



SI – RSD All Ages NTS Meet

Saturday & Sunday January 18-19, 2025

Pardee Aquatics Center / 533 Lomas Santa Fe Drive / 92075



CHECK-IN INFORMATION

This meet requires each swimmer to check-in for all races prior to the start of the meet each day of competition, Saturday and Sunday.

Check in opens at **7:00 a.m.**

Check-in closes at **8:30 a.m.**

Only swimmers and coaches may check swimmers in. **No parents in the check-in area. Parents and other teammates are NOT ALLOWED to check in late arriving swimmers.**

No-shows penalties:

Missing an event will result in a swimmer will be barred from their next individual event and will not be allowed to swim that race (this carries over to the swimmer's first Sunday event if the last Saturday event is missed).

IMPORTANT ITEMS OF NOTE/ MEET OPERATIONS

Swimmers in the 500 Freestyle (Saturday) and 1000 Freestyle (Sunday) must provide their own timers and a lap counter and timer.

SAFE SPORT

Cell phones/cameras: No cell phones or photography of any kind allowed behind the blocks. Video/photos can be taken from the side or at the turn end of the pool only.

Restrooms: RSD is working on a way to separate the male bathroom facilities to allow for athletes on one side and parents/spectators on the other; for now, changing **WILL NOT** be allowed in the restrooms. All teams should have Safe Sport or similar changing tents within their team areas and those should be utilized. Keep in mind, deck changing is not allowed except within the confines of the changing tent. Should the facility accommodations change, it will be announced/noted at the pool.

FACILITY DETAILS

Parking and Overflow:

- Parking is always a challenge at our facility, Athlete drop-off is encouraged. Overflow parking is available - See attached map for parking areas. Note several lots are off limits.
- Review the parking overflow areas in advance.
- **No parking on residential private driveway directly east of the BGC entrance or in the residential neighborhood directly behind the pool (south).**
- **No parking illegally in the pool parking lot. Park in designated spots only.**
- Arrive early and be prepared for drop-off near the flagpole (avoid unloading at the entrance of the lot as this will cause traffic to back up on to Lomas Santa Fe Dr. **Vehicle flow is one-way from east to west.** Please do not enter the parking lot on the west side. Take caution in the parking lot and please DRIVE SLOW and CAUTIOUS!

Parent/Spectator Areas:

The pool deck is closed to spectators due to the available space. There is a viewing area along the pool for parents/spectators to watch. (See attached map). This is a standing only area. Do not set chairs or camp in the viewing area. Every effort will be made to keep Meet Mobile as up to date as possible to watch your swimmer's race.

Canopies and Team Areas:

- Canopies/tarps **cannot** be dropped off before 7:00 a.m. Saturday. Use the area designated on the map to set up canopies/tarps during your session.
- Team Canopies are allowed on deck (for swimmers only): do not place or sit directly in front of the pool's entrance/exit. Designated athlete areas are noted on the map.
- The sides of the comp pool are reserved for Coaches.
- **No Team/Parent Canopies may be set up in the following areas:**
- Do not set-up against the fence with view of the pool. That area open **MUST** remain clear/open for standing room only spectators (noted on the map).
- Do not set-up along the pool offices/in front of fitness center (under overhang).
- Do not set-up easy access to the facility (lobby).

Clean Up:

Team areas should be clean/clear at the conclusion of the swim meet.

OTHER INFORMATION

Hospitality

Hospitality will be available to working officials and coaches – available in the LG office.

Snack Bar

A limited snack bar will be available at the Snack Shack located inside the lobby. Snack bar will include packaged snacks/drinks and breakfast burritos (am), & sandwiches for lunch depending on estimated timeline. **Snack Bar is cash only, no bills larger than \$20. Bring small bills please.**

COMPETITION ESTIMATED MEET TIMELINE

Saturday: 9:00am –2:30pm
Sunday: 9:00am –1:25 pm

TEAM WARM-UP ASSIGNMENTS

–Saturday

Warm Up #1 7:00am-7:35am	Team	Location	Lane #
	RSD	COMP POOL	1-10
	RSD	REC POOL	1-6
Warm Up #2 7:35 am-8:10 am	Team	Location	Lane #
	PS	COMP POOL	1-10
*share comp pool for racing starts	JBST	REC POOL	1-6
Warm Up #3 8:10am-8:45 am	Team	Location	Lane #
	ICAC	COMP POOL	1-4
	FAST	COMP POOL	5-6
	RENEGADE	COMP POOL	7-8
	RAMONA	COMP POOL	9-10
*share comp pool for racing starts	OPEN/SDSA	REC POOL	1-6

–Sunday

Warm Up #1 7:30am-8:10am	Team	Location	Lane #
	RSD	COMP POOL	1-10
	RSD	REC POOL	1-6
Warm Up #2 8:10 am-8:50 am	Team	Location	Lane #
	PS	COMP POOL	1-9
	JBST	COMP POOL	10
*share comp pool for racing starts	ICAC	REC POOL	1-3
*share comp pool for racing starts	FAST	REC POOL	4
*share comp pool for racing starts	RENEGADE	REC POOL	5
*share comp pool for racing starts	RAMONA	REC POOL	6

TEAM LANE TIMING ASSIGNMENTS

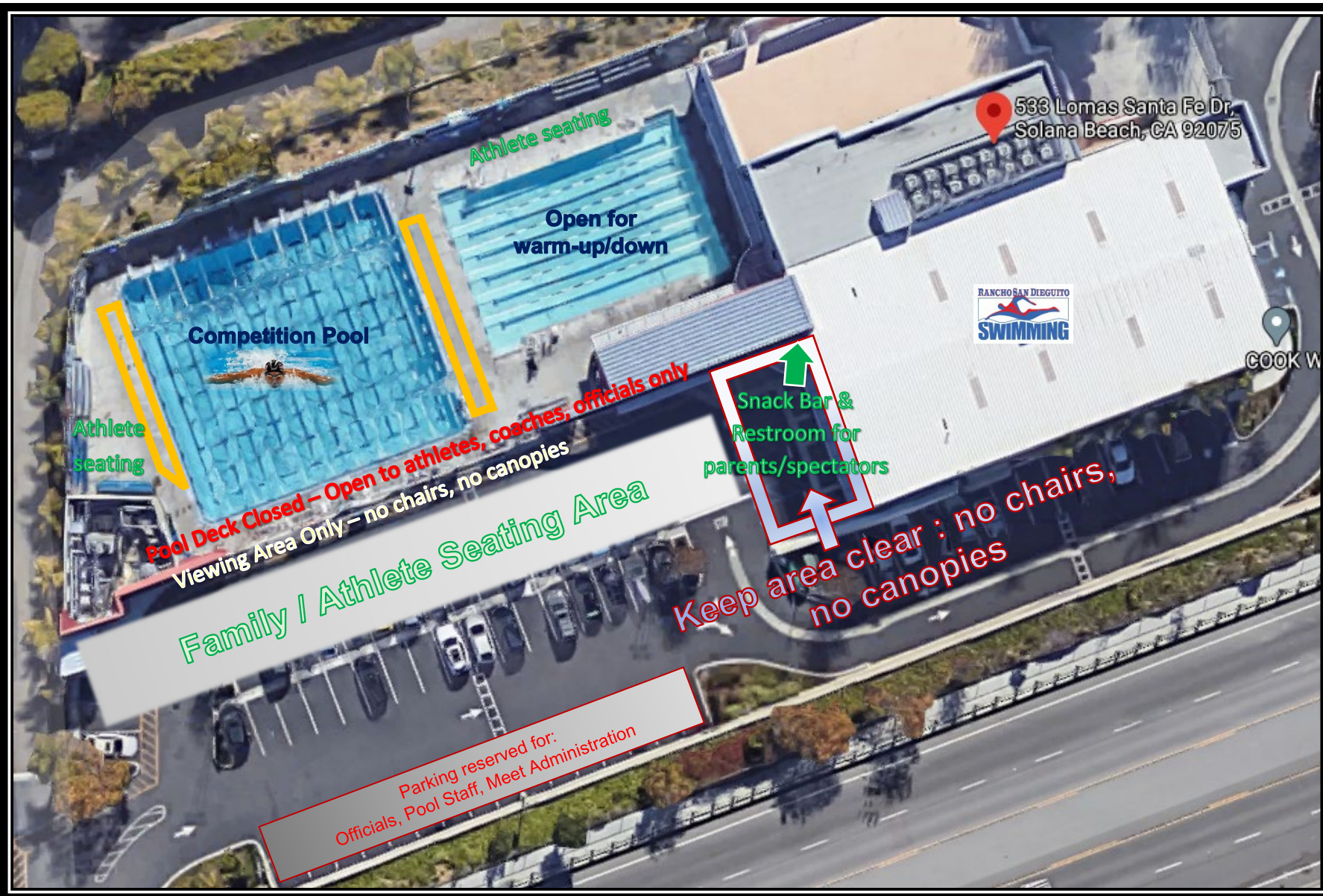
SATURDAY and SUNDAY

LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8	LANE 9	LANE 10
PS	PS	PS	RSD	RSD	RSD	RSD	ICAC	JBST
PS	PS	PS	RSD	RSD	RSD	RSD	ICAC	RAQ/RST

Swimmers must provide own timer and Lap Counter for the 500 Free (Sat), and 1000 Free (Sun)

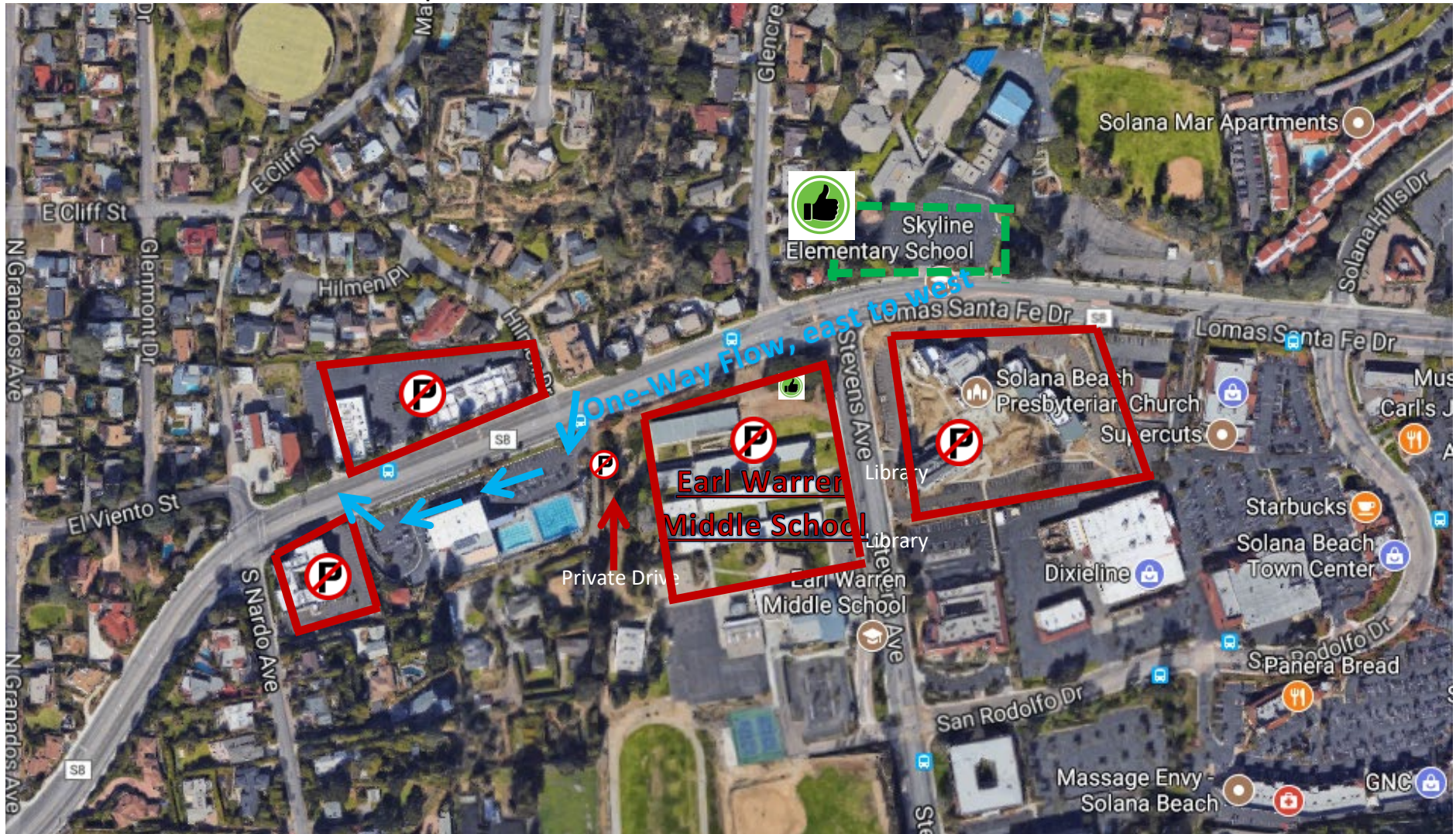
TIMERS: Timers beware: shade canopies do not fit behind the starting blocks. Timers are exposed to the elements and encouraged to dress appropriately for timing shifts during the meet.

Pardee Aquatics Center – Swim Meet Pool Config
Pardee Aquatics Center – 533 Lomas Santa Fe Drive, Solana Beach 92075



SATURDAY AND SUNDAY

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Overflow Parking @ Skyline Elementary (606 Lomas Santa Fe Dr, Solana Beach, CA 92075), and surface streets.



No Parking @: Earl Warren Middle School, neighboring businesses, pool-adjacent private drive (east of pool), Presbyterian Church.