

"No One is Bigger than the Team"

All About Volunteering Clemson Aquatic Team

Updated Sept 9, 2021

Questions?

Contact CAT Chair chair@clemsonaquaticteam.org

Contents

1	The Nee	The Need for Volunteers4		
	1.1 Wh	y should you volunteer?	4	
	1.2 Wh	y do we host swim meets?	4	
2	How you	a can volunteer	5	
	2.1 Sign	ning up for a Meet Volunteer Job	5	
3	_	ol Meet Volunteer Job Descriptions		
		s with little experience required		
	3.1.1	Timers		
	3.1.2	Hospitality	7	
	3.1.3	Runner	7	
	3.1.4	Assistant Safety Marshals	7	
	3.1.5	Awards	8	
	3.1.6	Sales	8	
	3.1.7	Concessions	8	
	3.1.8	Shopper	9	
	3.1.9	Parking Staff	9	
	3.1.10	Set up	9	
	3.1.11	Take down	9	
	3.1.12	Volunteer Check-In	9	
	3.2 Jobs	s with moderate experience required but little to no obligation outside the meet	10	
	3.2.1	Chief Timer	10	
	3.2.2	Computer Operator		
	3.2.3	Colorado Timing System Operator		
	3.2.4	Scoreboard Operator		
	3.2.5	Clerk of Course		
	3.2.6	Bullpen Coordinator		
		s with moderate experience required but some obligation outside the meet		
	3.3.1	Awards Chair		
	3.3.2	Parking Chair		
	3.3.3	T-shirt Chair		
	3.3.4	Sales Chair		
	3.3.5	Concessions Chair		
	3.3.6	Hospitality Chair		
	3.3.7	Heat Sheet Developer		
	3.3.8	Swim meet Live-stream		
		s with significant experience and time beyond the actual meet required		
	3.4.1	Meet Director		
1	3.4.2	Officials		
4		n-Meet Volunteer Job Descriptions		
		unteer Chair		
	•	roll Coordinatorial Chair		
		ial Staff nbership Chair		
		ruiting Chair		
		draising Co-chair – External		
		draising Co-Chair – Externaldraising Co-Chair – Internal (aka Sponsorship Chair)		
	+.o rull	waising Co-Chair – internat (aka sponsorsinp Chair)	14	

4.9	Fundraising Support	14
	Website Maintenance	
4.11	Social Media Updates	14
	Travel Coordinator	
4.13	Facility Liaison.	14
	New Family Ambassador	
	Swimmer Evaluation Volunteer	
4.16	Safe Sport Coordinator	15
	Γ Board membership	

1 The Need for Volunteers

1.1 Why should you volunteer?

The simplest reason why you should help is also the most powerful. You should help because your child benefits greatly from the program and all the jobs you can help with help us give your child a better experience. The second reason is that most clubs cannot function without substantial volunteer help. The economics are not there for a full professional staff to do all the things that need doing. The elected Board of Directors has 8 adult (non-coach) members; they simply cannot serve effectively all the functions to keep a team operational. By volunteering, all team members make better friends as well.

Meet volunteering is a special type of volunteering – not all teams host meets. We host meets in part because we have access to a facility and to provide funding for team operations. Consider that a single session of a swim meet using eight lanes requires the following as a bare minimum of 24 unique people!

- 1 Meet Director
- 1 Referee
- 1 Starter
- 2 Stroke and Turn Officials
- 1 Administrative Official
- 1 Safety Marshal
- 1 Chief Timer
- 16 Timers with 15, we cannot run a meet. You all matter!

Without these volunteers, the meet cannot happen. Of course, if there are only the bare minimum volunteers, then no one can take a break or leave their position for the entire session. And, these are just the requirements for a legal meet, not a fun meet to attend as a swimmer or spectator.

We want all our events to be fun for everyone involved. Many hands make light work. And you meet more new friends too.

1.2 Why do we host swim meets?

If hosting a meet requires so much work by the CAT families, why do we host meets? Here are a few of the answers.

1. The meet will be in Clemson.

While CAT travels to several meets that are out of town each season, hosting meets provides the convenience of swimming in Clemson. This reduces the cost of attending the meet for CAT families.

2. All CAT swimmers who register for a meet by the deadline will be able to swim the meet.

All host teams must limit entries in their meets so that the meets do not run beyond the timeline designated by South Carolina Swimming and USA Swimming. Entries from the host team are added first, then entries are added from the other teams in the order entries were received.

3. The team makes money.

The CAT budget model is based on swim fees, which are intended to cover the cost of coach's time spent coaching and pool use for practice. We use the Fundraising obligation to shift some of these costs from swim

families to local sponsors. However, swim fees do not pay for coach professional development, coach travel to away swim meets, coach pay for away swim meets, website hosting, worker's compensation insurance, liability insurance, or other "costs of doing business". Hosting meets provides income to the team without raising the monthly rates for all swimmers to cover these non-practice based costs.

4. Hosting a meet results in invitations to meets hosted by other teams.

When CAT does a good job hosting a meet (including hospitality), teams that attend our meet are more likely to invite us to their meets. Those teams will also attend future CAT meets – especially a unique one like the Death Valley Open Water meet. This results in higher levels and greater variety of competition for our swimmers.

2 How you can volunteer

Most opportunities occur during a CAT-hosted swim meet. These opportunities, ranging from running a stop watch to labeling awards, will be established for each meet by the volunteer coordinator. Each job is important and ensures a positive experience for swimmers, coaches, parents, and volunteers on the pool deck. These tasks can be found by following the "Job Signup" link in the Event Listing.

There are also many tasks that need to be accomplished well before the start of each meet and several that need to be done afterwards.

Additionally, non-meet roles exist, for tasks like fundraising and social events.

If you anticipate that working sessions during the meet will be difficult or impossible due to work or family obligations, please contact the volunteer coordinator early in the season to make other arrangements to meet your obligations.

The CAT Board of Directors has established a 50 hour per swim year volunteer obligation for each *family* in CAT (not each *swimmer* in CAT). Families who earn less than 50 volunteer hours will be assessed a \$10 per hour fee that must be paid before registration for the subsequent swim year can be processed.

2.1 Signing up for a Meet Volunteer Job

Logon to the CAT Website at www.clemsonaquaticteam.org. Scroll to the bottom of the Home page until you see Events & Functions. Click on Job Signup (Note: you will sign your swimmer up in the Edit Commitment button).



A list of jobs needed for the meet / event will be shown, along with each shift's timing. We generally try to overestimate the time needed. An example is the Bullpen Coordinator. Not all jobs will be available for signup simultaneously. Sometimes we need to fill more "important" jobs to help the meet planning progress.

Bullpen Coordinator (aka CAT wrangler)	09/30/2017 06:45 AM - 09/30/2017 12:15 PM (5.50 Hrs.)
During the 12 and Under session, helps to keep organized the	1
youngest swimmers on our teams, helps keep the team area unde	09/30/2017 12:15 PM - 09/30/2017 06:00 PM (5.75 Hrs.)
control if/when coaches are elsewhere and most importantly helps with writing on arms for heats, events and lanes	1
man witting on arms for nearly events and railes	10/01/2017 09:45 AM - 10/01/2017 04:00 PM (6.25 Hrs.)
	1

All meet-based volunteer positions will earn the number of hours indicated in the Job Signup. Some jobs will have little descriptions (the website description may have less detail than this document).

Volunteer positions can be filled by almost anyone – siblings, grandparents, neighbors. Their hours can be credited to your account.

Click the box next to the time slot you or your friend or family member can fill. Please enter the contact information of the person who is going to perform the task.

3 CAT Pool Meet Volunteer Job Descriptions

Below are descriptions of some of the most common volunteer positions during and surrounding a meet. If you have any questions, contact the volunteer coordinator.

In fall 2021, spectators will not be allowed in swim meets, so the only way to see your child swim in-person will be as a volunteer!

Not all positions are using in all meets.

3.1 Jobs with little experience required

These jobs may be considered entry-level jobs.

3.1.1 Timers

Generally required 30 minutes before the session begins until the end of the session.

The main responsibilities of this position include:

- Provide backup to the timing system by timing swimmers in assigned lane using a stop watch and timing system plunger.
- Check in with the entry monitor and then the head timer.
- For each heat, confirm the athlete's name listed on the timer/lane sheet, start the watch with the light (not the sound), and stop the watch and plunger when the athlete touches the wall at the finish.
- Record the watch time on the timer/lane sheet.
- Return equipment to head time at the end of the session.
- Sign out with the head timer at the end of your session.

This position may have limited spots available for meet signup because it is the most unskilled position. There are backup timers so that restroom breaks can be managed. This position can be good for seeing a child swim, but the attention should be on the lane for which you are timing.

3.1.2 Hospitality

The main responsibilities of this position include:

- Help head hospitality as needed.
- Maintain hospitality area.
- Deliver drinks and snacks to volunteers.
 - o CAT prides itself on service to the deck, so rounds should be made at least every hour.
- Ensure that only coaches and officials consume the food in the hospitality room.
- Ensure that those people who need access to the hospitality room are provided space (i.e. Awards)
- Clean up and reset the Hospitality room at the conclusion of the meet.

This position is very good for people who would like to be able to see their child / children swim.

3.1.3 Runner

Must be on deck during the meet

The main responsibilities of this position include:

- Act as the go-between for the computer station and clerk of course.
- Post results. (Post results on designated walls for parents.)
- Check in with the clerk of the course.
- Run errands for meet director.
- Deliver a copy of results to clerk of course and awards (with award labels).
- Post heat sheets if events are reseeded.

No training required. As the name implies, this volunteer is on their feet most of the session.

This position is very good for people who would like to be able to see their child / children swim.

3.1.4 Assistant Safety Marshals

Must be on deck as determined in the Job Signup.

The main responsibilities of this position include:

- Supporting the Head Safety Marshal.
- Wearing a fluorescent vest during assigned times.
- Patrol the pool deck, exits, stairwells, locker rooms, halls, and stands. Focus on safety around the pool, including warm-up safety.
- Upon being advised by any person, (parent, swimmer, coach, ...) of a safety hazard, the Assistant Safety Marshal shall inform the Head Safety Marshal.
- Control access to restricted areas
- Do not allow athletes access to restricted areas on deck until directed by the Head Safety Marshal or Meet Director, and only allow coaches, officials, and volunteers access to restricted areas on deck as needed/scheduled.
- Rotate throughout the Natatorium and Sun Deck, patrolling and correcting any unsafe behavior of
 participants and spectators. (There should be no running anywhere, climbing on/over rails, or wet
 swimmers allowed upstairs.)

- Follow a predetermined rotation plan, and coordinate with other safety marshals to maximize coverage of the facility.
- Keep handicapped areas clear.
- Coordinate with other safety monitors so you can see your swimmers perform, and take breaks when needed.

If an accident should occur, this person will need to secure the area, warn others to stay clear, follow protocols as described by the Safety Marshal and inform the lifeguard and safety marshal.

Assistant Safety Marshals should not be distracted from the monitoring aspect of this role by excessive conversations with other volunteers, swimmers, parents or coaches.

This role involves telling swimmers and parents to follow certain rules which requires grace, patience and firmness.

3.1.5 Awards

Works later in the meet, as indicated in the Job Sign-up

The main responsibilities of this position include:

- Place labels on each award
- Sort them by team.

3.1.6 Sales

The main responsibilities of this position include:

• Sell heat sheets, t-shirts and other items to people attending the meet.

This position will be posted outside, but workers can go into the Natatorium to watch their children swim. It can be very good when a worker needs to have other children at the meet as well.

This is a job that directly contributes to CAT's financial bottom line, and helps us keep monthly fees as low as possible.

3.1.7 Concessions

The main responsibilities of this position include:

• Sell food-related items to people attending the meet.

This position will be posted outside, but workers can go into the Natatorium to watch their children swim. It can be very good when a worker needs to have other children at the meet as well.

This is a job that directly contributes to CAT's financial bottom line, and helps us keep monthly fees as low as possible.

3.1.8 Shopper

The Shopper is appointed by the Meet Director. The main responsibilities of this position include:

Purchase the many cases of water and sports drink and snacks for hospitality / concessions well before the
day before the meet and deliver them to the pool deck on Friday.

You will need to go to Sam's or Costco and will need a large vehicle. The team debit card can be used. This position is not available for every meet.

3.1.9 Parking Staff

Sometimes, Clemson University Parking Services requires our visitors to have permits displayed or designated or more lots for our use.

When we have designated lots, we will not use this role.

When we have permits, this role will exist. In general, all visitors to campus need a parking permit. Many of our parents are Clemson employees, but most families from other teams will need to pick up a permit and be directed to an appropriate lot for parking during the meet.

The main responsibilities of this position include:

• Sit in front of Fike and distribute permits and provide directions as parents arrive before each session.

3.1.10 Set up

The main responsibilities of this position include:

- Being extremely flexible in terms of taking direction.
- Sets up the pool area for the swim meet.
- Moves chairs, sets up tables, touchpads, etc.
- This position requires time on Friday evenings / late afternoon prior to home meets

3.1.11 Take down

The main responsibilities of this position include:

- During the last few minutes of a meet the crew begins taking down and storing items in preparation for vacating the pool immediately after the meet.
- This may also require transporting the equipment back to storage.

3.1.12 Volunteer Check-In

The main responsibilities of this position include:

- Sit at a designated table and check in all volunteers for the session and distribute volunteer badges.
- If there is a shortage of volunteers, this individual will be expected to solicit more volunteers from families attending the meet.
- They will let volunteers know to where they should report (info will be provided by meet management).

- Serves as the point of contact for Campus Recreation Staff.
- Check out volunteers at the end of each session.

3.2 Jobs with moderate experience required but little to no obligation outside the meet

These jobs may be considered middle-level jobs.

3.2.1 Chief Timer

The main responsibilities of this position include:

- Organize timers' materials before the meet starts. (Prepare clipboards, watches, pencils, and timer sheets.) Check battery inventory. Replace batteries in stopwatches as needed.
- Coordinate the Timers meeting with the Starter.
- Check in each timer as they come to your table, and let the volunteer check-in person know if you are missing timers.
- Assigning timers to each lane used in the meet.
- Review the procedures with each timer before the meet starts. (Show them how to use the watch, plunger and time sheet, and tell them how to call for bathroom breaks and relief.)
- Start additional stopwatches to be used if a timer's watch malfunctions.
- Make sure retiring timers turn in their deck passes, and have them sign out.
- Ask timers to sign out at the end of the meet.
- Collect timers' badges and return them to the entry desk.
- Collect supplies and forms, and turn in the paperwork and organize the equipment.

3.2.2 Computer Operator

The main responsibilities of this position include:

- Run the computer on deck, making changes prior to the start of each session and running Hy-Tek during the meet.
- Enter all deck entries.
- Seed deck-seeded events.
- Print the heat sheets for the starter, officials and other users.
- Print lane/timer sheets and deliver them to the head timers.
- Run the meet in Hy-Tek.
- Print results and labels for awards.

This position requires training. You must be comfortable working in a loud, high-pressure environment, on a computer, on the pool deck. CAT provides the equipment.

3.2.3 Colorado Timing System Operator

The main responsibilities of this position include:

- Setting up equipment and trouble-shooting equipment malfunctions.
- Operating the timing console to capture raw data from the timing system.

This position requires training. You must be comfortable working in a loud, high-pressure environment, on a computer, on the pool deck. CAT provides the equipment.

3.2.4 Scoreboard Operator

The main responsibilities of this position include:

- Setting up connections to timing equipment and trouble-shooting equipment malfunctions.
- Coordinating with concessions about prices and food availability.
- Coordinating with Fundraising to place sponsor logos on Scoreboard.
- Operating the scoreboard computer system

This position requires training. You must be comfortable working in a loud, high-pressure environment, on a computer, on the pool deck. CAT provides the equipment.

3.2.5 Clerk of Course

The main responsibilities of this position include:

- Read and be *very* familiar with the meet announcement.
- Answer questions from coaches and swimmers.
- Take deck entries.
- Handle all day-of-meet administration. (Each meet may have different administration needs, such as deck entries, positive check-ins, collecting unpaid entry fees, relay entries, and scratches for prelims and finals.)

This position requires training. You must be comfortable working in a loud, high-pressure environment, on the pool deck.

3.2.6 Bullpen Coordinator

The Bullpen Coordinator (CAT wrangler) manages the 12 and under swimmers during their sessions to ensure the swimmers are safe and have fun, but are responsible. It is a bit like managing recess in an elementary school. The main responsibilities of this position include:

- Sit with the 12 and under swimmers to ensure that they behave appropriately. This will include directing the children of other parents to behave.
- Help the coaches get swimmers to the starting blocks in time for their events.
- Writing the event, heats, lanes on the arms of swimmers.

This job requires familiarity with the heat sheet and how meets operate. This job may not be compatible with watching your own child swim.

3.3 Jobs with moderate experience required but some obligation outside the meet

These jobs may be considered middle-level jobs.

3.3.1 Awards Chair

Ensures ribbons are ordered in sufficient quantities based on the meet information and in cooperation with the Meet Director. Ensures ribbons are available for the time during which ribbons are labeled. Supports the Meet Director in distributing ribbons to Team Coaches.

Ribbons are ordered through Hasty Awards. They will bill us. They have old designs and I assume they will work with us to develop new ones.

3.3.2 Parking Chair

Gets parking permits from Campus Parking Services OR works with Campus Parking Services for an enforcement waiver (no permits needed) based on estimated meet attendance from Meet Director. Ensures understanding of parking areas that are available for the meet attenders.

Secures a tent and chairs for Parking Staff when parking permits are used.

May be out of date: Vanessa Weston vanrob@clemson.edu is the point of contact for Special Event Parking (Sept 21, 2017). We do need to submit the Special Event Parking Request found on www.clemson.edu/parking under "Forms" in the grey bar.

3.3.3 T-shirt Chair

Works with Tiger Town Graphics to develop a shirt design for each meet. Sets up and sends a pre-order form (such as a Google Form) for team members to pre-order shirts. Orders shirts to fulfill pre-orders and sell at the meets. Picks up shirts from Tiger Town Graphics prior to meet; sorts and labels pre-ordered shirts.

3.3.4 Sales Chair

Determine other items to be sold besides T-shirts, such as stickers, (empty) water bottles, or highlighters. Supervise the sale of these items and heat sheets (when sold) at the meet.

3.3.5 Concessions Chair

Creates a menu of items to be sold to swimmers and meet attendees during the meet, in cooperation with the Meet Director. Plans around session times to determine timing of food offering. If there is no Shopper, procures the items to be sold. Supervises the sale of food items during the meet.

3.3.6 Hospitality Chair

Creates a menu of items to be provided to coaches and officials during the meet, in cooperation with the Meet Director. Plans around session times to determine timing of food offering. If there is no Shopper, procures the items to be provided, including managing a list of items to be provided by other volunteers. Supervises the distribution of snacks and water to volunteers during the meet.

3.3.7 Heat Sheet Developer

Works with the Meet Director and others as identified by the Meet Director to design and print the Heat Sheets.

3.3.8 Swim meet Live-stream

A new job during the pandemic.

3.4 Jobs with significant experience and time beyond the actual meet required

These jobs may be considered expert-level jobs.

3.4.1 Meet Director

The meet director is appointed by the CAT Board of Directors. The meet director asks a USA Swimming-certified Meet Referee to serve in the Meet Referee Role. The meet director works with the Volunteer Coordinator to build a team of volunteers to run the meet.

3.4.2 Officials

Officials are USA Swimming certified Stroke & Turn Judges, Starters, Referees, and Administrative Officials. We are always in need of more officials. Officials are required to attend a clinic and apprentice several times before becoming certified.

If you are interested in becoming an official, contact the CAT chair or volunteer coordinator.

In 2021-2022, CAT will cover the costs of the required USA Swimming non-athlete membership and required background check. Officials must complete Athlete Protection training.

4 CAT non-Meet Volunteer Job Descriptions

CAT is engaged in numerous activities outside of meets, and most of these rely on volunteers as well. We also know that sometimes, swim families have multiple children or other obligations that makes volunteering at swim meets impossible. This list is not exhaustive, and may be amended through the year! Watch CAT Tales for these opportunities! Not all roles are needed each year. These roles are not described in any particular order.

4.1 Volunteer Chair

This is a Board appointed position to coordinate the volunteers. Creates the job signups for each meet and event that is available on the website. Enters volunteer hours for non-event based volunteer positions. Manages volunteer hour accounting for the team. Periodically, updates team families about volunteer hours earned and remaining obligations. Works with the CAT Treasurer to charge families when volunteer hour obligations are not completed each swim year.

4.2 Payroll Coordinator

Works with the head coach to ensure time sheets are collected in a timely fashion. Enters pay, per diem and mileage into the payroll system.

4.3 Social Chair

This is a Board appointed position to coordinate various activities such as the Welcome Back Social, hot chocolate at some winter practice, the Annual Spring Parent Meeting and Social.

4.4 Social Staff

These people support the Social Chair in the activities as directed by Social Chair.

4.5 Membership Chair

This is a Board appointed position to facilitate all aspects of membership record keeping and billing accuracy.

4.6 Recruiting Chair

This is an idea for someone to be focused on increasing membership and participation on our programs.

4.7 Fundraising Co-chair – External

This is a Board appointed position to facilitate all aspects of CAT fundraising. Supports CAT in submitting City of Clemson ATAX funding requests, Pickens County ATAX, Pickens County Recreation Funding, Dabo's All-in Foundation, Greater Community Foundation of Clemson and pursues other sponsorships. This is a wonderful opportunity to substantially increase the funding available to CAT.

Ensures that granting organizations are honored (especially collection of logos and facilitation with the T-Shirt Chair, the Heat Sheet Developer and the Scoreboard operator).

4.8 Fundraising Co-Chair – Internal (aka Sponsorship Chair)

Coordinates tracking of team member fundraising obligations.

Ensures that sponsor obligations are honored (especially collection of logos and facilitation with the T-Shirt Chair, the Heat Sheet Developer and the Scoreboard operator).

4.9 Fundraising Support

These people support the Fundraising chairs in the activities as directed by CAT Fundraising Chairs.

4.10 Website Maintenance

This is a Board appointed position to maintain and update the CAT website.

4.11 Social Media Updates

This is a Board appointed position to update CAT Facebook and Instagram.

4.12 Travel Coordinator

This is a Board appointed position to secure blocks of rooms for CAT families and coaches when we travel to away-meets and to find rates for visiting teams for home meets in the City of Clemson city limits. All parents are expected to make their own travel arrangements, but this position helps secure rates that may be good at nearby hotels.

4.13 Facility Liaison

This is a Board appointed position to interact with Campus Rec for the use of the Natatorium for meets and the CCRC for practice.

4.14 New Family Ambassador

This is a Board appointed position to serve as a contact person for New Families.

4.15 Swimmer Evaluation Volunteer

These people welcome swimmers and parents who attend the swimmer evaluations held late in each summer. Generally, we hold these swimmer evaluations in late May, late July, and late August. Even helping at one session helps our team!

4.16 Safe Sport Coordinator

This is a Board appointed position to serve as a contact person for Safe Sport and ensure our team's compliance with its requirements.

5 CAT Board membership

Please note that the CAT Board members earn some volunteer hours based on their membership on the CAT Board.

CAT Board members, like USA Swimming Officials, must be a non-athlete member of USA Swimming (paid by CAT), pass a background check specified by USA Swimming (paid by CAT) and complete Athlete Protection Training.