Name of Meet:



# 27<sup>th</sup> Annual Death Valley Open Water

## Swim Meet & SC LSC Open Water Championship



Date of Meet:

June 5, 2021

Meet sanction Held under the sanction of USA Swimming issued by SC Swimming: Sanction Number SC21103OW

**Host Club:** 

### CLEMSON AQUATIC TEAM

<b>Meet Director:</b>	Bridget Trogden	meetdirector@clemsonaquaticteam.org	864-623-7995
Meet Referee:	John Heeney	heeneyltd@mac.com	864-367-9151
Admin Off.	Mary Beth Kurz-Edsall	mbkurz@gmail.com	864-506-5576
Meet Entries To:	Mary Beth Kurz-Edsall /	meetdirector@clemsonaquaticteam.org	864-506-5576
	Bridget Trogden		864-623-7995
Safety Marshal:	Curt Kurz-Edsall	edsallsc@gmail.com	864-884-8769

Assumption of Risk Disclaimer

- Clemson Aquatic Team has taken enhanced health and safety measures for all attending this event however we cannot guarantee you that you will not become infected with COVID-19. You must follow all posted instructions while visiting the 12 Mile Recreation Center. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease of Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.
- USA Swimming, Inc., South Carolina Swimming, Inc., and the City of Clemson cannot prevent you (or your children) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming/South Carolina Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming/South Carolina Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND SOUTH CAROLINA SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY AND ALL LIABILITY OR CLAIMS FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN, OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

### Clemson Aquatic Team COVID-19 Meet Plan

- The facility at 12 Mile Recreation Area will have three zones.
  - The majority of the park, including most of the parking, will be open to the public and NOT subject to the Death Valley Open Water COVID-19 Meet Plan. Guests may sit in areas not designated for athletes and meet personnel only; spectators must wear face coverings and comply with mandated social distancing and mass gathering rules.
  - The second zone is called the DESIGNATED MEET AREA and is analogous to the inside of indoor pool venue. All non-competing persons (officials, coaches, timers, and meet administrators) in the DESIGNATED MEET AREA must wear face coverings and comply with mandated social distancing and mass gathering rules. Only swimmers, coaches, officials, and other authorized meet volunteers will be allowed into the DESIGNATED MEET AREA. Volunteers will be available to assist young swimmers in setting up. Team seating areas will include breaks between sections and signage to encourage distancing.
  - o The third zone is the COMPETITION AREA and is analogous to the pool deck at an indoor pool venue.
- Athletes are encouraged to wear masks when not swimming.
- Guests must wear masks and maintain a 6-foot distance from other persons
- The listed Safety Marshall is responsible for coordinating Return to Competition Plan and SafeSport Protocols.

- Swimmers must arrive in their suits. Locker rooms are not available; restrooms are for restroom use only.
- Swimmers will enter the COMPETITION AREA and proceed to their assigned spot, following route markers and volunteer directions.
- Swimmers will be staged before their waves in the COMPETITION AREA, separated by a minimum of 6 feet.
- Swimmers will be directed when to line up in such a manner to preserve a 6-foot distance from all persons, moving from the staging area to the starting area.
- Swimmers will exit the lake and be directed to exit the COMPETITION AREA in such a manner to preserve a 6foot distance from all persons and collect their Body number tags. Swimmers will exit towards the
  DESIGNATED MEET AREA or the part of the lake designated for warm-up / cool-down.
- Parents/Guardians will be able to observe and have access to their children in the following manner: A volunteer
  will be designated as a contact for swimmers and parents to contact each other should the swimmer not have a
  cell phone to directly contact the parent. Parents will be able to view the course from Spectator Viewing Areas
  (see Facility Overview Map)
- Safety Marshals will be responsible for the following locations: COMPETITION AREA, DESIGNATED MEET AREA, Race Course, Warm-up / Cool-down space
- Facility Personnel for each event are as follows: 4 lifeguards
- Meet Personnel who will be in the beach / COMPETITION AREA are as follows:

Role	# during warmups	# during sessions
Timer	0	8
Head Timer	0	1
Officials (starter, meet ref, open water judges)	2	8
Computer Operators (one is Admin Official)	1	1
Timing System Operators	1	1
Announcers	1	1
Volunteer Coordinator / Meet Director	1	1
Medical Officer	1	1
EMS Workers	Up to 4	Up to 4
Independent Safety Monitor	1	1
Athlete Hospitality workers	1	2
Coach / Official Hospitality workers	1	2
Runners	2	2
Clerk of Course	2	2
Safety Marshals	4	4
Coaches for Attending teams	10	10
Total	31	48

- Warm-ups prior to each event will be conducted in a separate designated area of Lake Hartwell adjacent to the competition course.
- Hospitality for coaches and officials will be prepacked snacks and drinks.
- Athlete hospitality will be composed of bottled water, bottled hydration (such as Gatorade) and pre-packed items (such as uncut oranges, bananas or other individually wrapped items). These will be available for pickup following the end of each swim at a station with adequate social distancing.
- Facility staff and team personnel will be on hand to ensure all safety precautions and facility guidelines are followed.
- If at all possible, Coaches and Officials meetings will be held virtually prior to the start of the meet.

Failure to comply with the submitted COVID-19 Meet Plan could result in the sanction being rescinded and possible denial of future sanctions for a term of not longer than one season (short course or long course).

#### **Facility:**

#### 12 Mile Beach

113 12 Mile Park Rd Clemson, SC 29631

Water depth depends on the spring rains, start will be 5-14 feet, and the rest of the course is 25-50 feet. Water temperature is expected to be in the low 80°F range.

On-site parking will be available. Please pay close attention to the parking attendants at the meet. All vehicles must be parked within 12 Mile Beach Parking. Vehicles parked along SC 133 may be ticketed and / or towed.



A paved and partially shaded area is available for tailgate type tent set-up. Spectators and swimmers are encouraged to bring chairs and tents. Team seating areas will include breaks between sections and signage to encourage distancing.



Operation of a drone, or any other flying apparatus, is prohibited over the venue (race course, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. The program & events committee granted a waiver for this meet; authorized operation of a drone is only permitted by the meet host.

By attending or participating in this competition, you acknowledge that you may be videoed to provide for broadcast of the meet via television, live streaming, webcast, or similar technology. You voluntarily agree to allow the use of your name and pictures for this purpose.

# Course Route / Maps

Please note the meet course is changed from past years:

- The course in the cove between 12 Mile Recreation Area, College Ave and Mountain View Park (the middle of this cove is at approximately 34.702, -82.836).
- The finish shoot and line are clearly marked.

**Rules:** 

Meet to be conducted in accordance with the current USA Swimming and SC Swimming Rules and Regulations and information herein.

Important rules to highlight include:

- Toenails and fingernails will be checked before the race at the nail inspection area. If the nails are too long, they
  must be trimmed to a reasonable length by the athlete using their own clippers at the discretion of the Referee.
- Wearing jewelry *including watches* is not allowed.
- No swimmer shall be allowed to use or wear any device that may be an aid to his/her speed, endurance, or buoyancy.
   Wet suits, flotation aids or any similar items, and anything used to maintain body heat is not allowed.

Continual warm-ups will be available in an area near, but not on the course following general warm-up procedures.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Deck changing is prohibited by USA Swimming and South Carolina Swimming. A first offense will result in the disqualification of the offending swimmer from the next scheduled event. The second offense for the same swimmer will result in the disqualification from the remainder of the meet.

One event swimmers and non-SCLSC USA-Swimming members can only place and receive award(s) in the open event(s).

Swimmers in the SCLSC should register for and swim in the SCLSC Championship event in order to place and score points in that event.

SWIMWEAR: No Technical Suit may be worn by any 12 & Under USA Swimming athlete member in competition at any Sanctioned, Approved or Observed meet (effective September 1, 2020).

In case the race needs to be abandoned, air horns and safety craft will direct the swimmers to shore. Once on the shore walk to designated meeting spot for transportation to the meet start, where swimmers will be directed to cover.

Timing chips and/or tattoos will be labeled with team names or individual names.

All TEAMS must pick-up their packets at pre-assigned times at the venue on June 4, 2021

Unaffiliated swimmers in the 5K must pick-up their packets at pre-assigned times at the venue on June 4, 2021 Unaffiliated swimmers not participating in the 5K may pickup their packets at pre-assigned times at the venue on June 4, 2021 or at check-in (not before 8 am) on June 5, 2021

Timing chips and/or tattoos are to be applied by the athlete with assistance from coach or chaperone.

Athletes should bring personal Sharpies for tattoo and numbering touch ups.

Athlete nails should be clipped prior to race as nail clippers will no longer be provided.

Nails will be inspected by masked and gloved meet personnel prior to each swimmer's first race.

Swimmer numbers are applied to the upper arms and the backs of shoulders. Please keep these areas free of sunscreen and oil.

Other than Safety and Official's boats, no additional craft will be allowed near the race course. This is a non-escorted swim.

**MAAPP** All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

- Athlete Eligibility:
- All swimmers must be currently registered ATHLETE members of USA Swimming.
  - Parent, Coach or Official members of USA Swimming who wish to participate <u>as a swimmer</u> MUST register for a One-Meet membership for an additional \$15 fee
  - Non-USA Swimming athletes must register for a USA Swimming One-Meet Membership for an additional \$15
- Only SC LSC registered swimmers are eligible to compete in the State Championship events. Age will be based on the swimmer's age on the first day of the meet.

All registered athletes 18 and older <u>MUST comply with the Athlete Protection Training Requirements</u> for Adult Athletes. An adult athlete will access the same training that non-athlete members must take at <u>www.usaswimming.org/apt</u>. The athlete member will enter his or her name and date of birth to initiate the process and log into the LEARN platform. Once in the LEARN system the athlete will access the Athlete Protection Training. Each adult athlete must take the Athlete Protection Training: Core Course.

Please contact the Meet Director with any questions about athlete eligibility.

### **Image Release:**

By attending or participating in this competition, you agree to be filmed and photographed by the host club approved photographer(s) and videographer(s) and to allow the right to use names and pictures before, during, or after the meet such as in public psych sheets, heat sheets, and results or featured on the host club or SCLSC website or social media or in public broadcast of the event via television or webcast. Parents and guardians of minor swimmers who do not wish their swimmers to participate in interviews or have individual pictures featured on any media should inform their team's head coach and the Meet Director prior to the start of the meet.

### **Entry Fees:**

\$25 facility fee (includes cap, swimmer hospitality immediately after each swim)

\$2 per swimmer SCLSC Travel Fund/Program Fee (both in & out-of-SCLSC swimmers pay this fee)

\$2 per out-of-state/SCLSC swimmer Travel Fund/Program Fee (out-of- SCLSC swimmers only pay this added fee)

\$2 per swimmer SCLSC Sports Development Fee (both in & out-of- SCLSC swimmers pay this fee)

\$1 Jennifer Smith Scholarship Fund (both in & out-of- SCLSC swimmers pay this fee)

\$10 per each individual event

### THERE WILL BE NO DECK ENTRIES OR EVENT CHANGES!

\$15 for single meet registration of swimming participants not registered with USA-S as Athletes. <u>Coaches, Officials and other non-athlete members of USA-S who wish to enter the meet MUST</u> use the single meet registration at <a href="http://www.deathvalleyopenwater.org">http://www.deathvalleyopenwater.org</a>. This website will assess a percentage fee for payment.

Each year-round swimmer registering with a USA swimming team can enter up to 2 events. SC LSC year-round members are eligible to enter the championship events and open events. Out of LSC year-round members are only eligible to enter the open events. Registration limits will be enforced by the meet entry files.

Single meet USA-S swimmers may only enter one open event. Registration limits will be enforced by the registration system.

#### **Meet Format:**

Meet management reserves the right to alter the timeline or make any other necessary changes during the meet to provide the best and safest competition environment for the athletes. All like-distances will be seeded as a single event, without regard to a swimmer's age or gender.

The Meet Director reserves the right to assign participants to waves in each event if number of entries warrants. If waves are necessary, they will be based on gender and age.

SC LSC Open Water Championship Events:

Jim Keogh Senior 15-18 5K

Christine Jennings 13-14 5K

Jacque Grossman 11-12 3K

Open 3K

Open 1K

Open 1K

Safety boats will monitor the entire course. Water and sports drink will be available on every boat on the course and at each turn. Swimmers must wear race cap, numbers on both arms and back for identification. Medical personnel will be on site.

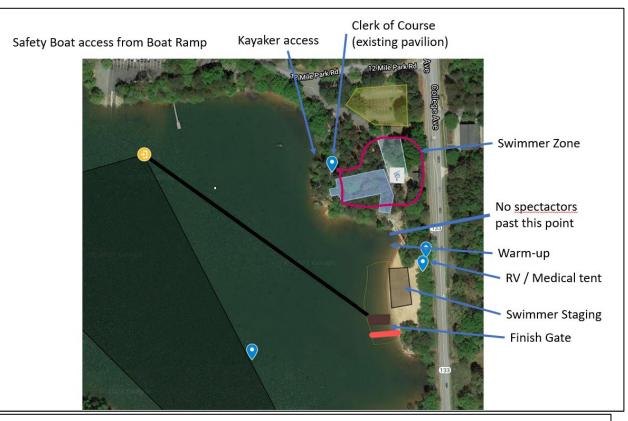
For the 5K events, all swimmers who have not completed the course within 2½ hours will be retired. If the water/air temperature is above USA-Swimming's Rules the event will be shortened to a distance no longer than 4.5K.

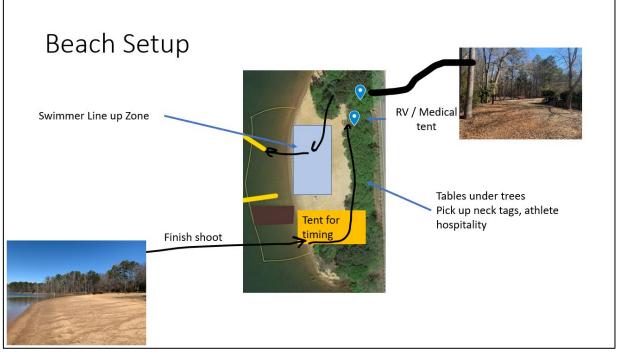
For the 3K events, all swimmers who have not completed the course within 1¾ hours will be retired.

# Course Route / Maps

Please note the meet course and location is changed from past years:

- The course in the cove between 12 Mile Recreation Area, College Ave and Mountain View Park (the middle of this cove is at approximately 34.702, -82.836).
- The finish shoot and line are clearly marked.





### **5K Route**

## 5K

- ¼ K from start
- sharp left through gate
- 3 times (clock-wise)
  - towards College Ave / 133
    Approx 1/2 K to turn
    Approx ¾ K to second turn

  - Through gate
    After 3 loops, proceed to finish
- 1st time through Gate
  Hard left
  2nd, 3rd time through gate
  Continue loop
  4th time through gate
- - Proceed to finish shoot



#### **3K Route**

## 3K

- ¼ K from start
- sharp left through gate
- 2 times (clock-wise)

  - towards College Ave / 133
    Approx 1/2 K to turn
    Approx 5/8 K to second turn
    Through gate
    After 2 loops, proceed to finish
- 1st time through Gate
  - Hard left
- 2<sup>nd</sup> time through gate Continue loop
- 3rd time through gate
  - Proceed to finish shoot



#### 1K Route

### 1K

- ¼ K from start
- sharp left through gate
- 1st time through Gate
  - Hard left
- 2<sup>nd</sup> time around gate
  - Keep gate on right



#### Time of Meet:

All swimmers must check-in with the Clerk of Course before their first event.

Distance	Events	Check-in Opens	Pre-race Meeting	Event start not before*
5K	Open 5K	6:30 am	7:30 am	8:00 am
	Jim Keogh Senior 15-18 5K			
	Christine Jennings 13-14 5K			
3K	Open 3K	8:00 am	9:45 am	10:15 am
	Jacque Grossman 11-12 3K			
1K	Open 1K	10:30 am	11:15 am	11:45 am
	10&U 1K			

<sup>\*</sup> Updated estimated start times, based on number of entries, will be publicized after entries are received and at least 2 days before the event date.

## **Entries:** TEAM ENTRIES

For team entries, only electronic entries using Standard Data Interchange format (SDIF/SD3) will be accepted.

Electronic files must be submitted by this deadline to **meetdirector@clemsonaquaticteam.org**. In order for your entries to be considered complete, the final Summary Sheet must be signed and e-mailed to the same address no later than 11:59 pm on May 26, 2021.

Your payment in full (checks payable to Clemson Aquatic Team) should be submitted to the Clerk of Course prior to the start of the first event.

If mail for the Summary Sheet and check is preferred, it must be received prior to the start of the meet and mailed to: Mary Beth Kurz, 103 E. Brookwood Dr, Clemson SC 29631

SC Swimming does not accept deck registrations; all swimmers entered must be registered with USA Swimming at time of entry deadline.

## **Entries: INDIVIDUALS**

If you are not a current USA Swimming <u>Athlete</u> member, you MUST register using an electronic entry form (single meet) and pay the fee electronically. See: <a href="http://www.deathvalleyopenwater.org">http://www.deathvalleyopenwater.org</a>

The entry deadline is 11:59pm on May 26<sup>th</sup>, 2021. SC Swimming does not accept deck registrations. Swimmers must be registered by the entry deadline. *No day of the event registrations* will be accepted.

#### Awards:

For the SC LSC Championship events, medals will be given to the top 10 SC Swimming places (Jim Keogh Senior 15-18 5K, Christine Jennings 13-14 5K, Jacque Grossman 11-12 3K and 10 & Under 1K). A SC LSC Championship team banner will be awarded to the overall SC team champion and plaques will be awarded to the 2<sup>nd</sup> and 3<sup>rd</sup> top scoring SC Teams. In addition, a Championship team banner will be awarded to the SC men's team champion and the SC women's team champion. A swimmer can place and score in only one championship event.

All open events will receive awards as follows: Medals will be given to the top 3 finishers, by gender and age group (10&U, 11-12, 13-14 and 15-18, 19 &over). Places 4-10 will be awarded ribbons by gender and age.

Due to COVID-19 considerations resulting in entry limits of at most 2 distances per swimmer, the ANNA C SAMS 9.5K recognition will not be given in the 2021 DVOW meet.

Note that all awards will be delivered within the weeks following the event (not on the day of the event) to give time for result verification. In the case of team entries, awards will be delivered to the respective coach. In the case of individuals, awards will be delivered to the individual.

**Scoring Details:** 

SC LSC Championships will be scored according to the top 10 finishers in each event by gender as follows: 11,9,8,7,6,5,4,3,2,1, then totaled by team for team awards and recognitions. A swimmer can place and score in only one championship event.

Timing:

All races will utilize electronic "chip" timing, and swimmers will wear timing chips. Back up timing is done by stopwatch.

Coaches **Eligibility:** 

Coaches must check in at Clerk of Course and be able to show proof of current registration and certifications.

**Information:** 

Officials: Certified officials willing to work are most welcome. There will be a Virtual Officials meeting that will be scheduled by the Meet Referee prior to the meet. Officials interested in working the session should email the Meet Referee.

Hospitality for athletes after each swim is included in the entry fee.

There will be no concessions available for sale to swimmers and spectators. Swimmers and spectators are urged to bring adequate hydration, food and shade structures for the event.

The 12 Mile Recreational Park has several picnic tables and grills available for use on a first-come first-serve basis. Meet t-shirts will be available for advance purchase using the website http://www.clemsonaquaticteam.org and click on CAT Hosted Meets tab, then the DVOW Meet Store link. T-shirts will be available for pickup at the meet (they are NOT included in the entry fee).

Hotel contact information can be found on the CAT website: http://www.clemsonaquaticteam.org and click on CAT Hosted Meets tab, then on the Hotels link for details.

### Other



# 27<sup>th</sup> Annual Death Valley Open Water Swim Meet & SC LSC Open Water Championship



### June 5, 2021

Held under the sanction of USA Swimming issued by SC Swimming: Sanction Number SC21103OW

### **Order of Events**

	5K Events (possibly swum in waves)	
	Check-in: 6:30 am	
	Pre-race Meeting: 7:30 am	
	Competition: not before 8:00 am	
Girls Event #	<b>Event Description</b>	Boys Event #
1	Jim Keogh Senior 5K (15-18 SC LSC Championship)	2
3	Christine Jennings 13-14 5K (SC LSC Championship)	4
5	Open 5K	6
	3K Events (possibly swum in waves)	
	Check-in: 8:00 am	
	Pre-race Meeting: 9:45 am	
	Competition: not before 10:15 am	
	<b>Event Description</b>	
7	Jacque Grossman 11-12 3K (SC LSC Championship)	8
9	Open 3K	10
	1K Events (possibly swum in waves)	
	Check-in: 10:30 am	
	Pre-race Meeting: 11:15 am	
	Competition: not before 11:45 am	
	Event Description	
11	10&U 1K (SC LSC Championship)	12
13	Open 1K	14
*****	Participants need only attend one pre-race meeting	

# 27<sup>th</sup> Annual Death Valley Open Water Swim Meet & SC LSC Open Water Championship June 5, 2021

Held under the sanction of USA Swimming issued by SC Swimming: Sanction Number SC21103OW

### **Team Meet Entry Summary Sheet**

(Any swimmers who are not current USA Swimming *Athlete* members MUST register at <a href="http://www.deathvalleyopenwater.org">http://www.deathvalleyopenwater.org</a>)

### **Entry Deadline is 5/26/21**

Total Number of Swimmers  Total Number of Swimmers		=\$ =\$ =\$ =\$ =\$ =\$
Team:	Team Coo	de:
Number of coaches at meet:		
Head Coach:		
Send e-mail results to:		
	Open Water meet, it is understood and agree or damages arising by reason of injuries to a	
agents, employees, meet sponsors, v	emson Aquatic Team, US Army Corps of Envolunteers and coaches of these organizations mages arising by reason of injuries to anyone	s shall be free and held harmless
E-mail a signed	copy of this form to meetdirector@clemsonaq	uaticteam.org
Bring a check for the	e above amount to the Clerk of Course prior	to the first event.
<u>*</u>	ived prior to the start of the meet and should ll, 103 E. Brookwood Dr., Clemson SC 2963	•
Signature of Team Representa	ntive	