

2025-26 SAY SWIM TEAM

8&Unders / Junior 1 & 2 HOLIDAY SCHEDULE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
21 Regular Practice Times	22 Regular Practice Times	23 Regular Practice Time	24 Christmas Eve X	25 Christmas X	26 X	27 X
28 Junior 2 8:00- 10:00am Junior 1 10:00- 11:00am 8&Unders 11:00- 11:45am	29 Junior 1/2 Hurst 8&Unders Buntin 2:30- 3:30pm	30 Relay Carnival 11:00am- 1:30pm	31 New Year's Eve X	1 New Year's Day X	2 Junior 1/2 Hurst 8&Unders Buntin 2:30- 3:30pm	3 X

Junior 3 & Senior Prep HOLIDAY SCHEDULE

Senior Prep Group Swimmers are expected to attend the Sunday Dec 28 Long Course Practice at the JAC

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
21 Regular Practice Times	22 Regular Practice Times	23 Regular Practice Time	24 Christmas Eve X	25 Christmas X	26 X	27 Jr3/SenPrep 9:00- 11:00am
28 Junior 3 8:00- 10:00am Senior Prep 12:00-2:00 LCM @ JAC	29 Jr3/SenPrep 5:00- 6:30pm	30 Jr3/SenPrep 10:00- 11:00am Relay Carnival 11:00am- 1:30pm	31 New Year's Eve X	1 New Year's Day X	2 X	3 Jr3/SenPrep 10:00- 11:30am

SENIOR GROUP DOUBLES

Our holiday special practices are back! Senior Group Swimmers are expected to attend every practice offered.

Missed practices will not be excused. Participation in the relay carnival is expected.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
21 Regular Practice Times	22 Regular Practice Times	23 Seniors will end at 8:30pm	24 Christmas Eve X	25 Christmas X	26 X	27 7:30- 9:00am *Team Breakfast* 3:30- 5:00pm
28 12:00-2:00 LCM @ JAC <i>Our annual training trip to sunny New Providence!</i>	29 7:00- 9:00am *Team Breakfast* 3:30- 5:00pm	30 8:00- 9:45am Relay Carnival 11:00am- 1:30pm	31 New Year's Eve X	1 New Year's Day X	2 7:00- 9:00am *Team Breakfast* 3:30- 5:00pm	3 8:00- 10:00am