



# 2023 SI RSD All Ages A/BB Meet Information November 10-12

Pardee Aquatics Center / 533 Lomas Sante Fe Drive / Solana Beach, CA



## CHECK-IN INFORMATION

### Friday:

All swimmers **must** check in **before 4:30 p.m. on Friday night**. Coaches are welcome to email the meet administrator, Kristyn Evans ([kevans@bgcsandieguito.org](mailto:kevans@bgcsandieguito.org)) check ins until 4:00 p.m. Friday night.

### Saturday/Sunday:

All swimmers **must** check in before **8:30am on Saturday/ Sunday** to be seeded in the meet. Coaches may check in swimmers. **Parents and other teammates are NOT ALLOWED to check in late arriving swimmers.** ONLY swimmers checking in and Coaches are allowed in the check in area.\

### No-shows penalties:

Missing an event will result in a swimmer being unable to swim in their next race (this carries over to the swimmer's first Sunday event if the last Saturday event is missed).

## IMPORTANT ITEMS OF NOTE/ MEET OPERATIONS

### Friday Events:

Friday Distance Freestyle events: #1-2-3-4-7-8) 500/1000/1650 freestyle

**All swimmers must have own timer & lap counter.**

Friday 400 IM event: #5-6

**All swimmers must have own timer.**

## SAFE SPORT:

**Cell phones/cameras:** No cell phones or photography of any kind allowed behind the blocks. Video/photos can be taken from the side or at the turn end of the pool only.

**Restrooms:** RSD is working on a way to separate the bathroom facilities to allow for athletes on one side and parents/spectators on the other; for now, changing **WILL NOT** be allowed in the restrooms. All teams should have Safe Sport or similar changing tents within their team areas and should be utilized. Keep in mind, deck changing is not allowed except within the confines of the changing tent. Should the bathroom facilities and accommodations change, it will be announced at the pool.

## USA SWIMMING PHOTOGRAPHER:

We are excited to announce that USA Swimming will have a videographer on site during the meet to capture images for their coaching and officials' education programs. All meet attendees (parents, swimmers, coaches, officials and spectators) should review the Media Waiver (last page of this meet info document). The Media Waiver DOES NOT NEED TO BE SIGNED; it is for informational purposes only.

Should you wish to opt out please click the link & fill out the form. [USA Swimming Media Opt Out Form](#)

## FACILITY DETAILS

### Parking and Overflow:

- Parking is always a challenge at our facility and athlete drop-off is encouraged. Overflow parking is available - **See parking/facility maps for parking areas**. Note several lots are off limits.
- Look at the parking overflow areas in advance.
- **No parking on residential private driveway directly east of the BGC entrance or in the residential neighborhood directly behind the pool (south).**
- **No parking illegally in the pool parking lot. Park in designated spots only.**

### Parent/Spectator Areas:

**The pool deck is closed to spectators due to available space.** There is a viewing area along the pool for parents/spectators to watch. (See attached map). This is a standing only area; no chairs. Every effort will be made to keep Meet Mobile as up to date as possible to know when swimmers are due to swim. Do not set chairs in the viewing area.

### Canopies and Team Areas:

- Canopies/tarps **cannot** be dropped off before 4:00 p.m. Friday.
- Use the area designated on the map to setup canopies/tarps during your session.
- Team Canopies are allowed on deck (for swimmers only): do not place or sit directly in front of the pool's entrance/exit. Designated athlete areas are noted on the map.
- The sides of the comp pool are reserved for Coaches.
- **No Team/Parent Canopies may be set up in the following areas:**
- Do not set-up against the fence with view of the pool. That area open **MUST** remain clear/open for standing room only spectators (noted on the map).
- Do not set-up along the pool offices/in front of fitness center.
- Do not set-up preventing easy access to the facility (lobby).

### Clean Up:

Team areas should be clean/clear for the next session, including trash removal.

## OTHER INFORMATION

**Friday** No Snack Bar on Friday Night

**Saturday & Sunday** Snack Bar will be provided by Morena's Catering – the same vendor that was at the PS Freestyle Festival. Made to order breakfast burritos and other food/drinks will be available!

### Hospitality

Food and drinks available for working officials and coaches – available in the LG office.

## ESTIMATED MEET TIMELINE

**Friday** 5:00 – 7:55 p.m.

**Saturday:** 9:00 – 11:50 a.m.

**Sunday:** 9:00 – 11:50 a.m.

## TEAM WARM-UP ASSIGNMENTS

### FRIDAY

Open Warm Ups 4:00 – 4:50 pm			
4:00 p.m.-4:50 p.m.	All Athletes	COMP POOL	1-10
	All Athletes	REC POOL	1-6

### SATURDAY

Warm Up #1 7:30 – 8:10 am			
	RSD	COMP POOL	1-4
	RSD	REC POOL	1-4
	JBST	COMP POOL	5-6
	JBST	REC POOL	5
	SBA	COMP POOL	7-8
	SBA	REC POOL	6
	HSA	COMP POOL	9
	RAQ	COMP POOL	10
	SOL	COMP POOL	10
Warm Up #2 8:10 – 8:50 am			
	PS	COMP POOL	1-3
	PS	REC POOL	1-3
	NCA	COMP POOL	4-5
	NCA	REC POOL	4-5
	Swim Excellence	COMP POOL	6-7
	Swim Excellence	REC POOL	6
	MRA	COMP POOL	8
	CAST	COMP POOL	9
	UNAT	COMP POOL	10

### SUNDAY

Warm Up #1 7:30 – 8:10 am			
	PS	COMP POOL	1-3
	PS	REC POOL	1-3
	NCA	COMP POOL	4-5
	NCA	REC POOL	4-5
	MRA	COMP POOL	8
	WIND	COMP POOL	9
	CAST	COMP POOL	10
	Swim Excellence	COMP POOL	6-7
	Swim Excellence	REC POOL	6
Warm Up #2 8:10 – 8:50 am			
	RSD	COMP POOL	1-4
	RSD	REC POOL	1-4
	JBST	COMP POOL	5-6
	JBST	REC POOL	5
	SBA	COMP POOL	7-8
	SBA	REC POOL	6
	HSA	COMP POOL	9
	RAQ	COMP POOL	10
	SOL	COMP POOL	10

## TEAM LANE TIMING ASSIGNMENTS

### FRIDAY

Swimmers must provide own timers for all events.

### SATURDAY

LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	LANE 9	LANE 10
PS	PS	PS	PS	NCA	NCA	NCA	JBST	SBA	Swim Ex
PS	PS	PS	PS	NCA	NCA	NCA	JBST	SBA	RSD

### SUNDAY

LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	LANE 9	LANE 10
PS	PS	PS	NCA	NCA	NCA	JBST	SBA	SBA	HSA
PS	PS	PS	NCA	NCA	NCA	JBST	SBA	CAST	RSD

**TIMERS:** TIMER BEWARE: shade canopies do not fit behind the starting blocks. Timers are encouraged to dress appropriately for timing shifts during the meet.

1. I, the undersigned, hereby authorize USA Swimming, Inc. (USA Swimming), its agents and employees the irrevocable and unrestricted right to photograph me, take motion pictures of me, take video footage of me, and/or make electronic sound recordings of me (herein referred to as photographic or electronic reproductions).
2. I authorize the use of any such photographic or electronic reproductions of me for any purpose, including, but not limited to publication, promotion, illustration, advertising, or trade, in any manner or in any medium deemed appropriate by USA Swimming for educational and other public media (I understand that I may be identifiable from such photographic or electronic reproduction).
3. I hereby consent and agree that such photographic or electronic reproductions shall be the sole property of USA Swimming and that USA Swimming has the right to duplicate and reproduce the images as it may desire, free and clear of any claim on my part.
4. I hereby release USA Swimming and its legal representatives for all claims and liability relating to said photographic or electronic reproductions. Furthermore, I grant permission to use my statements that were given during an interview with or without my name, for the purpose of advertising and publicity without restriction. I waive my right to any compensation.

This authorization shall remain in effect until revoked by me in writing.

**Agreed and accepted by:**

Print Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Signature & Date: \_\_\_\_\_

For Review Only

**Parental Consent**

It is USA Swimming's policy not to identify minors by full name or address in any photographs, videos or publications used.

By signing the below, I (i) certify that I am the legal parent/guardian of the individual above, a minor under the age of eighteen years (Minor Athlete); (ii) grant USA Swimming permission to use Minor Athlete's image in photographic or electronic reproductions; (iii) consent that such photographic or electronic reproductions may be used by USA Swimming in whatever way it desires for future promotional appearances; and (iv) hereby agree to assume legal responsibility for authorizations made in this Media Release.

\_\_\_\_\_  
Signature of Parent/Guardian

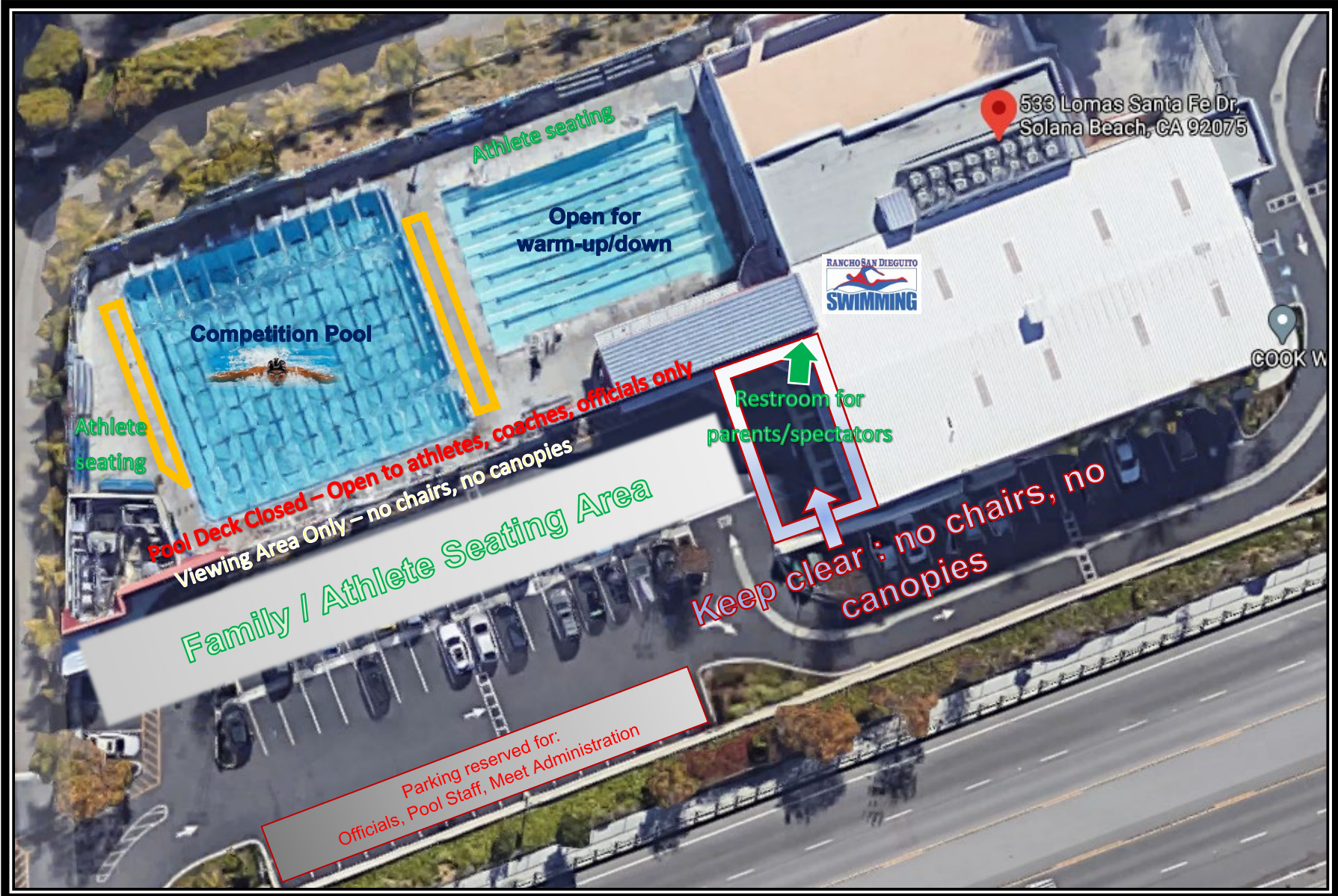
\_\_\_\_\_  
Address of Parent/Guardian

\_\_\_\_\_  
City, State, Zip Code

\_\_\_\_\_  
Date

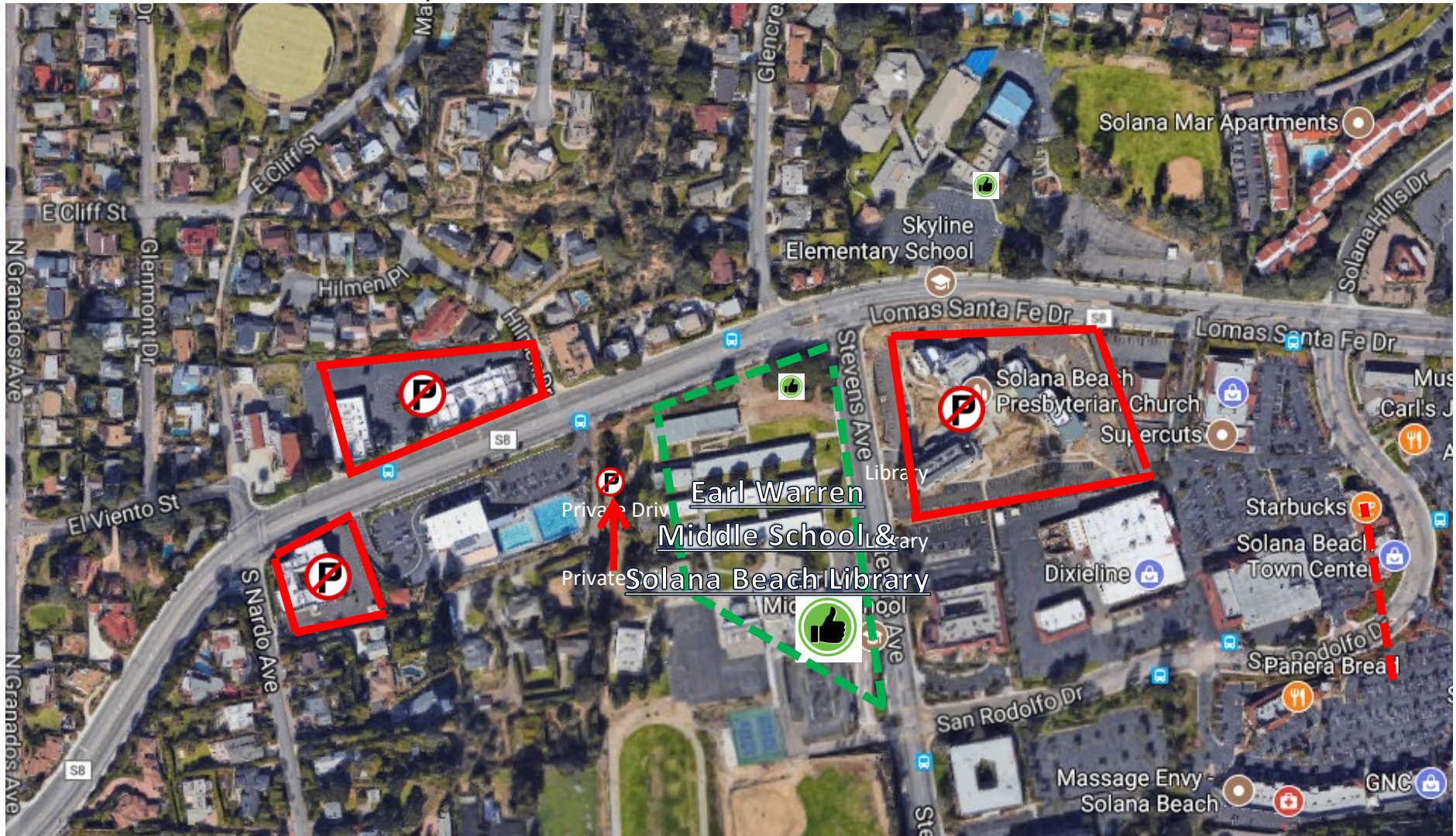
(\_\_\_\_\_) \_\_\_\_\_  
Phone Number

**Pardee Aquatics Center – Swim Meet Pool Config**  
Pardee Aquatics Center – 533 Lomas Santa Fe Drive, Solana Beach 92075



**FRIDAY AND SATURDAY Nov 10-11, 2023**

Pardee Aquatics Center – 533 Lomas Santa Fe Drive, Solana Beach 92075



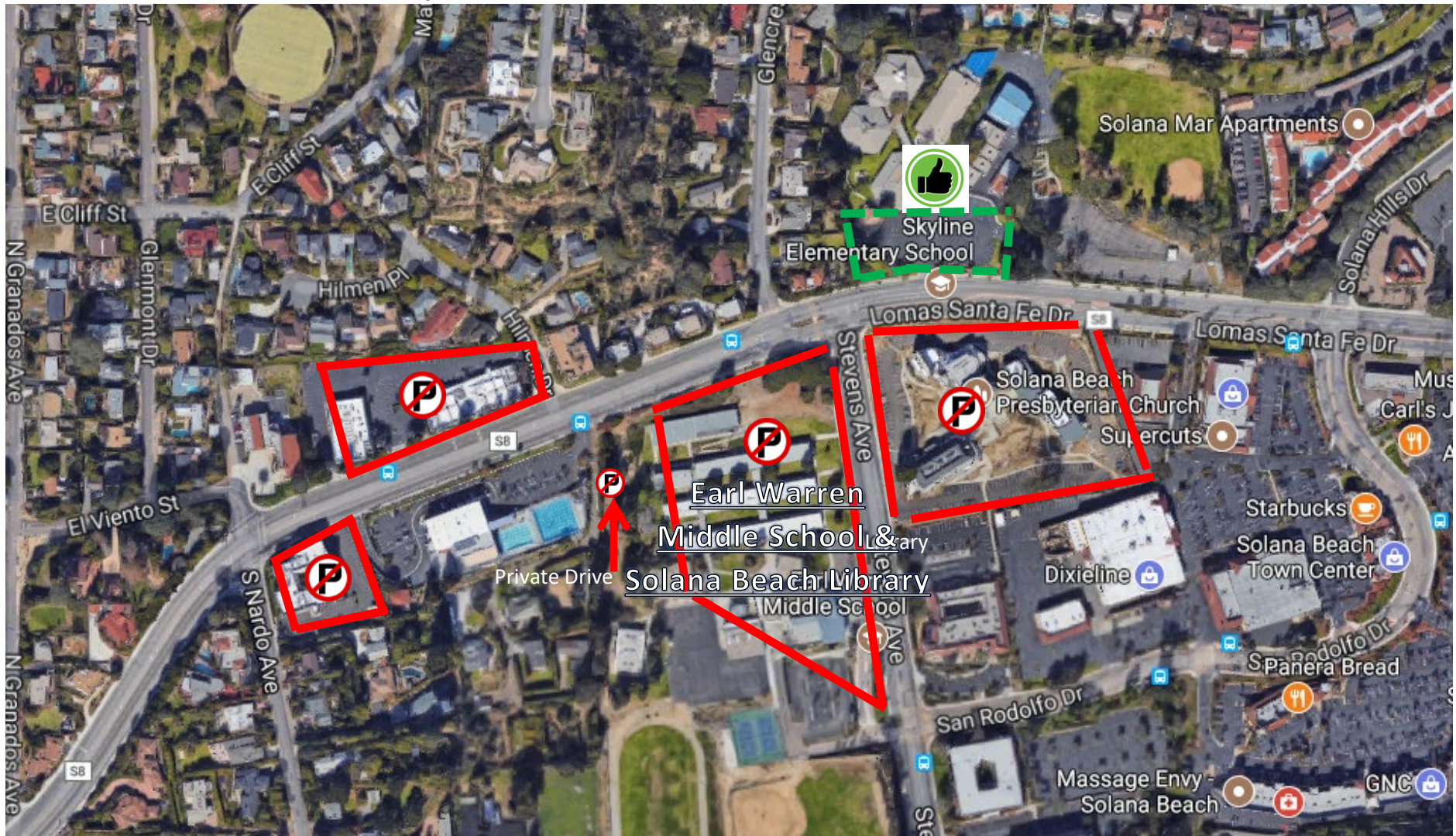
**Overflow Parking** @ Earl Warren Middle School, Solana Beach Library, and surface streets.



**No Parking** @: neighboring businesses, or pool-adjacent private drive (east of pool), Presbyterian Church

# SUNDAY Nov 12, 2023

Pardee Aquatics Center – 533 Lomas Santa Fe Drive, Solana Beach 92075



**Overflow Parking** @: Skyline School, and surface streets.



**No Parking** @: neighboring businesses, or pool-adjacent private drive (east of pool), Presbyterian Church, **Earl Warren Middle School, Solana Beach Library**