

		2025 RVAA TIME STANDARDS - Short Course Meters (SCM)											
		GIRLS 6 & UNDER						BOYS 6 & UNDER					
		25 Free	25 Back	25 Breast	25 Fly			25 Free	25 Back	25 Breast	25 Fly		
		36.87	40.05	All Gold	All Gold	GOLD		35.13	39.73	All Gold	All Gold		
		55.6	1:03.18	N/A	N/A	SILVER		45.62	56.17	N/A	N/A		
		GIRLS 7-8						BOYS 7-8					
100 IM	25 Free	50 Free	25 Back	25 Breast	25 Fly			25 Free	50 Free	25 Back	25 Breast	25 Fly	100 IM
2:12.99	24.01	56.42	28.83	32.31	30.41	GOLD		24.23	57.92	29.31	32.63	28.97	2:09.68
2:36.93	30.84	1:14.28	36.78	43.37	40.66	SILVER		35.81	1:27.26	40.66	41.22	43.32	2:33.02
GIRLS 9-10								BOYS 9-10					
50 Free	100 Free	50 Back	50 Breast	50 Fly	100 IM			50 Free	100 Free	50 Back	50 Breast	50 Fly	100 IM
43.8	1:40.46	51.58	57.7	55.46	1:55.82	GOLD		44.28	1:44.14	54.51	1:00.48	54.03	1:58.75
53.9	2:05.45	1:03.50	1:14.14	1:19.23	2:30.89	SILVER		1:00.37	2:24.88	1:14.82	1:20.70	1:10.10	2:46.65
GIRLS 11-12								BOYS 11-12					
50 Free	100 Free	50 Back	50 Breast	50 Fly	100 IM			50 Free	100 Free	50 Back	50 Breast	50 Fly	100 IM
38.01	1:27.08	45.42	50.78	44.41	1:36.56	GOLD		37.75	1:28.19	46.95	52.61	44.76	1:42.12
49.98	1:54.97	59.9	1:07.75	1:00.91	1:59.75	SILVER		46.98	1:49.59	1:02.73	1:06.56	57.97	2:22.55
GIRLS 13-14								BOYS 13-14					
50 Free	100 Free	50 Back	50 Breast	50 Fly	100 IM			50 Free	100 Free	50 Back	50 Breast	50 Fly	100 IM
34.09	1:16.98	41.2	47.51	38.75	1:30.82	GOLD		32.68	1:15.39	40.41	43.29	38.85	1:27.42
42.26	1:39.85	55.09	1:02.55	47.08	1:59.97	SILVER		37.22	1:26.31	47.41	50.46	49.71	1:46.13
GIRLS 15-16								BOYS 15-16					
50 Free	100 Free	50 Back	50 Breast	50 Fly	100 IM			50 Free	100 Free	50 Back	50 Breast	50 Fly	100 IM
33.9	1:17.59	42.77	47	40.26	1:32.08	GOLD		30.44	1:09.40	37.8	40.52	34.59	1:18.10
49	2:16.47	N/A	N/A	N/A	N/A	SILVER		37.51	1:40.56	N/A	1:25.45	N/A	1:29.01
GIRLS 17-18								BOYS 17-18					
50 Free	100 Free	50 Back	50 Breast	50 Fly	100 IM			50 Free	100 Free	50 Back	50 Breast	50 Fly	100 IM
35	1:20.09	43.47	46.85	40.23	1:32.65	GOLD		30.42	1:12.47	39.97	42.43	36.95	1:24.54
N/A	N/A	N/A	N/A	N/A	N/A	SILVER		N/A	N/A	N/A	N/A	N/A	N/A
WOMEN 19-24								MEN 19-24					
50 Free	100 Free	50 Back	50 Breast	50 Fly	100 IM			50 Free	100 Free	50 Back	50 Breast	50 Fly	100 IM
34.53	1:18.58	41.88	46.67	38.87	1:31.00	GOLD		33.05	1:12.06	39.92	41.97	38.63	1:30.80
N/A	N/A	N/A	N/A	N/A	N/A	SILVER		N/A	N/A	N/A	N/A	N/A	N/A
WOMEN 25-39								MEN 25-39					
50 Free	100 Free	50 Back	50 Breast	50 Fly	100 IM			50 Free	100 Free	50 Back	50 Breast	50 Fly	100 IM
35.93	1:23.31	44.1	47.26	43.59	1:35.43	GOLD		33.05	1:20.17	50.29	47.25	49.45	1:46.42
43.14	1:47.02	59.88	58.61	N/A	2:18.04	SILVER		N/A	N/A	N/A	N/A	N/A	N/A
WOMEN 40-49								MEN 40-49					
50 Free	100 Free	50 Back	50 Breast	50 Fly	100 IM			50 Free	100 Free	50 Back	50 Breast	50 Fly	100 IM
36.7	1:25.87	46.44	49.69	44.42	1:40.29	GOLD		33.8	1:21.60	43.68	46.66	43.25	1:40.87
42.78	1:45.08	56.59	58.35	1:00.95	2:02.37	SILVER		46.57	N/A	N/A	N/A	N/A	N/A
WOMEN 50-59								MEN 50-59					
50 Free	100 Free	50 Back	50 Breast	50 Fly	100 IM			50 Free	100 Free	50 Back	50 Breast	50 Fly	100 IM
1:01.19	2:33.95	1:16.34	1:35.98	All Gold	All Gold	GOLD		40.78	1:41.88	1:01.34	47.35	All Gold	2:09.01
N/A	N/A	N/A	N/A	N/A	N/A	SILVER		N/A	N/A	N/A	1:08.34	N/A	N/A
WOMEN 60-69								MEN 60-69					
50 Free	100 Free	50 Back	50 Breast	50 Fly	100 IM			50 Free	100 Free	50 Back	50 Breast	50 Fly	100 IM
All Gold	All Gold	All Gold	All Gold	All Gold	All Gold	GOLD		All Gold	All Gold	All Gold	All Gold	All Gold	All Gold
N/A	N/A	N/A	N/A	N/A	N/A	SILVER		N/A	N/A	N/A	N/A	N/A	N/A
WOMEN 70+								MEN 70+					
50 Free	100 Free	50 Back	50 Breast	50 Fly	100 IM			50 Free	100 Free	50 Back	50 Breast	50 Fly	100 IM
All Gold	All Gold	All Gold	All Gold	All Gold	All Gold	GOLD		All Gold	All Gold	All Gold	All Gold	All Gold	All Gold
N/A	N/A	N/A	N/A	N/A	N/A	SILVER		N/A	N/A	N/A	N/A	N/A	N/A
WOMEN 80+								MEN 80+					
50 Free	100 Free	50 Back	50 Breast	50 Fly	100 IM			50 Free	100 Free	50 Back	50 Breast	50 Fly	100 IM
All Gold	All Gold	All Gold	All Gold	All Gold	All Gold	GOLD		All Gold	All Gold	All Gold	All Gold	All Gold	All Gold
N/A	N/A	N/A	N/A	N/A	N/A	SILVER		N/A	N/A	N/A	N/A	N/A	N/A