



JULY 2024 PRACTICE SCHEDULE



Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
June 30	1 Gold: 6:00-7:30AM Gold: 6:50-8:50PM Silver: 6:50-8:20PM Bronze: 6:50-8:20PM	2 Gold: 6:00-7:30AM Gold: 7:30PM-9:00PM Silver: 6:50-8:20PM Bronze: 6:50-8:20PM Advanced: 6:50-7:50PM Beginner: 6:50-7:30PM	3 Gold: 6:00-7:30AM Gold: 6:50-8:50PM Silver: 6:50-8:20PM Bronze: 6:50-8:20PM	4 No AM or PM Practice	5 Gold: 6:00-7:30AM	July 6
7 No Practice	8 Gold: 6:00-7:30AM Gold: 6:50-8:50PM Silver: 6:50-8:20PM Bronze: 6:50-8:20PM	9 Gold: 6:00-7:30AM Gold: 7:30PM-9:00PM Silver: 6:50-8:20PM Bronze: 6:50-8:20PM Advanced: 6:50-7:50PM Beginner: 6:50-7:30PM	10 Gold: 6:00-7:30AM Gold: 6:50-8:50PM Silver: 6:50-8:20PM Bronze: 6:50-8:20PM	11 Gold: 6:00-7:30AM Gold: 7:30PM-9:00PM Silver: 6:50-8:20PM Bronze: 6:50-8:20PM Advanced: 6:50-7:50PM Beginner: 6:50-7:30PM	12 No AM or PM Practice MRC MEET	13 MRC MEET
14 MRC MEET	15 Gold: 6:00-7:30AM Gold: 6:50-8:50PM Silver: 6:50-8:20PM Bronze: 6:50-8:20PM	16 Gold: 6:00-7:30AM Gold: 7:30PM-9:00PM Silver: 6:50-8:20PM Bronze: 6:50-8:20PM Advanced: 6:50-7:50PM Beginner: 6:50-7:30PM	17 Gold: 6:00-7:30AM Gold: 6:50-8:50PM Silver: 6:50-8:20PM Bronze: 6:50-8:20PM	18 Gold: 6:00-7:30AM Gold: 7:30PM-9:00PM Silver: 6:50-8:20PM Bronze: 6:50-8:20PM Advanced: 6:50-7:50PM Beginner: 6:50-7:30PM SENIOR STATE Rochester, MN	19 Gold: 6:00-7:30AM SENIOR STATE Rochester, MN	20 SENIOR STATE Rochester, MN
21 SENIOR STATE Rochester, MN	22 Gold: 6:00-7:30AM Gold: 6:50-8:50PM Silver: 6:50-8:20PM Bronze: 6:50-8:20PM	23 Gold: 6:00-7:30AM Gold: 7:30PM-9:00PM Silver: 6:50-8:20PM Bronze: 6:50-8:20PM Advanced: 6:50-7:50PM Beginner: 6:50-7:30PM	24 Gold: 6:00-7:30AM Gold: 6:50-8:50PM Silver: 6:50-8:20PM Bronze: 6:50-8:20PM	25 Gold: 6:00-7:30AM Gold: 7:30PM-9:00PM Silver: 6:50-8:20PM Bronze: 6:50-8:20PM Advanced: 6:50-7:50PM Beginner: 6:50-7:30PM	26 Gold: 6:00-7:30AM	27 10 & U STATE Rochester, MN
28 10 & U STATE Rochester, MN	29 Gold: 6:00-7:30AM Gold: 6:50-8:50PM Silver: 6:50-8:20PM Bronze: 6:50-8:20PM	30 Gold: 6:00-7:30AM Gold: 7:30PM-9:00PM Silver: 6:50-8:20PM Bronze: 6:50-8:20PM Advanced: 6:50-7:50PM Beginner: 6:50-7:30PM	31 Gold: 6:00-7:30AM Gold: 6:50-8:50PM Silver: 6:50-8:20PM Bronze: 6:50-8:20PM	August 1 No AM or PM Practice 11-14 STATE	August 2 No AM or PM Practice 11-14 STATE	August 3 11-14 STATE
August 4	August 5	August 6	August 7	August 8	August 9	August 10 Campout Fergus Falls, MN