

Rose Bowl Aquatics Center

Competitive Teams

Locker Room Reminders

One of the many benefits of competing as a member of the RBAC competitive teams is the availability of locker rooms for use. With the number of athletes that come in or leave workouts at the same time, we need to be sure we have everyone following the rules and expectations of the locker rooms. This will help ensure that everyone can utilize the locker rooms safely and properly.

- The use of electronics is not allowed in the locker room (no phones, cameras, or any other electronics are allowed to be used within the locker room, for any amount of time)
- Please keep volume levels down. No yelling or horseplay allowed in the locker room or showers.
- Showers should be kept at a 3min limit. This helps in both water conservation and helps to maintain appropriate volume levels, as longer showers inevitably lead to louder locker rooms.
- Backpacks/Bags – Please be sure to keep your bags either in a locker, on top of the lockers, or out on the pool deck. It can become dangerous for other members when bags are left on the floor in the locker rooms and blocks use of the locker room for other members. Also please be aware that we cannot assume responsibility for any personal belongings.
- No changing allowed in the stalls. We only have a minimal number of stalls available and they need to be kept available for the appropriate use.
- In the end we ask that all members utilize the locker room in a respectful manner towards all members and staff.

Thank you all for helping us make the locker room the best environment that we can. We ask that you all work with us in this process. If you see anything of concern in the locker room at all, please be sure to bring it to the attention of either your coach, a lifeguard, or the front desk, and we will do everything we can to help the situation.