



2026 SC AAYM CYSL Winter Championships



Date of Meet:

2/20/26 – 2/21/26

Meet Sanction:

Held under the Approval of the YMCA of the USA Sanction Number:

CAQ-2025-SC09074664

Held under the Approval of USA Swimming issued by SC Swimming:

SC2663AP & SC2664TT

Host Club:

Anderson Area YMCA Makos

Meet Director: Wally Weathers

wallyw@andersonareaymca.org

864-716-6260

Meet Referee: Scott McMillan

smcmillan@wyattseal.com

704-614-3846

Admin Official: Lindsay McKeever

lmckeever11@gmail.com

864-477-9179

Meet Entries to: Brian Heaton

makosswimteam@yahoo.com

812-208-8473

Safety Marshals: Madison Harrell

madisonh@andersonareaymca.org

864-716-6276

Nick Harrell nickh@andersonareaymca.org

864-716-6260

Meet Sanction:

This meet is a sanctioned, closed, inter-association championship YMCA Meet held by the Carolina YMCA Swim League. This meet and all participants will adhere to the Rules that Govern YMCA Competitive Sports and the Swimming Addendum to the Rules that Govern YMCA Competitive Sports. USA Swimming technical rules will be followed. The meet is YMCA sanctioned and approved by SC USA Swimming. This competition will satisfy the Championship Meet requirement for YMCA Nationals.

Facility:

Meet Location: Anderson Area YMCA, 201 E. Reed Road, Anderson, SC 29621

Facility Telephone: 864-716-6260

The aquatics facility at the AAYMCA is an indoor climate controlled facility consisting of an eight (8) lane 25 yard competition pool and an adjacent therapy pool. The water depth of the competition course is nine (9) feet measured from one (1) meter to five (5) meters at the starting end of the course and four (4) feet measured from one (1) meter to five (5) meters at the turn end of the course.

The competition pool has bottom striping, wall targets, and competition starting blocks. The therapy pool is 15y long and will be available for warm-up and warm-down throughout the meet. The therapy pool depth is five feet. There is no diving allowed in the therapy pool. The facility has girls and boys locker rooms for all swimmers as well as separate locker rooms for adults. Additional restrooms are available for spectators outside the pool deck. Our facility is handicap accessible and has two special needs locker rooms. Medical supervision will be available during the meet with lifeguards on duty.

The competition course has not been certified in accordance with 104.2.2C(4).

Rules:

Meet to be conducted in accordance with the current USA Swimming and SC Swimming Rules and Regulations and information herein. This is a closed meet and only open to any CYSL League Team. CYSL League By-Laws will also govern this meet.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

Deck changing is prohibited by USA Swimming and South Carolina Swimming. A first offense will result in the disqualification of the offending swimmer from the next scheduled event. The second offense for the same swimmer will result in the disqualification from the remainder of the meet.

SWIMWEAR: No Technical Suit may be worn by any 12 & under USA Swimming athlete member in competition at any Sanctioned, Approved or Observed meet (USA Swimming Rule 102.8.1.1.F)

MAAPP 2.0: All adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

Athlete Eligibility: This competition is open to any swimmer who is a member of any CYSL team. All swimmers entered in the meet must meet Carolina YMCA Swim League championship meet eligibility requirements. Coaches must certify that each athlete:

1. Is a current YMCA member in good standing
2. Has participated in a minimum of two (2) CYSL closed meet
3. Each participant must have met the minimum time standard for each event entered.

Each team entered must have completed the annual online YMCA team registration and each coach must have completed the annual YMCA on-line registration prior to the entry deadline.

In compliance with the US Center for SafeSport's standards, YMCA athletes 18 and over must complete Athlete Protection Training every 12 months. Options include: "USA Swimming Athlete Protection Training; US Center for SafeSport "SafeSport Trained" course; Praesidium "Abuse Prevention-Swim Edition Parts I+II and "Duty to Report Mandated reporter".

Swimmers age for the meet will be the age of the swimmer as of **February 20, 2026**. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a USA Swimming member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

CLASSIFICATION: This meet is a closed YMCA meet. Swimmers must have achieved the time standard in each event entered and meet all other eligibility requirements.

Athletes with disabilities are welcome and encouraged to participate in the meet. Athletes requiring special accommodations must contact the Meet Director at least one week prior to the meet.

Image Release: By attending or participating in this competition, you agree to be filmed and photographed by the host club approved photographer(s) and videographer(s) and to allow the right to use names and pictures before, during, or after the meet such as in public psych sheets, heat sheets, and results or featured on the host club or SCLSC website or social media or in public broadcast of the event via television or webcast. Parents and guardians of minor swimmers who do not wish their swimmers to participate in interviews or have individual pictures featured on any media should inform their team's head coach and the Meet Director prior to the start of the meet.

Entry Limits:

Swimmers may swim two (2) individual events and one (1) relay on Friday evening and four (4) individual events and two (2) relays including any time trials (time trials count as one of their individual events for the day) on Saturday. Per CYSL By-laws, deck entries will not be allowed at this meet. No Time entries will not be accepted.

Entry Fees: \$20 per swimmer facility surcharge (this includes a \$5 electronic heat sheet fee), additional \$5 per individual entry and \$8.00 per relay entry.

USA registered athletes will be assessed:

\$2.00 SCLSC Travel Fund/Program Fee

\$2.00 SCLSC Sport Development Fee

\$2.00 per swimmer Out-of-SCLSC Travel Fund/Program Fee

Time Trials:

\$5.00 per time trial

Time trials will be offered based on availability and at the sole discretion of the Meet Referee

Clubs should submit a single check payable to the **Anderson Area YMCA** for the full amount due. Credit cards will be accepted as payment either in advance or on the day of the meet. It is not necessary to mail entry fees; however, all fees must be paid prior to any swimmer entering the pool.

Meet Format: All events will be contested as timed finals.

- Meet management reserves the right to adjust numbers of heats, lanes, entry limits, and warm-up times based on the number of entries.
- A team may enter an unlimited number of relays but only the top one (1) relay from each team will be allowed to score.

Age groups for the meet will be 6 & Under, 7-8, 9-10, 11-12, 13-14, 15-21. Clerk of course will be used for 8 & Under only.

- Age groups (10&under and 11&over) may be seeded together but will be scored separately.
- A swimmer who misses their assigned heat will not be entered into another heat unless it is determined by the Meet Referee to be caused by something outside of the athletes control.
- No refunds will be given

Distance events (400 and longer) may be seeded together (gender and age) and scored separately. The 500 Free on Friday evening will be positive check-in and seeded fastest to slowest alternating girls then boys. Positive check-in will close 30 minutes prior to the start of the meet. Athletes in the 500 will need to provide their own counter and timer.

Time trials will be held at the discretion of the meet referee (\$5 per time trial). Time trial swimmers will need to provide their own timers.

Time of Meet: Friday Evening- Warm-ups: 4:30pm
Competition: 5:30pm

Saturday Morning (12&under)- Warm-Ups: 7:30am
Competition: 9:00am

Saturday Afternoon (13&over)- Warm-Ups: not before 12:30pm
Competition: not before 2:00pm

***Times and session may be adjusted in order to accommodate meet size.**

****Teams will be notified of any change**

Entries: Only entries using Standard Data Interchange format (SDIF/SD3) will be accepted. Entry files should be submitted by email on or before the due date. You must also provide an entries list in pdf format and a current roster also in pdf format via mail or email. Event file can be found on the andersonmakos.com web site.

*******PLEASE SIGN RELEASE OF LIABILITY**

Deadline for electronic (SDIF/SD3) entries must be submitted to Brian Heaton (makosswimteam@yahoo.com) and must be received no later than 11:59pm, February 10, 2026. Full payment and all required paperwork must be submitted before the meet starts. You may mail checks and paperwork in advance to:

2026 AAYM SC CYSL Winter Championships
201 E. Reed Road
Anderson, SC 29621

Questions up to the deadline, can be addressed to
Brian Heaton: makosswimteam@yahoo.com or Wally Weathers wallw@andersonsreaymca.com

Teams are responsible for the delivery of entries on time. Meet Director is NOT RESPONSIBLE for chasing down entries.

SC Swimming does not accept deck registrations, all swimmers entered must be registered at time of entry deadline.

You must delete any USA Swimming registration numbers from all non-USA Swimming registered athletes for entry purposes. This can be done under the athlete function on Hy-Tek Team Manager and it can also be done in Team Unify. If you do not remove non-registered swimmer registration numbers you will be charged the registered swimmer LSC fees as outlined in this meet information

Awards: Ribbons will be awarded for the 1st through 10th places in individual events and relays.

Scoring: The meet will be scored overall as follows:
Individual: 11-9-8-7-6-5-4-3-2-1
Relay: 22-18-16-14-12-10-8-6-4-2

Timing: Colorado Timing System and data processing will be used. We have an 8 Lane LED Scoreboard displaying swimmers times to the 1/100th of a second. Event and Heat will be on display throughout the meet.

Team Eligibility: Teams must have completed the annual YMCA team registration in order to participate.

Coaches Eligibility: All coaches must be a current YMCA coach in good standing. All coaches must have completed the annual YMCA coach registration and hold current certifications in:
BLS or Professional Rescuer CPR
First Aid
Safety Training for Swim Coaches (or a valid Lifeguard certification AND Safety Training for Swim Coaches Online Content)
Principles of YMCA Swimming and Diving
Athlete Protection Training

Coaches must present their credentials to receive their coaching packet. There will be a coaches meeting 15 minutes prior to the start of the meet. Each team should have at least one representative coach present.

Other Information:

- **SPECIAL INSTRUCTIONS:**
- Age as of February 20, 2026 will be used as the competition age per CYSL Swimming Rules.
- There will be no spectator seating on the pool deck.
- There will be limited spectator viewing from observation windows at the end of the pool. We ask that spectators be courteous of each other and only stand at the window when their athlete is competing. Spectators are welcome to set up chairs outside in the Water Works areas. No one is allowed in the Water Works pool.
- The therapy pool will have lane line markers and may be used for warm up/warm down throughout the meet. No horseplay will be tolerated and all lifeguard instructions must be followed. Any questions should be addressed to the Safety Marshall or Meet Director.
- Concessions will be made available outside in the Water Works area.
- The heat sheet will be posted on our website, www.andersonmakos.com and will be emailed to the person who submits entries for each team. The heat sheet will also be posted at no charge on Meet Mobile. Hard copies of the heat sheet will be provided to coaches only at the meet.
- We ask that teams be mindful of their team areas on the deck and help to police these areas for trash and mess.
- 8&under events will start from the starting block end of the pool. All shallow end take offs in relays will be done from in the water.
- **We welcome certified officials willing to work (please report to hospitality room at the start of warm-ups for each session)**
- **Warm-up procedures:** All coaches should be familiar with the warmup procedures explained on the warmup assignment page on CYSL website. Team lane assignments will be sent out with any updated information prior to start of the meet. All CYSL safety swimming guidelines will be enforced. The use of pull buoys, paddles, kickboards, bands and tubing is prohibited.

Contact Person: Brian Heaton makosswimteam@yahoo.com

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February 20-21, 2026

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Friday Warm-up: 4:30 p.m.

Friday Meet Start: 5:30 p.m.

Friday, February 20, 2026

ORDER OF EVENTS		
Girls Event #	Age/Distance/Stroke	Boys Event #
1	13-21 400 Medley Relay	2
3	11-21 400 IM	4
5	13-21 50 Breast	6
7	11-21 200 Fly	8
9	13-21 50 Back	10
11	12 & Under 200 Free	12
13	11-21 200 Back	14
15	13-21 50 Fly	16
17	11-21 200 Breast	18
19	13-21 200 Free Relay	20
21	11-21 500 Free	22

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Saturday, February 21, 2026 AM Session 12 & Under

Saturday Morning 12&U WU: 7:30 a.m.

Saturday Morning Session 12&U Meet Start: 9:00a.m.

ORDER OF EVENTS		
Girls Event #	Age/Distance/Stroke	Boys Event #
23	12&U 100 Free	24
25	8&U 25 Back	26
27	9-12 50 Back	28
29	8&U 25 Breast	30
31	9-12 50 Breast	32
33	8&U 100 Medley Relay	34
35	10&U 200 Medley Relay	36
37	12&U 200 Medley Relay	38
39	8&u 25 Fly	40
41	9-12 50 Fly	42
43	6 & U 25 Free	44
45	7-8 25 Free	46
47	9-12 50 Free	48
49	8&U 100IM	50
51	9-12 100IM	52
53	8&U 100 Free Relay	54
55	10 & U 200 Free Relay	56
57	12&U 200 Free Relay	58

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Saturday, February 21, 2026

PM Session 13 & Over

Saturday Afternoon 13&O WU not before 12:30 p.m

Saturday Afternoon 13&O Meet Start: not before 2p.m.

ORDER OF EVENTS		
Girls Event #	Age/Distance/Stroke	Boys Event #
59	14&U 200 Medley Relay	60
61	18&U 200 Medley Relay	62
63	21&U 200 Medley Relay	64
65	13-14 200 Free	66
67	15-21 200 Free	68
69	13-14 100 Breast	70
71	15-21 100 Breast	72
73	13-14 100 Fly	74
75	15-21 100 Fly	76
77	13-14 100 Free	78
79	15-21 100 Free	80
81	13-14 100 Back	82
83	15-21 100 Back	84
85	13-14 50 Free	86
87	15-21 50 Free	88
89	13-14 200IM	90
91	15-21 200IM	92
93	14&U 400 Free Relay	94
95	18&U 400 Free Relay	96
97	21&U 400 Free Relay	98

CYSL TIME STANDARDS FOR WINTER CHAMPIONSHIP MEET

CYSL Winter Championship

Short Course Yards/Meters Qualifying Times

11-12 Girls	9-10 Girls	8U Girls	Event	8U Boys	9-10 Boys	11-12 Boys
1:50.01	2:00.01	3:00.01	50 Free	3:00.01	2:00.01	1:50.01
2:50.01	4:00.01	5:00.01	100 Free	5:00.01	4:00.01	2:50.01
5:35.01	6:00.01	7:00.01	200 Free	7:00.01	6:00.01	5:35.01
13:50.01	15:00.01	20:00.01	500 Free	20:00.01	15:00.01	13:50.01
18:00.01	X	X	1000 Free	X	X	18:00.01
32:00.01	X	X	1650 Free	X	X	32:00.01
1:50.01	2:00.01	3:00.01	50 Back	3:00.01	2:00.01	1:50.01
2:50.01	4:00.01	5:00.01	100 Back	5:00.01	4:00.01	2:50.01
5:35.01	x	X	200 Back	X	x	5:35.01
2:01.01	2:00.01	3:00.01	50 Breast	3:00.01	2:00.01	2:01.01
4:01.01	4:00.01	5:00.01	100 Breast	5:00.01	4:00.01	4:01.01
6:00.01	X	X	200 Breast	X	X	6:00.01
1:50.01	2:15.01	3:15.01	50 Fly	3:15.01	2:15.01	1:50.01
4:01.01	4:15.01	5:15.01	100 Fly	5:15.01	4:15.01	4:01.01
6:00.01	X	X	200 Fly	X	X	6:00.01
3:15.01	4:45.01	5:45.01	100 IM	5:45.01	4:45.01	3:15.01
4:40.01	6:45.01	8:45.01	200 IM	8:45.01	6:45.01	4:40.01
9:50.01	X	X	400 IM	X	X	9:50.01



CYSL TIME STANDARDS FOR WINTER CHAMPIONSHIP MEET

CYSL Winter Championship

Short Course Yards/Meters Qualifying Times

15-18 Girls	13-14 Girls	Event	13-14 Boys	15-18 Boys
1:15.01	1:30.01	50 Free	1:30.01	1:15.01
2:30.01	2:30.01	100 Free	2:30.01	2:30.01
4:30.01	4:30.01	200 free	4:30.01	4:30.01
10:50.01	10:50.01	500 Free	10:50.01	10:50.01
18:00.01	18:00.01	1000 Free	18:00.01	18:00.01
32:00.01	32:00.01	1650 Free	32:00.01	32:00.01
2:55.01	2:55.01	100 Back	2:55.01	2:55.01
5:55.01	5:55.01	200 Back	5:55.01	5:55.01
2:55.01	2:55.01	100 Breast	2:55.01	2:55.01
5:55.01	5:55.01	200 Breast	5:55.01	5:55.01
2:55.01	2:55.01	100 Fly	2:55.01	2:55.01
5:55.01	5:55.01	200 Fly	5:55.01	5:55.01
4:55.01	4:55.01	200 IM	4:55.01	4:55.01
9:51.01	9:51.01	400 IM	9:51.01	9:51.01

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Meet Entry Summary Sheet

Total Number of Swimmers _____	x \$2.00 SCLSC Travel/Program Fee	=\$_____
Total Number of Swimmers _____	x \$2.00 SCLSC Sports Development Fee	=\$_____
Total Number of out-of LSC _____	x \$2.00 SCLSC Travel/Program Fee	=\$_____
Total Number of Swimmers _____	x \$15 Facility Fee	=\$_____
Total Number of Swimmers _____	x \$5 Electronic Heat Sheet Fee	=\$_____
Total # Individual Events: _____	x \$5.00	=\$_____
Total # Relay Events: _____	x \$8.00	=\$_____
Total Fees:		=\$_____

Team: _____ Team Code: _____

Number of coaches at meet: _____

Head Coach: _____

Send e-mail results to: _____

Send Paper copy in lieu of e-mail to: _____

Checks should be made out to: **Anderson Area YMCA**

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. It is further understood that SC Swimming, host club, Anderson Area YMCA and Anderson Area YMCA Makos its agents, employees and coaches shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Signature / Title _____

Mail check for the above amount, and signed copy of this form to:

Anderson Area YMCA Makos
c/o Brian Heaton
201 East Reed Road
Anderson, SC 29621

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YMCA Sanctioned Meet Declaration Form

Return signed form to the meet director (wallyw@andersonareaymca.org) by February 20, 2026. Teams failing to do so will not be permitted to participate in this meet.

Participating YMCA: _____

YMCA Address: _____

Meet Name: 2026 SC AAYM CYSL Winter Championships

Meet Date(s): February 20 & 21, 2026

Meet Host: Anderson Area YMCA Makos

Meet Location: Anderson Area YMCA

We the undersigned attest to the following:

SWIMMERS - All swimmers representing the YMCA above are full privilege members of this YMCA and meet all eligibility requirements.

- All swimmers age 18 and older have completed Child/Athlete Protection Training within the past 12 months.

COACHES - All coaches representing the YMCA above have completed the annual YMCA coach registration and hold current certifications in: BLS (Professional Rescuer CPR), First Aid, Safety Training for Swim Coaches, Child/Athlete Protection Training, Principles of YMCA Competitive Swimming and Diving

INSURANCE - Our Association has insurance coverage for representative(s) including participants, coaches, volunteers and leadership who will be in attendance at the 2026 SC AAYM CYSL Winter Championship for the entire period of the meet. I hereby certify that YMCA has a minimum of \$1,000,000/\$2,000,000 in liability insurance that covers our participants, coaches, volunteers and leadership during their participation in the 2026 SC AAYM CYSL Winter Championship.

RELEASE - In consideration of your accepting this entry, I hereby, for myself, heirs, executors and administrators, waive and release any and all right and claim for damages I may have against the YMCA of the USA, Anderson Area YMCA Makos, their agents, representatives or assigns, and the Anderson Area YMCA for any and all injuries which may be suffered by participants at the 2026 SC AAYM CYSL Winter Championship. Furthermore we understand that the YMCA of the USA and Anderson Area YMCA Makos, are not responsible for any intended or unintended consequences related to removing an athlete from competition for a head injury. This includes, but is not limited to, any financial reimbursement associated with such removal.

Printed Name and Signature of Head Coach

Printed Name and Signature of YMCA CEO or Executive Director