

Winter 2025													
January 5-11													
Group Name	AM/PM	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday						
Prep PW/RLJ	PM	Park West		Park West	RLJ								
		4:30-5:15 PM		D/S 4:15-5:15 PM	4:15-5:00 PM								
Prep RLJ	PM	Park West	RLJ		RLJ								
		4:30-5:15 PM	D/S 4:00-5:00 PM		4:15-5:00 PM								
AG Blue RLJ/PW	PM	RLJ		RLJ	Park West								
		S/D 4:15-5:45 PM		4:15-5:15 PM	4:30-5:30 PM								
AG Blue PW	PM	RLJ	Park West		Park West								
		4:15-5:15 PM	D/S 4:00-5:30 PM		4:30-5:30 PM								
AG Orange	PM	Park West	Park West	Park West	Park West								
		5:15-6:30 PM	D/S 5:00-6:30 PM	5:15-6:30 PM	5:30-6:30 PM								
JR	AM												
	PM	RLJ	RLJ	Park West	RLJ								
		5:15-6:45 PM	5:00-6:30 PM	D/S 6:00-8:00 PM	5:00-6:30 PM								
SR	AM	Park West			Park West								
		5:30-7:00 AM			5:30-7:00 AM								
	PM	RLJ	Park West	RLJ									
		D/S 6:00-8:00 PM	D/S 5:45-8:00 PM	5:15-7:15 PM									
D/S means Dryland then Swim			Tennis Shoes are required to participate in dryland days										
S/D means Swim then Dryland													

SMRT Trophy Swim Meet