

# STUTTGART HIGH SCHOOL

## STUDENT ATHLETIC/EXTRA-CURRICULAR POLICIES HANDBOOK



## Home of the Panthers

*Stuttgart High School's colors are Black and Gold!*

Dear Parents and Students,

Sports and other organized activities help students develop self-esteem, self-confidence, cooperation, and leadership skills. At Stuttgart High School, we are pleased to offer a wide variety of activities in support of these goals. We also strive to develop strong character traits to include fairness, trustworthiness, responsibility, and respect.

In order to be eligible to participate in sports and other extra-curricular activities, students must maintain eligibility in the following three areas:

- Academics
- Behavior
- Practice and Participation Time

Students must maintain grades according to regulation and show respect for fellow students and faculty members at all times. The ultimate objective for each student representing Stuttgart High School will be to display appropriate behavior and good sportsmanship in all events, contests, and practice sessions in accordance with local, DoDDS, and National Federation policies.

An athletic and extracurricular code has been established for the members of all athletic teams, organizations, and clubs at Stuttgart High School. This code will be explained to every candidate, and his/her parent(s) will be required to sign a verification statement. In addition, students and parents must sign the DoDDS Europe Student Behavior Expectations memorandum. Anyone having any questions concerning athletics and extracurricular at our school, should contact the Athletic Director or Principal prior to signing these important documents.



George Roos

Athletic Director

## **ATHLETIC & EXTRACURRICULAR ACTIVITY CODE**

Staff, administration, and parent representatives established the Stuttgart High School Athletic and Extracurricular Code. It consists of rules all participants in interscholastic athletics and extracurricular activities are expected to adhere to during the season and/or school year. The season begins with the first day of practice or first meeting and ends with the sports banquet or final meeting. Each coach or sponsor may establish additional requirements for group membership.

**(1) AGE:** To be eligible to participate in Stuttgart High School athletics, a student must not have reached or passed his/her 19th birthday as of September 1 of the current school year. Students beyond the eighth semester of high school are ineligible to participate in interscholastic athletics.

**(2) PHYSICAL EXAMINATION:** Athletes must submit a completed Physical Examination, Parent Consent for Interscholastic Sports, and Power of Attorney for the current year **prior to the first practice**. Students may not attend practice until the physical is complete. A physical is valid for one school year. Whenever possible, exams should be scheduled during the summer for returning athletes. It is the athlete's responsibility to plan ahead for this requirement.

**(3) ACADEMIC ELIGIBILITY:** Eligibility to participate in interscholastic and extracurricular activities requires a minimum GPA of 2.0 and no more than one failing grade. Semester 2 grades from the previous school year are used to ensure that all students meet the GPA standard for fall sports. Quarter 1 grades determine eligibility for winter sports and Semester 2 grades will be used for spring sports.

All student participants will be monitored for D's and F's on a weekly basis throughout the semester. Students who earn more than one failing grade are ineligible for competition or participation. A student participant who has been ineligible for three consecutive weeks may be dropped from the team.

Students not meeting the GPA requirement may request reinstatement of eligibility after three weeks of ineligibility. This request must be supported by demonstrated academic achievement meeting the basic GPA eligibility requirement and no more than one failing grade.

**(4) FALSIFYING OFFICIAL FORMS:** Falsifying official forms required for participation will result in dismissal from the athletic team for the season.

**(5) USE OF ALCOHOL, TOBACCO, DRUGS:** The student/athlete will neither use nor possess alcohol, tobacco, or non-prescribed drugs. Violations will result in removal for at least one contest and could result in the removal for the season.

**(6) INJURY:** If a student is injured in a game or practice where medical attention is required – medical personnel must give written notice that the student can participate. This is not up to discretion of parents or coaches. Athletes who are physically absent from practice for medical reasons for a period of seven calendar days must be cleared by a physician and are required to

have an additional 5 days of practice prior to competing in any contest. If the athlete physically absent more than 14 calendar days of practice, the athlete must have a minimum of 10 days of team practice prior to returning to competition. Concussions require return to play protocols and a letter from a doctor is required with the exact date the athlete may return to practice and competition.

**(7) INDIVIDUAL COACHES'/SPONSORS' RULES:** Students must meet the requirements and expectations of the coaches or sponsors during the season. **Practices and games/matches or events are mandatory:** If an athlete cannot attend practice, game/match or event, they are letting down the team and may need to consider an individual activity.

1. Every athlete is expected to be on time and in the proper uniform when practice *starts*. Tardiness will not be tolerated.
2. Individual team coaches may deal with tardiness in the following manner (this list is not all inclusive):
  - a. Deny the athlete a Varsity letter.
  - b. Not allow the athlete to dress or compete in the next event.
  - c. Move the athlete to a J.V. team.
  - d. Removal from the team.
3. Absences from practice, games/matches or events will be excused for:
  - a. Emergency or Block Leave must be verified by parent or guardian.
  - b. School work, babysitting, or haircuts are not considered excused absences.
  - c. Practices, games/matches or events missed due to an athlete serving a detention or suspension, will be counted as an **unexcused absence**.
  - d. Medical and Dental appointments must be verified by parent or guardian or preferable a note from the doctor's office.
  - e. SHS sponsored activities, (Student Council, JROTC, NHS, etc) may be excused only if the coach is notified in advance by the athlete when they will miss or be late to practice. The athlete must bring a pass from the activity sponsor.
  - f. In the event of unexcused absences, the following actions will be taken:
    - i. 1<sup>st</sup> infraction---notify parent/guardian.
    - ii. 2<sup>nd</sup> infraction---notify the Athletic Director and the parent/guardian and unable to compete in the next game/match will result in the forfeiture of a Varsity Letter.
    - iii. 3<sup>rd</sup> infraction---removal from the team.
4. Behavior: There is a very good chance that the only knowledge some community members will have of our school is by coming out to watch our athletic teams compete. To these people, the athletes *are* Stuttgart High School. That is why it is important for all sports participants to realize that they represent our school and community and that their behavior both on and off the field/court will be used to judge our school and community. With this in mind, the following standards of behavior are to be displayed at all times:

- a. Athletes must demonstrate satisfactory citizenship in all classes.
- b. Athletes are expected to display only commonly accepted social behavior at all times. The phrases “Please” and “Thank You” are timeless and do much to build and maintain a positive reputation for our school and the Stuttgart community.
- c. In the classroom, hallways, cafeteria, school grounds, and in German-American communities, all athletes are expected to set an example that reflects credit on their country, their school, their parents, and most importantly themselves.
- d. Disrespect for other players, coaches or referees will not be tolerated and may be grounds for immediate dismissal from the team.
- e. Inappropriate language, (cursing, racial slurs, ethnic slurs, etc.) will not be tolerated.
- f. Stealing, cheating on exams, falsifying grades, vandalism and other criminal behavior will be grounds for immediate dismissal from the team.
- g. On overnight trips, breaking curfew will be grounds for immediate dismissal from the team.
- h. Players removed from a competition by officials for inappropriate behavior will be counseled and may be grounds for dismissal from the team.
- i. Fighting is grounds for automatic removal from the team.

**(8) DROPPING AND TRANSFERRING SPORTS:** Athletes may not change team membership following the opening contest of each sports season. A student does not have to participate in a contest for this to be in effect, only be listed as a member on the team roster.

**(9) SCHOOL ATTENDANCE AND PARTICIPATION:** Students may not participate in an athletic contest or extra-curricular event if they are absent from school on the day of that activity due to illness. If a student is absent from school or practice on Friday due to illness, he/she may not play on Friday, but could play on Saturday with a doctor’s clearance.

Students must attend school the full day prior to (or the day of) any scheduled contest or event in which he/she is to participate. The only exception to this policy is a scheduled medical appointment, which may not exceed three hours of absence from school. Approval for the student to participate in the scheduled event will be determined by the administrator.

Students are expected to be in class the day following a contest or on Mondays following away events. Students with numerous absences may be dropped from a team or activity. In this case, the student, sponsor or coach, administrator, and the student’s parents will meet to review the matter.

**(10) SUSPENSION:** A student who is suspended from school is ineligible for one week from the date of the suspension commencing on the date the suspension begins. This includes in- house and overnight suspension.

**(11) UNIFORMS AND EQUIPMENT:** All uniforms and equipment must be returned at the end of the season or departure from the team. No athlete will be eligible for another sport if they have not cleared a previous sport.

**(12) CONDUCT:** Students who have serious misconduct problems or display a tendency towards criminal behavior does not meet our standards of conduct and therefore will not represent our school and community. Serious criminal activity occurring outside of school will affect participation in the athletic program.

**(13) TRAVEL:** All students must travel to and from all out of town events in transportation provided by the school unless prior written permission has been granted by the coach/sponsor and parent.

**(14) RELEASE FROM CLASS:** It is the responsibility of all students to see their teacher the day before the classes they will miss because of an athletic contest or away event. All work will be made up promptly. All students are required to travel with schoolwork of some kind.

**(15) PARTICIPATION ON Non-DoDDS TEAMS:** Students participating on Non-DoDDS teams and Stuttgart High School teams must participate in all DoDDS practices and scheduled games to maintain eligibility for a Stuttgart High School team.

**(16) VACATION POLICY:** Taking vacations or attending non-DoDDS sponsored activities during a sport season are discouraged. Parents/athletes wishing to do so should reassess their commitment to being a team member. In the event an absence due to a vacation/trip is unavoidable, an athlete must contact the head coach no later than two weeks before the scheduled trip and be willing to assume the consequences related to his/her team status and lettering. Multiple absences from contests or practice could result in removal for the season.

**(17) FINANCIAL OBLIGATIONS:** Students are financially responsible for all equipment issued to them. All equipment is to be returned within five days of the last contest or meeting, clean and in good condition. School furnished equipment/uniforms are to be worn only for contests and practice. All equipment not returned in good condition at the end of the season will be subject to a financial penalty. Athletic letters will not be awarded until the issued uniform is cleaned and returned to the respective coach.

**(18) LETTERING:** An athlete must complete the season in good standing and have met all requirements set forth by the coach at the beginning of the season. A season begins with the first practice and ends at the awards ceremony. Coaches will set lettering criteria after approval from the principal.

**(19) CODE OF ETHICS:** All students shall abide by a code of ethics. Any conduct that results in dishonor to the student, team, or school will not be tolerated. Acts of unacceptable conduct, such as, but not limited to theft, vandalism, disrespect, and/or violations of the law, tarnish the reputation of everyone associated with the athletic and extracurricular programs and

will result in immediate dismissal from the team and/or suspension from school. Negative behavior reports may be grounds for suspension from practice and/or competition.

**(20) HAZING:** Students engaged in hazing of any kind face suspension from school and the team or club. Students at Stuttgart High School do not need to take part in any kind of hazing activity to be accepted into the team. Hazing can be described as “any activity expected of someone that humiliates, degrades, abuses, or endangers, regardless of the person’s willingness to participate.” *Alfred University*

**(21) DUE PROCESS FOR STUDENTS:** A student who wishes to have the Athletic/Extra-Curricular Council review an action taken against him/her by the coach or sponsor may request a review of the actions when extenuating circumstances appear to have occurred. The student must submit the request, in writing, to the Athletic Director within 24 hours of the action. The council will usually be comprised of the following individuals: Athletic Director, Assistant Principal, Additional Coach or Sponsor, Faculty Representatives, and Parent Representatives. *The council will make its recommendation to the Principal, whose decision is final.*

**(22) PARENTAL ACKNOWLEDGMENT OF ATHLETIC AND EXTRA-CURRICULAR POLICIES:** Each parent or guardian shall read these policies and verify they are knowledgeable of the athletic eligibility rules and extra-curricular policies of Stuttgart High School. The signed document will be kept on file. Parents are expected to adhere to appropriate spectator behavior to include no harassment of officials, coaches, or players. Any parent who has a concern during a competition should bring it to the attention of an administrator or athletic director.

**(23) INSURANCE:** Students who are not I.D. card holders must show proof of private insurance. Medical care resulting from student’s participation in any aspect of interscholastic or extracurricular activities is the sole responsibility of the parents.

**(24) ILLEGAL ACTIVITIES WHILE AWAY:** Should a student be involved in an illegal activity while traveling to or from a DoDDS sponsored event which results in arrest or detainment by police authorities, parents will be required to travel to the site to assume responsibility for the student. Should this situation arise, procedures will be coordinated with parents, administration, command, and police officials. At no time will a team be delayed at a site to accommodate a student who has been apprehended by police authorities for a violation of law or military regulation. Students involved in gross violation of school and team rules could also be sent home at the expense of the student. These violations include: fighting, possession of alcohol or tobacco, vandalism, theft, and failure to follow requests by the sponsors or chaperones.

**(25) NATIONAL FEDERATION RULES:** National Federation Rules govern all athletic play. All participants at an athletic event are expected to fully adhere to these expectations. Sanctions by the coach will result for violations.

**(26) DoDDS REGULATIONS:** DoDDS Manual 2740.3 (Athletic Policies and Guidelines, available at: [www.dodea.edu](http://www.dodea.edu)) will govern all interscholastic competition and participation. SHS policies complement or extend these requirements.

**(27) TRAVEL:** Each coach or sponsor will provide a trip itinerary that includes locations, times, and contact phone numbers to students prior to travel. Items needed for travel to include food, money or foreign currency, and any special equipment will be part of the travel packet.

**(28) SOCIAL MEDIA GUIDELINES:** Doing any of the following could jeopardize your privilege of participating in high school sports. Student athletes should avoid the following on social media.

1. Derogatory language or remarks about teammates or coaches; other Stuttgart student athletes, teachers, or coaches; student-athletes, coaches, athletics administrators or representatives of other Schools.
2. Demeaning statements about or threats to any third party.
3. Incriminating photos or statements depicting violence; bullying; hazing; sexual harassment; vandalism, stalking; underage drinking; selling, possessing, or using controlled substances; or any other inappropriate behaviors.
4. Creating a serious danger to the safety of another person or making a credible threat of serious physical or emotional injury to another person.
5. Indicating knowledge of an unreported felony theft or felony criminal damage to property.
6. Indicating knowledge of an unreported school or team violation—regardless if the violation was unintentional or intentional.



# Stuttgart High School

## **ATHLETIC FORMS**

NAME \_\_\_\_\_

### FALL

\_\_\_ Cheer  
\_\_\_ Cross Country - Boys  
\_\_\_ Cross Country - Girls  
\_\_\_ Football  
\_\_\_ Golf  
\_\_\_ Swim  
\_\_\_ Tennis  
\_\_\_ Volleyball

### WINTER

\_\_\_ Basketball - Boys  
\_\_\_ Basketball - Girls  
\_\_\_ Cheer  
\_\_\_ Marksmanship  
\_\_\_ Swim  
\_\_\_ Wrestling

### SPRING

\_\_\_ Baseball  
\_\_\_ Drill Team  
\_\_\_ Soccer - Boys  
\_\_\_ Soccer - Girls  
\_\_\_ Softball  
\_\_\_ Track & Field



## **Stuttgart HIGH SCHOOL PARTICIPATION STATEMENT**

I have read and agree to abide by the policies set forth in the Stuttgart High School Athletic/Extra-curricular Activity Policies Handbook. (The handbook is available on the Stuttgart High School website, athletics page.) I am aware that any violation of these policies may result in disciplinary action up to the point of expulsion from all extra-curricular activities and sports. In this case, I will not earn a letter.

I understand that it is a privilege to ride the activity bus to and from practice. I know I must follow all school and bus rules while I ride the bus. I understand that there may not always be a coach or sponsor on the activity bus because of his/her obligation to transport equipment and provide transportation in the case of emergency.

Furthermore, I will treat my peers with respect at all times. I understand that hazing of any kind and physical or verbal harassment is not condoned nor accepted at Stuttgart High School. If I participate in any negative behavior, I will be dismissed from the team or activity and lose my right to earn a letter or certificate of participation. Depending on the severity of the actions, further school disciplinary action could result. It is my responsibility to help create the most positive environment possible for my fellow students.

This application to participate in athletics and extra-curricular activities is voluntary on my part. It is made with the understanding that I have never received any money or any gifts for participation in athletic or extra-curricular events, other than medals, ribbons, letters, trophies and memorabilia which are usually given. I have never competed nor participated under an assumed name.

As a member of a Stuttgart High School athletic team or club, I will attend all required practices and scheduled events.

Lastly, as a member of a Stuttgart High School team or club, I will always represent my family, Stuttgart High School, our community, and myself in a positive manner. I will always remember the words of Mr. Alan Parkinson, "If you think it is wrong, it probably is, so don't do it."

\_\_\_\_\_  
Date

\_\_\_\_\_  
Applicant's Signature

\_\_\_\_\_  
Sport

\_\_\_\_\_  
Printed Name

### **PARENT OR GUARDIAN APPROVAL**

I hereby give my consent for the aforementioned student to engage in intramurals, extra-curricular activities, and interscholastic athletics, and to travel as a team member to all away scheduled competitions and events.

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Parent or Guardian

# **STUDENT BEHAVIOR EXPECTATIONS**

## **DoDDS-EUROPE Student Activities**

**STUTTGART HIGH SCHOOL ACTIVITY**\_\_\_\_\_

**STUDENT NAME**\_\_\_\_\_

These expectations are based upon DoDEA Regulation 2051.1 (August 16, 1996) and are designed to make student participation in DoDDS-Europe student activities positive. Students are expected to comply with these expectations from the time of departure to the time of return from the activity.

1. Students are expected to observe all activity rules and guidelines to include those of the activity facility (i.e. hotel/conference hall rules).
2. Students are not to move facility furniture unless authorized to do so by the activity sponsors.
3. Students are expected to participate in all planned activities, reporting promptly to meals, sessions and programs, tours etc.
4. Students must observe curfew regulations as they pertain to "in the room" and "lights out."
5. Electronic music devices are not allowed "on" during instruction or after "lights out".
6. Students will turn cell phones off during activity instruction and presentations.
7. Students will be responsible for his/her personal belongings and equipment at all times.
8. Students shall not possess, use, or consume mind-altering substances to include alcoholic beverages, intoxicants, mind-altering inhalants, and controlled substances as defined by the United States Code. A substance legal in host nations but controlled in the United States is prohibited (DoDEA Discipline Regulation 2051.1).
9. Students who bring, buy, or have weapons or weapon replicas either in their possession or amongst their personal property during a DoDDS-Europe sponsored student activity are in violation of DoDEA Regulations regarding "Zero Tolerance for Weapons." Such items are not allowed at any time during a student activity and will be confiscated. The incident will be reported to the respective school official(s) for disciplinary action and the offense will be treated as a serious infraction.
10. Students will dress properly for the activity. Dress should always be proper and in good taste.
11. Students will respect that girls and boys rooms are "off limits" to members of the opposite sex.
12. Students will ensure that supervisors/chaperones approve of and know of their whereabouts at all times. This is paramount for safety and security.
13. Students are expected to exhibit mature student decorum throughout the activity. Students are expected to be kind, courteous, and respectful. The words "please" and "thank you" are important and do much to build and maintain a positive reputation of our students with activity staffs and host nation citizens.
14. Students are expected to satisfactorily complete all required school assignments either prior to or immediately following the activity. This would include but not be limited to daily class assignments, projects, examinations, and system-wide tests.

Minor rules infractions will result in restrictions and obligations being placed on the student (i.e. loss of privileges, cleaning tables, etc.).

Serious infractions of any of the above items, as well as those discussed at the activity by the sponsors/chaperones will result in student removal from the seminar. Except for attending meals, the student(s) will be restricted from the activity. The parents and the principal will be immediately notified. The student will be sent home at the earliest possible moment. Since the cost of return travel is not authorized under such circumstances, parents will be responsible for the cost of return travel of students removed from the activity.

**We have read these rules, understand them, and agree to comply with their intent.**

**Student Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

**Parent Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

# DoDEA-Europe

## Parent Code of Conduct Contract

*As developed by Christopher Stankovich, Ph.D.*

When kids are surveyed about the reasons why they play sports, the #1 response kids consistently report is to have fun. In addition to the fun kids experience while playing sports, additional benefits from sport participation include physical, cognitive, and emotional growth and development. Unfortunately, all these great things do not happen automatically, but instead occur as a direct result of your positive efforts as a parent. It is in this spirit that we have created the following Parent Code of Conduct Contract to remind parents of a few important tips designed to help your child maximize his or her athletic experience.

### ***As a parent, it is important that you:***

**Respect the game, including your child, his or her teammates, and opponents.** This means ensuring that your child attends and comes prepared for all practices and games, and treats both teammates and opponents with dignity and respect. Good sportsmanship means playing fair and safe, controlling negative emotions, and keeping the spirit of competition a healthy endeavor.

**Respect the officials.** Remember, officials, (a.k.a. referees), are an important part of sports and add to the overall experience for your child. It is important that you distinguish between bad calls (human error) and wrong calls (when an official doesn't know the rule). In either case, it is important that you respect all officials and develop tolerance skills for when bad calls are made (which will happen – officials are human and like all of us, will occasionally make a mistake!).

**Refrain from coarse and threatening language, as well as all forms of physical aggression.** There is never a place in youth sports to use vulgarities, threaten, intimidate, or use physical aggression.

**Let the coaches coach.** While it may be easy to second-guess your child's coach from the sidelines, most parents forget or overlook how challenging it is for coaches to both win games and at the same time make sure that all of the players have an opportunity to develop. The job of being a coach is an incredibly challenging task, so be sure to support your child's coach as much as possible.

**Watch for the safety of all players at all times, including physical and emotional dangers.** Be sure to pay attention to injuries, including concussions, and respond to them in a timely manner. Additionally, pay attention to signs of sport burnout and be sure to respond to your child if he or she needs help.

**Cheer whenever possible, and stay away from booing and other negative fan behavior.** High school sports provide a great opportunity for positive fan support, including cheering. Booing and other negative gestures and language from the sidelines are never appropriate, so be sure to stay focused on positively supporting your child's team at all times.

As the parent(s) or guardian(s) of \_\_\_\_\_, I agree to follow the above listed principles  
Print name of child – Please print legibly

and understand that by signing this document, if behaving inappropriately, I may be asked to leave the game site.

NAME \_\_\_\_\_ / \_\_\_\_\_ DATE \_\_\_\_\_

SIGNATURE(S) \_\_\_\_\_ / \_\_\_\_\_

DODDS-EUROPE  
ACKNOWLEDGEMENT OF INHERENT RISK OF INJURY

I give permission for \_\_\_\_\_ (name of child/ward) to participate in any of the following sports that are not crossed out: baseball, basketball, cheer, cross country, football, golf, marksmanship, soccer, softball, tennis, track, volleyball, wrestling.

I am aware that with the participation in high school sports comes the risk of injury to my child/ward. I understand that the degree of danger and the seriousness of the risk vary significantly from one sport to another with contact/collision sports carrying the higher risk. I also understand that it is not possible to specifically list each and every individual risk, but that most activities may involve risks associated with strenuous exercise, as well as risks from the use of equipment or participation in group activities.

I acknowledge that we will either ask for or have been given any information that we need to determine the general risks associated with the activities in which my son/daughter will participate.

Name of Sponsor: (Print Name)\_\_\_\_\_

Signature of Sponsor: \_\_\_\_\_ Date:\_\_\_\_\_

## DoDEA-Europe Drug & Alcohol Policy – Revised - September 2015

All participants to include athletes, managers, coaches, parents and any other person involved in the athletic program are expected to adhere to the highest principles of conduct and sportsmanship at all times. All participants and their parents are required to sign the Code of Conduct/Contract. The policy goes into effect on the first official practice/tryout day with the coach.

### 1. Illegal/Controlled Substances/Alcohol/Tobacco/Other Drugs:

All participants in the DoDEA-E IAP will adhere to DoDEA and DoDEA-E regulations concerning unlawful possession, use, or distribution of illegal/controlled and mind altering substances. (See DoDEA Regulation 2051.1)

- a) This policy refers to the use, consumption, sale, distribution, transfer, promotion, and/or possession of tobacco/nicotine, alcohol or other drugs, drug paraphernalia (equipment or apparatus designed for, or used for the purpose of measuring, packaging, distributing or facilitating the use of drugs) such as items used to consume tobacco, alcohol or other drugs, or tobacco, alcohol or drug use promotion or marketing.

<b>Tobacco/Nicotine Products</b>		
Tobacco products in any form (for smoking, chewing, E-cigarettes, vaporizers etc.)		
	<b>During School Time/Events</b>	<b>Outside of School</b>
<b>First Offense</b>	<ul style="list-style-type: none"> <li>• <b>School Consequence: Level 1</b></li> <li>• <b>Attend 1 ASACS session</b></li> <li>• <b>1 game suspension from the next DoDDS-E regularly scheduled game</b></li> </ul>	<ul style="list-style-type: none"> <li>• <b>ASACS Counseling – 1 session</b></li> <li>• <b>1 game suspension*</b></li> </ul>
<b>Second Offense</b>	<ul style="list-style-type: none"> <li>• <b>School Consequences: Level 2</b></li> <li>• <b>Removal from team for remainder of the season</b></li> </ul>	<ul style="list-style-type: none"> <li>• <b>Removal from the team for the remainder of the season</b></li> </ul>
<b>Third Offense:</b>	<ul style="list-style-type: none"> <li>• <b>School Consequences: Level 3</b></li> <li>• <b>No athletic participation for remainder of the school year</b></li> </ul>	<ul style="list-style-type: none"> <li>• <b>No athletic participation for remainder of the school year</b></li> </ul>
<b>Alcohol and Other Drugs</b>		
<b>Alcohol (any alcohol related product, such as beer, wine, distilled spirits, malt beverages, etc.)</b> Alcohol may also include mis-use of medicinal products such as mouthwash and cold medicine, which contain alcohol. <b>Other Drugs:</b> refers to any mind-altering substance, legal or illegal. The only acceptable drugs are those medications prescribed by a board certified doctor or nurse practitioner to an individual, or over-the-counter medication given to a school nurse or other designated staff by a parent or legal guardian; that are registered with the school nurse or other designated staff; that are dispensed by or under the supervision of a parent, legal guardian, or the school nurse or other designated staff; and that are taken as prescribed or directed. To include any legally prescribed medications and/or drug that is used by a non-prescribed user.		
<b>Infraction</b>	<b>During School Time/Events</b>	<b>Outside of School</b>
<b>First Offense:</b>	<ul style="list-style-type: none"> <li>• <b>School Consequence: Level 1</b></li> <li>• <b>Suspension from school</b></li> <li>• <b>Removal from the team for the remainder of the season. Parents are liable for return travel if infraction occurs during at away competition</b></li> </ul>	<ul style="list-style-type: none"> <li>• <b>1 game suspension*</b></li> <li>• <b>ASACS Counseling – 1 session</b></li> </ul>
<b>Second Offense</b>	<b>School Consequence: Level 2</b> <b>Removal from team for the current season and the next sports season; Parents are liable for return travel if infraction occurs during an away competition</b>	<b>Removal from team for the current season and next sports season</b>
<b>Third Offense</b>	<b>School Consequence: Level 3</b> <b>Removal from the team and no athletic participation for 1 calendar year starting at the end of the current season (three consecutive sport seasons)</b>	<b>No athletic participation for the current season and removal from sports for 1 calendar year (three consecutive sport seasons)</b>
<b>Drug and Controlled Substances:</b>		
Includes any of the following: A controlled substance identified in Schedules I, II, III, IV or V of the Controlled Substance Act, 21 U.S.C. § 812 (c); but does not include such a substance that is legally possessed or used under the supervision of a licensed professional or that is legally		

possessed or used under any other authority under the Controlled Substances Act or under any other provision such as school medication policy, in school buildings, on school property and grounds, in school sponsored vehicles or at school-sponsored events at other sites.

It does mean controlled substances including, but not limited to, cannabis (marijuana), synthetic forms of other narcotic herbals (spice); hallucinogens (LSD, psilocybin mushrooms); stimulants (cocaine, amphetamines such as “speed” or Ritalin); depressants (barbiturates, “Quaaludes”); narcotics (opium, heroin); inhalants (nitrous oxide, medical products, or other fume-producing substances); anabolic steroids and counterfeit (look-alike) controlled substances.

Prescription medication or over-the-counter (OTC) medications, herbal or homeopathic medications for personal use shall be allowed only as per DoDEA medication policy, under the supervision of school personnel, with written orders from a physician. Federal, state and local laws shall apply to students and employees alike.

**DRUG PARAPHERNALIA:** Means equipment or apparatus designed for, or used for the purpose of measuring, packaging, distributing or facilitating the use of drugs.

**SUBSTANCE ABUSE:** Means the use of any substance that alters a person’s ability to perform physically, intellectually, emotionally or socially.

Infraction	During School Time/Events	Outside of School
First Offense	School Consequences: Level 1 No athletic participation for remainder of the school year.	No athletic participation for remainder of the school year.
Second Offense:	School Consequence: Level 2 No athletic participation for remainder of high school years.	No athletic participation for remainder of high school years.
All infractions occurring during the post-season championships, at the minimum, will result in immediate removal from the team, loss of athletic letter and suspension from athletic participation for the next season which will carry over to the next school year, if the infraction occurred at the end of the SY. If this is a second offense occurring during the school year, the athlete will be removed from participation for the remainder of the SY. However, if there is a violation of controlled substances, the athlete will be immediately removed from the team, loss of athletic letter and removal from athletic participation for 1 calendar year (three seasons).		

- b) Championships: Any athlete in violation of the policy during (departure from school until the championships are over and the team has returned to school), the postseason championships will be immediately suspended from the championships, removed from the team, and will not be permitted to participate in the next season. Parents are responsible for providing transportation from the championships when their athlete violates this policy. Exception: Athletes using Illegal Drugs during the championships will be immediately suspended from the championships, removed from the team, and will not be permitted to participate for one calendar.

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I have read and agree to the DoDEA-E drug and alcohol policy and agree to abide by this policy.

Student Printed Name: \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_ Date: \_\_\_\_\_

Student-Athlete Signature \_\_\_\_\_ Date: \_\_\_\_\_



### DoDEA-Europe – Competition with Teams/Persons Older than 19 Years of Age

DoDEA-Europe continues to strive to increase the opportunities for students to participate in athletic competitions. From time to time, DoDEA-Europe schools are invited to compete against local national teams and base teams organized by the military. When a DoDEA-Europe school is scheduled to participate in competition with one of these groups the school administration will carefully review the type and nature of the competition to insure that the competition is appropriate and necessary before granting approval. Nevertheless, you should be aware that when a DoDEA-Europe school participates in athletic competition involving local nationals or military members, participants in the competition may include non-students who are above the age of 19.

This agreement acknowledges that you understand that when competing with local national teams and in base athletic competition there may be instances during which DoDEA-Europe students would be competing against athletes over the age of 19, and also are not members of a school entity. By signing this agreement, you recognize, understand, and acknowledge any and all additional risks associated with your child participating in a non-DoDEA-Europe activity that may include competitors over the age of 19. You agree not to hold DoDEA-Europe responsible for your child's participation in these athletic events and fully understand that you may at any time request that your child not compete in a non-DoDEA-Europe athletic activity by notifying the school at least one week prior to the event.

It is incumbent on the coach to provide notification of non DoDEA-Europe activities at the minimum of two week prior to the scheduled activity.

I agree to let my child participate in competitions as described above, and I understand that permitting my child to compete in the said activity that DoDEA-Europe will not be held liable. I also understand that at any time I may request that my child be withdrawn from the non-DoDEA-Europe activity.

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Student Name

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Student Signature

---

Sponsor Name

---

Sponsor Signature

---

Event / Sport

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School Year

# SUPPLEMENTAL MEDICAL INFORMATION

Submit signed original to Coach who will have this information available at all contests, when traveling, and practices in the event there is an injury.

**Please print legibly**

DATE\_\_\_\_\_

STUDENT NAME: (Last) (First) (MI)

STUDENT PASSPORT NUMBER/COUNTRY OF ORIGIN

PARENT/SPONSOR (Rank) (Last Name) (First)

ADDRESS(CMR/PSC)

LOCAL HOME ADDRESS (Civilian with local city code)

APO/FPO

\*HOME TEL. NO. (Include country and city prefixes)

MOBILE TEL. NO.

EMAIL CONTACT: \_\_\_\_\_

Additional Contact Name (other than your own)\_\_\_\_\_

Additional Contact Telephone (Include country and city prefixes)\_\_\_\_\_

Health Insurance Company

Policy # \_\_\_\_\_ Health Insurance Company Telephone # \_\_\_\_\_

Insurance Company Address \_\_\_\_\_

(Check One) Civilian Insurance Co.

Military Insurance

My dependent is allergic to:

\_\_\_\_\_

My dependent requires the following medication:

\_\_\_\_\_

Additional Comments:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

X  
PARENT/SPONSOR SIGNATURE

**CHILD, YOUTH, AND SCHOOL (CYS) SERVICES HEALTH ASSESSMENT/SPORTS PHYSICAL**  
(AE Reg 608-10-1)

**Data required by the Privacy Act of 1974**

**Authority:** 10 USC 3013 and EO 9397 (SSN).

**Purpose:** (1) Verify child health and status of immunizations for admission requirements; (2) Note special program considerations or restriction on child participation; (3) Execute emergency medical procedures for chronic illness or conditions; (4) Refer the child for enrollment in Exceptional Family Member Program; (5) Certify the child is physically fit to participate in sports.

**Routine uses:** In addition to those disclosures generally permitted under 5 USC 552a(b) of the Privacy Act, these records or information contained in them may specifically be disclosed outside DOD as a routine use pursuant to 5 USC 552a(b)(3) as follows: Information from this system may be disclosed to civilian health and welfare departments/agencies in emergency situations. The "Blanket Routine Uses" set forth at the beginning of the Army's compilation of systems of records notices also apply.

**Disclosure:** Voluntary, but if information is not provided, individuals may not be able to participate in CYS Services activities or services.

**Instructions:** For health assessments, complete parts A and C; for sports physicals, complete parts A, B, and C.

**Part A**

<b>Name of sponsor</b>	<b>Home telephone</b>	<b>Work telephone</b>
	<b>Cell phone</b>	
<b>Sponsor unit/work address</b>	<b>Sponsor SSN (last four digits)</b>	<b>Spouse's work telephone</b>

**Child Health Information**

<b>Name of child</b>	<b>Birthdate</b>	<b>Sex</b> <input type="checkbox"/> Male <input type="checkbox"/> Female
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**Does your child have ongoing medical concerns? (If yes, explain circumstances and current status.)**

☐ No ☐ Yes

**Is your child enrolled in the Exceptional Family Member Program? (If yes, explain.)**

☐ No ☐ Yes

**Medical History**

	Yes	No		Yes	No
1. ADD/ADHD	<input type="checkbox"/>	<input type="checkbox"/>	14. Head injury or loss of consciousness	<input type="checkbox"/>	<input type="checkbox"/>
2. Allergies to medicine, insect bites, or food	<input type="checkbox"/>	<input type="checkbox"/>	15. Heart or blood pressure problems	<input type="checkbox"/>	<input type="checkbox"/>
3. Any hospitalization or operation	<input type="checkbox"/>	<input type="checkbox"/>	16. Heat stroke or exhaustion	<input type="checkbox"/>	<input type="checkbox"/>
4. Asthma or difficulty breathing	<input type="checkbox"/>	<input type="checkbox"/>	17. Joint injuries (ankle/knee/wrist)	<input type="checkbox"/>	<input type="checkbox"/>
5. Behavioral problems	<input type="checkbox"/>	<input type="checkbox"/>	18. Learning problems	<input type="checkbox"/>	<input type="checkbox"/>
6. Broken bones or sprains	<input type="checkbox"/>	<input type="checkbox"/>	19. Neck or back injury	<input type="checkbox"/>	<input type="checkbox"/>
7. Cancer	<input type="checkbox"/>	<input type="checkbox"/>	20. Required restricted physical activity	<input type="checkbox"/>	<input type="checkbox"/>
8. Chest pain with exercise	<input type="checkbox"/>	<input type="checkbox"/>	21. Seizures or convulsions	<input type="checkbox"/>	<input type="checkbox"/>
9. Dental or orthodontic braces	<input type="checkbox"/>	<input type="checkbox"/>	22. Sleep problems	<input type="checkbox"/>	<input type="checkbox"/>
10. Diabetes	<input type="checkbox"/>	<input type="checkbox"/>	23. Speech or development delays	<input type="checkbox"/>	<input type="checkbox"/>
11. Dizziness or fainting with exercise	<input type="checkbox"/>	<input type="checkbox"/>	24. Vision problems (glasses/contacts)	<input type="checkbox"/>	<input type="checkbox"/>
12. Ear or hearing problems	<input type="checkbox"/>	<input type="checkbox"/>	25. Other problems (list below)	<input type="checkbox"/>	<input type="checkbox"/>
13. Headaches	<input type="checkbox"/>	<input type="checkbox"/>			

**If you answered yes to any of the above, please explain:**

**Ongoing medications**

Name	Dosage	Frequency

**Allergies - All types (food, medicines, insect bites)**

Type	Reaction	Type	Reaction

<b>Part B</b> <b>Medical Staff Assessment (Completed by licensed independent practitioner.)</b>				
<b>Age</b>		<b>Height</b>		<b>Weight</b>
Yrs	Mos	in/cm	%	lb/kg %
<b>BP</b>		<b>Visual acuity</b>		
P	/	Right	Left	Tested with/without glasses
		Normal	Abnormal	N/A
1. Eyes				
2. Ears, nose, and throat				
3. Hearing				
4. Mouth and teeth				
5. Neck (soft tissues)				
6. Cardiovascular				
7. Chest and lungs				
8. Abdomen				
9. Genitalia – hernia				
10. Skin and lymphatics				
11. Spine – scoliosis				
12. Extremities				
13. Neurological				
14. Wears braces/plates				
<b>Based on this examination, the following abnormalities were found and may need treatment:</b> <div style="height: 40px; border: 1px solid black;"></div>				
<b>Immunizations are current and up to date</b> <input type="checkbox"/> Yes <input type="checkbox"/> No				
<b>Participation recommended</b>				
<input type="checkbox"/> All sports <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Normal physical activity to including physical education <input type="checkbox"/> PA additional comments <input type="checkbox"/> Restrictions				
<b>Sports physical is valid for 1 year from date indicated below.</b>				
Part C				
<b>Special medical considerations:</b> Describe any special program needs, considerations, or restrictions the child requires to participate in CYS Services programs (to include sports). <div style="height: 40px; border: 1px solid black;"></div>				
<b>Child/youth is able to participate in normal CYS Services programs?</b> <input type="checkbox"/> Yes <input type="checkbox"/> No				
<b>Licensed healthcare professional stamp</b>		<b>Licensed healthcare professional signature</b>		<b>Date</b>
<b>Type or print name of parent or guardian</b>		<b>Signature of parent or guardian</b>		<b>Date</b>
Health Assessment Annual Recertification				
<b>Health status changed</b>		<b>Signature of parent or guardian</b>		<b>Date</b>
<input type="checkbox"/> Yes <input type="checkbox"/> No				
<b>Health status changed</b>		<b>Signature of parent or guardian</b>		<b>Date</b>
<input type="checkbox"/> Yes <input type="checkbox"/> No				