

Coaches,

We are excited to host you for the first in-pool meet hosted by CAT since January 2020!

No Spectators will be allowed in the Natatorium. BUT, your parents are encouraged to sign up for timing sessions at <https://signup.com/go/RKXvoyz> (CAT parents - do not use this!).

Parking: We will have a designated lot, to be determined still. We will share this information when we have it.

Officials welcome.

There will be no concessions.

Officials and Coaches Hospitality will be on the Sun deck in a designated Tent.

IMPORTANT! We have combined the Saturday sessions. If your swimmers need to update their events, please send. We will adjust charges as necessary, as we know this may impact your Sat am swimmers.

Please let me know any questions!

Thank you,

Mary Beth Kurz-Edsall

**Session 1: Saturday COMBINED****Warm-ups @ 12:30 pm****Competition @ 1:30 pm**

Girls Event #		Boys Event #
1	13&O 400 IM (P)	2
19	12&U 200 IM	20
3	13&O 100 Fly	4
21	12&U 50 Free	22
5	13&O 200 Breast	6
23	12&U 200 Free	24
7	13&O 50 Back	8
25	12&U 50 Breast	26
9	13&O 100 Free	10
27	12&U 200 Breast	28
11	13&O 200 Back	12
29	12&U 50 Back	30
13	13&O 50 Free	14
31	12&U 200 Back	32
15	13&O 500 Free (P)	16
33	12&U 50 Fly	34
35	12&U 200 Fly	36
17 (Mixed)	13&O Mixed 200 Medley Relay	
37 (Mixed)	12&U Mixed 200 Medley Relay	

\* Breaks to be determined when timeline created

**Session 3: Sunday Morning Session UPDATED TIME****Warm-ups @ 9:45 am****Competition @ 10:30 am**

Girls Event #		Boys Event #
39	Open 1650 Free (P)	40
41	Open 1000 Free (P)	42

**Session 4: Sunday Midday****Warm-ups no earlier than @ 11:30 am****Competition no earlier than @ 12:30 pm**

Girls Event #		Boys Event #
43	13&O 200 Fly	44
45	12&U 100 Fly	46
47	13&O 50 Breast	48
49	13&O 200 Free	50
51	12&U 100 Free	52
	10 min break	
53	13&O 100 Back	54
55	12&U 100 Back	56
57	13&O 50 Fly	58
	5 min break	
59	13&O 100 Breast	60
61	12&U 100 Breast	62
63	13&O 200 IM	64
65	12&U 100 IM	66
	10 min break	
67 (Mixed)	13&O Mixed 200 Free Relay	
69 (Mixed)	12&U Mixed 200 Free Relay	

