



Team Uniform & Equipment Requirements & Information

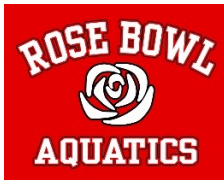
As a member of this TEAM, you are required to bring your own training equipment with you to practice on a daily basis, in addition to your suit, towel and goggles. The equipment needed varies, depending on your practice group. The chart on the back defines requirements.

All of the required *equipment* (NOT suits, parkas and jackets) is available for purchase in the RBAC Pro Shop. TEAM suits and jackets and parkas can ONLY be ordered and purchased from our TEAM vendor, Conejo SwimWorks, and delivered to your home. You can access their website at <http://www.conejowimworks.com/rose-bowl-aquatics-team-page/> or you can access it by going to the RBAC swim team website and clicking on TEAM Uniform Information.

Here are the **REQUIRED** items for most (see back to verify):

- (1) **Speedo TEAM suit** (for meets only). You may wear any suit for practice. For TEAM suits, boys may choose from brief or jammer styles. Girls have choices on strap design. Our TEAM suits are black with a TEAM logo. Please also refer to our TEAM technical swim suit policy.
- (2) **Kick board**- The Speedo Junior size kick board is used by all ages on our team up through the older kids. This size & design are best suited for training.
- (3) **Pull Buoy**- Please check chart for specification of Speedo Junior Size vs. Adult size requirement
- (4) **Speedo Fins**- These are sized by shoe size; Pro Shop staff can assist in sizing.
- (5) **Snorkel** - required for all groups. Check chart for required size.
- (6) **Strokemaker Paddles**- required for all groups. Please get the size designated for your group and age.
- (7) **Mesh Bag**: The best way to bring your gear is to pack it all in a mesh “net bag.” Swimmers can put these on the side of the pool by their training group and have ready access to fins, paddles, snorkel and pull buoy, when directed by coaches. These are meant to drain and get wet. RBAC ID cards needed for entry can be attached to net bags as well.
- (8) **TEAM t-shirts** in red, white AND black, For intrasquad meets, you get a choice of color but, for away meets, the Head Coach will dictate a color to be worn each day. This enhances our visibility and spirit as a TEAM. T-shirts must have the swim team logo, full front. Back can be any meet design.
- (9) **Speedo TEAM Jacket** -is only required for designated groups. It is optional for others.
- (10) **Speedo TEAM Parka**- is optional for all groups. There may be a few month lead time on these, so order early.

The suits and t-shirts are the only required clothing for all groups. However, all should feel free to buy the Speedo jacket, pants or parka. Conejo SwimWorks is periodically on deck for you to look at merchandise and get sizing advice.



Uniform Requirements

GROUP	TEAM T-Shirts	Speedo TEAM Suit	Speedo TEAM Jacket	Speedo TEAM Back Pack (Red)	Speedo Parka
Pre-Team	Red, ,Black OR White (1 color)	X			
Bronze	Red, ,Black & White (all 3)	X			
Silver	Red, ,Black & White (all 3)	X	X		
Gold	Red, ,Black & White (all 3)	X	X		
Junior	Red, ,Black & White (all 3)	X			
Pre-senior	Red, ,Black & White (all 3)	X			
Senior1	Red, ,Black & White (all 3)	X	X		
Senior2	Red, ,Black & White (all 3)	X	X	X	
National	Red, ,Black & White (all 3)	X	X	X	

Training Equipment Requirements

GROUP	Speedo Junior Kickboard	Speedo Pull Buoy	Speedo Fins	Speedo Bullet Head Snorkel	Strokemaker Paddles
Pre-Team	X	Junior	X		
Bronze	X	Junior	X	X	10&U- Blue/Purple Size 0 11/12- Blue/Purple Size 0 OR Red/Orange Size 0.5 13/14 Red/Orange 0.5 OR Yellow/Light Blue 1
Silver	X	Junior	X	X	
Gold	X	Junior	X	X	
Junior	X	Adult	X	X	Red/Orange 0.5 OR Yellow/ Light Blue 1
Pre=-senior	X	Adult	X	X	Red/Orange 0.5 OR Yellow/ Light Blue 1
Senior1	X	Adult	X	X	Red/Orange 0.5 OR Yellow/ Light Blue 1
Senior2	X	Adult	X	X	Red/Orange 0.5 OR Yellow/ Light Blue 1
National		Adult	X	X	Red/Orange 0.5 OR Yellow/ Light Blue 1

*Other equipment may be needed specific to groups. Please check with coaches.