



MISSION VIEJO NADADORES

JUNE 2025 NEWSLETTER



IT'S GRADUATION SEASON!

The Nadadores staff couldn't be prouder to say, "Well done Seniors! Congratulations to the Class of 2025!" You and your families have worked hard to maximize the opportunities afforded to you through our programs and your high school. No doubt every parent is scratching their head asking, "How'd we get here so fast?"

The Class of 2025 features: 24 athletes: 8 divers and 16 swimmers.

2 swimmers are "Lifers" having been a Nadador since the 10 & U division: Danielle Gorrell and Chloe Stinson.

5 divers complete their age group career as "Lifers" as well: Savannah Watts, Makenna Milne, Micha Finley, Cameron Craycraft, and Jenna Haigh.

We are confident that your athletic career and your aspirations will continue through your next level of education. We are proud to send off such a great class of student-athletes and remember, "Once a Nadador, always a Nadador."

Michele Mitchell, Ph.D.
Executive Director
Mission Viejo Nadadores Foundation





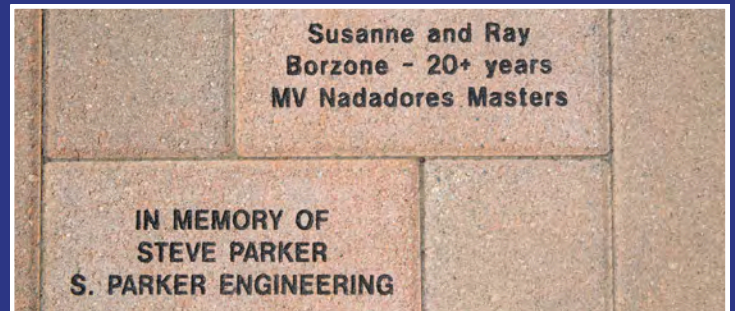
NADADORES NEWS & EVENTS

NADADORES WAY BRICKS ARE HERE

The first round of custom engraved Nadadores Way bricks is now complete!

We will hold this fundraising campaign each year in February to continue expanding the special bricks in our entry plaza. We hope you will share the information with friends and family who may be interested in buying their own personalized brick.

And in the meantime, we invite you to visit the Marguerite Aquatics Complex to see the bricks in person!



PLEASE COMPLETE OUR SURVEYS!

Team surveys were recently sent out to all members. Deadlines to finish and submit the surveys are **June 8 for Swim** and **June 22 for Dive**.

Participating in the survey is important because your perspective matters. Each response adds a unique voice to the conversation and contributes to a more comprehensive understanding of the topics at hand. Your feedback can influence decisions and policies, ultimately shaping the future direction of the team. By sharing your thoughts, you have the chance to impact change, and help us continue to improve as an organization.



Responses are 100% anonymous.

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UPCOMING COMPETITIVE EVENTS

SWIM

SCS June LCM Invite

June 12 – 15
La Mirada, CA



Swim-A-Thon!

June 21
MAC

Los Angeles Invitational

July 11 – 13
USC

BB Min Champs Meet

July 12 – 13
Huntington Beach, CA

SCS Summer AG Elite Champs

July 17 – 20
MAC

(TEAM Support)

Summer Age Group Max Champs

July 18 – 20
TBD

Futures

July 21– 27
Madison, WI (UW)

SCS Summer AG Champs

July 24-27
Walnut, CA

Summer Junior Nationals

July 30 – August 3
Irvine, CA

Dark Week

August 18 – 24

DIVE

Dive-A-Thon!

June 1



MAC

All Nadadores divers

Zone F Championships

June 12 – 15

Midland, TX

Qualified divers from R12 Champs

Zone E Championships

June 20 – 22

Novato, CA

Qualified divers from R10 Champs

Zone C Championships

June 27 – 29

Cleveland, OH

Qualified divers from R5 Champs

Junior National Championships

July 25 – August 3

MAC

All qualified divers from Zone meets

Dark Week

August 18 – September 1

MASTERS SWIM

Mission Viejo Masters LCM

June 8

MAC

MVN Patrick Moore Relay Meet

July 6

MAC

Newport Pier to Pier 2 Mile

Ocean Swim

July 13

Newport Beach, CA

2025 U.S. Masters Swimming

Summer National

Championships

August 6 – 10

Federal Way, WA

Don Burns One Mile Swim

August 10

Corona Del Mar, CA

SPMS/SW Zone LCM

Championships

August 15 – 17

MAC

Naples Island Swims

August 16 – 17

Long Beach, CA



360° PERFORMANCE CENTER

SUMMER RACING HAS OFFICIALLY KICKED OFF!

The 360° Performance Center Nadadores have continued their march into the summer of 2025 with some great racing on opposite sides of the country.

Between the final TYR Pro Series stop in Ft Lauderdale and the Grand Challenge in Irvine, the Nadadores pro athletes are continuing to post lifetime in-season bests as we prepare for our upcoming focus competitions.

Pro Series – Ft Lauderdale

- Trenton Julian – 3rd - 200 Fly, 5th - 100 Fly, 13th - 50 Fly
- Penny Oleksiak – 5th - 100 Free, 6th - 50 Fly
- Yeziel Morales – 7th - 200 Back + qualified for World Championships in the 200 Fly in time trial



Grand Challenge – Irvine

- Yeziel Morales – 2nd - 200 Back, 4th - 100 Back, 9th - 100 Fly
- Stefano Mitchell – 8th - 50 Free, 13th - 100 Free
- Penny Oleksiak – 1st - 100 Fly
- Nathalia Almeida – 6th - 100 Free, 8th - 100 Fly, 11th - 50 Free
- Sasha Hemmens – 22nd - 200 Free



Upcoming Competitions

- June 3-7 – US Nationals: Indy
- June 7-12 – Canadian Trials: Victoria
- July 11-13 – LAI: Los Angeles
- July 27-Aug 3 – World Championships: Singapore

Go Nadadores!





SWIM DIVISION

AGE GROUP

SCS AWARDS BANQUET

Southern California Swimming recognized athletes who ranked in the Top 3 of individual events and relays during the Fall 2023-Summer 2024 competition year. Congratulations to our 12&Under athlete who was honored:

Joel Taylor

- 10&Under Individual:
50M/100M BA, 50M/100M FL
- 10&Under 200M Medley
Relay



BLOCK PARTY

120 of our Blue, Bronze, Silver, and Gold athletes attended the SCY Block Party and competed in the 4x50s of stroke. It was a fun and great session for our 12&Under Nadadores to race under 'Friday Night Lights', and for our new TEAM families to get experience and learn the ways of timing for meets.

The following day, 46 of our 12&Under Gold athletes attended the LCM Block Party to swim the 400M and 1500M!

Team Record Alert!

At the Block Party, **Joel Taylor** breaks a 37-year-old team record set in 1987 in the 9-10 Boys 50 FL with a 28.77!



He also reset his own team record in the 50 BA with a 30.01! Congratulations, Joel!

NADADORES x ACUATICA NELSON VARGAS

It was exciting to welcome back the Acuatica Nelson Vargas (ANV) Team from Mexico City for the BB Min LCM Meet weekend and have them swim under our TEAM cap with the Nadadores!

60 Nadadores 12&Unders and 60 ANV 12&Unders competed with and against each other, as well as mixed together for relays! As always, they brought great energy on deck and support for our team, and it was awesome to see athletes and families bond throughout the weekend!



SPEEDO GRAND CHALLENGE

11-12 Nadadores **Annabelle Lee, Helen Sech, Ayla Shahriar, and Joel Taylor** represented the Age Group program at Speedo Grand Challenge! It was a great first Senior meet experience for our athletes, with personal bests all around! Way to go!





SWIM DIVISION

SENIORS

13/14

The 13/14 Division had a great month of training as they prepared for their mid-season meets at BB Min or the Patriot Meet. Along the way, they enjoyed spending time together at the Angels baseball game, writing cards for Mother's Day, and meeting our sister TEAM from Mexico.

This month, the coaches emphasized the importance of building connections within ourselves, with our TEAMmates, and with everyone who wears the Blue and Gold. Our groups will now be gearing up to race at JAGs and our intrasquad meet, which will kick off the summer season schedule and meets!



15/18

Our 15-18 Nadadores had an exciting and competitive month of May. We kicked it off with the high school championship season. These swimmers balanced academics, high-level training, and peak performance as they represented both their schools and the Nadadores with pride and excellence.

Over the past few weeks, our athletes have competed in League Finals, CIF Championships, and the California State Championships — and their hard work has paid off in a big way.

From across the Southern Section, over 40 Mission Viejo Nadadores earned qualification to compete in their respective CIF divisions. Our swimmers represented a variety of schools across Orange County and beyond, uniting under the common banner of excellence. Of the 40+ CIF qualifiers, an impressive 19 swimmers punched their ticket to the CIF State Championships — where our Nadadores rose to the occasion, delivering strong swims against the highest level of high school competition in the state.

As we wrapped up the month, our focus shifted to long course season with our May BB Min Meet and Speedo Grand Challenge. These meets served as great check points for our athletes as we continue preparing for our summer championship meets. We encourage all of our athletes to use the experience and confidence gained from this past month as fuel for the rest of the season!





DIVE DIVISION

DIVE-A-THON THIS SUNDAY!

The MVN Dive program will be hosting it's annual Dive-A-Thon Fundraiser on the morning of Sunday, June 1st.

This is our one opportunity to raise funds to keep our facility updated and looking nice from year-to-year as all equipment maintenance for the facility falls on the Nadadores Diving Program.

Examples of usage for the funds are annual replacement of diving boards, dryland mats and spotting equipment.

We are always making the effort to provide every athlete with the top resources in the country to be the best they can be. It takes a village to accomplish this.

Full program participation is a must in order to keep our facility as the premier training location in the United States.



FLIPS FOR FUN(DS)

Dive-A-Thon

USA DIVING SENIOR NATIONALS AND WORLD CHAMPIONSHIP QUALIFIER

Five Nadadores divers participated in the USA Diving Senior National Championships which also served as a qualifier for the World Championships that will be taking place at the end of July in Singapore.

The Nadadores had a great showing with multiple finalists in several events with the highlight being Nadador coach and pro athlete **Grayson Campbell** winning his 6th Senior National Title with a 1st place finish in the Men's 3m Synchronized event. Grayson will be attending the World Championships in Singapore with partner Jack Ryan.



Another notable Nadador is alum **Ella Roselli** who is finishing up her sophomore year at Indiana University. Ella placed 3rd on the Women's Platform Event earning her a position on the World Championship Team.



It was great to see so many current and former Nadadores doing so well at this meet and representing Mission Viejo proudly.

Once a Nadador, Always a Nadador!



DIVE DIVISION

USA DIVING REGIONALS

We want to congratulate the over 70 Nadadores Divers who participated in the 3 different Regional Championships around the country!

We started our journey with competitions in Riverside, CA and Akron, OH April 25-27 and rounded out the meets with a competition May 3-4 in Novato, CA.

We witnessed so many amazing performances and look forward to 75 Nadadores participating in the Zone Championships in June as they compete to qualify for the Junior National Championships which will be hosted here in Mission Viejo, CA.

Good Luck Nadadores!



JUNIOR PAN AM GAMES MEDELLÍN, COLUMBIA

Nadador diver **Karolina Polizos** has recently arrived back home after a successful trip to the Junior Pan Am Games in Medellin, Columbia, where she represented the country of Brazil.



Karolina's passion for diving and her commitment to excellence are truly inspiring.

Well done, Karolina! 🌟

NATE LIPSCOMB SCHOLARSHIP FUND

The Nadadores' Nate Lipscomb Scholarship Fund, supports our divers through fee reduction scholarships.

If you are interested in supporting this important fund, please email Teri at diveoffice@mvnadadores.org or make a donation directly on our website by scanning the QR code.

This organization is a 501 (c) (3), and your donation is tax-deductible.





SWIM SCHOOL

JOIN A SUMMER SWIM TEAM!

Summer Swim Season
June 9 - August 2
(8 weeks)

Summer League
Championship Meet August 2

Practice times vary based on location. Call for more info.

Celebrating 25 years of swimming & fun!

2025 Summer SWIM LEAGUE

STILL TIME TO JOIN!

League Season: \$550
8 week session includes
TYR swim suit, team shirt and cap,
2 swim meets and 1 clinic

Locations include:

- Canyon Crest
- Dove Canyon
- Lake Forest
- Mission Viejo
- Rancho Santa Margarita

Our program is offered to athletes ages 5-13+ and provides:

- Daily practice sessions
- 2 swim meets
- Specialty clinic
- Loads of fun!

No prior team experience necessary (knowledge of freestyle and backstroke)

Scan to register:

mvnswimschool.org

For more information email SatelliteLeague@mvnadadores.org or call (949) 380-2550

SUMMER SWIM LESSONS

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Open 7 days a week in 3 Locations in Mission Viejo + RSM

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www.mvnswimschool.org

Click here

ADULT SWIM LESSONS

Exciting News! Dive into the world of swimming with our new adult beginner classes at Mission Viejo Nadadores Swim School! Whether you're a complete novice or looking to refine your freestyle or backstroke, our classes are designed just for you. It's never too late to prioritize water safety or brush up on your swimming skills. Join us and dive into a new aquatic adventure today!

Learn to swim or brush up on your stroke with our talented instructors, Barbara and Mariah.

REGISTER NOW

mvnswimschool.org
(949) 380-2550

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- Wednesday • 7:15 - 8:15 PM advanced class

Marquerite Aquatics Complex
27434 Castrol del Sol, Mission Viejo

IN-SERVICE TRAINING DAY

Our summer staff is working hard to be ready for you for the summer! They got together last week for introductions, training and FUN! They can't wait to see you at the pool!



MASTERS DIVISION



**MISSION VIEJO NADADORES MASTERS
15TH ANNUAL PATRICK MOORE MEMORIAL RELAY MEET
WITH FAMILY FUN RELAYS, BBQ AND SILENT AUCTION**

SUNDAY, JULY 6, 2025, 9:00AM

Along with the Masters Relay Meet, we will include 4 FUN FAMILY RELAYS throughout the day. Join us for a fantastic event and get your family relay entered. Special prizes will be awarded!

Inner-Tube Family Relay (Event 4A)
Tee Shirt Family Relay (Event 8A)
Watermelon Family Relay (Event 10A)
Free Relay (Event 13A)

- Relay Entry Fees: \$30 per adult, \$15 per under 18. Fee includes all 4 Family Relays.
- Family Relays Rules: There must be at least one adult (18+) on the relay. At least two members must be from the same family. Two families can swim together.
- Purchase 1 entry per person on the relay.
- Lunch - BBQ Pulled Pork, Baked Beans, Coleslaw and Watermelon: \$15/person.
- To purchase lunch and family relays [CLICK HERE](#)

THE MASTERS SILENT AUCTION FUNDRAISER will conclude at the end of the day so don't miss out on all the fun!

Below are just a few of the auction baskets that you'll find at the event:

Gourmet Morning Basket • Deluxe Cozy Night-In Basket • At-Home Spa Retreat
Mission Viejo Pontoon Outing • Sailing Excursion from Dana Harbor



[SCAN HERE](#)



MASTERS DIVISION

OC TRIATHLON

Congratulations are in order for Masters swimmer **Tim Mahar** on his 1st Place (age group) finish at the OC Tri!

Way to go Tim!



MOTHER'S DAY WORKOUT

Celebrating a few Masters division mothers who came out for a Mother's Day Workout!

Maggie Williams-Dalgart, Nora Gard, Lorna Ladd, and Mary Ann Alwan.



SPMS SCY CHAMPIONSHIPS

Congratulations to our swimmers who attended the SPMS SCY Championships in Huntington Beach in May. Great Swims – Fun times!

MVN TEAM

13 NEW TEAM RECORDS!

Jared Chavez (18-24)

Nate Lawson (18-24)

Mike Bennett (50-54)

Gustavo Murillo (50-54)

David Sumner (50-54)

Douglas Barker (60-64)

Vincent Flores (60-64)

Sharon Dill (65-69)

Bob Herrick (65-69)

William Kennedy (65-69)

Bonnie Spivey (65-69)

Van Cochran (75-79)

Mark Seretan (70-74)

Van Cochran (75-79)

1500 Free - 23:51.45

500 Free - 7:13.16

200 Free - 2:37.15

100 free - 1:08.96

Mark Seretan (70-74)

100 Back - 1:32.56

Bob Herrick (65-69)

200 Back - 2:35.67

100 Free - 1:00.88

Sharon Dill (65-69)

1650 free - 22:06.10

1000 Free - 13:19.97

500 free - 6:37.47

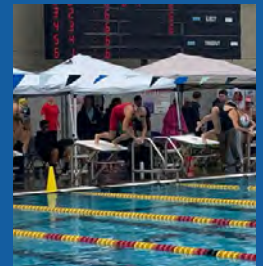
100 free - 1:07.93

Doug Barker (60-64)

100 Free - 56.92

Nate Lawson(18-24)

200 Breast - 2:18.98



Way to go Nadadores!





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