

2026 Heartland All Ages NTS Meet

January 31st & February 1st

Meet Information

Steele Canyon High School

12440 Campo Rd, Spring Valley, CA 91978

Coaches and team administrators:

Please distribute this to your families that are attending the meet.

Tarps and Team Areas:

Teams will be allowed to set up on the blacktop outside the pool gates as well as up top near the class buildings (see the green areas on map). Teams or families will not be able to set up tents on the pool deck.

Coaches & Specators: Spectator area is highlighted in blue on the map. Coaches may set up tents and chairs for themselves in the yellow highlighted areas. No spectators or tents will be allowed around the admin area, highlighted in red on the map.

Safe Sport: No photography behind the start area/blocks. No parents behind the start area/blocks unless timing.

Check in: Check-in will open at 7:05 AM and close at 8:30.

Bathrooms: There are two sets of bathrooms. One will be for all patrons and has multiple stalls, the others are single occupancy restrooms that athletes can use for changing. Teams should bring personal changing tents for their athletes.

Clean Up:

Coaches/Teams are required to make sure their area is clean and clear before leaving.

Snack Bar and hospitality will be available

Timing System

At this meet, We will be utilizing the Time Drops timing system at the meet.

One of the advantages of this system is that your phones also become a scoreboard. You will be able to see running times of the heats from any location as well as names and results of the swimmers. **These results are unofficial**, as you will be seeing the raw data as it comes into the meet admin, without DQ's. Times are corrected later when button or watch errors are present. The official results, as usual will be posted on the wall, after being checked and verified as well as adjustments for DQ's.

Meet mobile will also be available at this meet.

Make sure you charge up your phones in advance. Please visit the google play store or the apple store and download **Time Drops Live!**. **Once we seed and load the meet** (right at meet start) you will be given the four-digit access code and will be able to see all of the heats, heat results, and switch back and forth between heat results view and the live scoreboard view.

Estimated Meet Length

The tentative timeline is included in the email.

Warm-up/warm-down:

There will be two lanes of warm up and warm down but swimmers must keep moving and will not be allowed to just stand around in those lanes.

Awards: Ribbons 1st-8th - will be available toward the end of the meet for swimmers 12 & under.

Warm-up Assignments:

Warmup 1 6:50-7:20: Heartland 6 lanes, MRA 2 lanes, TAQ 2 lanes

Warmup 2 7:20 – 7:50: JBST 5 lanes, WIND 5 lanes

Warmup 3 7:50- 8:20: NCA 8 lanes, RST 2 lanes

Warmup 4 8:20-8:50: FAST, CALI, ICAC, RAQ, SDSA

Timing assignments

SATURDAY & SUNDAY

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
MRA	NCA	NCA	JBST	WIND	ICAC	SDSA	CALI
RST	NCA	NCA	JBST	WIND	ICAC	SDSA	RAQ

see you at the pool.

--- Heartland Swim Association---



Steele Canyon High
School Swimming Pool

Cougar Canyon Dr

