

Camden County Boathouse/Cooper River Park, Cooper River- Pennsauken, NJ

Address for GPS- 199 North Park Drive, Cherry Hill, NJ

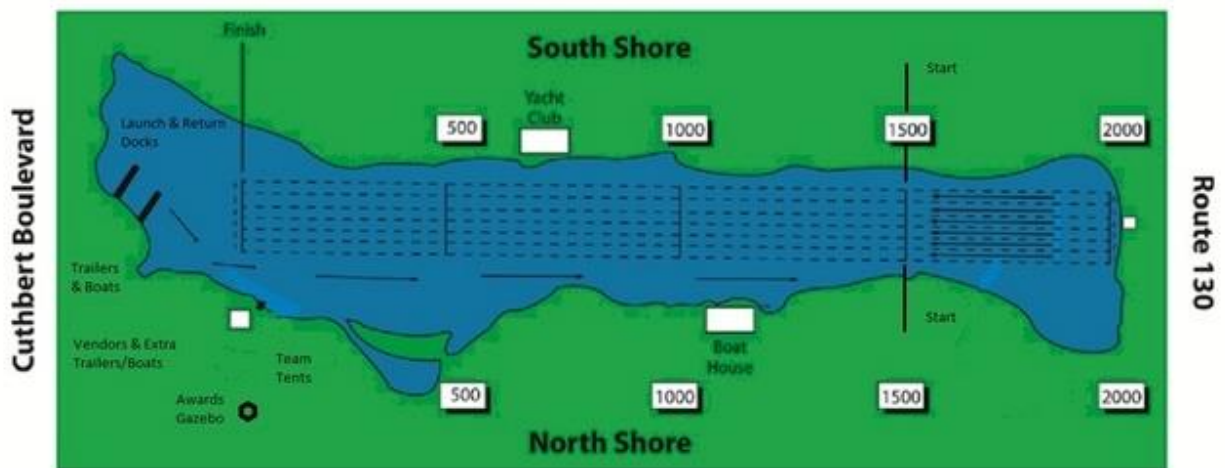
Closest Airports- Philadelphia (15 Miles), Newark (77 Miles)

Hotels- You will need a car as it will be hard to find an Uber that will be willing to take you from PHL to New Jersey, and if you can, it will cost more than your plane ticket. There are numerous chain hotels in Cherry Hill and Mt. Laurel. The Doubletree is within walking distance but tends to fill up with teams. Avoid hotels in Philadelphia because crossing the Delaware River and driving I-95 and I-676 is a giant nightmare of traffic and construction that you want to avoid as much as possible.

Parking- Depending on the size of the regatta, there will be parking in Cooper River Park. For huge regattas, there is usually parking along North Park Drive east of Cuthbert. The hotel has a huge lot, but I don't know how fussy they get about regatta parking. The trailers are usually in the gravel lot between the finish line and Cuthbert Blvd. on the north side of the river. There is no spectator parking at the boathouse, and it's not really a good place to watch from.

Depending on what lane Rutgers is in, it may be better to watch from the south shore, as you can get really close to the water, just watch out for the geese who think they own the park. The last time I was there, lane 1 was the closest to the grandstand, and lane 6 is on the south side.

The map below is good because it's from the perspective of a spectator at the finish.



Regatta Point Park, Lake Quinsigamond- Worcester, MA

For GPS- UMass Medical South Road Parking Garage

Closest Airports- Boston (45 Miles), Providence, RI (55 Miles), Hartford, CT (75 Miles)

There is an express bus from BOS to South Station and a train from South Station to Worcester, but it's an 80-minute train ride and then you would have to Uber from there. It's much easier to drive.

Hotels- Worcester is a small city with a selection of chain hotels, but many of them fill up with teams for the regatta. There are a lot of hotels about 20 minutes to the east around the intersections of I-90, I-290 and I-495 in Marlborough, Westborough, and Framingham. It's not a bad drive from Boston, so you could even stay in Boston and just drive out to Worcester on Sunday morning.

Parking- There is a huge parking garage on South Road at UMass Memorial Medical Center. For big regattas, there is usually a shuttle bus between the garage and the park, but it's only a ¼ mile (300 meter) walk. There is usually a charge to park in the garage.

This racecourse is legendary. Worcester has been hosting rowing races here since 1857, including IRAs and Eastern Sprints, and is considered one of the best racecourses in the world. Men's Eastern Sprints started in 1938 and the women's regatta was added in 1974.

The best place to watch from is the "boardwalk" above the beach. There is usually a big screen at the park where they show the first 1500 meters of the races, with commentary.



Lake Quinsigamond Worcester, MA

2000 Meter Course Racing Traffic



Clear the course as quickly as possible when leaving the launching area.

Do not approach the starting line until called to do so.

Do not take practice starts beyond the 500 M mark.

Crews returning to Regatta Point from the starting area should stay off the course towards the Shrewsbury shore.

Crews should clear the finish area as soon as possible following their race.

Crews launching from the DRC, going to the start, shall proceed directly across the course after launching making sure the course is clear of racing traffic. Crews must be clear of the course before turning towards the start and continuing.

Crews launching from the DRC may warm-up using lane 6 of the course. Provided the course is clear of racing. Crews warming up may not proceed further than the 1200M mark. They must then proceed to the Shrewsbury shore and travel to the start.

Carnegie Lake- Princeton, NJ- 2000 Meter Course

The sprint course at Carnegie is all the way to the far north end of the lake.

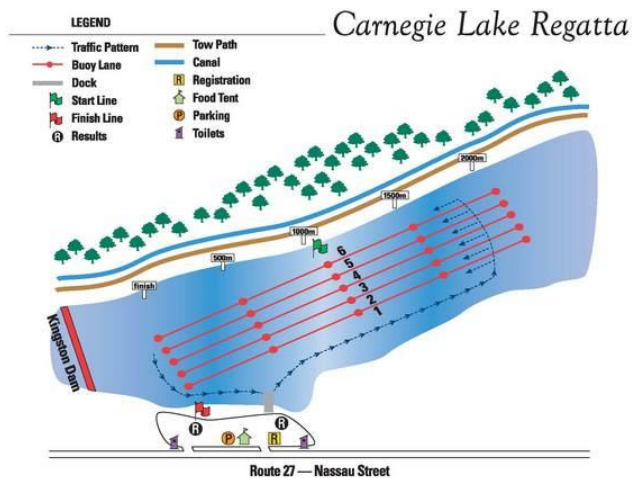
Closest Airports- Newark (38 Miles), Philadelphia (57 Miles)

For GPS- 929 Princeton Kingston Road, Princeton, NJ

There is a train from EWR to Princeton Junction and then a train called “the dinky” from Princeton Junction to the Princeton University campus and then Uber to the venue.

Hotels- There are numerous chain hotels along US-1 in Princeton, West Windsor, and Plainsboro. It’s not that far from New Brunswick (20 miles), so it may make more sense to just stay closer to Rutgers.

Parking- There is a small lot. It all depends on how big the race is and when you get there.



Eagle Creek Reservoir, Indianapolis IN

Eagle Creek has hosted numerous large regattas, including Big Ten Championships (10x), NCAAs (5x), the World Rowing Championships, and numerous USRowing and scholastic championships.

Closest Airports- Indianapolis (18 Miles), Cincinnati, OH (132 Miles), Louisville, KY (136 Miles), Chicago- Midway (178 Miles), Chicago- O'Hare (192 Miles)

For GPS- 7350 Eagle Beach Drive, Indianapolis is the Indianapolis Rowing Center boathouse.

Parking- The park is huge and there is abundant parking in the park, but it may be a long walk down to the reservoir. There is a small charge per car to enter the park.

Hotels- The park is near the intersections of I-65, I-74, I-465, and I-865, just northwest of the Indianapolis Motor Speedway. There are numerous chain hotels relatively close to the park or close to the airport.

There is plenty of space to view races from the beach in the park. Medals are awarded at the boathouse after the conclusion of racing.



Nathan Benderson Park- Sarasota, FL

Nathan Benderson Park is one of North America's premier rowing venues. Opened in 2014, Nathan Benderson has hosted the 2017 World Rowing Championships, 2018 World Rowing Masters Regatta, 2016 and 2020 Olympic Trials, 2019 World Rowing U23 Championships, and the 2021 and 2022 NCAA Rowing Championships.

Closest Airports- Sarasota (7 Miles), Tampa (58 Miles), Fort Meyers (89 Miles), Orlando (126 Miles)

For GPS- use 5851 Nathan Benderson Cir, Sarasota, FL 34235 for the park itself. There may be signs directing you to park at University Town Center.

Parking- Parking varies depending on the size of the regatta. Just give yourself some extra time on the first day so that you can sort out where to park and if you have to walk over from the mall or ride the trolley. There is usually a daily charge for parking.

Hotels- The park is in an area called Lakewood Ranch. There are several hotels in the area around the University Town Center mall that are walkable to the park, restaurants, and shopping. There are also several hotels near the airport if you are flying in or out late at night or early in the morning.

The best place to watch is the beach near the finish line. For NAAs they had a jumbotron that will show the first 2/3 of the race. After they finish you can run around to the canal and cheer for them from the bridge as they row back to the docks.

Regattas at Nathan Benderson often need volunteers. You can sign up to be on the stake boats or in a launch following races (<https://nathanbendersonpark.org/volunteer/>). Boat drivers are required to have a Florida boating safety certificate which you can get online (<https://www.boatus.org/florida/>).

