



2025 Age Group Championship Time Standards (updated 11/14/24)

GIRLS			BOYS	
LCM	SCY	10 & UNDER	SCY	LCM
39.89	35.19	50 FREE	34.49	39.49
1:31.19	1:19.99	100 FREE	1:18.79	1:30.19
3:20.99	3:01.19	200 FREE	2:55.99	3:12.09
48.89	42.39	50 BACK	42.79	49.19
1:46.99	1:33.69	100 BACK	1:32.29	1:44.09
54.49	47.49	50 BREAST	48.09	53.59
1:59.79	1:44.99	100 BREAST	1:49.09	1:56.99
47.59	42.29	50 FLY	43.49	46.59
1:54.99	1:40.59	100 FLY	1:46.69	1:54.99
	1:31.69	100 IM	1:34.89	
3:43.19	3:19.59	200 IM	3:27.19	3:40.79

LCM	SCY	11 & 12	SCY	LCM
33.69	29.99	50 FREE	30.79	34.69
1:15.09	1:04.99	100 FREE	1:07.99	1:15.49
2:49.19	2:24.99	200 FREE	2:31.49	2:44.89
5:56.49	6:38.19	400M/500Y FREE	6:49.69	5:48.69
40.79	35.39	50 BACK	37.49	40.39
1:30.99	1:18.09	100 BACK	1:19.99	1:27.99
3:12.89	2:46.99	200 BACK	2:45.69	3:05.19
45.49	39.99	50 BREAST	40.99	45.19
1:40.89	1:27.19	100 BREAST	1:29.49	1:38.39
3:38.99	3:12.59	200 BREAST	3:06.19	3:28.69
38.29	34.39	50 FLY	35.69	38.59
1:29.49	1:19.09	100 FLY	1:20.29	1:26.29
3:16.19	2:50.19	200 FLY	2:40.79	3:06.19
	1:15.29	100 IM	1:17.99	
3:11.39	2:42.99	200 IM	2:47.99	3:08.49
7:00.29	5:56.79	400 IM	5:58.39	6:39.19

LCM	SCY	13 & 14	SCY	LCM
31.49	27.89	50 FREE	26.19	29.49
1:07.99	1:00.49	100 FREE	57.79	1:04.49
2:29.39	2:15.59	200 FREE	2:06.59	2:20.59
5:14.39	6:01.59	400M/500Y FREE	5:43.39	5:05.19
10:47.99	12:23.19	800M/1000Y FREE	11:34.79	10:36.99
20:39.79	20:34.29	1500M/1650Y FREE	20:53.99	21:07.69
1:17.29	1:09.39	100 BACK	1:05.49	1:16.09
2:53.99	2:35.39	200 BACK	2:34.99	2:43.99
1:30.79	1:20.09	100 BREAST	1:16.99	1:25.79
3:11.39	2:56.79	200 BREAST	2:44.59	3:07.19
1:16.39	1:08.49	100 FLY	1:07.19	1:12.49
3:01.49	2:46.89	200 FLY	2:36.99	2:54.19
2:47.79	2:33.49	200 IM	2:26.39	2:37.69
6:02.19	5:35.69	400 IM	5:17.99	5:54.99

LCM	SCY	15 - 18	SCY	LCM
30.89	27.49	50 FREE	24.39	27.59
1:07.89	58.99	100 FREE	53.49	1:00.89
2:26.19	2:08.09	200 FREE	1:56.99	2:12.89
5:07.29	5:43.39	400M/500Y FREE	5:23.69	4:52.09
10:47.39	11:50.79	800M/1000Y FREE	11:14.59	10:12.09
20:44.49	20:11.29	1500M/1650Y FREE	18:54.39	19:28.99
1:16.19	1:06.69	100 BACK	1:00.99	1:11.99
2:48.09	2:25.19	200 BACK	2:18.59	2:38.59
1:28.29	1:16.89	100 BREAST	1:08.99	1:18.99
3:13.79	2:48.99	200 BREAST	2:34.09	2:56.99
1:12.19	1:03.99	100 FLY	57.89	1:04.69
2:53.49	2:28.99	200 FLY	2:28.29	2:46.09
2:44.49	2:22.99	200 IM	2:10.09	2:28.89
5:59.99	5:10.99	400 IM	4:51.09	5:28.59