

Women Short Course Meters Relay Records								
Relay	72 - 99	100 - 119	120 - 159	160 - 199	200 - 239	240 - 279	280 - 319	320 - 359
200 free					2:20.81 1. Carrie Smith 2. Valerie Knight-Williams 3. Carina Peritore 4. Sally Guthrie 10/5/25			
200 medley			2:26.57 1. Haley Hamza 2. Val Knight-Williams 3. Laura Gonzalez Ospina 4. Samantha Mockford 10/5/24	2:44.32 1. Kaylene King 2. Carrie Smith 3. Niki Woodard 4. Julie Saturnio 10/4/25				
400 free			5:14.84 1. Haley Hamza 2. Val Knight-Williams 3. Laura Gonzalez Ospina 4. Samantha Mockford 10/5/24					
400 medley								
800 free								