



**Summer Swim Team
2024**

**Season begins on June 3rd.
Last day of the season is July 28th**

Winters Group Information

Gold Group

\$125

Mon-Thu 8:15-9:45 am

Swimmers 11 and older

Swimmers must be able to swim 100 yards of freestyle as well as 50 yards of backstroke, breaststroke and butterfly.

- Swimmers in Gold group will have the option to register in our Junior Coach program.
- Swimmers must be 13 and older and in our Gold group to register as a Junior coach.

Silver Group

\$125

Mon-Thu 8:30-9:45 am

Swimmers 11 and older

Swimmers must be able to swim 50 yards of freestyle as well as swim legal backstroke and breaststroke.

Bronze Group

\$115

Mon-Thu 9:45-10:45 am

Swimmers 12 and under

Mon-Thu 4:40-5:40 pm

Swimmers 12 and under (combined group)

This group is open to 12 and under swimmers who are able to swim 25 yards of freestyle and backstroke. Swimmers should be able to perform legal butterfly and breaststroke kicks. This was previously the Red Swim group. Participants can attend morning or afternoon practices.

Red Group

\$115

Mon-Thu 10:45-11:30 am

Swimmers 12 and under (combined group)

Mon-Thu 4:40-5:40 pm

Swimmers 12 and under (combined group)

This group is open to swimmers who are 12 and under who are able to swim 25 yards of freestyle. This was previously the White Swim group. Participants can attend morning or afternoon practices.

Pre-Team

\$95

Mon-Thu 10:30-11:00 am

12 and under

Mon-Thu 11:00-11:30 am

12 and under

Mon-Thu 4:40-5:10 pm

12 and under

Mon-Thu 5:10-5:40 pm

12 and under

Swimmers MUST be able to kick 25 yards unassisted with a kickboard. Swimmers MUST be able to swim 10 yards unassisted. Families can register their swimmer for one of the pre-team practice groups. Space is limited to 12 swimmers per group. Swimmers can attend one of the offered practice groups.

Mid-summer registration is available for swimmers starting on July 1 for all groups (\$60.00.)

ELP Team Program

We are offering groups specific to the ELP program in the mornings. These groups will be six swimmers to one coach. Participants **MUST** be part of the ELP program to participate. Times offered include:

9:00-9:30

9:30-10:00

10:00-10:30

Registration

Registration for the summer swim team opened on April 1 and will continue until July. Our new registration website will be powered by Sports Engine and is a separate website from the DART-Solano site. We hope that this will streamline and simplify the registration and meet entry process.

Swimmers will pay a one time fee using either a credit card or ACH. Swimmers who register by Monday, June 3 will receive a cap and t-shirt. These items will be available for purchase for swimmers who register after June 3.

Scholarships

Registration is \$75 for qualified swimmers. The City of Winters would pay the additional fees based on their swim group. Families who register their swimmers for this group **MUST** qualify based on the City of Winters.

Swimmers who are scholarships should register for the scholarship group. Staff will reach out to place them in the appropriate swim group.

Group Placement

Rosters from our 2023 season will be available on the team website for reference. Families should reference their swimmer's previous group when registering for the team.

Swimmers **MUST** meet the minimum requirements to register for pre-team. Any swimmers who do **NOT** meet these requirements should register for lessons.

Coaches will review the rosters as well as swimmers on the first week of practice to make any adjustments. Final group placements will be posted on Friday, June 7 that include any needed adjustments.

Junior Coach Program

We will continue to offer a Junior coaching program. Junior coaches will assist with practices 2-4 times per week pending their availability.

Junior Coach fees are \$50 for the summer. This includes a swim cap and shirt. Swimmers **MUST** be 13 and older to participate in this program. **THIS FEE INCLUDES JUNIOR COACH PARTICIPATION IN THE GOLD GROUP.**

There will be mandatory in-service training on Saturday, June 1 and two Junior coach meetings throughout the summer. Anyone who cannot make the in-service can attend a make-up session.

Junior coaches can swim with our Gold group and attend events as well as compete in meets. Junior coaches will be required to complete CPR/First Aid training (in person or online.)

All Junior Coaches should fill out the following form.

<https://forms.gle/9qtyHmzhh7S7MYYJA>

Team Attire and Swimsuits

Swimmers who register by June 3 will receive a cap and a t-shirt. Additional items will be available for purchase-information will be sent out directly to members as well as posted on the team website.

Swimmers should purchase a suit specific to competitions that is tight fitting. Suits can be any brand and be either solid black or black and red. We recommend either TYR.com or Swimoutlet.com.

Coaching Staff

| | |
|----------------------------|-----------------------|
| Garrett Mathison | Co-Head Coach |
| Lacie Lopez | Co-Head Coach |
| Mikenzie Hapworth-Eldridge | Coach/Lead Instructor |
| Nani Tabura | Coach |
| Kenneth Mathison | Coach/Instructor |

**Additional staff will be added to the list and website. Bios for all coaches will be posted on the website prior to the start of the season*

New Swimmer Evaluations

Swimmers who are new to the team should attend a new swimmer evaluation. A schedule of spring and summer new swimmer evaluations will be made available.

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|-----------|-------------|---------------|
| May 9 | Evaluations | 5:30-6:30 pm |
| May 14/16 | Evaluations | 5:30-6:30 pm |
| May 21/23 | Evaluations | 5:30-6:30 pm |
| May 28 | Evaluations | 5:30-6:30 pm |
| June 3-6 | Evaluations | 9:00-10:30 am |

Season Meeting **June 11** **9:30-10:00 am (Pool)**
11:30 am-noon (Pool)
6:00-6:30 pm (ZOOM)

Open to swimmers and parents. Coaches will be on site to review the upcoming season, meets and events.

Time Trials and Social **June 14** **3:00-6:00 pm**

This will be a practice meet to capture times for swimmers to start the season. All swimmers are encouraged to attend. Participant ribbons will be distributed following the meet. Participant ribbons will include swimmer times. We will have a short open swim at the end of the time trials.

Team Pictures/Olympic Day **June 20** **8:45-11:00 am**

We will have an Olympic themed day and team pictures on Thursday, June 20. This will include all swim groups. Team shirts will be distributed on the day of the event. More info will be sent out closer to the events.

Home Meet **June 21** **3:00-7:30 pm**

This would be a Friday afternoon meet that includes Winters as well as swimmers from other teams. Events would be the standard meet events. Exhibition events will include a kickboard and noodle race. Swimmers will receive ribbons.

Red and White Invite **July 13** **7:30 am-2:00 pm**

This would be a Saturday meet that includes Winters as well as other teams. Awards will include medals and ribbons. This will be a team scored meet.

Psych Day **June 26** **4:00-6:00 pm**

This will be a psych day that includes cheers, games, poster making and more. We will set up for the GVSL championships during the psych day.

GVSL Championships July 27 7:30 am-3:00 pm

This will be the end of the season. This will include additional teams. Awards will be given (medal and ribbons.) This will be a team scored meet.

Awards and Potluck July 28 11:00 am-2:00 pm

We will host our annual awards presentation on Sunday, July 28. This is open to parents and swimmers.

An open swim for families will be available following the awards and potluck.

Parent Meetings and Education

Pre-Season Info Meeting May 22 7:15-7:30 pm (ZOOM)

This is open to any parents and swimmers who are part of the team or interested in joining the team. This will be held at the pool.

Officials Training TBD TBD

This is open to any parents who are interested in being a stroke and turn official or starter for our summer meets. No experience needed!!!

Timing System Training TBD TBD

We will offer a timing system training for any parents interested in helping with the timing system for hosted meets. A day and time will be sent out once the season begins.

Club and High School Swimming TBD Time-TBD

We will offer a meeting for swimmers and parents who are interested in USA club swimming or high school swimming. This will include any info about local clubs as well as the Winters High school team (the Head Coach will attend.)

Additional educational sessions may be added during the season.

Parent Volunteers

All parents who participate on the team will be required to fill one volunteer shift for each meet that their swimmer participates. Pre-Team is excluded from these requirements.

A volunteer committee will be formed in May to assist with additional volunteer help for the following events. If you are interested in participating on the committee, please reach out to wintersswim@gmail.com.

Volunteer opportunities for the summer will include (we are looking for six parents.)

- Social and Events
- Swim Meets
- Awards Day and Potluck
- Firework Stand

We look forward to a fun 2024 summer.

Winters Swim Team

www.wintersswimteam.com

wintersswim@gmail.com

707-980-8934 team phone