

2022 NCA WAG Max Meet information

Pool Location: Alga Norte Aquatic Center, 6565 Alicante Road, Carlsbad, CA 92009

Lanes for competition: 1-9 Competition Pool

Cool down 4 lanes in Instructional pool

The pool is open to the public during this meet.

Please enter through the South Gate for all involved in the swim meet. See map

ALL Team Tarp Set Up: See map. No Tarps in Bleachers. Keep on the Green Grass Area

Parents/Spectator-Enter through the front gate. A \$2 entrance fee will be processed by the City of Carlsbad.

Athletes/Officials/Coaches/Volunteers-Enter through the back gate. Look at the map for reference.

Snack Bar: Very limited - hospitality for coaches and officials.

Coaches Canopies: Canopies are allowed. Coaches bring your own chairs

Check In-Check in is required for the meet. No parents at check in, please.

- Friday check in opens at 3:45 pm for the mile. Check in closed at 4:30 pm.
- Saturday and Sunday check in opens at 7:15 am and closes at 8:30 am for all events. If you have swimmers that will be arriving later, please make sure they are checked in by a coach.

Sessions: The meet will be run in a 1 Session per day with 9 lane course. No parents are allowed behind the starting area.

Timeline:

- Friday Start Time 5pm. Finish approximately 6pm.
- Saturday Start time 9:00 am. Finish approximately 12:30
- Sunday Start Time 9:00 am. Finish approximately 11:30.

Fly over starts will be used.

Friday Warm Up:

Friday Warm Up 4:00 pm Check In-Closes by 4:30. Everyone swimming the mile needs your own timer and counter.

Saturday and Sunday Warm Up

Warm Up has been divided into 3 sessions. Please prepare to share (Average 10-11 swimmers per lane) Everyone swimming the 500 or 1000 on Saturday will need their own timer and counter. Use lanes 1-10 for all three warm ups as assigned.

7:00 am-7:35 am	NCA (117) 1-10
7:35 am - 8:10 am	PS (35) JBST (20) OSC (5) SDAC (1) RAQ (6)
8:10 am-8:45 am	WIND (10) BAY (28) FAST (10) SSD (17)

Saturday and Sunday Timing Assignments-Competition Lanes 1-9. Lane 10 is a buffer lane.

Lane	Chair 1	Chair 2
1	NCA	NCA
2	NCA	NCA
3	NCA	NCA
4	NCA	NCA
5	NCA	NCA
6	SSD	FAST
7	PS	PS
8	JBST	JBST
9	BAY	BAY

