

2025-2026 Stuttgart Piranhas - High School Lettering Instructions

The Stuttgart Piranhas provide Stuttgart High School Student Athletes the opportunity to earn a High School Letter in Swimming during either the Fall or Winter High School Sports Season. High School Letters will be awarded based upon the requirements set forth by the Department of Defense Dependent Schools (DODDS) - Europe through the Memorandum of Understanding with the European Forces Swim League (EFSL), the Stuttgart High School Athletic Director, and ultimately, at the discretion of the Stuttgart Piranhas Head Coach. All Athletic Letters and Awards will be presented at the End of Season High School Awards Banquet held in early March 2026.

Declaration

Student Athletes earn a High School Letter in Swimming during either the Fall or Winter High School Sports Season. **Season of Lettering must be declared no later than FRIDAY, 29 August 2025** to the Stuttgart Piranhas Head Coach. Declarations will be confirmed via email TO: headcoach@stuttgartpiranhas.org and CC: highschool@stuttgartpiranhas.org

Lettering Guidelines

- Student Athletes are expected to maintain a commitment to the Stuttgart Piranhas throughout their committed competitive swim season
FALL SEASON: 9 September 2024 – 30 November 2025
WINTER SEASON: 1 December 2024- 20 February 2025 Swimmers are expected to maintain a positive attitude and foster a team environment through Divisional Championships and EFSL Individual Championships, if qualified. Coaches reserve the right to revoke a High School Letter in Swimming due to unsportsmanlike conduct at any EFSL event.
- **Student Athletes must make 4 swim practices and 1 dryland practice each week.** Mon and Wed PM sessions can count as one of your 4 as well as a weekend clinic day. **DRYLAND is your responsibility to keep track of and notify your Coach of completion. If you fail to do so the assumption will be that it is not done.** Exceptions will be considered on a case-by-case basis and must be approved by the Head or Lead Coach. Swim practice attendance will be kept throughout the swim season. Makeup practices may be offered throughout the swim season at the discretion of the Head or Lead Coach.
- **Qualify for either Long Distance or Short Distance Championships OR Earn 60 points as scored at EFSL sanctioned swim meets.**
- Student Athletes must attend a minimum of four (4) swim meets in their lettering season **for the WINTER SEASON- DIVISIONALS is a MANDORTY MEET** and it counts as one of the 4 required. Captains may have additional meet attendance requirements. *Please refer to the Captain Guidelines for more information.*
- Student Athletes may only earn a High School Letter in Swimming once per school year.

- Student Athletes may only earn a High School Letter in one DODDS-Europe sport at a time. For example, student athletes competing in a DODDS-Europe Fall Season Sport, such as football or cross country, may only earn a High School Letter for Swimming in the Winter Season. And a student athlete competing in a DODDS-Europe Winter Season Sport, such as wrestling or basketball, may only earn a High School Letter for Swimming in the Fall Season.
- Student Athletes competing in another DODDS-Europe Sport must not miss any required practice or game for their “in season” sport for any swim practice or meet.
- During the declared lettering season, academic eligibility will be maintained on a weekly basis by the Stuttgart High School Athletic Director. Any student ineligible to compete will be informed by the High School Liaison. Academic Requirements are set forth in the [DODDS-Europe Athletic Manual](#) and [Stuttgart High School Athletic Packet](#). Continued academic ineligibility for 3 “strikes” is considered an automatic disqualification from lettering.

Varsity Lettering Requirements

- Meet the DODDS-Europe academic and athletic eligibility standards and school regulations
- Adhere to the Stuttgart Piranhas Code of Conduct
- Be enrolled in grade 9-12 on the first day of the season
- Compete in a minimum of four (4) swim meets during declared lettering season for WINTER SEASON- DIVISIONALS is a MANDORTY MEET and it counts as one of the 4 required
- Qualify for either Long Distance or Short Distance Championships OR Earn 60 points as scored at EFSL sanctioned swim meets.
- Student Athlete must earn an average of (S)atisfactory Sportsmanship for all practice sessions and swim meets (*See Table 1*)

Table 1: Sportsmanship guidelines for varsity requirements.

| SPORTSMANSHIP | |
|---|---|
| Satisfactory: (S) the average of attitude and sportsmanship evaluation at practice and meets for the lettering period | Unsatisfactory: (U) the average of attitude and sportsmanship evaluation at practice and meets for the lettering period |
| Arriving to the pool deck on time | Arriving on deck (>5-min) late |
| Getting into the pool, ready to swim by the time practice begins | Being asked to get into the pool after practice has begun |
| Having all equipment: suit, paddles, goggles, pull buoy | Repeatedly forgetting swim equipment |
| Listening to the coach's instruction and performing the appropriate set | Complaining or talking back to the coach about a set |
| Completing the entire set without taking a "Bathroom Break" | Getting out of the pool mid-set to "rest" |
| Performance of "dryland" with the team | Not doing dryland activities with the team |

Required Forms and Documents

- **Stuttgart High School Students**
 - CYS Physical Form completed and a copy on file with the School Nurse before 05 September 2025.
 - Stuttgart High School Athletic Packet [Stuttgart High School Athletic Packet](#) completed and on file with the high school liaison by 05 September 2025.
- **HomeSchool Students**
 - Home school students who are also enrolled at Stuttgart High School must complete a [Non-SHS Participation Agreement](#) in addition to the above forms. The Participation Agreement may also be emailed to highschool@stuttgatpiranhas.org or brought to the team meeting.
- **International School Students and German School Students**
 - There is not a formal lettering agreement for students from these schools. A certificate of participation is available at the conclusion of the season.