

		2025 RVAA TIME STANDARDS - Short Course Yards (SCY)												
		GIRLS 6 & UNDER						BOYS 6 & UNDER						
		25 Free	25 Back	25 Breast	25 Fly			25 Free	25 Back	25 Breast	25 Fly			
		33.22	36.08	All Gold	All Gold		GOLD	31.65	35.79	All Gold	All Gold			
		50.09	56.92	N/A	N/A		SILVER	41.1	50.6	N/A	N/A			
		GIRLS 7-8						BOYS 7-8						
100 IM	25 Free	50 Free	25 Back	25 Breast	25 Fly			25 Free	50 Free	25 Back	25 Breast	25 Fly	100 IM	
1:59.81	21.63	50.83	25.97	29.11	27.4		GOLD	24.23	52.18	26.41	29.4	26.1	1:56.83	
2:21.38	27.78	1:06.92	33.14	39.07	36.63		SILVER	32.26	1:18.61	36.36	37.14	39.03	2:17.86	
GIRLS 9-10								BOYS 9-10						
50 Free	100 Free	50 Back	50 Breast	50 Fly	100 IM			50 Free	100 Free	50 Back	50 Breast	50 Fly	100 IM	
39.46	1:30.50	46.47	51.98	49.96	1:44.34		GOLD	39.89	1:33.82	54.51	54.49	48.68	1:46.44	
48.56	1:53.02	57.21	1:06.79	1:11.38	2:15.94		SILVER	54.39	2:10.52	1:07.41	1:12.70	1:03.15	2:30.14	
GIRLS 11-12								BOYS 11-12						
50 Free	100 Free	50 Back	50 Breast	50 Fly	100 IM			50 Free	100 Free	50 Back	50 Breast	50 Fly	100 IM	
34.24	1:18.45	40.92	45.73	40.01	1:26.99		GOLD	34.01	1:19.45	42.31	47.4	40.32	1:32.00	
45.03	1:45.58	53.96	1:01.04	54.87	1:47.88		SILVER	42.32	1:38.73	56.51	59.96	52.96	2:08.42	
GIRLS 13-14								BOYS 13-14						
50 Free	100 Free	50 Back	50 Breast	50 Fly	100 IM			50 Free	100 Free	50 Back	50 Breast	50 Fly	100 IM	
30.71	1:09.35	37.12	42.80	34.91	1:30.82		GOLD	29.44	1:07.92	36.41	39.00	35.00	1:18.76	
38.07	1:29.95	49.63	56.35	42.41	1:48.08		SILVER	33.53	1:17.76	42.71	45.46	44.78	1:35.61	
GIRLS 15-16								BOYS 15-16						
50 Free	100 Free	50 Back	50 Breast	50 Fly	100 IM			50 Free	100 Free	50 Back	50 Breast	50 Fly	100 IM	
30.54	1:09.90	38.53	42.34	36.27	1:22.95		GOLD	27.42	1:02.52	34.05	38.23	33.29	1:10.36	
44.14	2:02.95	N/A	N/A	N/A	N/A		SILVER	33.79	1:30.59	N/A	1:25.45	N/A	1:20.19	
GIRLS 17-18								BOYS 17-18						
50 Free	100 Free	50 Back	50 Breast	50 Fly	100 IM			50 Free	100 Free	50 Back	50 Breast	50 Fly	100 IM	
31.53	1:12.15	39.16	42.21	36.24	1:23.47		GOLD	27.41	1:05.29	36.01	38.23	33.29	1:16.16	
N/A	N/A	N/A	N/A	N/A	N/A		SILVER	N/A	N/A	N/A	N/A	N/A	N/A	
WOMEN 19-24								MEN 19-24						
50 Free	100 Free	50 Back	50 Breast	50 Fly	100 IM			50 Free	100 Free	50 Back	50 Breast	50 Fly	100 IM	
31.11	1:10.79	37.73	42.05	35.02	1:21.98		GOLD	29.77	1:04.92	35.96	37.81	34.8	1:21.80	
N/A	N/A	N/A	N/A	N/A	N/A		SILVER	N/A	N/A	N/A	N/A	N/A	N/A	
WOMEN 25-39								MEN 25-39						
50 Free	100 Free	50 Back	50 Breast	50 Fly	100 IM			50 Free	100 Free	50 Back	50 Breast	50 Fly	100 IM	
32.37	1:15.05	39.73	42.58	39.27	1:25.97		GOLD	29.77	1:12.23	45.31	42.57	44.55	1:35.87	
38.86	1:36.41	53.95	52.8	N/A	2:04.36		SILVER	N/A	N/A	N/A	N/A	N/A	N/A	
WOMEN 40-49								MEN 40-49						
50 Free	100 Free	50 Back	50 Breast	50 Fly	100 IM			50 Free	100 Free	50 Back	50 Breast	50 Fly	100 IM	
33.06	1:17.36	41.84	44.77	40.02	1:30.35		GOLD	33.8	1:13.51	39.35	42.04	38.96	1:30.87	
38.54	1:34.67	50.98	52.57	54.91	1:50.24		SILVER	41.95	N/A	N/A	N/A	N/A	N/A	
WOMEN 50-59								MEN 50-59						
50 Free	100 Free	50 Back	50 Breast	50 Fly	100 IM			50 Free	100 Free	50 Back	50 Breast	50 Fly	100 IM	
55.19	2:18.69	1:08.77	1:26.47	All Gold	All Gold		GOLD	36.74	1:31.88	55.26	42.04	All Gold	1:56.23	
N/A	N/A	N/A	N/A	N/A	N/A		SILVER	N/A	N/A	N/A	1:08.34	N/A	N/A	
WOMEN 60-69								MEN 60-69						
50 Free	100 Free	50 Back	50 Breast	50 Fly	100 IM			50 Free	100 Free	50 Back	50 Breast	50 Fly	100 IM	
All Gold	All Gold	All Gold	All Gold	All Gold	All Gold		GOLD	All Gold	All Gold	All Gold	All Gold	All Gold	All Gold	
N/A	N/A	N/A	N/A	N/A	N/A		SILVER	N/A	N/A	N/A	N/A	N/A	N/A	
WOMEN 70+								MEN 70+						
50 Free	100 Free	50 Back	50 Breast	50 Fly	100 IM			50 Free	100 Free	50 Back	50 Breast	50 Fly	100 IM	
All Gold	All Gold	All Gold	All Gold	All Gold	All Gold		GOLD	All Gold	All Gold	All Gold	All Gold	All Gold	All Gold	
N/A	N/A	N/A	N/A	N/A	N/A		SILVER	N/A	N/A	N/A	N/A	N/A	N/A	
WOMEN 80+								MEN 80+						
50 Free	100 Free	50 Back	50 Breast	50 Fly	100 IM			50 Free	100 Free	50 Back	50 Breast	50 Fly	100 IM	
All Gold	All Gold	All Gold	All Gold	All Gold	All Gold		GOLD	All Gold	All Gold	All Gold	All Gold	All Gold	All Gold	
N/A	N/A	N/A	N/A	N/A	N/A		SILVER	N/A	N/A	N/A	N/A	N/A	N/A	