

## 2019/2020 MVN Masters Team Service Hour Support Program

Swimming for the Nadadores Masters requires the support and dedication of its coaches, swimmers and overall programs. As a non-profit organization, our events are a source of income to keep the program running and dependent upon the support of our swimmers AND members working together to maintain this standard of excellence. We have many events that require swimmer participation. Below are the minimum obligations of all MVN Masters Swimmers:

### Service Hours Requirements:

MVN Masters in 2019/2020 will host 5 one day swim meets, and an Open Water Lake Swim. There is (1) mandatory event that each member is required to work for minimum 4 hours.

Members are required to complete a minimum of 10 service hours.

1. **5 hours – 2020 SW Zone Masters Summer Championships**
2. **5 Hours combined at the one-day events. (see below)**

### **2019/2020 Nadadores Masters Hosted One Day Events – (Minimum 5 hours combined)**

October 6 - Short Course Meters Meet  
January 12 – Short Course Meet  
May 24 – Long Course Meet  
July 12 – Patrick Moore Memorial Relay Meet  
July 31-August 2 - SW Zone Championships  
September 20 – Lake Mission Viejo 1- & 2-Mile Swim

To sign-up for service hours sign into [www.mvnswim.org](http://www.mvnswim.org) and select the tab “meets” and look for the ‘job sign-up’ button listed next to the home meets; proceed to select job

If you are not available to work at the mandatory events, you will be billed \$50 per meet. This means that even if your service hours requirement is met, you will still need to work at the mandatory meets or be billed.

MVN Masters who have completed less than the minimum service hours required will be billed \$20 for each hour less than minimum hours due for the year. This amount would be in addition to the Mandatory Events Fee mentioned above.

If you have any questions, please contact Coach Mark.  
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