

HEARTLAND AREA 2023-24 QUALIFYING TIMES

GIRLS				BOYS		
SCM	YDS	2022/23 YDS	8 & Under Age Group	2022/23 YDS	YDS	SCM
25.01	22.53	23.37	8 & U 25 Freestyle	25.89	25.89	28.74
1:02.02	55.87	57.09	8 & U 50 Freestyle	58.03	58.03	1:04.41
2:13.18	1:59.98	1:59.98	8 & U 100 Freestyle	2:08.62	2:08.62	2:22.77
33.94	30.58	31.02	8 & U 25 Butterfly	38.04	38.04	42.22
29.02	26.15	26.89	8 & U 25 Backstroke	28.19	28.19	31.29
37.73	33.99	38.78	8 & U 25 Breaststroke	40.38	40.38	44.82
2:41.30	2:25.32	2:26.02	8 & U 100 Individual Medley	2:12.36	2:12.36	2:26.92

GIRLS				BOYS		
SCM	YDS	2022/23 YDS	9-10 Age Group	2022/23 YDS	YDS	SCM
45.10	40.63	40.63	9-10 50 Freestyle	41.80	41.21	45.74
1:54.33	1:43.09	1:47.30	9-10 100 Freestyle	1:43.09	1:38.77	1:49.63
3:58.99	3:35.31	3:35.31	9-10 200 Freestyle	3:55.89	3:55.89	4:21.84
57.46	51.77	51.77	9 -10 50 Butterfly	59.03	59.03	1:05.52
2:23.86	2:09.60	2:09.60	9-10 100 Butterfly	2:14.56	2:14.56	2:29.36
51.65	46.53	46.53	9-10 50 Backstroke	50.06	49.17	54.58
1:56.99	1:45.40	1:45.40	9-10 100 Backstroke	2:02.87	2:02.87	2:16.39
59.88	53.95	53.95	9-10 50 Breaststroke	1:01.68	1:01.68	1:08.46
2:09.70	1:56.85	1:56.85	9-10 100 Breaststroke	2:11.54	2:11.54	2:26.01
1:57.49	1:45.85	1:45.85	9-10 100 Individual Medley	1:48.09	1:48.09	1:59.98

GIRLS				BOYS		
SCM	YDS	2022/23 YDS	11-12 Age Group	2022/23 YDS	YDS	SCM
37.72	33.98	33.98	11-12 50 Freestyle	35.89	35.58	39.27
1:26.87	1:18.26	1:20.51	11-12 100 Freestyle	1:26.08	1:22.73	1:31.83
3:15.43	2:56.06	2:56.06	11-12 200 Freestyle	3:04.89	3:04.89	3:25.23
6:10.14	7:01.89	7:01.89	11-12 500 Freestyle	7:53.49	7:53.49	6:56.19
46.46	41.86	42.73	11-12 50 Butterfly	50.14	49.23	54.64
2:01.26	1:49.24	1:49.24	11-12 100 Butterfly	1:43.28	1:43.28	1:54.64
46.16	41.59	42.06	11-12 50 Backstroke	45.91	43.80	48.61
1:42.45	1:32.30	1:32.30	11-12 100 Backstroke	1:44.06	1:39.64	1:50.60
53.16	47.89	48.09	11-12 50 Breaststroke	51.68	51.68	57.36
1:54.95	1:43.56	1:43.56	11-12 100 Breast	1:56.04	1:56.04	2:08.80
3:38.80	3:17.12	3:17.12	11-12 200 Individual Medley	3:29.60	3:29.60	3:52.66

GIRLS				BOYS		
SCM	YDS	2022/23 YDS	13-14 Age Group	2022/23 YDS	YDS	SCM
34.25	30.86	31.19	13-14 50 Freestyle	30.98	30.74	34.12
1:15.46	1:07.98	1:07.98	13-14 100 Freestyle	1:11.89	1:08.47	1:16.00
2:51.19	2:34.89	2:34.89	13-14 200 Freestyle	2:43.99	2:43.99	3:02.03
6:12.64	7:04.69	7:04.69	13-14 500 Freestyle	6:48.54	6:48.54	5:58.22
12:19.52	14:02.94	14:02.94	13-14 1000 Freestyle	14:46.64	14:46.64	12:58.53
24:01.12	23:56.39	23:56.39	13-14 1650 Freestyle	24:36.64	24:36.64	24:42.17
1:33.27	1:24.03	1:24.03	13-14 100 Butterfly	1:52.09	1:44.28	1:55.75
3:22.64	3:02.56	3:02.56	13-14 200 Butterfly	2:58.54	2:58.54	3:18.18
1:25.01	1:16.59	1:16.59	13-14 100 Backstroke	1:21.99	1:21.99	1:31.01
3:16.45	2:56.98	2:56.98	13-14 200 Backstroke	3:03.67	3:03.67	3:23.87
1:38.72	1:28.94	1:28.94	13-14 100 Breaststroke	1:40.12	1:38.56	1:49.40
3:47.57	3:25.04	3:25.04	13-14 200 Breaststroke	3:26.70	3:26.70	3:49.44
3:14.17	2:54.93	2:54.93	13-14 200 Individual Medley	3:10.09	3:08.71	3:29.47
6:45.86	6:05.64	6:05.64	13-14 400 Individual Medley	6:04.69	6:04.69	6:44.81

GIRLS				BOYS		
SCM	YDS	2022/23 YDS	15 & Over Age Group	2022/23 YDS	YDS	SCM
34.16	30.78	30.94	15-21 50 Freestyle	27.03	27.03	30.00
1:13.52	1:06.23	1:06.23	15-21 100 Freestyle	1:02.39	1:02.39	1:09.25
2:36.39	2:20.89	2:20.89	15-21 200 Freestyle	2:36.84	2:36.84	2:54.09
5:41.38	6:29.67	6:29.67	15-21 500 Freestyle	6:48.54	6:48.54	5:58.22
13:48.45	15:42.58	15:42.58	15-21 1000 Freestyle	14:46.64	14:46.64	12:58.53
24:01.12	23:56.39	23:56.39	15-21 1650 Freestyle	22:39.04	22:39.04	22:42.22
1:28.66	1:19.87	1:19.87	15-21 100 Butterfly	1:20.84	1:20.84	1:29.73
3:36.31	3:14.87	3:14.87	15-21 200 Butterfly	2:38.67	2:38.67	2:56.12
1:25.35	1:16.89	1:16.89	15-21 100 Backstroke	1:13.05	1:13.05	1:21.09
2:58.19	2:40.53	2:40.53	15-21 200 Backstroke	2:45.08	2:45.08	3:03.24
1:42.44	1:32.29	1:32.29	15-21 100 Breaststroke	1:33.08	1:33.08	1:43.32
3:55.90	3:32.52	3:32.52	15-21 200 Breaststroke	2:59.54	2:59.54	3:19.29
3:10.56	2:51.68	2:51.68	15-21 200 Individual Medley	2:34.31	2:34.31	2:51.28
6:47.25	6:06.89	6:06.89	15-21 400 Individual Medley	5:48.36	5:48.36	6:26.68

YDS to SCM

1.11

0.875

0.997

SCM to LCM

1.02

400/500 800/1000

1650/1500