

Dear SCSC Families.

Thank you for choosing SCSC as your home for competitive swimming. We are looking forward to the upcoming season and having your family be a part of it!

Please read through this registration information carefully. Completing the online team registration is the only way to secure your placement on the competitive team for the 2025-2026 season. Completion of team registration indicates your agreement to annual dues, meet and event charges, service requirements, and the fundraising program. It also indicates athlete and parent agreement with team policies and procedures. Payment of the annual registration fee(s) is necessary to complete your registration process.

Whom to contact with registration questions:

Laurie Morrin: scscmanager@swimscsc.com

Whom to contact with training group assignment questions:

Courtney Beauch: cbeauch@swimscsc.com

To register:

Step 1) From the SCSC website homepage: Click the registration button on the website to start the team registration process. You will need to select your training group assignment, initial key areas, and make a payment to complete the team portion.

Step 2) SCSC will send families the team's specific hyperlink to the USA Swimming website enabling families to complete the USA Swimmer portion of registration. *This step needs to be completed by September 15, 2025.*

Important dates:

- August 1: Registration is open to currently registered and active families. Annual
 registration fee(s) will be charged upon completion of the registration process. You have one
 week to register as returning membership before we open registration to new families
- August 8: Registration opens for all new members as well as suspended accounts from previous seasons. Annual registration fee(s) will be charged upon completion of the registration process.
- September 1 May 1: Monthly dues are billed on the 1st of each month
- September 2: First day of SCSC team practices



SCSC's Foundation of Fundamentals: Learn. Compete. Lead. With Integrity.

South Carolina Swim Club's mission is "to ignite student-athletes to grow, to live with passion and to lead through discipline, effort and positive attitudes". We do this by upholding three simple key principles at the foundation of every decision we make, every practice we complete, every race we compete, and every repetition we train: SCSC student-athletes will 1) Learn, 2) Compete, and 3) Lead with *Integrity*.

Learn

The base layer of every successful athlete is a willingness to learn continuously, in perpetuity. This is embraced by an athlete's willingness to listen to coach's feedback and apply what they've learned to the best of their ability. Once this cycle has been exemplified, the process restarts. There is an infinite amount of lessons to be learned as it pertains both to in-water success and personal development away from the pool; SCSC athletes display an eagerness to consistently live this cycle. Learn, apply, evaluate, adapt, and repeat.

Younger athletes' "learning" begins at the foundational level of athletic movement - the basic body positions of each stroke, how to apply force and strength to said motions, etc. As they age into the latter groups of our team, "learning" becomes more about how to complete increasingly demanding practices and races, while retaining the fundamental skills they developed as youths. Our senior-most athletes are "learning" how to be elite and how to conduct themselves like professionals. Athletes of all ages will learn how to uphold core values as an individual and as a teammate.

Compete

Sports recognize the importance of competition. "Competition" can represent internal and external conflicts that a person may face in the course of a race, a practice, a meet, a day, a season, a lifetime, etc. Competition is often viewed as a test measured compared to peers; however, at SCSC, we view competition as the act of giving our all to *any* challenge presented in *any* way at *any* given time. We will relentlessly compete with our situation, whether that situation be a measure of physical strength, mental fortitude, or emotional will.

Younger athletes compete by learning how to put forth maximal effort in targeted amounts, with targeted skills during races and during challenges that test their ability to display discipline. As athletes age, they begin to understand what it means to race both the clock, themselves, and their external challengers. Our oldest athletes understand that their competition is comprehensive - positive conflict is present in their pursuit of conquering time/ placement goals as well as larger, overarching career successes. This is the age at which point athletes begin to internalize the concept that they can compete in elements beyond just sport - they can compete with tests, grades, class ranks, student council, jobs, career paths, internships, simply being the best version of themselves, etc. It is at this point that our senior-most athletes are ready to turn around and give this knowledge back to their younger peers...



Lead

Embodiment of the prior two characteristics is critical to becoming a great athlete; learning how to use these character traits to positively influence those around them is what it takes to truly become an upstanding character who lives life with integrity and encourages others to do the same. A team can be greater than the sum of its parts when everyone involved is an active participant in the support of those around them.

Younger teammates may begin to take initiative at practice by leading the lane, calling out intervals, and/ or helping those around them with practice assignments. As athletes begin to get older, one of the best indicators of developing leadership is the embodiment of "leadership by example"; if you live out the tenets of a high-level athlete regardless of circumstance, you may serve as a beacon of encouragement for those striving to be like you. *This can be done with and without a spotlight*. Our senior-most athletes begin to understand that they are their teammates' accountability partners. If you see a teammate getting confused or intentionally not upholding the minimum standard, it is your duty to encourage them to return to the path. Similarly, we look for opportunities in which our older athletes can interface with our younger groups so they can spread their knowledge and serve as positive role models for the up and coming ages.

If we are all in pursuit of what is best for one another, we will collectively create a support system in which we encourage each other to go further than we could alone.

With Integrity

What is integrity? Integrity is surprisingly hard to define. Webster Dictionary defines integrity in a few ways: "1: firm adherence to a code of especially moral or artistic values: INCORRUPTIBILITY, 2: an unimpaired condition: SOUNDNESS, 3: the quality or state of being complete or undivided: COMPLETENESS". But what do any of these mean when it comes to being a high-level 18 & under student athlete who lives out the aforementioned principles? What this means for us, at SCSC, is that we live out these principles (learning, competing, and leading) without compromise in everything we do, whether a coach is watching or not. We do not do things halfway. We are unrelenting in our understanding that there will always be something new to learn. We are not selective with regard to when we elect to compete with or lead those around us.



Team Structure

SCSC's team structure is based on available resources and the programming needs. SCSC will have two main divisions where swimmers are placed: Age Group and Senior. There is a unique group - the "Junior" group - that straddles the space between Age Group and High-School-Aged swimming. These divisions are based on the *competitive age of the athlete at their end-of-season meet*. The intention of this group structure is to create a linear progression in which the team values, philosophies, and curriculum are maintained and built upon within each training group across the swim career. The training groups within each division have overlapping goals, but aim to dig deeper into skill set development and conditioning specific to the swimmers' abilities and needs. Swimmers' training group placement is based on many criteria, including their training maturity, commitment to competitive swimming, and aerobic freestyle/IM/kicking capacities and speed. Group placement is *not* just about times or ability.

This structure allows the formation of cohesive training groups to ensure each athlete is pushed both in their areas of strengths and weaknesses. In every training group, developing positive and strong character traits is at the core of everything we do. Swimming is used as a vehicle to teach athletes how to be respectful and accountable, set goals, overcome challenges, and realize the benefits of making good decisions in a *long-term* process. The byproduct of athletes making strategic and sound decisions is achieving their goals, in and out of the pool.

Age Group: FUNdamentals > Learn to practice > Learn to Train

- 1. Age Group Prep (1) focuses on establishing a strong foundation of practice skills and terminology in a fun, structured environment. The curriculum emphasizes the building blocks of each Olympic stroke that the swimmer will build upon throughout their swimming career. Coaches will focus on developing well-rounded swimmers, competing in all four strokes to expand the number of avenues of development and success. Three practices are offered. Minimum practice participation expectation: 66%.
- 2. Age Group Blue (2) focuses on expanding the breadth of skills and language around swim training in an engaging environment and encourages long-term participation in swimming. "Learning to Train" is a critical piece in the athlete's career, as it sets swimmers up for a steady trajectory toward more advanced levels of swimming. This includes preparing swimmers to use the clock for interval training. Three (longer) practices are offered. Minimum practice participation expectation: 70%. Participation above minimum mark is encouraged.

 3. Age Group Orange (3) practices bridges the gap between "learning to train" and "training." Although practices will include progressive training sets to push swimmers physically, the backbone of practice is still technique-driven. Swimmers will compete in the 4 Olympic strokes, building their proficiency and competitiveness in the individual medley (IM). Focusing on the IM allows swimmers the most versatility as they progress through their careers, creating the foundation to achieve their fullest potential. Four practices are offered per week. Minimum practice participation expectation: 75%. Participation above minimum mark is encouraged.

Age Group swimmers are expected to compete in all home meets and any appropriate state or regional level meets they qualify for.



Junior (4)/ Senior Division (5 & 6): Train to Compete > Compete to Excel

In the Junior and Senior Divisions, practices test the swimmer's skills and habits through training sets designed to push them mentally and physically. Training will have a learning focus; however, the athlete's knowledge, self-discipline, and proficiency are tested by the intensity and duration of specific sets. Each group in the Senior Division has specific training, attendance, and competition criteria to ensure athletes are surrounded by teammates of similar mindset and ability. This allows for targeted training that pushes athletes further in the sport's mental and physical realms. As swimmers move to higher levels within the Senior Division, coaches lead athletes to take ownership of their sport. Ownership is the pathway to experiencing fulfillment, achievement, and success. Successful athletes show versatility in strokes, distances, and personal character traits; therefore the development of all strokes remains a focus for every athlete.

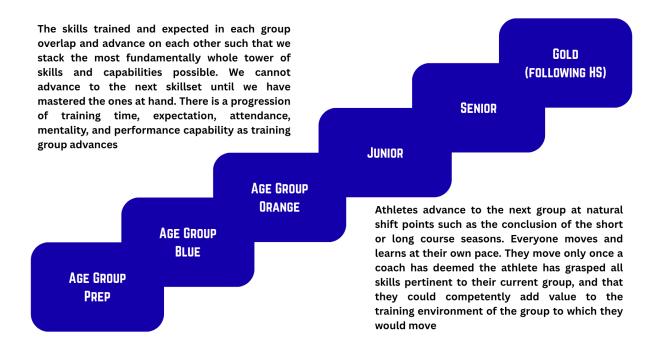
Junior - Minimum attendance req: 80%

Senior - Minimum attendance recommendation for advancement: 85%

Gold - Expectation attendance req: 100% (considerations made for multisport)

*The number of practices per week for swimming and dryland is based on what we will offer after the high school season concludes, roughly mid-October. During the high school season, SCSC may have an adjusted schedule based on participation and training group needs.

Individualized and objective data is used to help each athlete stay on track as they navigate the peaks and valleys of physical development. Senior Division athletes compete at the local, state, regional, and national levels depending on the swimmer's performance ability. Exposure to higher-level competition allows athletes to understand the demands of next level performance.





2025-2026 Registration Fees and Monthly Dues

| Practice Group | Registration fee (per swimmer) | USA Swimming fee (per swimmer) | Monthly dues (billed Sept 1 thru May 1) |
|----------------|--------------------------------|--------------------------------|--|
| Prep | \$400 | \$98 | \$120 |
| Blue | \$400 | \$98 | \$140 |
| Orange | \$400 | \$98 | \$160 |
| Junior | \$400 | \$98 | \$185 |
| Senior | \$400 | \$98 | \$230 |
| Gold | \$400 | \$98 | \$290 |

Discounts and fees:

- Swimmers of active-duty service members qualify for a discounted registration fee with proper military ID. Please contact Robin Adams at admin@swimscsc.com, if your swimmer qualifies for this discount.
- SCSC encourages all families to set up payment through a secure direct draft of a valid checking or savings account, via the Automated Clearing House (ACH). For the 2025-2026 season, all bankcard payments (credit and debit cards) for monthly dues and fees will be subject to a 3% processing fee. There are no fees associated with ACH payments.
- When registering your child(ren), a valid bank card is required, as the registration platform does not accept bank drafts. There will be NO 3% surcharge on fees for registration.

What does the annual registration fee pay for?

- 3 team T-shirts, a latex team swim cap, facility rental, and required operating, programming, and administrative fees.
- The annual registration fee is not refundable.

What do the monthly dues pay for?

• The monthly dues pay for expenses incurred by the competitive team, including coaches' salaries, pool rental, maintenance fees, equipment, team capital expenditures, team events, and championship gear. Monthly dues do not include fees for meets and events, practice equipment, or other related charges for participating in SCSC member activities.

When do payments begin?

- Monthly dues will be charged to active accounts on the first of each month from September 1 through May 1. Although June and July will not have dues charged to accounts, programming will run as scheduled through the end of the Long Course season (making the summer effectively free for rostered athletes)
- Additional fees will also be billed the 1st of every month, such as event participation fees, swim caps, private lessons, or travel costs, for expenses incurred the previous month.



For the 2025-2026 season, all bankcard payments for monthly dues and fees will be subject
to a 3% processing fee. SCSC encourages all families to set up payment through ACH or
bank draft, directly from a checking or savings account, to avoid this surcharge.

What if my swimmer withdraws from the program?

- You must notify both your swimmer's coach and the team manager at scscmanager@swimscsc.com that you are withdrawing. SCSC requests a 14-day written notice before billing will be suspended. Click here for the Withdrawal Form
- Additional fees and obligations may be incurred. Please review the requirements for fundraising and volunteering below
- Please be aware that suspending membership may result in loss of roster position, meaning those who wish to suspend and then return may be waitlisted and/ or have to re-try out

Dues/Payment Policies

- Parent or guardian agrees to pay the 2025-2026 monthly dues pertaining to each swimmer's practice level. Practice level of the athlete(s) - aka training group - will be communicated by a coach prior to registration
- Monthly payment is due on the first day of each month and is paid through TeamUnify's online autopay system. Monthly dues are payable in advance.
- If the monthly dues payment is not received in full by the 15th of the month, a late fee of \$25 per month will be assessed to the family's account. Accounts with payments past 30 days due will not be able to participate in competitions. Accounts past 60 days due will not be able to participate in practices until the account is brought up to date.
- Families must have an active checking or savings account or a valid Visa, MasterCard or Discover on file in the Team Unify system. Failure to maintain valid payment information can result in failed payments and late fees.
- All bankcard payments will be subject to a 3% processing fee. There are no fees or surcharges associated with ACH payments.
- If a swimmer is transferred to a different practice group by the coaching staff, the monthly
 dues shall be adjusted to that of the swimmer's new group. The coaching staff determines
 all group placements at SCSC.
- Monthly dues do not include event participation fees, additional costs for practice equipment, private lessons, or travel costs. These are invoiced during the month in which the event or purchase takes place and billed the first of the following month.

Pool Locations for SCSC practices are designated as follows:

Mount Pleasant Registrants

PW – Park West Center: 1251 Park West Blvd RLJ - RL Jones Aquatic Center: 391 Egypt Rd



Fundraising and Volunteering

Fundraising Requirements

The SCSC fundraising program is a way for member families to support critical expenses that are beyond the operational budget of the club. The 2025-2026 fundraising program will support expenses such as continued coaches' education, coach travel and lodging for more expensive meets, financial aid and outreach programs, capital improvements for long term equipment, championship gear, a kick off party, and season ending banquet

- There is a \$150 yearly fundraising requirement per swimmer for all swimmers. For example, if a family has 1 active swimmer the fundraising requirement is \$150. Families with two active swimmers are required to raise \$300, and so on. This tally is capped at 3 swimmers (thus, any family who has more than three swimmers on the team will only be charged for three swimmers).
- We offer three opportunities for families to meet their fundraising requirement while at the same time earning money back to benefit your own swimmer. These opportunities include Team Sponsorship, a Cash Raffle, and a Swim-a-Thon. Additional information on each opportunity will be provided by the Sponsorship Chair at the beginning of the season, as well as when the fundraiser launches.
- Fundraising monies should be raised prior to December 15, 2025. Shortfalls will be billed on January 1, 2026.
- If your swimmer leaves the team prior to November 1, 2025 you will not be responsible for
 the fundraising requirement. If your swimmer leaves the team after November 2, 2025 or if
 you have not completed all fundraising requirements, your account will be assessed the
 unearned amount upon withdrawal. All unearned fundraising monies must be paid before
 your swimmer(s) will be allowed to re-register for the new swim season.
- The Parent Board will consider extenuating circumstances prior to assessing any shortfalls.

Service Point Requirements

- SCSC is a volunteer-driven organization, and volunteers are critical to the success of our team. Families are required to fulfill 2 service points.
- Most of our service points are earned by helping at the swim meets we host. If your family
 already knows you won't be able to help at those meets, don't worry—we have a few other
 ways to get involved. Just reach out to scscmanager@swimscsc.com, and we'll work with
 you to find an option that fits your schedule.
- If you know in advance that volunteering won't be possible at all this season, you may also choose to contribute by paying the volunteer fee instead, which helps support the club directly.
- Service points can be earned by actively participating in SCSC-sanctioned events, including but not limited to meets, holiday training activities, team fundraisers, being a listed "group parent", committee participation, etc. One Service Point typically represents 3-4 hours of service. Other activities may qualify for service points throughout the season. Opportunities will be posted on the website or communicated by email.
- For 2025-2026, SCSC will host at least 3 home meets plus several team events, giving families several opportunities to earn their service points. Should the team be unable to hold



these events due to variables outside of our control (ie COVID or facility conflicts) the board will re-assess the number of required points.

- In order to volunteer and earn service points, you must have completed the Safe Sport for Parents Requirement. Click here to read more about Safe Sport. Athlete and Non-athlete training is completed through your USA Swimming portal after registration. Any questions on Safe Sport, please contact Laurie Morrin at SCSCmanager@swimscsc.com.
- If your swimmer leaves the team prior to November 1, 2025, you will be responsible for 1 service point. If your swimmer leaves the team from November 2, 2025 through May 31, 2026 or if you have not completed all service points, your account will be assessed \$150 per unearned point. A specific document further pertaining to service point requirements and the timeline with which they are to be filled will be furnished at the beginning of the 2025-26 short course season.
- It is SCSC's strong preference that families and members volunteer to earn the required amount of points per account. In cases that all points are not earned, your account will be charged \$150 per unearned point. The Parent Board will consider extenuating circumstances prior to assessing any fees for unearned points.
- Family members 12-17 years old can earn service points toward the family account, and can also use toward school and extracurricular activity volunteer hours.
- Should any family feel like they can not participate in the existing volunteer options for any reason (particularly if they have to cancel an opportunity for which signed up), they should contact the volunteer coordinator who will work with them to find alternative volunteer opportunities (to be announced)

Safe Sport Requirement

South Carolina Swim Club is proud to be a USA Swimming recognized Safe Sport Team. SCSC, together with USA Swimming, is committed to raising awareness about prevention of abuse in the sport. We believe that all swimmers should enjoy a fun, healthy, safe environment in the sport of swimming. USA Swimming has developed a program called Safe Sport which helps to educate swimmers and parents to:

- Understand the scope and effects of abuse in sport
- Recognize the signs of grooming behavior and boundary violations
- Understand how to establish boundaries and protect against false allegations
- Know how to react and report when you suspect abuse

This is an important topic and one that SCSC believes all benefit from learning about. With this in mind, SCSC is requiring all parents to participate in the Safe Sport Training for Parents. This training is offered through the USA Swimming member portal after you have registered as a USA Swimming member. If you have any questions, please contact Laurie Morrin at scscmanager@swimscsc.com



Team Policies and Agreements

Service Hour Requirement Agreement

| | As a parent of a SCSC member, I agree to complete the required number of service points for the short course season by May 31, 2026 or pay \$150 per unearned service point which will be assessed to my account. Accounts earning their minimum number of service points after May 31, 2026 will be reimbursed accordingly. |
|-----|---|
| | I acknowledge that in order to volunteer and earn my service points, I must complete the Safe Sport for Parents course. |
| | I acknowledge that any exceptions to the above requirements must be submitted in writing and approved by the Parent Board. |
| | I agree that I am subject to pay any and all outstanding assessments in order to rejoin SCSC after an absence from the team. |
| | I do not plan on volunteering this season and would like to pay for my family's volunteer points in full upfront on September 1, 2025. |
| Fu | ndraising Requirement Agreement |
| | As a parent of a SCSC member, I agree to complete the required fundraising amount of \$150 per swimmer for the short course season by December 15, 2025, or pay \$150 which will be assessed January 1, 2026. |
| | I acknowledge that any exceptions to the above requirements must be submitted in writing and approved by the Parent Board. |
| | I do not plan on fundraising this season and would like to pay for my swimmers fundraising obligation in full upfront on September 1, 2025. |
| Tea | am Policies |
| | As a parent of a SCSC member I acknowledge that both athlete & parent have read and understand the following policies & waivers: see www.swimscsc.com documents section: SCSC Code of Conduct / Team Travel Policies Drugs, Alcohol, and Tobacco Policies SCSC Parent Code of Conduct SCSC Anti-bullying Policies SCSC Safe Sport Policies |
| | Violations of team policies posted on the website may result in suspension or termination of membership at SCSC. These policies and releases have been created to ensure the safety of SCSC members and staff and promote the betterment of SCSC as an organization. |
| | I/ we agree to pay all assessed monthly dues, meet fees, unearned volunteer points, unearned fundraising moneys, or any other pertinent fees billed to our account. Failure to pay outstanding dues may result in suspension from team activities until dues are paid. |
| Lia | bility, Medical Release, Team Travel Waiver |
| | I hereby acknowledge that my child(ren) is/are physically fit and capable of participating in all swim team activities. |
| | I certify that I am the parent or legal guardian for my child(ren). I hereby give my permission for any employee, coach, director, parent chaperone, and volunteer associated with the |



SCSC to seek and give appropriate medical attention for my child(ren) in the event of accident, injury, or illness. I will be responsible for any and all costs associated with any necessary medical attention and/or treatment. Permission is hereby granted for the attending physician and/or hospital at the discretion of the coaches or chaperones of SCSC to perform whatever care is necessary for the welfare of my child until such time as you are able to reach me personally.

| I hereby waive, release and forever discharge SCSC and any employee, coach, director, |
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| parent chaperone, and volunteer from all rights and claims for damages, injury, loss to |
| person or property which may be sustained or occur during participation in SCSC activities, |
| including training sessions and/or team travel activities, whether or not damages or loss is |
| due to negligence. |
| I agree to indemnify and hold harmless the above-mentioned organizations and/or |
| individuals, their agents and/or employees, against any and all liability for personal injury, |
| including injuries resulting in death to me, my child(ren) and/or other family members, or |
| damage to my property, the property to my child(ren) and/or other family members, or both, |
| |

while I (or my child(ren) or family members) participating in SCSC activities.

SCSC Photography Policies

□ I hereby authorize SCSC to use photographs and/or video of me, my child(ren), and/or my property and authorize the club and its assignees, licensees, legal representatives and transferees to use and to publish (with or without my name, child/children name(s), company name, or with a fictitious name) photographs, pictures, portraits or images herein described in any and all forms of media and in all manners including composite images or distorted representations and for the purposes of publicity, illustration, commercial art, advertising, publishing (including publishing in electronic form or internet websites), for any product or services, or other lawful uses as may be determined by SCSC for as long a time period as SCSC determines the usage thereof is necessary. I further waive any and all rights to review or approve any uses of the images, any written copy or finished product.

If you wish to have your swimmer not photographed for the team website and social media, and you wish not to have their names announced at meets, please contact Laurie Morrin at scscmanager@swimscsc.com for additional documentation. In the case of open meets and other competitions where the host club has an official photographer present, all parents attending should be made aware of this in your meet information. If photos are to be published anywhere, the individual parent should be given the opportunity to withhold their consent. Their right to do so should be specifically drawn to their attention.

All photographs must observe generally accepted standards of decency in particular:

- Action shots will be a celebration of the sporting activity and not a sexualized image in a sporting context.
- Action shots will not be taken or retained where the photograph reveals a torn or displaced swimsuit.
- Photographs will not be taken from behind swimming blocks at the start of a race or exhibit a child climbing out of the swimming pool.
- Photographs will not be taken in locker rooms or bathrooms