

January 18-20, 2019



Held under the sanction of USA Swimming issued by SC Swimming: Sanction Number SC1952SCY

Host Club:	CLEMSON AQUATIC TEAM		
Meet Director: Meet Referee: Meet Entries To: Safety Marshal:	Jon Mengering meetdirector@clemsonaquaticteam.org 301-442-7859 QT Taylor qhtaylor@yahoo.com 864-367-5285 Mary Beth Kurz-Edsall meetdirector@clemsonaquaticteam.org 864-506-5576 Bridget Trogden trogden@clemson.edu 864-623-7995		
Facility:	McHugh Natatorium is located in the Fike Recreation Center on the Clemson University Campus (251 Williamson Dr, Clemson, SC 29634). The eight (8) lane pool is bottom striped; wall targeted, and has non-turbulent lane lines. The adjacent diving well provides six (6) lanes for continual warm-up / warm-down. The water depth of the competition course is 8 feet measured from one (1) meter to five (5) meters at the starting end of the course and 4.5 feet measured from one (1) meter to five (5) meters at the turn end of the course). The competition course has not been certified in accordance with 104.2.2C(4). Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.		
	On-campus parking will be available and the cost is included in the facility fee. Pay close attention to the parking information available at the meet and or posted on http://www.clemsonaquaticteam.org. Failure comply with parking regulations will lead to ticketing by Clemson University Parking Services. Stadium seating is available in the natatorium and available for spectators. Only swimmers, officials, coaches and meet personnel are allowed on certain portions of the pool deck; signage will indicate area that are for swimmers and meet personnel only. Please note that there is an office / sauna on the pool deck which is not to be entered.		
	Please enter the facility through the sundeck following the swim meet signs and directions of meet personnel.		
Rules:	Meet to be conducted in accordance with the current USA Swimming and SC Swimming Rules and Regulations and information herein. General warm-up procedures will apply. Specific warm-up procedures or lane assignments will be posted on deck and on the host website http://www.clemsonaquaticteam.org prior to the start of the meet. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Deck changes are prohibited. SWIMWEAR: Swimmers 10 years old or younger are not permitted to wear "technical" suits at this meet.		
Athlete Eligibility:	All swimmers and teams must be currently registered members of USA Swimming. Age will be based on the swimmers age on the first day of the meet. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.		
Entry Fees:	\$20 per swimmer Facility Fee \$2 per swimmer SCLSC Travel Fund/Program Fee \$2 per swimmer SCLSC Sports Development Fee \$2 per out-of-state/SCLSC swimmer Travel Fund/Program Fee \$3.50 per individual event; \$7 per individual event for deck entries and time trials. \$8 per relay event; \$12 per relay event for deck entries.		
	Each swimmer may enter three events plus two relays (four hours maximum, excluding distance 400 yards and longer) per day.		



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	Teams not making the entry limit will be notified as soon as possible.
Meet Format:	Meet management reserves the right to combine events with less than 8 entries, adjust number of heats, lanes, and warm-up times based on number of entries received. Meet Management also reserves the right to move an age group to another session based on the time line and number of entries. Meet Management reserves the right to limit all distance events 400 yards and longer to the top 3 boys and girls heats. Meet Management reserves the right to make any necessary changes during the meet to provide the best competition environment for the athletes. •Distance events are all events 400 yards and above and will be positive check-in. Any swimmer who is positively checked-in for an event and does not swim will be disqualified from his/her next individual event. •Swimmers must provide their own personnel to time and lap count for events 400 yards and longer. •Positive check-in for deck seeded events will close 30 minutes prior to the scheduled start of that session. Late entries after that time will be taken only at discretion of meet director or meet referee. •All events 400 yards and longer will be swum fast to slow alternating girls and boys.
Time of Meet:	Fri. Evening: Warm-ups @ 5 pm, Meet at 6 pm Sat. and Sun Morning: Warm-ups @ 7:30am , Meet @ 9 am Sat and Sun Afternoon: Warm-ups no earlier than 1 pm Meet no earlier than 2 pm
Entries:	Only electronic entries using Standard Data Interchange format (SDIF/SD3) will be accepted. Seed times must be listed to 1/100th second using short course yards times or with a no time entry.
	The entry deadline is 11:59 pm on January 8, 2019. Electronic files must be submitted by this deadline to meetdirector@clemsonaquaticteam.org. In order for your entries to be considered complete, the final Summary Sheet (attached) must be signed and e-mailed to the same address, no later than 11:59 pm on January 8, 2019.
	Your payment in full (a single check payable to Clemson Aquatic Team) should be submitted to the Clerk of Course prior to the start of the first session.
	If mail for the Summary Sheet and check is preferred, it must be received prior to the start of the meet and mailed to: Jon Mengering, 104 Allee St, Clemson SC 29631.
	Entries are first come, first served and will only be accepted until we have reached the session lengths described above (excluding distance 400 yards and longer).
	SC Swimming does not accept deck registrations; swimmers must be registered with USA Swimming by entry deadline.
Awards:	Ribbons will be given to places 1-8 for 10&U, 11-12, 13-14 and Senior events.
Scoring Details:	Not scored.
Timing:	A fully automatic Colorado Timing System operated by Clemson Aquatic Team with manual backup and an 8-lane scoreboard will be used. Volunteer lane timers from participating teams are encouraged and appreciated. All swimmers entered in events 400 yards and longer must provide their own timer and counter.
Coaches Eligibility:	Coaches must check in at Clerk of Course and be able to show proof of current registration and certifications.
Other Information:	Individuals wishing to officiate should report to the hospitality suite 40 minutes prior to session start time.



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Timers from participating teams are encouraged and appreciated. Each swimmer in events 400 and over will be required to provide a timer, and if desired, a person to count laps.

Concessions are available for sale to swimmers and spectators; a private hospitality suite is available for coaches and officials.

Directions: From Southbound Interstate 85S take exit 19B - merge right onto US76 / SC28 up to Clemson (10mi) – OR -- From Northbound Interstate 85N take exit 14 - turn left on SC187 (6 mi). The road ends at the only traffic light, so turn left onto US76/SC28 toward Clemson (5mi). Either way, as you get near Clemson, take the SC93 exit and turn left onto SC93 for 1.4mi. You'll pass 4 lights, then ** you'll see the soccer stadium and tennis courts on the left. Turn left at the next light onto Williamson Road. Fike is the first building on the left. From US123, drive to downtown Clemson. At the College Avenue light (SC133, by Starbucks), turn left toward Clemson University. At the second light (at the campus, 0.7mi), turn hard right onto SC93. Follow from the ** above.

Several of the Clemson area hotels support our team with special rates for the swim meet; please tell them you are coming for the CAT swim meet when making arrangements. Hotel contact information can be found on the CAT website: http://www.clemsonaquaticteam.org and click on CAT Hosted Meets tab, then on the Hotels link for details.



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Order of Events			
Session 1: Friday Evening			

Warm-ups @ 5:00 pm		
Girls Event #	Competition @ 6:00 pm	Boys Event #
1	Open 500 Free (P)	2
3	12&U 200 IM	4
5	Open 1650 Free (P)	6
	Sossion 2: Saturday Morning	

Session 2: Saturday Morning Warm-ups @ 7:30 am

	warm-ups @ 7:30 am	
Girls Event #	Competition @ 9:00am	Boys Event #
7	12&U 200 Fly	8
	5 Minute Break	
9	10&U 100 IM	10
11	11-12 100 IM	12
13	10&U 50 Free	14
15	11-12 50 Free	16
17	10&U 100 Breast	18
19	11-12 100 Breast	20
21	10&U 100 Back	22
23	11-12 100 Back	24
25	10&U 50 Fly	26
27	11-12 50 Fly	28
29	12&U 200 Free	30
	5 Minute Break	
31	10&U 200 Medley Relay	32
33	11-12 200 Medley Relay	34

Session 3: Saturday Afternoon Warm-ups no earlier than 1 pm

Girls Event #	Competition no earlier than 2 pm	Boys Event #
35	13-14 200 Free Relay	36
37	Open 200 Free Relay	38
39	13-14 200 Free	40
41	15&O 200 Free	42
43	13-14 200 Breast	44
45	15&O 200 Breast	46
47	13-14 100 Back	48
49	15&O 100 Back	50
51	13-14 100 Fly	52
53	15&O 100 Fly	54
55	13-14 100 Free	56
57	15&O 100 Free	58
59	13-14 400 IM (P)	60
61	15&O 400 IM (P)	62
	5 Minute Break	
63	13-14 400 Medley Relay	64
65	Open 400 Medley Relay	66





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Order of Events (Sunday)

Session 4: Sunday Morning Session Warm-ups @ 7:30 am

	warm-ups @ 7:30 am	
Girls Event #	Competition @ 9:00am	Boys Event #
67	10&U 100 Free	68
69	11-12 100 Free	70
71	10&U 50 Breast	72
73	11-12 50 Breast	74
75	12&U 200 Breast	76
77	10&U 50 Back	78
79	11-12 50 Back	80
81	12&U 200 Back	82
83	10&U 100 Fly	84
85	11-12 100 Fly	86
	5 Minute Break	
87	10&U 200 Free Relay	88
89	11-12 200 Free Relay	90

Session 5: Sunday Afternoon Session Warm-ups no earlier than 1 pm

Warm-ups no earlier than 1 pm Girls Event # Competition no earlier than 2 pm Boys Even			
		Boys Event #	
91	13-14 200 Medley Relay	92	
93	Open 200 Medley Relay	94	
95	13-14 200 IM	96	
97	15&O 200 IM	98	
99	13-14 50 Free	100	
101	15&O 50 Free	102	
103	13-14 100 Breast	104	
105	15&O 100 Breast	106	
107	13-14 100 IM	108	
109	15&O 100 IM	110	
111	13-14 200 Back	112	
113	15&O 200 Back	114	
115	13-14 200 Fly	116	
117	15&O 200 Fly	118	
	5 Minute Break		
119	13-14 400 Free Relay	120	
121	Open 400 Free Relay	122	



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Meet Entry Summary Sheet Entry Deadline is January 8, 2019

Total Number of Swimmers Total Number of Swimmers Total Number of out-of LSC Total Number of Swimmers Total # Individual Events Total # Relay Events Total Fees:	 x \$2.00 SCLSC Sports Development Fee x \$2.00 SCLSC Travel Fund/Program Fee x \$20.00 Facility Fee 	=\$ =\$ =\$ =\$ =\$ =\$
Team:	Team Code:_	
Number of coaches at meet:		
Head Coach:		
Send e-mail results to:		
for damages arising by reason It is further understood SC LS agents, employees, meet spor	at USA Swimming shall be free from any liabile of injuries to anyone during the conduct of SC, Clemson Aquatic Team, Clemson Universors, volunteers and coaches of these orgain any liabilities or claims for damages arising conduct of the event.	the event. versity and all nizations shall
E-mail a signed copy	of this form to meetdirector@clemsonaquatictea	m.org .
Bring a check for the above	amount to the Clerk of Course prior to the f	irst session.
	be received prior to the start of the meet and lengering, 104 Allee St, Clemson SC 29631	
Signature of Team Representative		