

Greetings Visiting Teams and Parents

Anderson Area YMCA is pleased to host the 2025 SC AAYM Distance Dash Meet. We hope that you will have an enjoyable day on Saturday and several fast times. Below is some information to make your visit more enjoyable.

Start Times for the Meet:

Session 1: 12 & under	*Warm up #1 = AAYM 7:45AM *Warm up #2 = Visiting Teams 8:15AM	Start = 9AM
Session 2: 13 & over	*Warm up#1 = AAYM/GYG 11:45AM *Warm up#2 = FAY/RAYS/EPPY/AAST 12:15pm	Start = 1:00PM

***change from meet information**

Parking:

Parking is available and will be marked in the main lot toward the back of the building and is first come/first served. We have overflow parking across Reed Road in the ANMED parking lot. ***Note: We will be using the Back entrance to the building for the Swim Meet. Our Front Main Entrance is reserved for our regular membership.**

Entrance to the Facility:

The entrance for all athletes and spectators is through the gated Water Works Splash area. We will have bleacher seating on deck for all athletes and coaches. **We ask that no chairs be brought onto the deck.**

Spectator Viewing:

There will be a very limited, standing room only spectator viewing area behind the blocks. **NO PHOTOGRAPHY PLEASE!** Spectators may enter one door from the Water Works area to view a race but must exit another door immediately following the heat. Parents may stand outside in the Water Works area but must be mindful of meet personnel and lifeguards. We ask that spectators be respectful of all who want to view their athletes competing. Children must be supervised at all times. Horseplay will not be tolerated.

Athlete Seating:

All athletes will be housed on the pool deck. We will have designated bleacher areas for each team to sit. No personal chairs will be permitted. Athletes should keep their belongings and remain in their seats between events. **We will have Meet Marshalls available at the doors to contact athletes if needed by their parents.**

Team Check-in:

A coach representative from each team should meet at Clerk of Course to check there team in and receive Heat Sheets. All coaches must have up to date Deck Pass coaching certifications and sign in on the coaches sign in sheet.

Swimmer/Coach ingress and egress to the pool:

Athletes and Coaches will enter the pool area through the external doors in Water Works splash area. All athletes and meet personnel will exit through the long hallway near the Starting end.

Athlete Locker Rooms/Spectator Restrooms:

Athlete only locker rooms will be clearly marked with access to the hallway and the pool deck. These locker rooms are for 17 and under athletes only. Athletes who are 18 or older should use the adult locker rooms. Locker rooms should only be used for athlete restrooms and not for changing. There are restrooms located in the hallway next to Back Door entrance for Spectators. Two special needs restrooms are designated for Coach/Official and Volunteer use only.

Hospitality:

Hospitality will be located in an activity room just off of the pool deck. Breakfast and lunch will be provided for coaches and officials.

Concessions/Vendor:

Limited concessions will be available under a tent outside in the Water Works splash area throughout the day.

Warm up/Warm Down:

During General warm-up time, teams will have assigned lanes. Coaches are responsible for following all warm-up safety guidelines. The therapy pool will be available for warm-up/warm-down throughout the meet. There will be lane lines but there are no visible stripes on bottom. Please encourage athletes to be careful and to obey all lifeguards. Swimmers caught playing will be asked to exit the pool.

Athlete Staging Area:

There will be no clerk of course to line up athletes for any of the sessions. All athletes should report to the staging area when their event is called to do so. The staging area will be located along the wall next to Lane 8. There will be numbers clearly marked for assigned lanes. Swimmers will then be called to the blocks for their heat. We will be using flyover starts. After the start of the next heat, swimmers will exit the pool, gather their belongings from the basket and proceed around the pool and return to their team seating area. All athletes are guaranteed a minimum of 10 minutes between swims. The meet referee will make every effort to ensure athletes receive adequate rest.

Heat Sheets/Meet Information:

Heat Sheets will be made available for you to download here and are also available on Meet Mobile. Heat sheets will not be printed at the meet.

All meet files can be found on our website here: <https://www.gomotionapp.com/team/scaaym/page/hosted-events/distance-dash>

Results:

Results will be posted on the wall outside in Water Works patio area and made available on Meet Mobile.

Awards:

Awards will be available for coaches to collect at the conclusion of the meet.

Timers:

If parents are interested in being timers, we may need a few relief timers. Please have them volunteer at clerk of course.

Officials:

We welcome all visiting officials for either or both sessions. Please report one hour prior to the session and sign up to work at Clerk of Course. The Meet Referee will have instructions available at that time.

Meet Marshals and Crowd Control:

Coaches, please encourage parents to be respectful of volunteer meet marshals as they are tasked with keeping certain deck areas clear for efficient meet operation and safety of athletes and meet personnel.

