

## Club captains: Jasmyn Hayes and Leon Campbell



Jasmyn and Leon: Congratulations on your Club Captaincy this year. What an honour and it is something you must be very proud of.

### ***What does being a Club Captain mean to each of you?***

**Jasmyn:** It means I have the privilege to represent my teammates and steer us towards achieving our best in this sport.

**Leon:** The position of captain implies that I have earned the respect and trust of my teammates to lead them in the right direction. However, this comes with great responsibility to do the right thing and assist wherever I am needed.

### ***Can you tell us what your role involves?***

**Jasmyn:** My role involves representing the Trojan swimmers and supporting the club by being a role model for younger swimmers.

**Leon:** The Club Captain serves as the primary point of contact between the swimmers and the coaching staff or committees. A Club Captain can communicate the athlete's point of view in a variety of situations and act as a representative for all swimmers.

### ***What advice would you give to young swimmers starting their journey with Trojan?***

**Jasmyn:** Learn to love the sport and learn from all your failures, this will make your goals and achievements come quicker.

**Leon:** Have fun, and don't worry about people being faster than you; if you work hard and train smartly, you will be able to achieve your goals.

***What do you enjoy most about being a Trojan swimmer?***

**Jasmyn:** I enjoy the hard work I put in that gives me great satisfaction with my results. This is done easily because I'm doing it with my friends.

**Leon:** The camaraderie and friendship among the swimmers and even the coaches makes training a little easier because of the craic.

**Wishing you both every success in your roles.**