aruba

Male 13-14 (50M)						
Event	Time	Name	Club	Date	Meet	Venue
50M FREE	00:26.06	C. Frederick-Westerborg	Stingray Swim Club	03-Jul-18	CCCAN Swimming Championships	Aruba
100M FREE	00:56.41	C. Frederick-Westerborg	Stingray Swim Club	04-Aug-18	2018 TYR ISCA Summer Senior Champs	St Petersburg, Florida
200M FREE	01:58.42	S. Fraser	Stingray Swim Club	11-Jan-03		Rutgers, NJ, USA
400M FREE	04:11.88	S. Fraser	Stingray Swim Club	11-Jan-03		Rutgers, NJ, USA
800M FREE	08:56.01	S. Fraser	Stingray Swim Club	28-Mar-03	Mud Bug Blast	New Orleans, LA, USA
1500M FREE	16:40.54	S. Fraser	Stingray Swim Club	28-Mar-03	Mud Bug Blast	New Orleans, LA, USA
50M BACK	00:31.17	C. Frederick-Westerborg	Stingray Swim Club	31-Mar-18	CARIFTA 2018	Kingston, Jamaica
100M BACK	01:05.15	Z. Moore	Stingray Swim Club	23-Mar-16	CARIFTA 2016	Martinique
200M BACK	02:17.97	S.Fraser	Stingray Swim Club	05-Aug-02	British Age Group Championships	Sheffield, U.K.
50M BREAST	00:33.69	C. Frederick-Westerborg	Stingray Swim Club	04-Aug-18	2018 TYR ISCA Summer Senior Champs	St Petersburg, Florida
100M BREAST	01:12.99	S.Groome	Stingray Swim Club	18-Jul-08		Kingston, Jamaica
200M BREAST	02:34.63	S.Groome	Stingray Swim Club	27-Mar-08		Aruba
50M FLY	00:28.48	C. Frederick-Westerborg	Stingray Swim Club	21-Jan-18	UANA Swimming Cup	Coral Springs, FL, USA
100M FLY	01:00.85	C. Frederick-Westerborg	Stingray Swim Club	02-Aug-18	2018 TYR ISCA Summer Senior Champs	St Petersburg, Florida
200M FLY	02:09.34	S. Fraser	Stingray Swim Club	28-Mar-03	Mud Bug Blast	New Orleans, LA, USA
200M IM	02:22.41	S.Groome	Stingray Swim Club	0-Apr-08	CARIFTA	Aruba
400M IM	04:49.46	S. Fraser	Stingray Swim Club	28-Mar-03	Mud Bug Blast	New Orleans, LA, USA

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Male Senior (50M)						
Event	Time	Name	Club	Date	Meet	Venue
50M FREE	00:22.20	J. Crooks	Camana Bay Aquatic Club	23-Jun-22	19th FINA World Championships	Budapest, HUN
100M FREE	00:48.47	S. Fraser	Stingray Swim Club	26-Jul-09	World Championships	Rome, Italy
200M FREE	01:46.44	S. Fraser	Stingray Swim Club	26-Jul-09	FINA World Championships	Rome, Italy
400M FREE	03:57.51	S. Fraser	Stingray Swim Club	17-Jul-08	Speedo Champions	Ft. Lauderdale, FL, USA
800M FREE	08:29.61	S. Fraser	Stingray Swim Club	12-Jun-04	Janet Evans Invitational	Santa Clara, CA
1500M FREE	16:02.00	G. Butler	Stingray Swim Club	12-Mar-16	Edinburgh International	Edinburgh, Scotland
50M BACK	00:26.94	J. Crooks	Unattached	29-Apr-21	2021 UANA Qualifier	Clermont, FL, USA
100M BACK	00:56.99	S. Fraser	Stingray Swim Club	11-Nov-11	Minneapolis Grand Prix	Minneapolis, MN, USA
200M BACK	02:01.17	B. Fraser	Stingray Swim Club	12-Aug-08	2008 Olympics	Beijing, China
50M BREAST	00:29.75	D.Ebanks	Masters	10-Feb-14	Sheffield	Sheffield, UK
100M BREAST	01:08.36	D.Ebanks	Masters	25-Jul-14	Commonwealth Games 2014	Glasgow, Scotland
200M BREAST	02:30.89	S. Groome	Stingray Swim Club	16-Apr-09	CARIFTA 2009	Aruba
50M FLY	00:24.06	B. Fraser	Stingray Swim Club	25-Jul-14	Commonwealth Games 2014	Glasgow, Scotland
100M FLY	00:52.96	B. Fraser	Stingray Swim Club	16-Oct-11	PanAm Games	Guadalajara, Mexico
200M FLY	02:01.58	S. Fraser	Stingray Swim Club	0-Aug-05	CCAN	Santa Domingo, Dominican Republic
200M IM	02:04.51	S. Fraser	Stingray Swim Club	22-Jul-06	CAC 2006	Cartagena, Colombia
400M IM	04:29.00	S. Fraser	Stingray Swim Club	16-Mar-06		Melbourne, AUS

Last updated: 30 August 2022