

2025 SI FAST 14U RISING STARS 3 MEET INFORMATION SHEET

Meet will start at 9:00 am TIMELINE: Approximate meet finish time 11:30

Pool is located off of Mission Ave and Winterhaven

Do not park in front of the school as all the gates will be locked. The lot up the street from the pool will be open for parking.

CHECK-IN IS REQUIRED: Check in will open at 7:15 am and close at 8:30 am

No parents allowed at check in. We have staff that will help the swimmers check in
Both boys and girls will swim the events together but be awarded separately.

At 8:50 am there will be an all athletes team picture & short meeting on the hill.

ELECTRICAL WORK BEING DONE AT THE POOL: Due to electrical work being done at the pool there will be no snack bar. Please bring your own snacks. No tarps will be allowed to set up in front of the fence that has been added to the grass area.

FACILITY: The facility will open at 7:00 am. Teams are NOT allowed to set up tarps on the bleachers. The bleachers are allowed for parents/spectators only.

PARKING: There will be some reserved parking for officials in the parking lot.

PARENTS ARE NOT ALLOWED BEHIND THE BLOCKS UNLESS THEY ARE TIMING.

There are no phones or recording devices allowed in the locker rooms or behind the blocks.

SNACK BAR & HOSPITALITY: There will be NO hospitality or a snack bar available due to the electrical work being done at the facility.

WARM UP ASSIGNMENTS: Both pools will be available for warm up during all warm up times.

7:45-8:15 am FAST, ICAC

8:15-8:45 RAQ, LSF, CSTE, SBA, CALI

TIMING ASSIGNMENTS: 2 timers per lane

LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6
CALI	ICAC	RAQ	RAQ	FAST	FAST

RELAY CARDS: Relays will be deck entered and are due by 9:30 am - relays are \$20

Event 16: 10/u Mixed 100 FREE MEDLEY mixed relay- 2 boys and 2 girls

Event 17: 11-14 Mixed 200 MEDLEY relay – 2 boys and 2 girls

Because Athletes and Non-Athletes must share the locker room, the athletes are not allowed to change or use the showers. Teams should bring their safe sport tents to allow your swimmers a place to change.