Name of Meet:



## 2022 SC LSC Open Water Championship & 28<sup>th</sup> Annual Death Valley Open Water Swim Meet



**Date of Meet:** 

June 4, 2022

Meet sanction Held under the sanction of USA Swimming issued by SC Swimming: Sanction Number SC2287OW

Host Club: CLEMSON AQUATIC TEAM

Meet Director: Meet Referee: Admin Off. Meet Entries To: Safety Marshal: Curt Kurz-Edsallmeetdirector@clemsonaquaticteam.org864-884-8769John Heeneyheeneyltd@mac.com864-367-9151Mary Beth Kurz-Edsallmbkurz@gmail.com864-506-5576Mary Beth Kurz-Edsallmeetdirector@clemsonaquaticteam.org864-506-5576Scott Kreinskrein@oconeesc.com864-483-5203

## Assumption of Risk Disclaimer

- Clemson Aquatic Team has taken enhanced health and safety measures for all attending this event however we cannot guarantee you that you will not become infected with COVID-19. You must follow all posted instructions while visiting the 12 Mile Recreation Center. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease of Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.
- USA Swimming, Inc., South Carolina Swimming, Inc., and the City of Clemson cannot prevent you (or your children) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming/South Carolina Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming/South Carolina Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND SOUTH CAROLINA SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY AND ALL LIABILITY OR CLAIMS FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN, OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

#### Clemson Aquatic Team COVID-19 Meet Plan

- The facility at 12 Mile Recreation Area will have two zones.
  - The majority of the park, including most of the parking, will be open to the public and NOT subject to the COVID-19 Meet Plan.
  - The second zone is the COMPETITION AREA and is analogous to the pool deck at an indoor pool venue with a closed deck; the COMPETITION AREA is open only to swimmers, coaches, officials and other designated meet personnel.
- All COVID-19 protocols required by facilities and local governments will be followed. Masks are encouraged as a preventive measure as given by CDC guidelines.
- Swimmers must arrive in their suits. Locker rooms are not available; restrooms are for restroom use only.
- Parents/Guardians will be able to observe and have access to their children in the following manner: A volunteer
  will be designated as a contact for swimmers and parents to contact each other should the swimmer not have a
  cell phone to directly contact the parent. Parents will be able to view the course from Spectator Viewing Areas
  (see Facility Overview Map)
- If at all possible, Coaches and Officials meetings will be held virtually prior to the start of the meet.

Failure to comply with the submitted COVID-19 Meet Plan could result in the sanction being rescinded and possible denial of future sanctions for a term of not longer than one season (short course or long course).

#### Facility: 12 Mile Beach

113 12 Mile Park Rd Clemson, SC 29631

Water depth depends on the spring rains, start will be 5-14 feet, and the rest of the course is 25-50 feet. Water temperature is expected to be in the low 80°F range.

On-site parking will be available. Please pay close attention to the parking attendants at the meet. All vehicles must be parked within 12 Mile Beach Parking. Vehicles parked along SC 133 may be ticketed and / or towed.



A paved and partially shaded area is available for tailgate type tent set-up. Spectators and swimmers are encouraged to bring chairs and tents.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (race course, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. The USA Swimming Program & Events committee granted a waiver for this meet; authorized operation of a drone is only permitted by the meet host.

By attending or participating in this competition, you acknowledge that you may be videoed to provide for broadcast of the meet via television, live streaming, webcast, or similar technology. You voluntarily agree to allow the use of your name and pictures for this purpose.



Course Route / Maps

Please note the meet course is changed from past years:

- The course in the cove between 12 Mile Recreation Area, College Ave and Mountain View Park (the middle of this cove is at approximately 34.702, -82.836).
- The finish shoot and line are clearly marked.

**Rules:** 

Meet to be conducted in accordance with the current USA Swimming and SC Swimming Rules and Regulations and information herein.

Important rules to highlight include:

- Toenails and fingernails will be checked before the race at the nail inspection area. If the nails are too long, they must be trimmed to a reasonable length by the athlete using their own clippers at the discretion of the Referee.
- Wearing jewelry *including watches* is not allowed.
- No swimmer shall be allowed to use or wear any device that may be an aid to his/her speed, endurance, or buoyancy. Wet suits, flotation aids or any similar items, and anything used to maintain body heat is not allowed.

Continual warm-ups will be available in an area near, but not on the course following general warm-up procedures.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Deck changing is prohibited by USA Swimming and South Carolina Swimming. A first offense will result in the disqualification of the offending swimmer from the next scheduled event. The second offense for the same swimmer will result in the disqualification from the remainder of the meet.

Single Meet Open Water swimmers and non-SCLSC USA-Swimming members can only place and receive award(s) in the open event(s).

Swimmers in the SCLSC should register for and swim in the SCLSC Championship event in order to place and score points in that event.

SWIMWEAR: No Technical Suit may be worn by any 12 & Under USA Swimming athlete member in competition at any Sanctioned, Approved or Observed meet (USA Swimming Rule 102.81.1.F).

In case the race needs to be abandoned, air horns and safety craft will direct the swimmers to shore. Once on the shore walk to designated meeting spot for transportation to the meet start, where swimmers will be directed to cover.

Tattoos will be labeled with team names or individual names.

All TEAMS must pick-up their packets at pre-assigned times at the venue on June 3, 2022 Unaffiliated swimmers in the 5K must pick-up their packets at pre-assigned times at the venue on June 3, 2022

Unaffiliated swimmers not participating in the 5K may pickup their packets at pre-assigned times at the venue on June 3, 2022 or at check-in (not before 8 am) on June 4, 2022

Tattoos are to be applied by the athlete with assistance from coach or chaperone.

Athletes should bring personal Sharpies for tattoo and numbering touch ups.

Athlete nails should be clipped prior to race as nail clippers will no longer be provided.

Nails will be inspected by masked and gloved meet personnel prior to each swimmer's first race.

Swimmer numbers are temporary tattoos and applied to the upper arms and the backs of shoulders. Please keep these areas free of sunscreen and oil.

Other than Safety and Official's boats, no additional craft will be allowed near the race course. This is a non-escorted swim.

*MAAPP 2.0* All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

## Athlete Eligibility:

- All swimmers must be currently registered ATHLETE members of USA Swimming.
  - Non-athlete members of USA Swimming who wish to participate <u>as a swimmer</u> MUST register for a Single Meet
     Open Water membership for an additional \$15 fee
  - Non-USA Swimming athletes must register for a USA Swimming Single Meet Open Water Membership for an additional \$15 fee (this includes swimmers who are registered with US Masters Swimming but not also USA Swimming)
  - If a swimmer is registered as a USA Swimming athlete (regardless of any additional registration status), the \$15 fee is not applicable.
- Only SC LSC registered swimmers are eligible to compete in the State Championship events. Age will be based on the swimmer's age on the first day of the meet.

Please contact the Meet Director with any questions about athlete eligibility.

#### **Image Release:**

By attending or participating in this competition, you agree to be filmed and photographed by the host club approved photographer(s) and videographer(s) and to allow the right to use names and pictures before, during, or after the meet such as in public psych sheets, heat sheets, and results or featured on the host club or SCLSC website or social media or in public broadcast of the event via television or webcast. Parents and guardians of minor swimmers who do not wish their swimmers to participate in interviews or have individual pictures featured on any media should inform their team's head coach and the Meet Director prior to the start of the meet.

#### **Entry Fees:**

\$25 facility fee (includes cap, swimmer hospitality immediately after each swim)

\$2 per swimmer SCLSC Travel Fund/Program Fee (both in & out-of-SCLSC swimmers pay this fee)

\$2 per out-of-SCLSC swimmer Travel Fund/Program Fee (out-of-SCLSC swimmers only pay this added fee)

\$2 per swimmer SCLSC Sports Development Fee (both in & out-of- SCLSC swimmers pay this fee)

\$1 Jennifer Smith Scholarship Fund (both in & out-of- SCLSC swimmers pay this fee)

\$10 per individual event

\$12 per each deck entry

\$15 for Single Meet Open Water registration of swimming participants not registered with USA-S as Athletes. *Coaches, Officials and other non-athlete members of USA-S who wish to enter the meet MUST* use the Single Meet Open Water registration at http://www.deathvalleyopenwater.org.

o If a swimmer is registered as a USA Swimming athlete (regardless of any additional registration status), the \$15 fee is not applicable.

This website will assess a percentage fee for payment.

#### **Meet Format:**

Meet management reserves the right to alter the timeline or make any other necessary changes during the meet to provide the best and safest competition environment for the athletes. All like-distances will be seeded as a single event, without regard to a swimmer's age or gender.

The Meet Director reserves the right to assign participants to waves in each event if number of entries warrants. If waves are necessary, they will be based on gender and age.

SC LSC Open Water Championship Events:

Jim Keogh Senior 15-18 5K

Christine Jennings 13-14 5K

Jacque Grossman 11-12 3K

Open 1K

Open 0.5K

Safety boats will monitor the entire course. Water and sports drink will be available on every boat on the course and at each turn. Swimmers must wear race cap, numbers on both arms and back for identification. Medical personnel will be on site.

For the 5K events, all swimmers who have not completed the course within 2½ hours will be retired. If the water/air temperature is above USA-Swimming's Rules the event will be shortened to a distance no longer than 4.5K.

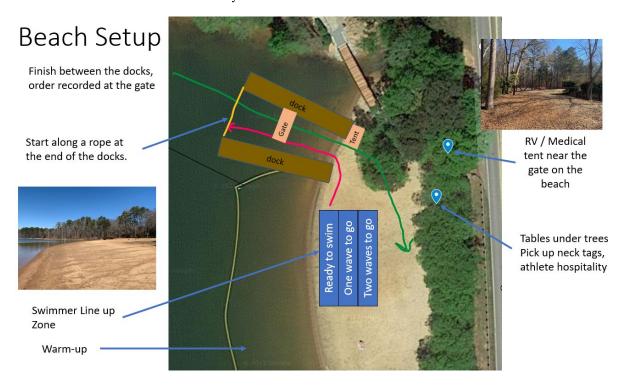
For the 3K events, all swimmers who have not completed the course within 1¾ hours will be retired.

- Swimmers will enter the COMPETITION AREA and proceed to their assigned spot, following route markers and
  volunteer directions.
- Swimmers will be staged before their waves in the COMPETITION AREA.
- Swimmers will be directed when to line up, moving from the staging area to the starting area.
- Swimmers will exit the lake and collect their Body number tags. Swimmers can collect their athlete hospitality or
  proceed to the part of the lake designated for warm-up / cool-down.
- Safety Marshals will be responsible for the following locations: COMPETITION AREA, Race Course, Warm-up / Cool-down space
- Warm-ups prior to each event will be conducted in a separate designated area of Lake Hartwell adjacent to the competition course.
- Athlete hospitality will be composed of water, hydration (such as Gatorade) and food items (such as oranges, bananas, bagels or nutrition bars). These will be available for pickup following the end of each swim at a station.
- Facility staff and team personnel will be on hand to ensure all safety precautions and facility guidelines are followed.

#### Course Route / Maps

The meet course and location is changed from past years:

- The course in the cove between 12 Mile Recreation Area, College Ave and Mountain View Park (the middle of this cove is at approximately 34.702, -82.836).
- The maps are available at <a href="https://bit.ly/DVOW2022">https://bit.ly/DVOW2022</a> (case sensitive)
- The finish shoot and line are clearly marked.



#### **5K Route**

## 5K

- ¼ K from start
- sharp left through gate
- 3 times (clock-wise)

  - towards College Ave / 133
    Approx 1/2 K to turn
    Approx ¾ K to second turn

  - Through gate
    After 3 loops, proceed to finish
- 1st time through Gate
  Hard left
  2nd, 3rd time through gate
  Continue loop
  4th time through gate
- - Proceed to finish shoot

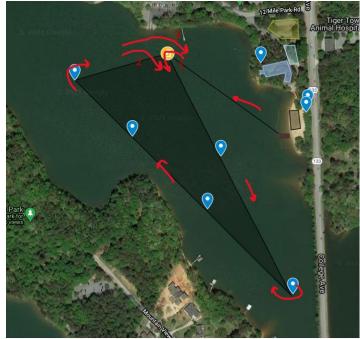


#### **3K Route**

## 3K

- ¼ K from start
- sharp left through gate
- 2 times (clock-wise)

  - towards College Ave / 133
    Approx 1/2 K to turn
    Approx 5/8 K to second turn
    Through gate
    After 2 loops, proceed to finish
- 1st time through Gate
  - Hard left
- 2<sup>nd</sup> time through gate Continue loop
- 3rd time through gate
  - Proceed to finish shoot



#### 1K Route

## 1K

- ¼ K from start
- Through gate
- Around buoy with buoy on left
- Through gate
- 1/4 K back to finish



#### **HalfK Route**

## Half K

- ¼ K from start
- Around buoy with buoy on left
- 1/4 K back to finish



#### **Time of Meet:**

All swimmers must check-in with the Clerk of Course before their first event.

Distance	Events	Check-in Opens	Pre-race Meeting	Event start not before*
5K	Open 5K	6:30 am	7:30 am	8:00 am
	Jim Keogh Senior 15-18 5K			
	Christine Jennings 13-14 5K			
3K	Open 3K	8:00 am	9:45 am	10:15 am
	Jacque Grossman 11-12 3K			
1K	Open 1K	10:30 am	11:15 am	11:45 am
	10&U 1K			
Half K	Open 0.5 K	10:30 am	11:15 am	12:15 pm

<sup>\*</sup> Updated estimated start times, based on number of entries, will be publicized after entries are received and at least 2 days before the event date.

## **Entries:** TEAM ENTRIES

For team entries, only electronic entries using Standard Data Interchange format (SDIF/SD3) will be accepted.

Electronic files must be submitted by this deadline to **meetdirector@clemsonaquaticteam.org**. In order for your entries to be considered complete, the final Summary Sheet must be signed and e-mailed to the same address no later than 11:59 pm on May 25, 2022.

Your payment in full (checks payable to Clemson Aquatic Team) should be submitted to the Clerk of Course prior to the start of the first event.

If mail for the Summary Sheet and check is preferred, it must be received prior to the start of the meet and mailed to: Mary Beth Kurz, 103 E. Brookwood Dr, Clemson SC 29631

SC Swimming does not accept deck registrations; all swimmers entered must be registered with USA Swimming at time of entry deadline.

#### **Entries: INDIVIDUALS**

If you are not a current USA Swimming Athlete member, you MUST register using an electronic entry form and pay the fee electronically. See: http://www.deathvalleyopenwater.org

The entry deadline is 11:59pm on May 25, 2022. SC Swimming does not accept deck registrations. Swimmers must be registered by the entry deadline. No day of the event registrations will be accepted.

#### Awards:

For the SC LSC Championship events, medals will be given to the top 10 SC Swimming places (Jim Keogh Senior 15-18 5K, Christine Jennings 13-14 5K, Jacque Grossman 11-12 3K and 10 & Under 1K). A SC LSC Championship team banner will be awarded to the overall SC team champion and plaques will be awarded to the 2<sup>nd</sup> and 3<sup>rd</sup> top scoring SC Teams. In addition, a Championship team banner will be awarded to the SC men's team champion and the SC women's team champion. A swimmer can place and score in only one championship event.

All open events will receive awards as follows: Medals will be given to the top 3 finishers, by gender and age group (10&U, 11-12, 13-14 and 15-18, 19 &over). Places 4-10 will be awarded ribbons by gender and age.

Note that all awards will be delivered within the weeks following the event (not on the day of the event) to give time for result verification. In the case of team entries, awards will be delivered to the respective coach. In the case of individuals, awards will be delivered to the individual.

#### **Scoring Details:**

SC LSC Championships will be scored according to the top 10 finishers in each event by gender as follows:

11,9,8,7,6,5,4,3,2,1, then totaled by team for team awards and recognitions. A swimmer can place and score in only one

championship event.

Timing:

Timing is done by stopwatch.

Coaches **Eligibility:** 

Coaches must check in at Clerk of Course and be able to show proof of current registration and certifications.

#### Other **Information:**

Officials: Certified officials willing to work are most welcome. There will be a Virtual Officials meeting that will be scheduled by the Meet Referee prior to the meet. Officials interested in working the session should email the Meet Referee.

Hospitality for athletes after each swim is included in the entry fee.

Concessions will be available for purchase (either food trucks or a concessions table / stand). Swimmers and spectators are urged to bring adequate hydration, food and shade structures for the event.

The 12 Mile Recreational Park has several picnic tables and grills available for use on a first-come first-serve basis.

Meet t-shirts will be available for purchase (they are NOT included in the entry fee).

Hotel contact information can be found on the CAT website: http://www.clemsonaquaticteam.org and click on CAT Hosted Meets tab, then on the Hotels link for details.



## 2022 SC LSC Open Water Championship & 28<sup>th</sup> Annual Death Valley Open Water Swim Meet



## June 4, 2022

Held under the sanction of USA Swimming issued by SC Swimming: Sanction Number SC2287OW

#### **Order of Events**

5K Events (possibly swum in waves)

	Check-in: 6:30 am	
	Pre-race Meeting: 7:30 am	
	Competition: not before 8:00 am	
Girls Event #	Event Description	Boys Event
1	Jim Keogh Senior 5K (15-18 SC LSC Championship)	2
3	Christine Jennings 13-14 5K (SC LSC Championship)	4
5	Open 5K	6
	3K Events (possibly swum in waves)	
	Check-in: 8:00 am	
	Pre-race Meeting: 9:45 am	
	Competition: not before 10:15 am	
	Event Description	
7	Jacque Grossman 11-12 3K (SC LSC Championship)	8
9	Open 3K	10
	1K Events (possibly swum in waves)	
	Check-in: 10:30 am	
	Pre-race Meeting: 11:15 am	
	Competition: not before 11:45 am	
	Event Description	
11	10&U 1K (SC LSC Championship)	12
13	Open 1K	14
	Half K Events (possibly swum in waves)	
	Check-in: 10:30 am	
	Pre-race Meeting: 11:15 am	
	Competition: not before 12:15 pm	
	<b>Event Description</b>	
15	Open 0.5K	16
*****	Participants need only attend one pre-race meeting	

# 2022 SC LSC Open Water Championship & 28<sup>th</sup> Annual Death Valley Open Water Swim Meet June 4, 2022

Held under the sanction of USA Swimming issued by SC Swimming: Sanction Number SC2287OW

### **Team** Meet Entry Summary Sheet

Any swimmers who are not current USA Swimming *Athlete* members MUST register at <a href="http://www.deathvalleyopenwater.org">http://www.deathvalleyopenwater.org</a>

#### **Entry Deadline is 5/25/22**

Total Number of Swimmers  Total Number of Swimmers  Total Number of Swimmers  Total Number of out-of SC LSC  Total Number of Swimmers  Total # Individual Events  Total Fees:	x \$2.00 SCLSC Sports Develop x \$1.00 Jennifer Smith Scholars x \$2.00 SCLSC Travel Fund/Pro x \$25.00 Facility Fee	ment Fee =\$ hip Fund =\$	
Team:	LSC:	Team Code:	
Number of coaches at meet:			
Head Coach:			
Send e-mail results to:			
By entering the 2022 SC LSC Open it is understood and agreed that USA by reason of injuries to anyone during	A Swimming shall be free from a		
It is further understood SC LSC, Cleagents, employees, meet sponsors, v from any liabilities or claims for dan	volunteers and coaches of these or	ganizations shall be fro	ee and held harmless
E-mail a signed	copy of this form to meetdirector@	clemsonaquaticteam.org	<u>7</u> 2
Bring a check for the	e above amount to the Clerk of Co	ourse prior to the first e	event.
•	at be received prior to the start of the dirz-Edsall, 103 E. Brookwood Dr.		mailed to:
Signature of Team Representa	ntive		