



SAN DIEGO-IMPERIAL SWIMMING 2023 Long Course Season MEET BID PACKAGE



Attached is the San Diego-Imperial Swimming 2023 long course swim meet schedule as approved by the SI Swimming Program Committee and SI Board of Directors, and the approved format for each meet. The application form to be used to bid for any meets your club wishes to host is also attached; a separate application is required for each meet that you bid upon. **All bids must be received by the SI Register, by February 13 @ 12 Noon.** Email to: office@si-swimming.com. They may also be mailed to: San Diego - Imperial Swimming, PO Box 1347, Fallbrook CA 92088.

The Meet Bid Form must be filled out completely, and Proof of Water must be received with the bid in order for the bid to be considered. If you bid on more than one meet, indicate which meets you would accept if you are awarded more than one. Also, if you bid on more than one meet, indicate your priority for your choices (1, 2, 3, etc.)

The Program Committee will meet on **Monday, February 13 via Zoom at 8:00 p.m.** to select meet hosts from the bids received. If you wish to present additional information about your bid or to be available to answer any questions about your bid, you are welcome to attend the meeting for that purpose. Some of the criteria (but not necessarily all of them) used to select bids are:

- Physical Facility (appropriateness of pool, warm-up area, rest areas, spectator areas, etc.)
- Bid/Host Teams are in good financial standing with SI Swimming and USA Swimming.

Dates	Meet	Notes
March 25-26	14/U Age Group Championship MAX	1 site – 1 day (Host to choose day)
April 15-16	All Ages B/C meet (SC)	2-sites 2-days
April 21-23	All Ages A/BB Meet (LC)	1-Sites 2 ½-days (Accept late entries from previous meet/due Monday)
May 7	Senior Meet	1-Site 1-Day
May 20-21	All Ages B/C	2-Sites 2 -Days
May 26-28	All Ages A/BB Allow out of district if 2 sites	2-Sites 2 ½-Days (Accept late entries from previous meet/due Monday)
June 3-4	Splash & Dash Max(LC preferred, SC accepted)	2-sites 2-days
June 24-25	All Ages B/C Meet (LC preferred, SC accepted)	2-Sites 2-Days
July 7-9	All Ages A/BB Meet (LC) Allow out of district if 2 sites	2-Sites 2 ½-Days
July 29-30	All Ages BC Age Group Champ Max	2-sites 2 -Days
August 12-13	All Ages NTS	2-Sites 2-Days(Host to choose day)



SAN DIEGO-IMPERIAL SWIMMING



MEET BID FORM

CLUB NAME:	
CLUB CONTACT:	PHONE:
ADDRESS:	EMAIL:
CITY: State:	ZIP:

MEET YOU ARE BIDDING ON

Meet Name:	Meet Dates:
If Bidding for multiple meets, this meet's priority:	<input type="checkbox"/> 1st <input type="checkbox"/> 2nd <input type="checkbox"/> 3rd <input type="checkbox"/> 4th

FORMAT INFORMATION

Spectator Fee Required by Facility: Yes How much? _____ No
 Parking Fee Required: Yes How much? _____ No
 Reserved Official Parking: Yes No
 Will the facility allow a closed deck (viewing area for parents only, teams outside): Yes No
 If Special Parking Information describe:

Safe Sport: Is your team Safe Sport Certified: Yes No

A \$1000 fine will be assessed to the team if the team is not Safe Sport Certified within 45 days after the last date of the meet.

Separate Athlete & Non-athlete restrooms available? Yes No Maybe (Depending on number of entries)

Can the team provide 2 USA Swimming Changing Tents? Yes No

Awards? Yes No

The team is required to provide to 2 Meet Marshals: 1 female and 1 male at all times.

The team is required to have a first aid kit available at the meet.

POOL INFORMATION

LOCATION (Pool or Facility Name):	
COURSE: 25Yard <input type="checkbox"/> 50 Meter <input type="checkbox"/> Other	NUMBER OF LANES:
PROOF OF WATER: <input type="checkbox"/> Attached	WARM-UP AREA (Describe):

CLUB OFFICIALS The team is required to provide a meet director, a minimum of 2 officials who will work the entire meet, a meet administrator that will use a meet manager program (the most current version of **Hytek Meet Manager:8.0**) and meet marshals. The meet director, administrator and officials are required to be USA Swimming non-athlete members. They must complete a background check, athlete protection training and the officials need to complete the concussion training and CANRA training.(# of officials required for the host team depends on the number entries the team has entered in the meet)

CLUB MEET DIRECTOR NAME: (Must be a current non-athlete member of USA Swimming)	PHONE:
	EMAIL:

Club Meet Manager Computer Operator NAME: (Must be a current non-athlete member of USA Swimming) https://www.usaswimming.org/officials/popular-resources/online-testing Must complete the administrative official training. Link is above.	PHONE:
	EMAIL:
	Meet Manager Experience: # of meets run _____
	How many years of experience _____

CLUB OFFICIAL #1 NAME: (Must be a current non-athlete member of USA Swimming)	PHONE:
	EMAIL:

CLUB OFFICIAL #2 NAME: (Must be a current non-athlete member of USA Swimming)	PHONE:
	EMAIL:



MEET BID AND SANCTION INFORMATION SHEET

Safe Sport Requirements and FAQs

Per SI-Swimming Hosting Requirements, teams hosting a sanctioned swim meet must:

- Be a Safe Sport Recognized Team. If in the process of becoming Safe Sport recognized the team must be recognized *within 45 days after the last date of the meet or will be assessed a \$1000 fine.*
- Must provide a Meet Director.
- Must provide a minimum of two Officials who will work the entire meet. (depends on team's # of entries in meet)
- The Meet Director, Officials, must be current, registered non-athlete members of USA Swimming with successful completion of:
 - USA Non-Athlete registration and fee
 - USA Swimming background check
 - USA Swimming APT (Athlete Protection Training)
 - Concussion training for Officials
 - CANRA training
- The host team provides the Meet Administrator who must be a certified administrative official. (entry processing, seeding, results, etc)
- SI provides the Meet Referee

Teams can bid & host a swim meet with shared duties.

Teams may outsource the Meet Director and/or Meet Administrator but will be required to find and secure the individual(s).

Bids/Awarding Meets

Teams are encouraged to attend the bid meeting to present additional information or to be available to answer any questions about your bid. Some of the criteria (but not necessarily all of them) used to select bids are:

Physical facility (appropriateness of pool, warm-up area, restrooms, spectator areas, etc)

Bid/host teams must be in good financial standing with SI Swimming and USA Swimming.

Meet Referee Transportation Fees

Host teams to pay \$40 / competition day to meet refs when facility is 20 miles or more from his/her home as a gas stipend for this year given inflation and rising costs. (Note: generally, meet refs try to work meets at facilities close to their home but this is not always possible to support all meets)



SAN DIEGO-IMPERIAL SWIMMING

Application for Sanctioned Meet



I, _____, apply on behalf of _____
(Name of responsible individual) (Name of Organization)

For a sanction to hold a swimming competition, exhibitions, Swim-a-thons or clinics at _____ in _____
(Venue) (City)

Date:

The name of the meet is: _____

Sanction Fees: 1 day: \$100 2 day: \$200 3day: \$250

As a condition of obtaining such a sanction, I and the above organization which I represent, agree to abide and govern this event under the rules and regulations of USA Swimming and San Diego-Imperial Swimming, Inc. (Local Swimming Committee), and all other terms and conditions upon which this sanction may be granted. These terms specifically include all local rules and regulations and those set forth in Article 202 of the current edition of USA Swimming Rules and Regulations, specific reference to 202.2.7 of Article 202, which provides that:

In granting this approval it is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

OFFICIALS: The Meet Director and a minimum of two (2) certified officials, who are all current members of USA Swimming, are required to be at present at the entire meet as a condition of Approval.

Position	Name	Phone	E-mail
Meet Director:			

Return Sanction or Approval number to: _____ Phone: _____

Address: _____ City _____ Zip: _____

E-mail Address: Date submitted: _____

Signature: _____

Mail Application & payment to:

San Diego-Imperial Swimming
PO Box 1347
Fallbrook CA 92088

Phone: 760-525-3748
Email: office@si-swimming.com
Make check out to SI Swimming

for SI LSC Use Only

Sanction Approved/ Not Approved (circle one)

Sanction Number SI - _____ Signed: _____ Date Issued: _____

REVISED: 01/30/23

Final 2022 - 2023 SI Meet Fee Structure (approved 7/15)***

Sanction Fee One Day *	\$100					
Sanction Fee Two Day *	\$200					
Sanction Fee Three or More Day *	\$250					
Splash Fee Breakdown						
Meet Category of LSC Calendar Meets	Individual Entry Fee			Relay Entry Fee		
	Total Fee	To Host	To SI	Total Fee	To Host	To SI
Timed Finals meet with single distance events (i.e., 500 free only offered)	\$6.00	\$3.00	\$3.00	\$20.00	\$10.00	\$10.00
Timed finals meets with full slate of 200 stroke / 400 IM / distance provided	\$7.00	\$3.50	\$3.50	\$20.00	\$10.00	\$10.00
Prelim and Finals Senior Meets / LC Championship	\$9.00	\$4.50	\$4.50	\$20.00	\$10.00	\$10.00
Spring 14&Under LSC Championship	\$8.00	\$4.00	\$4.00	\$20.00	\$10.00	\$10.00
Notes:						
1) Multi class meets (i.e., All ages) -- use fee from highest category						
2) If Host is LSC, then money goes to LSC						
3) Swimmer Fee is \$10 for all SC Meets with 100% going to host club						
4) Swimmer Fee is \$15 for all LC Meets with 100% going to host club						
Other Competition Types ** (no LSC Equipment Used) (Expectation is that these are exceptional "meets" & very few will be held)						
Team Time Trials	Sanction Fee (\$100); less than 100 splashes					
1 Day Single Team, Dual, Tri, Quad Meets	Sanction Fee (\$100) +\$5 / splash ***					
2 Day Single Team, Dual, Tri, Quad Meets	Sanction Fee (\$100) + \$6 / splash ***					
Meet Processing Fee for Approved Meet						
One Day	\$50					
Two Day	\$100					
Two Day or More	\$125					

* If Hosting Time Trial during Meet, 2nd Sanction Fee Not Required (2nd Sanction is needed)

** All Meets held not on LSC Calendar must be approved by Technical or General Chair per P&P

*** If Meet does not fall within this structure, BOD must approve alternative prior to sanction

*** Team can request an exception to fee structure with written request to BOD

Teams to keep the fees of a swimmer that does not check in for the session

Teams are responsible for reimbursing meet referee \$40 per competition day for gas stipend when person lives more than 20 miles from facility.

March 25-26 (14/U Age Group Champ Max) SCY

1 site – 1day – host choose day

Girls				Boys		
Warm up:				Meet Starts:		
Event	Time	Age		Dist./Stroke	Time	Event
1	10/u 1:31.69 11/12 1:18.09	12/u	AG Champ Max	100 IM	10/u 1:28.89 11/12 1:14.99	2
3		8/u		25 Free		4
5	10/u 35.19 11/12 31.29	12/u	AG Champ Max	50 Free	10/u 34.49 11/12 30.29	6
7	27.89	13/14	AG Champ Max	50 Free	25.69	8
9		8/u		25 Back		10
11	10/u 41.89 11/12 35.39	12/u	AG Champ Max	50 Back	10/u 42.29 11/12 34.99	12
13	1:06.39	13/14	AG Champ Max	100 back	1:03.99	14
15		8/u		25 Fly		16
17	2:25.49	13/14	AG Champ Max	200 IM	2:18.39	18
19		8/u		25 Breast		20
21	10/u 47.49 11/12 39.99	12/u	AG Champ Max	50 Breast	10/u 46.59 11/12 39.49	22
23	1:16.09	13/14	AG Champ Max	100 Breast	1:12.69	24
25	10/u 41.79 11/12 33.89	12/u	AG Champ Max	50 Fly	10/u 40.49 11/12 34.19	26
27	1:05.49	13/14	AG Champ Max	100 Fly	1:03.19	28
29	10/u 1:19.99 11/12 1:08.29	12/u	AG Champ Max	100 Free	10/u 1:18.79 11/12 1:05.89	30
30	1:00.49	13/14	AG Champ Max	100 Free	56.29	32

Swimmers may swim a max of 4 events for 6 lanes
Swimmers may swim a max of 5 events for 8-10 lanes
Swimmers must be slower than the listed times for their age group

April 15-16, May 20-21, July 8-9, (B/C) SCY (2 sites – 5 events per day / 1 site – 4 events)

(flip Sat/Sun for Apr & Jul)

May 20-21 Has 200 strokes for 11+ () (capped at 4 events per day)

April 15-16
B/C 2 sites (Short course)
Saturday, April 15, 2023

Girls				Boys		
Warm up:				Meet Starts:		
Event	MAX Time	Age		Dist./Stroke	MAX Time	Event
1	10/u 41.89 11/12 35.39	12/u	B/C	50 Back	10/u 42.29 11/12 34.99	2
3		13/o		50 Back		4
5	11/12 2:47.19 13/o 2:36.89	11/o		200 Fly	11/12 2:40.79 13/o 2:26.89	6
7		8/u		25 Back		8
9	10/u 1:44.99 11/12 1:27.19	12/u	B/C	100 Breast	10/u 1:41.69 11/12 1:24.49	10
11	1:21.69	13/o	B/C	100 Breast	1:15.49	12
13		8/u		25 Breast		14
15	10/u 41.79 11/12 33.89	12/u	B/C	50 Fly	10/u 40.49 11/12 34.99	16
17		13/o		50 Fly		18
19	11/12 2:43.99 13/o 2:34.89	11/o		200 Back	11/12 2:39.69 13/o 2:25.09	20
21		8/u		25 Fly		22
23	10/u 35.19 11/12 31.29	12/u	B/C	50 Free	10/u 34.49 11/12 30.29	24
25	30.19	13/o	B/C	50 Free	27.79	26
27		8/u		25 free		28
29	10/u 1:31.69 11/12 1:18.09	12/u	B/C	100 IM	10/u 1:28.89 11/12 1:14.99	30
31		13/o		100 IM		32
33	10/u 7:34.89 11/12 6:38.19	12/u		500 Free	10/u 7:26.99 11/12 6:27.49	34
35	13/o 6:18.69	13/o		500 Free	13/o 5:58.99	36

Swimmers may swim a max of 4 events per day (May)

Swimmers may swim a max of 5 events per day (Apr/Jul)

Notes:

- Swimmers must be slower than the national BB times
- All events of the same stroke & distance will be swum combined and reported separately.

April 15-16
B/C 2 sites (Short Course)
Sunday, April 16, 2023

Girls				Boys		
Warm up:				Meet Starts:		
Event	MAX Time	Age		Dist./Stroke	MAX Time	Event
37	10/u 1:19.99 11/12 1:08.29	12/u	B/C	100 free	10/u 1:18.79 11/12 1:05.89	38
39	1:05.49	13/o	B/C	100 free	1:00.89	40
41	10/u 47.49 11/12 39.99	12/u	B/C	50 breast	10/u 46.59 11/12 39.49	42
43		13/o		50 Breast		44
45	10/u 3:15.59 11/12 2:47.29	12/u	B/C	200 IM	10/u 3:13.19 11/12 2:43.99	46
47	2:37.59	13/o	B/C	200 IM	2:28.49	48
49	10/u 1:30.69 11/12 1:18.09	12/u	B/C	100 back	10/u 1:29.29 11/12 1:15.69	50
51	1:11.19	13/o	B/C	100 back	1:06.39	52
53	11/12 3:06.59 13/o 2:57.29	11/O	B/C	200 Breast	11/12 3:00.19 13/o 2:43.99	54
55	10/u 1:39.09 11/12 1:17.59	12/u	B/C	100 fly	10/u 1:37.09 11/12 1:16.09	56
57	1:10.89	13/o	B/C	100 fly	1:06.09	58
59	10/u 2:57.19 11/12 2:28.99	12/u	B/C	200 free	10/u 2:47.99 11/12 2:23.49	60
61	2:21.29	13/o	B/C	200 free	2:12.79	62

Swimmers may swim a max of 5 events per day

Notes:

- Swimmers must be slower than the national BB times
- All events of the same stroke & distance will be swum combined and reported separately.

April 21-23
A/BB Long Course (1 site)

	BB Min	Girls A Min	Age		Dist/Stroke	Boys A min	BB min	
Friday, April 21, 2023								
Warmup								Meet Starts
1	5:56.49	5:29.09	11-12	A/B	400 Free*	5:21.89	5:48.69	1
2	12:26.69	11:29.29	11-12	A/B	800 Free*	11:18.59	12:15.19	2
3	11:41.99	10:47.99	13-O	A/B	800 Free*	10:22.19	11:13.99	3
4	23:55.39	22:04.99	11-12	A/B	1500 Free*	21:37.39	23:25.49	4
5	22:23.09	20:39.79	13-O	A/B	1500 Free*	19:48.39	21:27.39	5

*Swimmers may only swim in one event.

Saturday, April 22, 2023								
Warmup								Meet Starts
			13 & Over	A/B	400 Free	4:59.19	5:24.09	6
7	3:10.19	2:55.59	11 & Over	A/B	200 Fly	2:51.89	3:06.19	8
9	38.29	35.39	11 – 12	A/B	50 Fly	35.19	38.59	10
11	47.09	40.79	10 & Under	A/B	50 Fly	40.19	45.99	12
13	1:14.79	1:08.99	13 & Over	A/B	100 Free	1:04.49	1:09.89	14
15	1:18.09	1:12.09	11 – 12	A/B	100 Free	1:09.69	1:15.49	16
17	1:31.19	1:20.29	10 & Under	A/B	100 Free	1:19.79	1:30.19	18
19	5:40.59	5:14.39	13 & Over	A/B	400 Free			
21	1:34.79	1:27.49	13 & Over	A/B	100 Breast	1:21.29	1:28.09	22
23	1:40.89	1:32.79	11 – 12	A/B	100 Breast	1:30.29	1:38.39	24
25	1:59.79	1:44.89	10 & Under	A/B	100 Breast	1:42.69	1:55.99	26
27	3:09.89	2:55.29	11 & Over	A/B	200 Back	2:50.99	3:05.19	28
29	4.79	37.69	11 – 12	A/B	50 Back	36.99	40.39	30
31	48.89	42.89	10 & Under	A/B	50 Back	42.99	49.19	32
33	3:01.79	2:47.79	13 & Over	A/B	200 IM	2:38.29	2:51.39	34
35	3:11.39	2:56.59	11 – 12	A/B	200 IM	2:53.19	3:08.49	36
37	3:43.19	3:17.09	10 & Under	A/B	200 IM	3:15.39	3:40.79	38

Sunday, April 23, 2023								
Warmup								Meet Starts
39	6:48.29	6:16.89	11 & Over	A/B	400 IM	6:08.49	6:39.19	40
41	3:20.99	2:56.29	10 & Under	A/B	200 Free	2:50.79	3:12.09	42
43	2:49.19	2:36.19	11 – 12	A/B	200 Free	2:32.19	2:44.89	44
45	2:41.79	2:29.39	13 & Over	A/B	200 Free	2:20.59	2:32.29	46
47	1:05.30	54.40	8 & Under	A/B	50 Back	53.20	1:03.80	48
49	1:45.99	1:32.69	10 & Under	A/B	100 Back	1:30.99	1:43.09	50
51	1:30.99	1:23.19	11 – 12	A/B	100 Back	1:20.49	1:27.99	52
53	1:23.59	1:17.09	13 & Over	A/B	100 Back	1:11.89	1:17.89	54
55	1:10.30	58.60	8 & Under	A/B	50 Breast	57.10	1:08.50	56
57	53.99	47.49	9 – 10	A/B	50 Breast	46.99	53.29	58
59	45.49	41.99	11 – 12	A/B	50 Breast	41.29	45.19	60
61	3:35.99	3:19.39	11 & Over	A/B	200 Breast	3:12.59	3:28.69	62
63	54.70	45.60	8 & Under	A/B	50 Free	44.40	53.30	64
65	39.89	35.59	9 – 10	A/B	50 Free	35.49	39.49	66
67	35.69	32.99	11 – 12	A/B	50 Free	31.99	34.69	68
69	34.49	31.79	13 & Over	A/B	50 Free	29.49	31.99	70
71	1:02.40	52.00	8 & Under	A/B	50 Fly	52.70	1:03.20	72
73	1:52.99	1:35.99	10 & Under	A/B	100 Fly	1:34.49	1:50.79	74
75	1:28.49	1:20.79	11 – 12	A/B	100 Fly	1:18.59	1:26.29	76
77	1:20.39	1:14.29	13 & Over	A/B	100 Fly	1:09.69	1:15.49	78

***400 free, 800 free, and 1500 free will swim as mixed gender fastest to slowest. Swimmers can only swim one of the events on Friday night.**

**Swimmers may swim up to 4 events per day; except for Friday
Swimmers must be faster the national BB times**

May 20-21
B/C 2 sites (Short Course)
Saturday, May 20, 2023

Girls				Boys		
Warm up:				Meet Starts:		
Event	MAX Time	Age		Dist./Stroke	MAX Time	Event
37	10/u 1:19.99 11/12 1:08.29	12/u	B/C	100 free	10/u 1:18.79 11/12 1:05.89	38
39	1:05.49	13/o	B/C	100 free	1:00.89	40
41	10/u 47.49 11/12 39.99	12/u	B/C	50 breast	10/u 46.59 11/12 39.49	42
43		13/o		50 Breast		44
45	10/u 3:15.59 11/12 2:47.29	12/u	B/C	200 IM	10/u 3:13.19 11/12 2:43.99	46
47	2:37.59	13/o	B/C	200 IM	2:28.49	48
49	10/u 1:30.69 11/12 1:18.09	12/u	B/C	100 back	10/u 1:29.29 11/12 1:15.69	50
51	1:11.19	13/o	B/C	100 back	1:06.39	52
53	11/12 3:06.59 13/o 2:57.29	11/O	B/C	200 Breast	11/12 3:00.19 13/o 2:43.99	54
55	10/u 1:39.09 11/12 1:17.59	12/u	B/C	100 fly	10/u 1:37.09 11/12 1:16.09	56
57	1:10.89	13/o	B/C	100 fly	1:06.09	58
59	10/u 2:57.19 11/12 2:28.99	12/u	B/C	200 free	10/u 2:47.99 11/12 2:23.49	60
61	2:21.29	13/o	B/C	200 free	2:12.79	62

Swimmers may swim a max of 4 events per day

Notes:

- Swimmers must be slower than the national BB times
- All events of the same stroke & distance will be swum combined and reported separately.

May 20-21
B/C 2 sites (Short course)
Sunday, May 21, 2023

Girls				Boys		
Warm up:				Meet Starts:		
Event	MAX Time	Age		Dist./Stroke	MAX Time	Event
1	10/u 41.89 11/12 35.39	12/u	B/C	50 Back	10/u 42.29 11/12 34.99	2
3		13/o		50 Back		4
5	11/12 2:47.19 13/o 2:36.89	11/o		200 Fly	11/12 2:40.79 13/o 2:26.89	6
7		8/u		25 Back		8
9	10/u 1:44.99 11/12 1:27.19	12/u	B/C	100 Breast	10/u 1:41.69 11/12 1:24.49	10
11	1:21.69	13/o	B/C	100 Breast	1:15.49	12
13		8/u		25 Breast		14
15	10/u 41.79 11/12 33.89	12/u	B/C	50 Fly	10/u 40.49 11/12 34.99	16
17		13/o		50 Fly		18
19	11/12 2:43.99 13/o 2:34.89	11/o		200 Back	11/12 2:39.69 13/o 2:25.09	20
21		8/u		25 Fly		22
23	10/u 35.19 11/12 31.29	12/u	B/C	50 Free	10/u 34.49 11/12 30.29	24
25	30.19	13/o	B/C	50 Free	27.79	26
27		8/u		25 free		28
29	10/u 1:31.69 11/12 1:18.09	12/u	B/C	100 IM	10/u 1:28.89 11/12 1:14.99	30
31		13/o		100 IM		32
33	10/u 7:34.89 11/12 6:38.19	12/u		500 Free	10/u 7:26.99 11/12 6:27.49	34
35	13/o 6:18.69	13/o		500 Free	13/o 5:58.99	36

Swimmers may swim a max of 4 events per day

Swimmers may swim a max of 5 events per day

Notes:

- Swimmers must be slower than the national BB times
- All events of the same stroke & distance will be swum combined and reported separately.

May 26-28
A/BB Long Course (2 site)

	BB Min	Girls A Min	Age	Dist/Stroke	Boys A min	BB min	
Friday, May 26, 2023							
Warmup							Meet Starts
1	5:56.49	5:29.09	11-12	A/B	400 Free*	5:21.89	5:48.69 1
2	23:55.39	22:04.99	11-12	A/B	1500 Free*	21:37.39	23:25.49 2
3	22:23.09	20:39.79	13-O	A/B	1500 Free*	19:48.39	21:27.39 3
4	12:26.69	11:29.29	11-12	A/B	800 Free*	11:18.59	12:15.19 4
5	11:41.99	10:47.99	13-O	A/B	800 Free*	10:22.19	11:13.99 5

*Swimmers may only swim in one event.

Saturday, May 27, 2023							
Warmup							Meet Starts
39	6:48.29	6:16.89	11 & Over	A/B	400 IM	6:08.49	6:39.19 40
41	3:20.99	2:56.29	10 & Under	A/B	200 Free	2:50.79	3:12.09 42
43	2:49.19	2:36.19	11 – 12	A/B	200 Free	2:32.19	2:44.89 44
45	2:41.79	2:29.39	13 & Over	A/B	200 Free	2:20.59	2:32.29 46
47	1:05.30	54.40	8 & Under	A/B	50 Back	53.20	1:03.80 48
49	1:45.99	1:32.69	10 & Under	A/B	100 Back	1:30.99	1:43.09 50
51	1:30.99	1:23.19	11 – 12	A/B	100 Back	1:20.49	1:27.99 52
53	1:23.59	1:17.09	13 & Over	A/B	100 Back	1:11.89	1:17.89 54
55	1:10.30	58.60	8 & Under	A/B	50 Breast	57.10	1:08.50 56
57	53.99	47.49	9 – 10	A/B	50 Breast	46.99	53.29 58
59	45.49	41.99	11 – 12	A/B	50 Breast	41.29	45.19 60
61	3:35.99	3:19.39	11 & Over	A/B	200 Breast	3:12.59	3:28.69 62
63	54.70	45.60	8 & Under	A/B	50 Free	44.40	53.30 64
65	39.89	35.59	9 – 10	A/B	50 Free	35.49	39.49 66
67	35.69	32.99	11 – 12	A/B	50 Free	31.99	34.69 68
69	34.49	31.79	13 & Over	A/B	50 Free	29.49	31.99 70
71	1:02.40	52.00	8 & Under	A/B	50 Fly	52.70	1:03.20 72
73	1:52.99	1:35.99	10 & Under	A/B	100 Fly	1:34.49	1:50.79 74
75	1:28.49	1:20.79	11 – 12	A/B	100 Fly	1:18.59	1:26.29 76
77	1:20.39	1:14.29	13 & Over	A/B	100 Fly	1:09.69	1:15.49 78

Sunday, May 28 2023							
Warmup							Meet Starts
			13 & Over	A/B	400 Free	4:59.19	5:24.09
	3:10.19	2:55.59	11 & Over	A/B	200 Fly	2:51.89	3:06.19
	38.29	35.39	11 – 12	A/B	50 Fly	35.19	38.59
	47.09	40.79	10 & Under	A/B	50 Fly	40.19	45.99
	1:14.79	1:08.99	13 & Over	A/B	100 Free	1:04.49	1:09.89
	1:18.09	1:12.09	11 – 12	A/B	100 Free	1:09.69	1:15.49
	1:31.19	1:20.29	10 & Under	A/B	100 Free	1:19.79	1:30.19
	5:40.59	5:14.39	13 & Over	A/B	400 Free		
	1:34.79	1:27.49	13 & Over	A/B	100 Breast	1:21.29	1:28.09
	1:40.89	1:32.79	11 – 12	A/B	100 Breast	1:30.29	1:38.39
	1:59.79	1:44.89	10 & Under	A/B	100 Breast	1:42.69	1:55.99
	3:09.89	2:55.29	11 & Over	A/B	200 Back	2:50.99	3:05.19
	4.79	37.69	11 – 12	A/B	50 Back	36.99	40.39
	48.89	42.89	10 & Under	A/B	50 Back	42.99	49.19
	3:01.79	2:47.79	13 & Over	A/B	200 IM	2:38.29	2:51.39
	3:11.39	2:56.59	11 – 12	A/B	200 IM	2:53.19	3:08.49
	3:43.19	3:17.09	10 & Under	A/B	200 IM	3:15.39	3:40.79

June 3-4, 2023 Splash & Dash Max (LC preferred, SC Accepted) 2 sites

Swimmers must be slower than the time standards listed to enter the events.

Using the 10/U BB time standards for 11/U, BB for 12-16 in their age grp & A for 17/O (This is to match up with the Splash & Dash Meet in which swimmers must be faster than these time standards)

Saturday June 3, 2023						
Girls Event	SC Max	LC Max	EVENT	LC Max	SC Max	Boys Event
1	11/u 7:34.89 12 6:38.19 13-14 6:18.69 15-16 6:11.99 17/O 5:39.19	11/u 6:51.09 12 5:56.49 13-14 5:40.59 15-16 5:32.89 17/O 5:06.09	500/400 Free	11/u 6:44.49 12 5:48.69 13-14 5:24.09 15-16 5:09.89 17/O 4:42.19	11/u 7:26.99 12 6:27.49 13-14 5:58.99 15-16 5:44.09 17/O 5:10.39	2
3	10/U 41.89 11-12 35.39	10/U 48.89 11-12 40.79	50 Back	10/U 49.19 11-12 40.39	10/U 42.29 11-12 34.99	4
5	11/u 1:44.99 12 1:27.19 13-14 1:21.69 15-16 1:19.69 17/O 1:12.79	11/u 1:59.79 12 1:40.89 13-14 1:34.79 15-16 1:32.39 17/O 1:24.59	100 Breast	11/u 1:55.99 12 1:38.39 13-14 1:28.09 15-16 1:23.49 17/O 1:15.39	11/u 1:41.69 12 1:24.49 13-14 1:15.49 15-16 1:11.09 17/O 1:04.39	6
7	10/U 41.79 11-12 33.89	10/U 47.09 11-12 38.29	50 Fly	10/U 45.99 11-12 38.59	10/U 40.49 11-12 34.19	8
9	11/u 35.19 12 31.29 13-14 30.19 15-16 29.49 17/O 26.89	11/u 39.89 12 35.69 13-14 34.49 15-16 33.79 17/O 30.99	50 Free	11/u 39.49 12 34.69 13-14 31.99 15-16 30.19 17/O 27.79	11/u 34.49 12 30.29 13-14 27.79 15-16 26.39 17/O 23.89	10
11	11/u 2:57.19 12 2:28.99 13-14 2:21.29 15-16 2:18.69 17/O 2:07.29	11/u 3:20.99 12 2:49.19 13-14 2:41.79 15-16 2:38.29 17/O 2:25.39	200 Free	11/u 3:12.09 12 2:44.89 13-14 2:32.29 15-16 2:26.09 17/O 2:12.49	11/u 2:47.99 12 2:23.49 13-14 2:12.79 15-16 2:06.79 17/O 1:54.09	12

Swimmers may swim up to 3 events per day.

Sunday June 4, 2023						
Girls Event	SC Max	LC Max	EVENT	LC Max	SC Max	Boys Event
13	11/u 1:30.69 12 1:18.09 13-14 1:11.19 15-16 1:09.39 17/O 1:03.19	11/u 1:45.99 12 1:30.99 13-14 1:23.59 15-16 1:21.09 17/O 1:14.19	100 Back	11/u 1:43.09 12 1:27.99 13-14 1:17.89 15-16 1:14.39 17/O 1:07.39	11/u 1:29.29 12 1:15.69 13-14 1:06.39 15-16 1:03.19 17/O 56.69	14
15	10/U 47.49 11-12 39.99	10/U 53.99 11-12 45.49	50 Breast	10/U 53.29 11-12 45.19	10/U 46.59 11-12 39.49	16
17	11/u 1:39.09 12 1:17.59 13-14 1:10.89 15-16 1:09.39 17/O 1:03.09	11/u 1:52.99 12 1:28.49 13-14 1:20.39 15-16 1:19.29 17/O 1:12.19	100 Fly	11/u 1:50.79 12 1:26.29 13-14 1:15.49 15-16 1:11.79 17/O 1:04.69	11/u 1:37.09 12 1:16.09 13-14 1:06.09 15-16 1:02.69 17/O 56.49	18
19	11/u 1:19.99 12 1:08.29 13-14 1:05.49 15-16 1:03.99 17/O 58.49	11/u 1:31.19 12 1:18.09 13-14 1:14.79 15-16 1:13.49 17/O 1:07.39	100 Free	11/u 1:30.19 12 1:15.49 13-14 1:09.89 15-16 1:06.89 17/O 1:00.19	11/u 1:18.79 12 1:05.89 13-14 1:00.89 15-16 57.89 17/O 52.29	20
21	11/u 3:15.59 12 2:47.29 13-14 2:37.59 15-16 2:34.89 17/O 2:20.89	11/u 3:43.19 12 3:11.39 13-14 3:01.79 15-16 2:58.19 17/O 2:43.39	200 IM	11/u 3:40.79 12 3:08.49 13-14 2:51.39 15-16 2:43.99 17/O 2:28.89	11/u 3:13.19 12 2:43.99 13-14 2:28.49 15-16 2:20.89 17/O 2:06.59	22

June 24-25, 2023
B/C 2 sites (LC Preferred, SC Accepted)
Saturday, June 24, 2023

Girls				Boys		
Warm up:				Meet Starts:		
Event	SC MAX Time	Age		Dist./Stroke	SC MAX Time	Event
1	10/u 41.89 11/12 35.39	12/u	B/C	50 Back	10/u 42.29 11/12 34.99	2
3		13/o		50 Back		4
5	11/12 2:47.19 13/o 2:36.89	11/o		200 Fly	11/12 2:40.79 13/o 2:26.89	6
7		8/u		25 Back		8
9	10/u 1:44.99 11/12 1:27.19	12/u	B/C	100 Breast	10/u 1:41.69 11/12 1:24.49	10
11	1:21.69	13/o	B/C	100 Breast	1:15.49	12
13		8/u		25 Breast		14
15	10/u 41.79 11/12 33.89	12/u	B/C	50 Fly	10/u 40.49 11/12 34.99	16
17		13/o		50 Fly		18
19	11/12 2:43.99 13/o 2:34.89	11/o		200 Back	11/12 2:39.69 13/o 2:25.09	20
21		8/u		25 Fly		22
23	10/u 35.19 11/12 31.29	12/u	B/C	50 Free	10/u 34.49 11/12 30.29	24
25	30.19	13/o	B/C	50 Free	27.79	26
27		8/u		25 free		28
29	10/u 1:31.69 11/12 1:18.09	12/u	B/C	100 IM	10/u 1:28.89 11/12 1:14.99	30
31		13/o		100 IM		32
33	10/u 7:34.89 11/12 6:38.19	12/u		500 Free	10/u 7:26.99 11/12 6:27.49	34
35	13/o 6:18.69	13/o		500 Free	13/o 5:58.99	36

Swimmers may swim a max of 4 events per day (May)

Swimmers may swim a max of 5 events per day (Apr/Jul)

Notes:

- Swimmers must be slower than the national BB times
- All events of the same stroke & distance will be swum combined and reported separately.

June 24-25, 2023
B/C 2 sites (LC Preferred, SC Accepted)
Sunday, June 25, 2023

Girls				Boys		
Warm up:				Meet Starts:		
Event	MAX Time	Age		Dist./Stroke	MAX Time	Event
37	10/u 1:19.99 11/12 1:08.29	12/u	B/C	100 free	10/u 1:18.79 11/12 1:05.89	38
39	1:05.49	13/o	B/C	100 free	1:00.89	40
41	10/u 47.49 11/12 39.99	12/u	B/C	50 breast	10/u 46.59 11/12 39.49	42
43		13/o		50 Breast		44
45	10/u 3:15.59 11/12 2:47.29	12/u	B/C	200 IM	10/u 3:13.19 11/12 2:43.99	46
47	2:37.59	13/o	B/C	200 IM	2:28.49	48
49	10/u 1:30.69 11/12 1:18.09	12/u	B/C	100 back	10/u 1:29.29 11/12 1:15.69	50
51	1:11.19	13/o	B/C	100 back	1:06.39	52
53	11/12 3:06.59 13/o 2:57.29	11/O	B/C	200 Breast	11/12 3:00.19 13/o 2:43.99	54
55	10/u 1:39.09 11/12 1:17.59	12/u	B/C	100 fly	10/u 1:37.09 11/12 1:16.09	56
57	1:10.89	13/o	B/C	100 fly	1:06.09	58
59	10/u 2:57.19 11/12 2:28.99	12/u	B/C	200 free	10/u 2:47.99 11/12 2:23.49	60
61	2:21.29	13/o	B/C	200 free	2:12.79	62

Swimmers may swim a max of 5 events per day

Notes:

- Swimmers must be slower than the national BB times
- All events of the same stroke & distance will be swum combined and reported separately.

July 7-9, 2023
A/BB Long Course (1 site)

	BB Min	Girls A Min	Age		Dist/Stroke	Boys A min	BB min	
Friday, July 7, 2023								
Warmup								Meet Starts
1	5:56.49	5:29.09	11-12	A/B	400 Free*	5:21.89	5:48.69	1
2	12:26.69	11:29.29	11-12	A/B	800 Free*	11:18.59	12:15.19	2
3	11:41.99	10:47.99	13-O	A/B	800 Free*	10:22.19	11:13.99	3
4	23:55.39	22:04.99	11-12	A/B	1500 Free*	21:37.39	23:25.49	4
5	22:23.09	20:39.79	13-O	A/B	1500 Free*	19:48.39	21:27.39	5

*Swimmers may only swim in one event.

Saturday, July 8 2023								
Warmup								Meet Starts
			13 & Over	A/B	400 Free	4:59.19	5:24.09	6
7	3:10.19	2:55.59	11 & Over	A/B	200 Fly	2:51.89	3:06.19	8
9	38.29	35.39	11 – 12	A/B	50 Fly	35.19	38.59	10
11	47.09	40.79	10 & Under	A/B	50 Fly	40.19	45.99	12
13	1:14.79	1:08.99	13 & Over	A/B	100 Free	1:04.49	1:09.89	14
15	1:18.09	1:12.09	11 – 12	A/B	100 Free	1:09.69	1:15.49	16
17	1:31.19	1:20.29	10 & Under	A/B	100 Free	1:19.79	1:30.19	18
19	5:40.59	5:14.39	13 & Over	A/B	400 Free			
21	1:34.79	1:27.49	13 & Over	A/B	100 Breast	1:21.29	1:28.09	22
23	1:40.89	1:32.79	11 – 12	A/B	100 Breast	1:30.29	1:38.39	24
25	1:59.79	1:44.89	10 & Under	A/B	100 Breast	1:42.69	1:55.99	26
27	3:09.89	2:55.29	11 & Over	A/B	200 Back	2:50.99	3:05.19	28
29	4.79	37.69	11 – 12	A/B	50 Back	36.99	40.39	30
31	48.89	42.89	10 & Under	A/B	50 Back	42.99	49.19	32
33	3:01.79	2:47.79	13 & Over	A/B	200 IM	2:38.29	2:51.39	34
35	3:11.39	2:56.59	11 – 12	A/B	200 IM	2:53.19	3:08.49	36
37	3:43.19	3:17.09	10 & Under	A/B	200 IM	3:15.39	3:40.79	38

Sunday, July 9, 2023								
Warmup								Meet Starts
39	6:48.29	6:16.89	11 & Over	A/B	400 IM	6:08.49	6:39.19	40
41	3:20.99	2:56.29	10 & Under	A/B	200 Free	2:50.79	3:12.09	42
43	2:49.19	2:36.19	11 – 12	A/B	200 Free	2:32.19	2:44.89	44
45	2:41.79	2:29.39	13 & Over	A/B	200 Free	2:20.59	2:32.29	46
47	1:05.30	54.40	8 & Under	A/B	50 Back	53.20	1:03.80	48
49	1:45.99	1:32.69	10 & Under	A/B	100 Back	1:30.99	1:43.09	50
51	1:30.99	1:23.19	11 – 12	A/B	100 Back	1:20.49	1:27.99	52
53	1:23.59	1:17.09	13 & Over	A/B	100 Back	1:11.89	1:17.89	54
55	1:10.30	58.60	8 & Under	A/B	50 Breast	57.10	1:08.50	56
57	53.99	47.49	9 – 10	A/B	50 Breast	46.99	53.29	58
59	45.49	41.99	11 – 12	A/B	50 Breast	41.29	45.19	60
61	3:35.99	3:19.39	11 & Over	A/B	200 Breast	3:12.59	3:28.69	62
63	54.70	45.60	8 & Under	A/B	50 Free	44.40	53.30	64
65	39.89	35.59	9 – 10	A/B	50 Free	35.49	39.49	66
67	35.69	32.99	11 – 12	A/B	50 Free	31.99	34.69	68
69	34.49	31.79	13 & Over	A/B	50 Free	29.49	31.99	70
71	1:02.40	52.00	8 & Under	A/B	50 Fly	52.70	1:03.20	72
73	1:52.99	1:35.99	10 & Under	A/B	100 Fly	1:34.49	1:50.79	74
75	1:28.49	1:20.79	11 – 12	A/B	100 Fly	1:18.59	1:26.29	76
77	1:20.39	1:14.29	13 & Over	A/B	100 Fly	1:09.69	1:15.49	78

***400 free, 800 free, and 1500 free will swim as mixed gender fastest to slowest. Swimmers can only swim one of the events on Friday night.**

**Swimmers may swim up to 4 events per day; except for Friday
Swimmers must be faster the national BB times**

July 29-30 (AG Champs Max) 2 site short course

Warm up:			Saturday, July 29, 2023		Meet start:
Girls Events	MAX TIME	Age	Dist./stroke	MAX TIME	Boys Events
1	1:31.69	10/U	100 IM	1:28.89	2
1	1:18.09	11/12	100 IM	1:14.99	2
3		11/12	400 IM		4
3	5:11.69	13/14	400 IM	4:59.99	4
3	5:07.99	15+	400 IM	4:45.09	4
5	2:57.19	10/U	200 Free	2:47.99	6
5	2:28.99	11/12	200 Free	2:23.49	6
5	2:10.39	13/14	200 Free	2:02.59	6
5	2:08.09	15+	200 Free	1:56.99	6
7	1:53.89	10/U	100 Breast	1:41.89	8
7	1:27.19	11/12	100 Breast	1:25.39	8
7	1:16.09	13/14	100 Breast	1:12.69	8
7	1:14.99	15+	100 Breast	1:08.99	8
9	35.19	8/U	50 Free	34.49	10
9	35.19	9/10	50 Free	34.49	10
9	31.29	11/12	50 Free	30.29	10
9	27.89	13/14	50 Free	25.69	10
9	27.19	15+	50 Free	24.39	10
11	2:20.80	10/U	200 Free Relay	2:18.00	12
13	1:58.50	11/12	200 Free Relay	2:01.20	14
15	4:07.20	13/14	400 Free Relay	4:03.60	16
17	---	15+	400 Free Relay	---	18
19	41.79	10/U	50 Fly	40.49	20
19	33.89	11/12	50 Fly	34.19	20
21		11/12	200 Fly		22
21	2:30.49	13/14	200 Fly	2:26.99	22
21	2:25.99	15+	200 Fly	2:20.29	22
23	1:30.69	10/U	100 Back	1:29.29	24
23	1:18.08	11/12	100 Back	1:15.79	24
23	1:06.39	13/14	100 Back	1:03.99	24
23	1:05.69	15+	100 Back	59.99	24
25	6:38.19	11/12	500 Free	6:27.49	26
27	12:01.69	13/14	1000 Free	11:26.69	28
27	11:50.79	15+	1000 Free	11:02.59	28

SWIMMERS IN THE 500 & 1000 FREE ON SAT, MUST PROVIDE THEIR OWN TIMERS & LAP COUNTERS

July 29-30 (AG Champs Max) 2 site short course

Warm up:			Sunday, July 30, 2023		Meet start:
Girls Events	Max Times	Age	Dist./stroke	Max Times	Boys Events
29	5:49.59	13/14	500 Free	5:34.39	30
29	5:43.39	15+	500 Free	5:17.69	30
31	47.49	10/U	50 Breast	46.59	32
31	39.99	11/12	50 Breast	39.49	32
33		11/12	200 Breast		34
33	2:44.79	13/14	200 Breast	2:40.59	34
33	2:42.99	15+	200 Breast	2:31.09	34
35	1:39.09	10/U	100 Fly	1:37.99	36
35	1:17.59	11/12	100 Fly	1:16.09	36
35	1:05.49	13/14	100 Fly	1:03.19	36
35	1:03.99	15/18	100 Fly	57.89	36
37	41.89	10/U	50 Back	42.29	38
37	35.39	11/12	50 Back	34.99	38
39		11/12	200 Back		40
39	2:23.39	13/14	200 Back	2:20.99	40
39	2:22.19	15+	200 Back	2:12.59	40
41	2:52.00	10/U	200 Med Relay	2:44.00	42
43	2:17.90	11/12	200 Med Relay	2:19.40	44
45	4:40.20	13/14	400 Med Relay	4:29.80	46
47	---	15+	400 Med relay	---	48
49	3:15.59	10/U	200 IM	3:13.19	50
49	2:47.29	11/12	200 IM	2:43.99	50
49	2:25.49	13/14	200 IM	2:18.39	50
49	2:22.99	15+	200 IM	2:10.09	50
51	1:19.99	10/U	100 Free	1:18.79	52
51	1:08.29	11/12	100 Free	1:05.89	52
51	1:00.49	13/14	100 Free	56.29	52
51		15+	100 Free		52

August 12 or 13, 2023 – Host picks 1 day

1 Day Wrap up meet NTS

Girls		August 12 or 13, 2023		Boys	
Warm-up TBD			Meet Starts TBD		
Event		Age	Dist/Stroke		Event
1		12/U	200 Free		2
1		13/O	200 Free		2
3		12/U	100 IM		4
5		13/O	200 IM		6
7		12/U	50 Free		8
7		13/O	50 Free		8
9		12/U	50 Fly		10
11		13/O	100Fly		12
13		12/U	100 Free		14
13		13/O	100Free		14
15		12/U	50 Back		16
17		13/O	100Back		18
19		12/U	50 Breast		20
21		13/O	100Breast		22
23		12/U	200 Medley Relay		24
23		13/O	200 Medley Relay		24

Swimmers may swim a max of 4 events